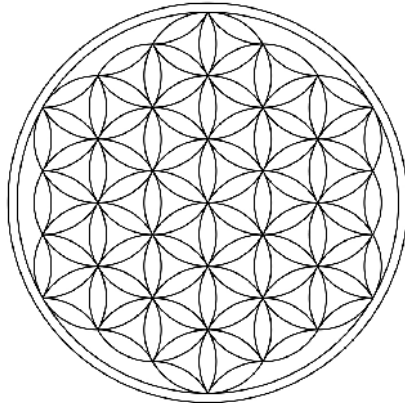


# **The Ascension Revelations**

*Serapis Bey  
on the Mystery  
of Eternal Life*

**David Christopher Lewis**



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*Temple of Hatshepsut*

*Ascension Chair*

*Spiritual Mansions of Light*

*Rainbow Body of Alfred Henry Hunter*

## Introduction

*David Christopher Lewis*

*July 20, 2024*

**O**f all the books I've been privileged to publish, this is possibly the most important one to date, for it deals with the purpose of our life—to live in love, joy and reverence, in givingness and forgiveness, in order to reunite with our Father-Mother God in the final initiation that students of the light will undergo as humans to project them into an eternal and immortal state of being. The teachings of Serapis Bey—the Hierophant of the Temple of Luxor and Chohan of the Fourth or White Ray of purity, harmony, perfection and the ascension light—are seminal in providing keys to our victory on the path to Oneness through a non-dual life lived to God's glory.

Over forty HeartStreams (inspired dictations and discourses by the master) are provided herein as well as transcripts of two important Meru University courses I was privileged to conduct on the ascension with nuanced teachings given from a number of different perspectives. Although Serapis Bey is known as a no-nonsense master who is intent on goading us to overcome our human ego and move into a pure state of unity, I've found him to be amazingly poetic and insightful in articulating truths from a more Buddhist and transcendent state wherein we are magically drawn into the higher vibrations of heaven's light frequencies and wooed into a more intimate and loving communion with our own I AM Presence—our inner Divine Self.

The naturalness and simplicity of Serapis' words are something that even newer students of esoteric teachings can fathom, yet when the more advanced initiate studies them he/she will

discern deeper secrets that will edify the mind, melt the heart and woo the soul toward a greater sense of holiness and commitment to the path of service, surrender, selflessness and divine love.

I first heard of the masters as a teenager growing up near Chicago through the five volumes of *Life and Teachings of the Masters of the Far East* by Baird Spalding. *Ascended masters* was a term used previously within the I AM Teachings of the Saint Germain Foundation (which my grandparents were part of in the 1930s) and later within the Bridge to Freedom (Geraldine Innocente) and The Summit Lighthouse activity (Mark and Elizabeth Clare Prophet.)

During a 3-month intensive Summit University course in Santa Barbara in 1975 from January through March, I was introduced to the Ascended Master Serapis Bey. We studied his *Dossier on the Ascension* dictated to Mark Prophet with Annice Booth as headmaster and advocate of “all things Serapis-like!” She would later compile and take the lead in publishing numerous books, including a comprehensive work titled, *The Ascended Masters and Their Retreats*, published by Summit University Press in 2003. A full description of Serapis’ etheric retreat and Ascension Temple are provided in this luminous volume.

These teachings were foundational for my own understanding of both Serapis Bey and the mystical initiatic process known as the ascension, which Jesus the Christ demonstrated so victoriously over 2000 years ago. Others whose ascensions are documented in scripture are Enoch and Elijah. What we offer in this tome is a thorough teaching from the master on the 33 steps to the ascension from an esoteric perspective as well as colorful and artistic renderings of key aspects of the path that will augment and complete what has been shared by the Great Disciplinarian through previous anointed messengers of light. It is truly my honor to have received so profound a teaching as what this transcendent master has proffered to the world.

