

PRAISE FOR

Advanced Studies of the Human Aura

“An extraordinary book that will transform how you think about who you are and what is possible in your life. The much-anticipated *Advanced Studies of the Human Aura* reveals new dimensions of spiritual growth and awareness that will take you farther, deeper and higher.”

—DANNION BRINKLEY, *New York Times* best-selling author of *Saved by the Light*, *At Peace in the Light* and *Secrets of the Light*

“This book is a heartbeat of Divinity. All the information that flows through it gives us the opportunity to understand the true essence of who we are: The Children of the Sun. And who are the Children of the Sun? The ones who shine, who are clear, who bring warmth and tenderness, who protect, who share, who give life to every being in the universe, such as the Father Sun does, without discrimination. David Lewis is sharing this precious knowledge in this extraordinary book.”

—JORGE LUIS DELGADO, author of *Andean Awakening: An Inca Guide to Mystical Peru*

A D V A N C E D S T U D I E S

O F T H E

**H U M A N
A U R A**

How to Charge Your Energy Field with
Light and Spiritual Radiance

David Christopher Lewis

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For information, contact:

Meru Press®
PO Box 277
Livingston, Montana 59047 USA
Email: info@MeruPress.org

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The Hearts Center trademarked terms: HeartStreams™ and heartstreaming™

Preface

You've most likely picked up this book because you're intrigued with the nonphysical world and with learning more about developing your spiritual abilities, perhaps even the ability to see "beyond the veil" into the invisible. Vast dimensions of light and vibrant color, miraculous natural skylscapes and numberless beings of amazing beauty and grace await you. Glimpsing more of the world beyond the physical and the eternal realms with their angel choirs and cosmic beings has brought amazing blessings to mystics who have been chosen to receive a higher form of vision.

Although not a seer in the typical sense, I've been gifted with an ability to perceive beyond what most of humanity has accepted as "reality" and thus am able to share insights with you that can uplift and support your spiritual journey of Self-discovery and union with your own perfect inner being. My hope is that this book will provide an impetus for greater progress and a rediscovery of the Divine within yourself and all of life.

This is not a book that will explain ways of developing psychic powers to control the aura through intense mental or emotional processes or exercises. That's not the real goal of spiritual progress. In fact, I most often see auras when I am not trying, when I'm simply "in presence," when I am in a state of joy and serenity, feeling great love for and oneness with all life. Heaven provides this gift to me with the caveat that I use it to accentuate the good in all. Many true seers observe both the bright and beautiful and the dark and less radiant. It takes a conscious choice to behold the real within others and to then draw it from within them with kind and compassionate communications, with loving and considerate words.

By developing your aura and inner sight, you can expand the good within yourself and others as well as protect yourself from unseen negative influences and forces. As you learn the techniques I'll share in this book to seal and expand your aura, you will be able to safeguard loved ones, those entrusted to your care, your assets and even your very life. Developing intuition is often a key in meeting our long-term goals. Finding the truth and detecting the motives behind others' words and deeds can make the

difference between success and failure in your projects and your service to others.

I've been interested in spiritual experiences and the aura for as long as I can remember. At eight years of age, having been raised Catholic, I was intrigued by the stories of the amazing visionary experiences of those who could see and converse with Mary or Jesus or various saints or angels. I would cry with joy when watching movies on the lives of Saint Bernadette Soubirous of Lourdes, France, or the children at Fatima, Portugal (Lucia, Jacinta and Francisco), or Juan Diego of Guadalupe, Mexico. They all witnessed the glory and beauty of Our Lady or Jesus, and I desired to purify myself so that I could, too.

In my early teens when I came upon the term *third eye* in a book by Lobsang Rampa, my interest was again piqued. How could I develop higher vision to gain insight into other realms, other dimensions? During the 1960s and 70s many people were experimenting with extrasensory perception, sometimes using drugs as a door to the unseen worlds. I felt there was a pure path to attaining certain spiritual gifts and desired to wait until I knew that clear and true way.

My search for the truth was destined to take me beyond my traditional roots and the churches available in the town where I grew up. I found, through my mother, a book about the life of Edgar Cayce, the "Sleeping Prophet." For the first time, I saw in his biography the term *aura* and I began to research more about this subject, reading all the books on it I could find. Edgar Cayce saw the aura, or energy field, around every living thing; and in his "readings" he was able to diagnose the causes and cures of hundreds of ailments.

