

PRAISE FOR

Saint Germain on Advanced Alchemy *Volume 2*

Having managed a spiritual bookstore and gift shop in the LA area for over twenty years, I learned that the book with the highest teaching was the one that conveyed the next step on the path, for whoever stepped inside. If you desire to refine the fire of your heart for personal and planetary transformation and transmutation, this book is for you! It may be the highest and most profound book you encounter in a lifetime.

—RAYMOND ZIEMKOWSKI, *Former Manager*
of The Spiral Staircase Bookstore

Saint Germain asks us if we are ready to make the highest decisions in our lives day by day to move forward the plans to fulfill God's dream for our planet to be freed fully in the light and to design a golden crystal age. If your answer is "Yes!", then hitch your star to the loving Master who tells us how to make it happen in this book!

—KENNY MUELLER, *Publisher & Substack Newsletter Writer*

Advanced Alchemy Volume 2 is more than just a guidebook for Aquarian enlightenment. What you think about, you bring about. Think: conscious evolution revelations.

—CHRISTOPHER RUDY, *Host of BBS Radio's Cosmic Love*
Show/Podcast, 13th year

This exquisite book allows one to garner the profound formulas and quintessential attributes that are critical at this time for personal and spiritual development. These precise teachings help orchestrate the necessary principles and requirements that will assist each one in being victorious in their alchemical endeavors. While reading this book, I felt ensconced within a schoolroom that allowed me to fully give credence and acceptance to "I Prophecy Your Victory in the Light."

—DORETHA STEWART, author of *Living Within the Prism*

In this illuminating book, Saint Germain unveils ‘Aquarian alchemical formulas’ for living in the presence of Love, Light, Joy, and Stillness—keys essential to precipitating transformational miracles in our personal and planetary worlds. It's the perfect guide for discovering the magical Self within.

—NICOLA WOYWITKA, author of *Goal Setting Magic*
Makes Kids' Wishes Come True

I highly recommend the explicit, practical teachings in this book. Receive Saint Germain's alchemical activation of lightworkers and feel the hopeful sense that all will be better as we move into a new era of harmony, peace, love and joy!

—CATHLEEN ALEXANDER, PH.D.

Saint Germain on Advanced Alchemy

Discover Alchemical
Formulas for the Aquarian Age
Volume 2

David Christopher Lewis

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by David Christopher Lewis



As the Avatar of Aquarius and ascended master who promotes divine love and soul freedom through the science of alchemy, the teachings of the I AM Presence and the use of the violet light of transmutation, Saint Germain stands as an iconic figure along with his beloved Portia at this time in Earth's history and in the spiritual evolution of mankind. The master's ongoing revelations, prophecies and teachings on advanced alchemy are essential for initiates to know, study and assimilate in order that the ancient adages, Man, know Thy Self and As Above, so below, may be fulfilled—so that Thy kingdom come on earth as it is in heaven.

This book is the second in this series on advanced alchemy with poignant teachings that will edify your mind and heart in ancient truths now made available unto all. As you heartstream with Saint Germain and Portia as well as your own Higher Self, may you receive deeper insights that will serve you on your own path of Self-realization and enlightenment, moving toward your ascension and total union with God.

Although these revelations are universal for all who are open and willing to studiously consider, imbibe and digest them, they are also unique and apropos for each disciple in a mystical way, for divine truth has a miraculous means of impacting each of us in the present moment as our lives unfold. Each time you pick up the master's gold-en-crystal age teaching and contemplate a sentence or paragraph in the context of your daily opportunities and challenges, I know Saint Germain will provide exactly what you require to live resourcefully as an aspiring alchemist and adept yourself.

I've mused on how Saint Germain and other great masters often use the Socratic method to draw forth from their students' higher minds the wisdom that they require at a specific point in time on their path. This technique allows their Aquarian teaching to flower within the heart and soul and to fructify throughout the consciousness when applied in daily work and service to life. Every true alchemist of the spirit engages in some divine work where the rubber meets the road through numerous personal or group associations. The initiations of life may be joyfully met with divine love made real in authentic

and tangible ways. Book knowledge becomes true wisdom when assimilated through action amidst practical life situations.