In his wonderful book *The Masters and the Path* the clairvoyant Charles Leadbeater of the Theosophical Society tradition



states that “The Master Serapis is tall, and fair in complexion. He is a Greek by birth, though all His work has been done in Egypt and in connection with the Egyptian Lodge. He is very distinguished and ascetic in face, somewhat resembling the late Cardinal Newman.” Later Leadbeater states “The Fourth Ray is under the care of the Master Serapis. In the earlier days of the Theosophical Society we used to hear a great deal about Him, because of the fact that He at one time took charge of the training of Colonel Olcott, when his own Master, the Master Morya, was otherwise engaged for a time.” He later shares, “The special line of this Chohan is harmony and beauty, and people who belong to His type are always unhappy until they can introduce harmony into their environment, for it is along that line that they do most of their work.”

Soon after the founding of The Hearts Center Community, 99 devotees traveled to Egypt October 7-17, 2006 on our largest pilgrimage to date. It was an amazing experience with nearly 30 HeartStreams released during the 11-day journey.<sup>1</sup>We visited Luxor and the remains of the outer temple there upon which the etheric Ascension Temple sits as part of a greater heavenly retreat. Chanting amidst the large pillars and remains was a magical experience for us all and invoked an inner akashic memory in me of having lived in Egypt in a previous life as an architect and teacher.

Three of the HeartStreams released here are announcements of the ascension of three devotees of light—Trevia Bell of Indiana, Cheryl Bench of Santa Barbara, California and Alfred Hunter of Detroit, Michigan. There have been over 48 ascensions to date (as of September, 2024) of disciples of God who have passed through the “halls” of The Hearts Center movement. This is a testament to the attainment, love and deep humility of these special souls of light and their dedication to a path of prayer, meditation, holiness, constancy and humility.

David Keil has lovingly illustrated imagery suggested by Serapis to augment the teachings presented in this work. These

are colorful works to contemplate and use during your meditation on light and the master's divine concepts and eternal truths. David reads and studies the verbiage of the master in his HeartStreams to provide a unique take on how we can tap into "energy in motion" which is essential to our ascent in higher consciousness and solar awareness and the ultimate fulfillment of our mission on Earth at this pivotal time in history.

I pray that these teachings will assist you in a very practical way in making greater progress on your path to the heart of God and that great joy and illumination will light your world as you consider the words of the great Egyptian master, Serapis.

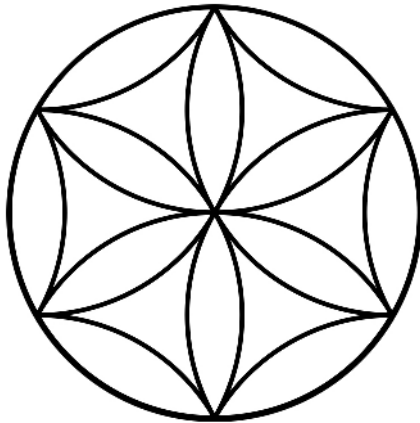
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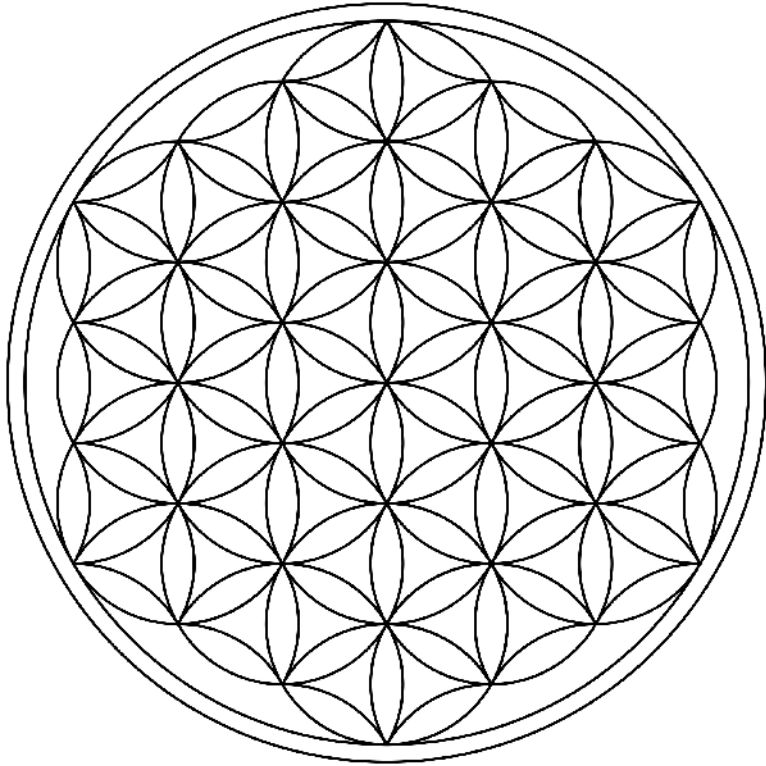
*David Christopher Lewis*

