

The background of the entire cover is a photograph of a forest path. Sunlight filters through the trees, creating a warm, golden glow. The path is made of stone steps and is covered with fallen leaves. The trees are tall and thin, with green and yellow foliage.

# LIGHT *on the* PATH

*Inspiration  
for Each Day  
of the Year*

David Christopher Lewis



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Printed in the United States of America Notes and Disclaimers: Gender-neutral language can at times be cumbersome. For readability, we have freely used *he*, *him*, *mankind*, and *man* to refer to both male and female as well as to the Divine. We recognize God as a uniplurality— masculine and feminine as one. For the sake of brevity, we refer to God as *he* or *she*. To distinguish the soul from the spirit aspect of being, we often use *she* and *her* when referring to the soul and *he* and *him* when referring to the spirit.

## Preface

Dear Heartfriend,

During this time of intense global and personal challenges that many are experiencing, words of wisdom, uplift, and hope can come as a welcome balm for the soul. The inspirational messages in this book are therefore offered to provide a ray of light, illumination, comfort, and blessing to your daily life and communion with the Divine.

I hope that you will enjoy reading and reflecting on these messages, which I have been privileged to receive and share over the last thirteen years, beginning in June 2004, when I had a deep mystical experience that I consider a divine awakening to Spirit. To give credit where it is due, I honor the overshadowing presence and wisdom of numerous divine beings, known as ascended masters, for inspiring these words upon me. When I feel the holy and glorious radiance of their immortal beings in my company, I am impelled to listen intently, using the gift of clairaudience that the Holy Spirit has provided me, and either scribe or record by voice what is shared. The experience is so spiritually uplifting and sublime that I am humbled to know that their source is beyond my human awareness and capability to capture them—they are simply and surely divine!

Most of these messages are excerpts from various discourses delivered through The Hearts Center Community's daily broadcasts or during weekend seminars, pilgrimages, or Meru University workshops and courses. Others are recent inspirations from my own meditations upon God and life through the lens of my Higher Mind and its heart-gnosis.

The beloved staff of our Hearts Center Community is engaged in a mighty work of promulgating these important missives of light for today through our various activities, which you can learn about through our website: [www.HeartsCenter.org](http://www.HeartsCenter.org). If you are inspired by *Light on the Path*, I invite you to check out our other publications, watch some of our nearly one thousand videos on YouTube, and listen to, watch, or read from among our nearly five thousand *HeartStreams* (inspired discourses and darshans),

which are available for free on our website. Or you may contact us for further information through our Hearts Center in Livingston, Montana, at [friends@heartscenter.org](mailto:friends@heartscenter.org).

The purpose of the progressive revelation that comes through all of these resources is to quicken within us what is already latent of our own divine nature. And as we are illumined, we may personally experience the blessings that the heavenly hosts would share directly with our hearts and souls to move us forward on our unique path of beingness in God.

*Blessings of love, light, and abundance,*

*David Christopher Lewis,*

*Co-founder of The Hearts Center and Meru University*

## **January 1**

What would you give birth to each day as a divine idea, as a holy thought, as a loving feeling that, when emanated as a fragrance from your heart, would impress itself far and wide as a great blessing to the universe and to life, to those whom you have come to serve? If you can find this special something at the beginning of the day, meditate upon it, and seek to animate this beautiful ideation throughout your hours of service, your meals, your times of reflection and play, or simply in your discussions with others, then each day will become progressively infused with a greater God-beingness of your heart; which when accumulated over a lifetime results in the completion of your holy mission and the summation of all that you, as a soulful one, have incarnated upon this Earth to complete.

## January 2

You may conceive of God in whatever way you please. Some see God as a great Father-Mother being of light in the center of the cosmos. Others behold God as pure mind; others as the eternal light that permeates all that is, including self. And, of course, many see God in an anthropomorphic way, for this is the way that they can relate to a savior or a creator—in their own image and likeness.

Now perceive God—beyond all conceptualizations—as pure beingness, that which exists in eternality, that which has no beginning or ending. For the isness of God is beyond the human mind and all of the concepts that arise from points of unreality born outside of the purity of that being. This isness, this suchness, this beingness also represents you in your core reality. And when you feel God's essence of beingness to be the same as your essence, you live, move, and have your being within that reality. And the brightness, the glow, the perfection, and the hallowedness of that existence permeate your being and may be expressive within you of the glory of your soul and spirit, your reality, your love.

## January 3

As we move through life throughout this year—gracefully, joyously, with consciousness, and with respect and reverence toward all—grace coalesces around everything that we involve ourselves in, to the point that we bring this higher awareness into play through what we do. We create many things through our thoughts, our feelings, our actions, our words; and yet these things, because they have been expressed with grace, become part of the eternal nature of all that is, the universe itself. When we do things consciously, that consciousness embeds itself within what we do to give it long life, even everlasting life. As we breathe with the Holy Spirit, that breath becomes an infusion, by grace, of our essence into what we co-create. And as God looks upon it and says that it is good, it is divine, it is beautiful, it is harmonious, it is pure, then it is stamped with that approval. And in that stamping, it becomes part of the beautiful nature of all that is.



## January 4

God is happiness. God is joy. God is the great anointer, who initiates life and light cycles through the gifts of love upon and within his own. Your divine happiness is a choice. Your health and well-being manifest from your daily and hourly choices. You create the world that you experience by the conscious application of your mind, feelings, vision, and memory in the multifaceted ways that you experience and express yourself.

Yes, it is a choice to be happy, to feel fulfilled from within, to feel God's glory within your soul and to then live from that center point of being—harmoniously, graciously, lovingly. The flowers are happy. The little lambs are happy. The stars, oh how happy they are to emit throughout the cosmos their rays of divine energy, to give birth to life in so many domains. For each one heralds a unique aspect of God's consciousness through its vivifying needlelike rays, which alight upon the just and the unjust alike, which shine forth upon those who would receive them and those who are ignorant of or would reject them. God is the great giver. No matter what anyone thinks or feels, God just keeps on giving and giving and giving to all.

## **January 5**

Realize that God has embedded within you that eternal light as your threefold flame, as the spark of your divinity. Fan this fire. Feel its warmth and its spiritual integrity and know that when you concentrate, focus, and meditate upon this eternal radiance of God right within your heart, nothing can stop you from the manifestation of your God-design, your holy plan of light, your sacred mission in this physical incarnation upon Earth.

The archangels and angels often intercede in the physical lives of those evolving upon this sphere that you call Earth when they are in peril and cry out to heaven with a call for assistance. Consider also inviting them into your active lives any time that you require their assistance in your work, in your service, and in anything that is divinely authorized within your life.

## January 6

When we are mindful in our prayer time with God, we really contact the Divine. We can't just rote-rattle off a prayer and expect that the angels will respond with joy and excitement! If we aren't sincere, do you think the angels are going to say, "Let's get right to it—this disciple is earnest in what he is praying to God about"? When God and the angels feel that sincerity and authenticity, the energy of our prayers quickly rises to the divine worlds, and then of course the heavenly beings are excited about responding.

Righteous prayer is an art, though it's not about flowery words. Many of our prayers and decrees are beautiful. They have rhythm and rhyme to key us into higher thoughtforms and patterns of light. Yet it's the sincerity, the authenticity, and the devotion with which we pray that brings our pleas right to the throne of God, to the nexus of cosmic alteration and change, where God says, "Okay, it's time for us to intercede and mediate in the world of mankind because of this true, deep, abiding presence of sincerity."