My life and spiritual journey have been rich in the graces of the Holy Spirit who has caringly and magically orchestrated my life for me to be at the right place at the right time and for the teacher to appear because I, the student, was ready. I know it has been the same with you, for you have this book in hand or are reading it now in electronic form! To have such a magnanimous master as Saint Germain actually work with and through us to bring his alchemical formulas into play within our world is a humbling experience that we shall always cherish. To feel his profound love for each soul whom he desires to touch in some way has often brought me to tears of joy and a sense of eternal gratitude for his sacred gifts to all—always ensconced in a majestic sense of unfettered optimism.

One interesting discovery I had back in 1977, after studying the master's teachings for three years, was to hear from my own father who had likewise just embraced these truths that his own parents had been students of the I AM movement in the Chicago area back in the early 1930s and that my dad had played the harmonica in a Christmas Pageant put on by the Saint Germain Foundation in their temple in the Windy City when he was 12 years old! Although my grandparents never outwardly shared with my siblings and me a knowledge of their involvement with the Aquarian master long ago, come full circle, my parents and I became students in due time and have been supremely blessed by this sacred association, always centered in the heart.

My prayer in releasing this book is that you will be raised up in the light of your own God Presence to discover more of what you require to be radiant and happy as your own co-creativity with God is multiplied and expanded through Saint Germain's wisdom which you may also lovingly share with others. May those whom you came to edify and serve be blessed to know, to dare, to do and to be silent, and may each high ideal that you embrace come to fruition through many powerful boons and blessings from this holy master of Aquarian love.

*I AM ever your servant and heartfriend,
David Christopher Lewis*

PART ONE

Continued Instruction in Advanced Alchemy



I AM Aquarius Manifest as Light, Love and Joy



I AM Aquarius manifest now as light, love and joy. I AM a gold-en-crystal age of love come unto all who look to God as their Source for their life, for their inspiration, for all that they require each day. I AM the glory of God suffusing planet Earth now in its radiance, in its beauty, in its harmony, raising all life into the effulgence of the I AM THAT I AM into the light of the New Day which is here front and center in our lives. I AM virtuous in my outpicturing of God-love, raising every soul through that love into oneness, into unity, into joy.

As your Saint Germain, I am here promulgating a new, New Age God-consciousness amid the souls of sons and daughters of God who are looking for the solution to the present dilemma that all are experiencing upon Earth. I have provided in the past many keys to the ascension, to Self-realization, enlightenment and freedom. And I come again now at this critical juncture of Earth's history to provide a new impetus for that light of freedom, the restoration of it within each soul and also within the Oversoul of the planet Earth herself.

The key this day, dearest ones, is to enter the joy field of God as love within your heart to experience Aquarius now, Self-realized in you as a cosmic reality, as a present moment divinity. Ensconced within this ideal of perfection joy sings to you, joy reigns within you, joy rings out her crystalline clarion bells announcing that all is well within the hallowed circle of God's Presence that we all live, move and have our being within. When you live in the integrity of this divine, cosmic sphere of reality, nothing can sway you from the joy of the sacred moment of the eternal Now that you experience daily, hourly.

Yes, blessed hearts, there is no longer an excuse not to experience God's awareness within you. You have all of the keys. It is simply a matter of choice, of free will to be in that light, to experience that reality, to know the totality of your God-identity which is now suffused through you as the light essences of the omnipresence of God in your midst. When you can feel this certitude of

your God-identity as love, as light, as joy, then your life is truly worth living to the max with Maximus and Progeneta.

I AM that life, that light of love of God within you as you choose to associate with God, to merge with God, to be God in all of your activities, affairs and in the new reality that you step into because you choose life. Those who choose life are initiates, for life is God, life is one, life is real. And those who choose otherwise, know not the God-reality of their divine identity. Yet you can remind them through your lives lived to the glory of God each moment as you are an incarnation of the Presence of the I AM through your being unified, blessed and supercharged with this holy radiance of your Presence.