*Co-Founder of The Hearts Center Community  
and Meru Press*

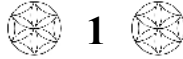
## **PART ONE**

# **Teachings on the Ascension through Meru University Classes and Special Events with Serapis Bey**





In the autumn of 2006, David Lewis and 98 pilgrims viewed two of the three Flower of Life images inscribed on a wall of the Osirion Temple in Abydos, Egypt, near Luxor, home of the Ascension Retreat and Temple of Serapis Bey. (See the photo album of this pilgrimage on page 311.) This sacred symbol is found all over the world and throughout nature. It is said to hold the divine blueprint for the Universe.



## **Serapis Bey on the Mystery and Magic of the Ascension**

*Meru University Course 2021-06  
Livingston, Montana • Nov. 14, 2021*

*David speaks:*

**D**uring this class, we will learn how to prepare for our reunion with the Divine One. The ascension is the ultimate initiation allowing us as human beings to transcend materiality into union with God and everlasting life as immortal beings. Serapis Bey is the hierophant of the ascension temple in the etheric plane over Luxor, Egypt and will share teachings on our glorious ascension so that we can work toward and prepare for this final leap into the limitless planes of pure beingness within the One.

In addition to expounding upon the basic requirements for the ascension, Serapis will provide keys to accelerate our ascent each day, extolling the divine ideal to strive for, important virtues to master, the heart-mind connection to maintain, and the joy of life to fulfill.

Though Serapis has been called the Great Disciplinarian, through the disarming intensity of his great zest for immortal life and love of our souls he aspires to move us beyond limitations into what he will reveal as the Consciousness of Eternality as he heartstreams with us as initiates and heart-friends.

From the Summit Lighthouse, Heart, Head and Hand decree dictated by El Morya to Mark Prophet, we have in the final part of this prayer, which we can give together:

I AM ascension light, victory flowing free,  
 All of good won at last for all eternity.  
 I AM light, all weights are gone. Into the air I raise;  
 To all I pour with full God-power my wondrous song  
 of praise.  
 All hail! I AM the living Christ, the ever-loving One  
 Ascended now with full God-power, I AM a blazing sun!

Notice these last five words: "I AM a blazing sun." What does this remind you of? Our Solar Presence!

We also have, in our prayer book, Ascension Fire, 40.006:<sup>2</sup>

Ascension fire from Luxor's height  
 Now glow within our form.  
 Ascension fire, intense and bright,  
 Accelerate, transform!  
 Ascension fire, Serapis' goal  
 For purity supreme,  
 Ascension fire, now make us whole  
 In heaven's crystal stream.  
 Ascension fire, your steely light  
 We fully realize.  
 Ascension fire, your angels bright  
 Compel each one, arise!  
 Ascension fire, in God's own name,  
 We see your Holy Dove.  
 Ascension fire, Serapis' flame,  
 Infuse us with your love

Thank you. We will have now the Ascension Visualization Meditation to take flight again with this image that we see in the video of the individual rising. Here we have an image of Serapis Bey painted by our beloved Lisa Delaney.

From Theosophy, we have a description of Serapis. A.P. Sinnett mentions Serapis Bey as being “with light hair, fair, and of great beauty” and the “youngest of the chohans.” Despite the young age of his body, the Master Serapis is among the highest adepts, “One of the greatest of them” according to Colonel Olcott. In 1883, Olcott described him as: The Teacher of our Teachers (Kuthumi and Morya), a Paramaguru, as one such is called in India, who had given me a small colored sketch of him in New York before we left for Bombay.”