I began reading about all manner of mystics, seers and saints who could "read hearts" or "read minds" or had great intuition, among them Padre Pio, Paramahansa Yogananda and Ramakrishna. These superconscious individuals gained a higher level of awareness through various spiritual disciplines, such as silent meditation and contemplation, devotional prayer and singing, and attuning to the Creator through inner stillness. It seemed that they had become sensitized to the subtle world and were then cognizant of what was playing out in others' lives as revealed by their auric field. I began to understand that the aura was an ovoid of frequencies, visual colors and vibrations that are constantly changing, based on our consciousness, thoughts, feelings and actions.

Many of us “see” the auras of others through our gut feelings— our intuition. We have this first sense about people we meet. We have a reaction at the soul level to who they are and what they’re made of. We get a feeling of their integrity or lack thereof. Many animals, especially horses, dogs, cats and other domesticated pets, have this knack of reading people. Animals often react to the sinister in individuals. These individuals can’t hide their unresolved angst from the sensitive among us. In reality, this intuitive gift is something that each of us has and can develop more fully. As you learn to focus on your Higher Self through techniques such as those you’ll read about in this book, you will gently and safely manifest even greater gifts of the Spirit as heaven sees fit to offer them to you.

Part one shares the teachings of the Ascended Master El Morya, a great way shower who for centuries has been at the forefront in the releases of higher truth to mankind through various spiritual movements, including the Theosophical Society, Anthroposophy, the Agni Yoga Society, the I AM Movement, the Bridge to Freedom, The Summit Lighthouse and The Hearts Center. He offers his advanced studies on the human aura for the new era into which we are moving. These studies are for students advancing into higher consciousness, developing their soul senses and beginning to see beyond the human veil into solar worlds of joy, beauty and oneness. Perhaps you, too, have felt the shift. We are evolving beyond dualistic thought with all of its divisions and isms and all that separates us rather than unites us.

El Morya’s teaching is about developing solar awareness. He instructs us how to increase the light within our auras so that we can be shining, God-conscious beings. He shares how we can find our true nature— knowing our oneness with God—and develop a beautiful and radiant halo as we become a sun of love and light to all. In this new Selfhood, our aura changes from human to divine.

In the second part of this book, I share insights drawn from my journey of self-discovery—my path as a Catholic youth through my thirty-plus years as an ardent student of Elizabeth Clare Prophet¹ to the mystical experiences that have resulted in my ability to commune with El Morya and receive his telepathic “HeartStreams,” including these advanced teachings. You’ll learn in part two how to use your own aura to do greater spiritual work by blessing life and bringing about a new harmonic field of purity, wholeness and unity around the world.

These advanced studies on the human aura are for today. Our cultures and our communities require them now. It is our time to shine and to fulfill our greater mission, each of us messengers of light and love.

Thank you for reading and sharing this message of hope and joy.

PART ONE

**ADVANCED STUDIES
OF THE HUMAN AURA**

by El Morya

A Note from El Morya

In the eternal light of divine joy I am here to share with you a series of teachings on advanced studies of the human aura. This series completes the triune teaching on this subject, complementing the studies released previously by my holy brothers, the ascended masters Kuthumi and Djwal Kul.¹ Each of them has eloquently discoursed with students of higher truth about the aura from many angles of awareness. Each has given specific keys and techniques for purifying, strengthening and expanding the aura. My purpose is to release to you an additional perspective that will benefit your spiritual path when received with an open heart and mind and put into play in your life through direct and focused practice and action.

Beloved heartfriends of old, in preparation for this series I have communed with my gurus, masters of such holy radiance and divine eloquence as can barely be fathomed by the minds of mortal mankind. And yet I will attempt to convey their higher wisdom in words that I trust will edify and uplift, codifying their Buddhist mindfulness in thoughtforms, imagery and HeartStreams that will surely bring you more than a twinkle of mirth as together we engage in a new sacred adventure of Self-discovery.

My purpose is also to help you refine your auras within the great crystal stream of light that is ever available to you from your Source through a direct and personal experience that I would classify as a cosmic darshan. For I will hold a flowfield of divine love, wisdom and power around each one who reads and studies this instruction so that you may more easily rise into the crystalline patterns of perfection that will whirl and swirl through your auras as your Higher Self opens the portal of your heart-mind connection to our realm. Here you will feel the scintillating frequencies of those celestial beings whose auras are vast and clear and who offer their attainment and gnosis (inner knowledge) to each aspiring adept.