I have said it in so many ways, hoping with all hope that you will feel what I feel in my oneness with God, for that feeling is the key to the realization of it within your temple of light. And when you can feel love as God-love, elevated love, divine love, that love incarnate through your thought and feeling world then blesses you and allows you to live in this integrative state of unity, the field of God's awareness around and within you that has always been with you, yet which you are now fully aware of, experiencing, knowing in its totality.

The key to every moment is to step through the veil of illusion into the higher reality of your Presence speaking with, communing with, knowing your Presence as your True Self, and where you alight anywhere upon Earth in your travels, whether physically or in meditation, bringing that divine frequency, that holy vibration of light and love and joy so that all may experience it also. Yes, every soul, every man, woman and child may know God as Self within this dynamic. And you create and recreate it daily through your conscious work, service and givingness.

We have performed an alchemy during your meditation this day. And that alchemy is the inculcation within the core of the Earth of the Solar Reality of the Sun, whereby Aquarius, as violet-fire joy may then bloom, blossom and expand within every soul incarnate upon Earth. For when that violet-light energy field is felt, is known, is accepted and experienced, Aquarius becomes a present-moment reality.

You have attempted with all of your God-desire to live in the effulgence of Aquarius as that God-love experience. And so I ennoble you as I enable you through this experience to again know it as a cosmic dynamic wherein God transmutes everything that has caused you in any way to experience something less than this light, love and joy. Imagine with me that you are free. Now say:

“By God's grace, I AM free in the light, the light of love, levity and joy. I experience God's joy every moment of my life. And I AM that love of

Aquarius incarnate now through my thoughts, feelings, words and actions. And because I AM Aquarius incarnate now, the entire Earth experiences the New Day of Aquarius. So be it. It is a God-reality for me and for all, for we are one.”

Dearest ones, you have now changed the course, the destiny of Earth through a positive spin of your affirmations, your belief, your acceptance, your complete faith that good shall prevail, God shall prevail, the light shall prevail. And though you do not have seventeen or twenty-one thousand souls meditating, as some do on the internet, I can assure you that all of heaven, including these beautiful, recently-ascended souls whose visages you have seen have participated with you,¹ as well as thousands and tens of thousands of angels and ascended beings. Through this vigil of light, a doorway, a portal to heaven has been established.

You may ascend in consciousness in future meditations to again experience this cosmic reality of divine love, light and joy. There will be for you a new infusion of this Presence in your life so that you, free in this experience, may remain joyous, harmonic, loving and true to your I AM Self.

In the past I have said it is time to let go of the ‘woe is me’ consciousness. Do you remember that? Well, some of you at times still take it up a little bit when you feel down, repressed, which I believe is self-repression. I remind you that you create your reality, you create your universe through your consciousness, either elevated or denigrated. Because you create your reality, it is now incumbent upon you to remain positive, to remain hopeful, optimistic, seeing the end result of our victory, of our oneness, of our planet of love fulfilled in completeness as a reality.

Remind each other when one or another may temporarily lapse into this sense of ‘woe is me’ and remind them to simply say: “Wow is me in the I AM who I AM with thee, O God! Wow is me in my I AM Presence! Wow is thee with me, O God, in this state of cosmic, dynamic love who I AM now.”

Yes, blessed ones, it is a simple choice to replace negativity with positivity through I AM affirmations. Yet you must energize and activate them through joy. This is the key to those affirmations manifesting in the present moment—the amount of joy, cosmic ecstasy that you place within them through belief that when you say I AM, it is true now in this moment.

This is how Jesus was able to precipitate every time he desired something for good. Within him he proclaimed the I AM as a reality. He drew forth from the Universal that divine substance from light that manifests as a tangible manifestation of that divine desire, glorifying God and then expressing it, sharing it and allowing it to bless all life through his sacred heart.

Can you do less than Jesus if you have the same joy within you to draw forth from the Universal through God-intent that energy sublime into the Earth earthy? I say it is almost a sin to believe otherwise. For you are a son, a daughter of God like Jesus, created in God's image and likeness. And so if you rise to accept this dynamic, then you too, like me can precipitate anything that is valuable, worthy of a son or daughter of God.