Morya referred to him as “...our beloved Lord and Chief ‘S’ and the Maha Sahib.” Serapis wrote at least 22 letters to Olcott published in *Letters from the Masters of the Wisdom Second Series*. Most of these letters give Olcott guidance on how he could help Madame Blavatsky.

From the Summit Lighthouse and their teachings presented in *The Masters and Their Retreats*: “On Atlantis, Serapis Bey was a priest in the Ascension Temple. He carried the ascension flame up the Nile River to Luxor just before Atlantis sank. While other Masters with their circles of devotees transported the various flames they guarded on the continent to focuses across the Earth, establishing both etheric retreats and mystery schools adjacent to temples built to the Divine Mother at a time when the flames were still enshrined in the physical octave, Serapis and his band, leaving Atlantis well before the final cataclysm, bore the ascension flame to Luxor, Egypt. For the most part, his major embodiments have been in Egypt, guarding and nourishing the ascension flame for all mankind.”

In the fourteenth century BC Serapis was Amenhotep III who built the temple at Karnak. In the sixth century BC he was embodied as Phidias, the Athenian architect and sculptor who designed the Parthenon and supervised its construction. As

Leonidas, King of Sparta, he paid with his life at the Pass of Thermopylae in 480 BC, rather than yield to the Persians. In about 400 BC Serapis Bey accepted his own immortal victory, the ascension in the light. Serapis has legions of seraphim at his command. They are the beautiful, tall angels who serve at the Ascension Temple.

### **Basic Requirements for the Ascension**

The basic requirements for the ascension that we have heard in the past are:

- Balance at least 51% of our karma
- Balance our three-fold flame—the flame of love, wisdom and power within the heart, the crystal chamber thereof
- Balance our four lower bodies by mastering the energies that flow through our being as we raise the kundalini safely.
- Fulfill our divine plan (our dharma or sacred mission) using our innate talents and spiritual gifts
- Resolve our psychology as we balance the Alpha and Omega currents within and harmonize the masculine and feminine energies of our personal tai chi flowfield.

Manjushri said through me on October 13th of this year:

“Through true discipleship, which is obedience—not to the personhood or the personality of that one; rather to the God-ideal that that one represents, the essence that that one is emanating—we all also come to the point of that soul-liberation and ultimately the ascension, where we are free in the light, having balanced the necessary karma, fulfilled our dharma, resolved our psychology, balanced all within our four lower bodies and aligned them with our higher spiritual bodies and allowed that ‘Isness,’ that suchness to so displace the human personality that we have risen into our divine individuality.”



Some keys that Serapis and other masters have released within our ascension process are the giving of Jesus' Great Commandment Prayer, which we have put first in our prayer book:

*I AM loving the Lord my God with all my heart and with all my mind and with all my strength and with all my soul, and I AM loving my neighbor as myself.*

*I AM serving the Lord my God with all my heart and with all my mind and with all my strength and with all my soul, and I AM serving my neighbor as I serve my Higher Self.*

Now in addition to being one of the most important meditative and powerful prayers that we can give, this prayer excites our threefold flame and invokes an ascension spiral of light right within our heart.

### **Other Keys to the Ascension Process**

We must develop true humility, purity, constancy and devotion to God. Humility and purity of course we recognize as white ray or fourth ray qualities, constancy is a fifth ray quality and devotion is a pink third ray quality. We have right within this statement the third, fourth and fifth rays.

We also surrender the lesser self (known as the not-self) as we strive to overcome our dweller on the threshold, which we learn about in *Brother of the Third Degree*, that seminal work of light. If you don't know what the dweller on the threshold really is, read *Brother of the Third Degree*.<sup>3</sup>

We enter the non-dual state through nonattachment, non-reactivity, disinterestedness, and non-desire. We overcome our human desires by displacing them with divine desires—God siring through us.

We must also forgive everyone and everything, including ourself. Serapis says that this forgiveness process is ongoing

throughout our life because the tendency is to morph back into judgment, human analysis and looking upon other as separate from self, and then through that analysis or judgment misqualifying energy. We must always forgive ourself and others.

Another major key is to manifest our rainbow body, the *merkabah*.