As I begin this instruction, I urge you to take a few minutes before you read these words to meditate in deep silence upon the beautiful aura of the Great Central Sun.* Within the multidimensional spheres of this cosmic atmosphere of light in all of its wondrous gradations and holy essences you

will find a portion of your own Selfhood and divine design. From this sacred space of love-wisdom, the teaching I present will already be known within you, for even as I access its verity and *viryā*, so you, too, will know its glory and innate value for your soul.

*Please see the glossary on [page 249](#) for terms you may be unfamiliar with.



THE CREATION OF THE COSMOS

Genesis Revisited

The vital force of the universe is exactly what you are.
—Wayne Dyer, *Manifest Your Destiny*

Beloved Students of Higher Truth,

“In the beginning God created the heaven and the earth. And the earth was without form, and void; and darkness was upon the face of the deep.”¹ So begins the book of Genesis of the Holy Bible. At this point of the cosmo-creation neither the “heaven” nor the “earth” shone with light or the radiance of what would manifest as the aura of the All. Into the darkness of the Mother void, the womb of cosmos, the Father impregnated the seed ideation of all that would manifest unto the eternal cycles of beingness in all universes. Yet until this seed took root and began to manifest as the spiritual and material dimensions of “the heaven” and “the earth,” no auric light energies proceeded from them. Once the creation emerged from the cosmic void as life, this living energy field, as a specific divine radiance, expressed itself as the emanation of the vast cosmic aura.

This original creation was the mindful thought of the Creator, and all subsequent thoughts or ideations of created beings are reflections of this First Cause, or causal thought process of God. Thought is a ray of divine intelligence focused upon a specific purpose. Once it is released from the mind of its creator, it is fulfilled and manifest according to the intensity (power and love geometrized) of its conception. Thus, all creativity issuing from the Divine One and his co-creative offspring has the impulses of divine wisdom, power and love embedded within it.

When the disciple accepts the responsibility to be a co-creator with God in its totality, he or she enters into divine levels of beingness that are reflective of what the Elohim, the creators of the worlds upon which we evolve, know and experience. This understanding is cognized by all

celestial beings, ascended masters and spiritual Sons and Daughters of God who have entered into oneness with the Creator through acceptance of their full divinity through the Law of Correspondence. This law allows for completeness and unity to occur because one's aura is entrained with the aura of the whole through surrender to the One Will, the First Cause.

In the process of entering into this higher relationship of being-ness in the Presence of God, the human aura becomes the divine aura. It is literally replaced with a new, solar radiance that is accommodated through the keying into a higher flowfield of light that is God's great cosmic aura. The entire warp and woof of creation is God's endowment of himself to his offspring. And the energy field of perfect beingness as the light of akashic resonance may be entered into, felt and accepted by every created and conscious being through the free will experience of identification with and acceptance of this divine radiance of God's eternal beingness.

For every adept who understands the cyclings of the Eternal's inbreath (unmanifest beingness within the cosmic void) and out-breath (manifest beingness within the cosmic ovoid, or egg) co-creation is easy, natural and joyful. The co-creative life is the only true life for those who are one with God, for God is continuously re-creating the cosmos each moment within the eternal Now. This is Elohimic living, even if the co-creative thoughts or ideations are seemingly manifest on less than a galactic or cosmic scale. In reality, all true co-creative work consecrated to the Divine One affects the entire cosmic web of life at microcosmic and macrocosmic levels of life.

This new sense of divine responsibility and authority to create may seem both daunting and awesome to the initiate who is just beginning to enter into advanced levels of alchemical experimentation with the holy currents of love, wisdom and power. Yet each one is gently guided by the higher gurus and teachers of the divine sciences, those silent watchers and guardian spirits who hold the field of beingness and picture-perfect Presence on a vast scale beyond the imagination of most of humanity.

For you who have purified, strengthened and expanded your auras through the daily devotions of meditation, prayer and various yogic exercises and practices, I have prepared a series of inner alchemical experiments to assist in raising the levels of your auric brilliance, reflective of your higher beingness. This will allow your creative work to be endowed with a greater divine harmony and luster, a greater spiritual radiance and grace. Some of these I will reveal to you in your finer body as you sleep at

night. Others I will share through the teachings that I will present outwardly. One and all, they will bring you the joy of buoyancy in God's Presence as you consider your human aura as now melding and morphing into something more sublime and divine each day.

I am abiding at your side as you receive and assimilate the new cosmic impulses of auric light and solar heat from your Source.

Lovingly yours,

Morya