Now, whether it takes a microsecond or a month does not matter, so long as you believe and accept the total reality of that I AM statement as a factual manifestation of that divine light and frequency. It is a cosmic law that it must then come forth.

These words that I speak today may be in my next volume of alchemy. You have heard them many times in many ways. And yet, practice makes perfect, blessed ones. Practice makes perfect, for in practicing the Presence, the perfectionment of the I AM through you co-creates heaven a little bit more where you are. And within *this* reality you alight in a new world as I did and always do each time. Even as an ascended being, I proclaim in the I AM name something magnificent, universal, transcendent as emerging out of that Universal energy of the Divine Mother who represents the allness of the cosmos itself. Yes, we draw forth from the Divine Mother all of our needs and requirements as we feel them coming forth, emerging as starry energies, as cosmic impulses, as divine vibrations.

Now, O initiates of Aquarius, alchemists of love, *I charge you! I charge you! I charge you* with this new Aquarian light to go forth victorious every day, to remember who you are, to so be in that state of divine ecstasy and cosmic joy that you are each one the solution to every situation through that love, light and joy. Will you accept this commission this day moving forward on your path of light? [Audience responds: "Yes!"] Then my work today is complete. And my words ring true within you evermore to be re-realized through your work and service.

I AM your Holy Brother, wooing you to God-love within evermore radiant fields and gradient vistas of that ruby energy of compassion, of understanding, of knowingness in God's Presence and heart. Thank you, blessed ones, for being here with me today. I love you.



Saint Germain Alchemizes All That We Desire for This Planet

Portia Tones a Blessing for Each of Us



Dearest Ones,

The transcendence of the violet fire is yours to utilize when you choose to bring the seventh era into play within your domain. And I, Saint Germain, stand in your midst to alchemize all that you desire with God-desire for this coming age now manifest within your own consciousness, being and world.

We have been about the Father's business for eons of time in attempting to inculcate within the Earth the light of freedom, the light of divine joy, the light of God-love. Initiates of the sacred fire are involved in this alchemy day and night as they choose to invoke the sacred fire and make it a reality in their worlds, by God's grace, through complete consecration of heart, mind and will, in unison, toward this divine ideal.

Blessed ones, we see the world that is manifesting upon Earth. We see the inanity; we see the degradation; we see the darkness. Yet we also hold our vision set on the highest standards of perfection, the Aquarian model and all that is manifesting at inner planes that lightworkers may tap into and utilize for the victory of the light of freedom. When you use the violet fire, especially the violet-laser light, in a focused array toward God-good, I am there, and Portia is here with you to manifest that alchemy of perfection in your midst.

There is a new level of transmutation manifesting through the collective awareness of lightworkers around the world, from the reservoirs of heaven that afford you entrée into the higher vibrations of Aquarius, the more mystical understandings of what is transcendent in your heart, mind and will every moment through your communion with your Lord. And as you utilize the seventh ray, the violet fire, in joy, many elemental beings, many devas and

many angels and archangels also come to accelerate this action of the sacred fire for the mitigation of planetary darkness.

What is transpiring upon Earth is the letting loose of darkness for its ultimate consummation and transmutation so that the greater light of Aquarius may ensue and be broadcast throughout the world in your lifetime and beyond. When you see that darkness—the greatest darkness before the dawn—manifesting, it is actually, dearest ones, a time to rejoice. For you know that God is ultimately in charge of this planet and its evolutions; you know that the divine ideal is what will indeed come to pass, so long as the freewill choices of you and every lightworker are toward that victory of God-good planetary-wide.