We also accept and experience the initiations of the transfiguration, crucifixion, resurrection and ascension—the four final initiations. Elizabeth Clare Prophet taught on this many, many times in the Summit Lighthouse and we understood how important these very seminal events in the life of Jesus were, for they represented these final four initiations, the last of which is the ascension. All are codified in scripture in the New Testament of the Holy Bible.

We reach for the illumined state of enlightenment and Self-realization through a daily meditation practice. I believe that Self-realization is as important as hours and hours of decrees because we can decree and decree, yet we must become the decree. We must manifest our God Self-mastery through this Self-realized state through going within, meditating, contemplating God, and reaching that illumined state of Divine Beingness.

We also overcome the five major poisons that we mention in the long version of the Golden Buddha Rosary:

- Ignorance and delusion
- Hatred and anger
- Pride—spiritual, intellectual and human—remember that pride goes before the fall<sup>4</sup>
- Cravings, covetousness, greed and lust
- Envy and jealousy

In addition, we overcome others that are known as sloth, gluttony and rebellion. We don't focus on the poisons so much any longer, realizing that what we place our attention on we become, yet it is important to realize that all of us at some point

still have to deal with these poisons, which at times get the better of us and which we can constantly seek to expel from our being.

### **Shortcuts to Our Ascension**

Now Serapis gives us some shortcuts to our ascension above and beyond what we've heard so far:

Radical forgiveness through the violet laser light and Ho'oponopono, invoking it through singing, through prayers, through meditation, through visualization;

Admitting our errors, confessing our sins of omission or commission, and transmuting our burdens through joy!

In the Catholic and other traditions, confessing sins is important. And why is this important? Because when we are humble enough to realize we've erred and we confess these sins to someone, a priest, a minister or even our Higher Self, it sets in motion the alchemy of forgiveness and reconciliation whereby we can be retrued to our Source, to our true pathway of light. If we do not ever admit that we make a mistake, what is that? Pride. All of us make mistakes. All of us err. None of us is humanly perfect.

Even as we are clothing ourselves in light and striving for perfection, we are still in the human state while embodied. We may as well admit the fact that humanly, we err. And by doing this we reach that humble state of the humble heart where nothing can really settle upon us, the dust of karmic blackness and ugliness cannot stay with us because in our humility we are self-cleaning, we are self-purifying all the time. If we are not humble, then the darkness settles upon us because it has a place to lodge within our cells and our being because of our pride.

This is a teaching that I haven't heard quite the same before, yet Serapis gives it to us today because humility brings us that clean white garment of light that nothing can fully sully because it repels the iron filings, the black filings of darkness, irritations, all these things. When we are humble we are not irritable, we are

not judgmental, temperamental in a negative way. We can have a divine temper which is righteous indignation seeing the evil in the world and attempting with all of our heart and mind to counteract it through the light works that we are engaged in. Yet by being humble through all of this, that soot of karma cannot settle upon us and stay with us when we are truly, like Alpha, humble and have that demeanor which means that we are not better or greater than anyone else. We are all in this together. We are all sons and daughters of God. We are all one.

We also align our will with the will of God. Remember we have that wonderful ritual within our prayer book on the sacred surrender, the science or art of the sacred surrender.<sup>5</sup> Aligning our will to God is a wonderful thing because it also then keeps us in that straight and narrow pathway to the light of our Presence. We are focused on the One and we don't divert our attention too much to the point where we err or are imbalanced left or right.

Likewise we align our love with the love of God and our wisdom with the wisdom of God. We've talked a lot about trying to fulfill the will of God. Well, we add that we are fulfilling the love of God, and we are fulfilling the wisdom of God because all three must be in balance for us to ascend.

### **Other Shortcuts**

We give our all. We go for it. We "just do it." In other words, we are active participants in the ascension process. We leave everything on the playing field of life. We don't hold back. We give our all. We dream our dream and we manifest that dream by intent, by focus and by the thriving, driving energy of our Presence. We work as if everything depended on us. If every one of us takes accountability and responsibility for every aspect of our life and our sacred labor, our job, then we will be victorious because no one is saying: "You do it!" When we say: "I will do it, I am doing it, I am it," we acclaim the I AM fire and divine power of our Presence and that thrust of light then makes it so.