How can you, as a lightworker, be involved in this greater planetary alchemy? you ask. By being constant; by being true-blue to the divine ideal that you know is the real way forward, the true way; merging the energies of your spirit with others of like mind, heart and will; collaborating toward that seventh-ray action of planetary transmutation, such as these services, these morning broadcasts that many of you are engaged in. For you see, the multiplication factor is great when seven or more of you come together in consonance with this activity in heart and mind. And when the high ideal is held before you and the joy of the Lord is in your midst, through your assent to angelic intercession and the ascended-master way moving forward, we then coalesce within your midst, gracious ones, the light of God that always prevails. And there is a cosmic level of transmutation manifest on your behalf and on behalf of every lightbearer upon Earth that is magnificent to see.

Yes, God is in charge if you follow the charge entrusted unto you to invoke that light, to be that light, to restore the Earth in your domain to that magnificent ideal held inviolate within the mind, the vision and the heart of God since the beginning of all life throughout the creation. You, as co-creators, can be involved in this greater alchemy, yet you must choose day after day and hour after hour to so assent to this action of cosmic transmutation that you help to bring it about by your freewill experience within these matter planes.

Yes, your soul ascends at night as your soul takes flight to higher octaves to commune with us, to attend our retreats and classes within the heaven world. And we indeed provide many keys, dearest ones, for the alchemy of the age to occur through your work and your service, your consecrated and dedicated dharma, both individually and collectively. If you could see the dynamics of what is at play in bringing heaven to earth when you alight within your soul in the morning, rising from your bed to greet the sun and then joyously

proclaiming the new day in your midst on our behalf, you would see a spiral set in motion that is transcendent and even miraculous.

The miracle violet fire may go forth; the miracle violet light may take charge and take command in your midst. There will never be an opportunity for the dark ones to snuff out your endeavors, your initiatives, your projects of light. There will never be any interference from the depths of the astral plane, so long as you maintain your harmony, your peace, your understanding of this cosmic collaborative endeavor, working in consonance with one another toward that divine end of planetary victory in the light.

Yes, we charge forth the violet fire from our reservoirs of light in the heaven world again and again to mitigate all manner of evil deeds and the machinations of the dark ones. Yet, it is time for many to awaken unto this reality and unto this sacred work. It is time for many more to join you in this endeavor, whether through this activity or others of like ilk in a positive way. So we call lightbearers from the world around to enter into the fray, to involve yourselves in God's affairs, to be employed by the Divine One and to give your all for this cosmic effort of planetary salvation, which, as you know, is the Self-elevation of every lifestream in the light of God.

Yes, I am here calling to you, O soul, to ascend to the highest heights of your God-attainment, the God-ideal of you living in the perfectionment of your true and noble Self. When you realize the wherewithal that has been vouchsafed unto you to involve yourselves in this cosmic alchemy, I assure you that you will feel the validation of that light *blazing* within your heart with a new fervor, a new radiance, a new cosmic joy that will bring you to the crescendo of your life work and the apex of attainment in the Lord's ways.

Now Lady Portia stands in your midst to emanate a cosmic frequency that is unique for each and every one of you, that will bring you into a greater alignment with your God Self, with your holy purpose. She tones on the inner, in a cosmic orchestration of light, what is the essential vibration for each one of you to assimilate for that acceleration of your life work and purpose. So listen with your inner ear in silence now as this alchemy from Portia manifests.

Yes, in an ancient tongue she sings to your soul, calling you higher to aspire to perfection within that high ideal of light, everlasting joy and holy love. Will you respond, O soul, to Portia's divine love for you as the Aquarian lady of the hour? Will you listen intently to her coachings and her goadings for you to move heaven and earth through this divine collective, the *egregor*, of the mandala of light-workers the world round—truly the *antahkarana* of joy that will birth the new era in days to come and in hours, even now, that are passing through your life's experience? If so, I, Saint Germain, will also be there to

empower you and to inspire you to manifest that Aquarian way moving forward—the way of divine joy, the alchemy of love, the virtues of every son and daughter of God manifesting in holiness and through the constant pulsation of your hearts, one with the Eternal.

Now as you listen to a song composed by my son David, “The Alchemy of Love,”² see your own beloved twin flame, one with you within your heart, expressing the beatitudes of gratitude and joy in your midst. Feel the oneness of your pulsating hearts also one with Portia and me, Magda and Jesus, Raphael and Mary and other divine beings whom you know to so associate with the evolutions of Earth for their victory. In this intimacy of our collective oneness, there shall be a new wave of light, a tsunami of cosmic joy manifest for the victory of every son and daughter of the One Eternal God. Yes, listen and be that alchemical love day after day and hour after hour through this experience of our oneness evermore.



The Sacred Gift of Life



I, Saint Germain, come unto you, each one, on this May Day and blaze the violet fire through your soul, through your soul experience and through the soul of the Earth and all evolutions hereupon. It is an hour of planetary transformation as we together are invested in God's work for the salvation of the Earth, of all mankind and of all evolutions here. All are discerning their place within this shift in awareness and transformational opportunity to live in the Presence of God, in the presence of love, in the presence of joy.

Consider the gift of your life, how you evolved within your mother's womb for forty cycles of seven. Yes, forty weeks in the womb was the alchemy that was required for you as a soul to incarnate within matter. And these forty cycles are significant. For in each of the turning of these cycles of seven, the seven rays manifested through your awareness, through the growing of the tiny seed and ovum as one so that you could be birthed in order to give glory to God through your being.

Have you considered how the seven rays, through these cyclings of light, were the nurturing of God's grace that manifested through the expansion that occurred from this one ovum and this one seed yoked together through love? I tell you that the mystery of creation is truly miraculous—how all came into physicality and how the seven rays truly were manifest within the growth stages that were fulfilled as you emerged from your mother's womb in time and space to then begin your walk with God and manifest your destiny upon Earth.

Because the gift of life is sacred, you are sacred—because you are life, as a God being evolving here. Some do not consider that life is sacred within the womb, and therefore they have, through their own non-acknowledgment of this dynamic and this eternal truth, degraded themselves in the process of claiming rights that only God can convey. I say that if they had considered their own life and how they emerged from life itself, then they would acknowledge all lives as sacred, even those evolving within the mother's womb.

Yet they would not accept their destiny as God beholds them—even yet, as divine. So we must encourage all to come to that foundational wisdom whereby they aver that God is within all life, that the seed of creation manifests within every being as opportunity to express divinity, to express love, to express beingness.

Once all mankind accept this foundational truth, the New Age may begin. For through reverence for life and acceptance of God within that life, as the creator of all, all ensues with the magic of the miraculous, with the mystery of true divine understanding. Then, discerning how these seven rays manifest throughout one's life week after week, year after year, one may truly enter into the evolutionary cycles of love, of beingness, of perfection.

Week after week throughout your life, you experience the seven rays as they manifest each day as opportunity for self-transcendence, for evolution, for co-creativity. And if you use every opportunity given unto you, afforded unto your soul to express your eternal nature as a divine being, then the alchemy of love is fulfilled through every cycle of your life and you have nothing to fear. For God is here within you—God is present in your mind, in your will, in your heart, in balance. God is present in your soul for true soulfulness to be experienced each day, each hour, each eternal moment.

Therefore we express life unto you as your ascended elder brothers and sisters. We express divine love unto you to goad you to higher beingness, greater soulfulness. And when you are encouraged from within to be that co-creator that you know that you are destined to be, then you may participate with us in the alchemy of the ages through the anointings that come unto you, each one, at the sacred stages of your acceptance of this path of oneness. God is front and center and first in your life when you give obeisance to that inner voice who provides you that opportunity to sing your song, to elevate all through your love and to rebirth the Earth in light again.

The dawning of the Golden-Crystal Age manifests every day through the initiate of the sacred fire and those who use divine alchemy to express love. How would you express love this May Day? How would you use every day as an opportunity to venture unto new heights of divine bliss in God's love? How would you use the sacred moments passing before your eyes to be expressive of God-beingness through that sacred brother/sisterhood within your community of the Holy Spirit and the worldwide community of light all around you?

We have vouchsafed much unto you as we have distilled the eternal truths and ancient wisdom teachings year after year through our anointed ones. And if you would be a true devotee, initiate and a master of yourself and of your

life, then surrender your lesser will to God's and embrace the higher walk, the higher way, the higher life of divine love.

O Shasta, I am coming. Yes, I am coming again this year to impel those who claim to be my disciples to a higher life lived to the glory of God and not unto the lesser self. If you would utilize the gift of the violet fire that I have offered to mankind, then live in the integrity of your true being and accept nothing less than the I AM perfection within through the voice of that I AM manifesting through you day by day; through works of grace and offerings of love, sacrifice, surrender, selflessness and service. Thereby the ruby ray—that ray of accelerated love—will flow through you to carve out from within this Earth a path of light for many who would reach up into their own destiny, yet they require the example, the elder brother or sister, which you may be, like us, to show them the way through a life of virtue, blessedness and grace.

Within this sacred movement of The Hearts Center, we have provided a great impetus for the acceleration of consciousness and for you to discern who you are and to rise up into that divine beingness to proclaim the New Day within your soul and to experience *God, God, God* in every moment, within every breath and heartbeat. As you proclaim, in the I AM name, who you are within yourself first and then unto the world through your sacred works, we will employ you as an initiate to do those greater works that Jesus proclaimed that you would do because he ascended unto the Father³ and thereby provided the doorway, the pathway of light in which you could walk and follow all the way unto the ascension in the light.

This is my ascension day. Will you proclaim it as your own as something within you ascends today and every day to give glory to God, to ennoble life, to virtuously offer self to the greater Self of all who have incarnated here? If so, then your new life begins today, your new love begins now and your new expression of co-creativity ensues in this moment. And every moment becomes sanctified by that love that now flows through you in greater measure because God is your cause.

When God is your cause—because God is the Causeless One— then your cause becomes holy. For God and God alone is the Holy of holies, the greatest of lights, the one Eternal One, the source of everything. Therefore be who you are; express love at every turn, within every cycle. Study the cyclings of your own life. Know the integrity of oneness. Perfect the art of alchemy within your soul, and then all shall be clear and you will live within your eternal freedom.

This is my message. Rise up, O mankind, to fulfill your destiny! And through soulfulness, experience God, your beloved, the one who leads you to victory.

I AM Saint Germain. I love you, I initiate you and I welcome you to my heart again and again when you fulfill that commandment to love God with your entire being and love your neighbor as your Higher Self.⁴ For this is the law of love, the sacred law that all must obey. Thank you.



DCL: Thank you, everyone. God bless you. And thank you, beloved Saint Germain, for your fiery, loving message to us. Before he came, I saw that he would speak a little bit about the cyclings of life within the womb, forty weeks in the womb, how this forty number is important: forty days of Jesus fasting in the wilderness, forty days of beloved Gautama Buddha under the bo tree, forty years of the Israelites in the wilderness, and forty weeks in the womb. We also have the wonderful forty days of prayer that the 40 Days for Life organization offers twice a year, in the spring and in the autumn, to defend life in the womb, of which Saint Germain also spoke.

So I think this would be a great meditation for us to consider, to look at the development of life within the womb within those forty weeks and see what we can discern about how the seven rays are actually cycling through those forty cycles of seven. I think that we will discover even more than we may have before if we really look at that deeply and reverently.



God-Love Is the Solution to the Current Plandemic



Beloved Ones,

As your Knight Commander, I come forth on this Saturday to blaze the light of freedom into the Earth and especially into all of America for virtue to respond to the need of the hour, for love to respond to all requirements of the soul to rise to meet the Creator within that divine frame of reference that is heaven itself.

It is a time of peril. It is a time of darkness, and yet there is also great light being released unto the Earth through initiates of the sacred fire, those on fire for God who believe in the One, who understand the dynamics of this hour and who are invested in the divine plan for the Earth and her evolutions.

You have now been exposed to what has been called the Plandemic. It has truly, dearest ones, been one of the most important exposés of all time and especially at this critical juncture of Earth's history. And I encourage everyone to make a great effort to share this understanding with as many souls who are open to receive this truth as you can.

It is time during this Great Awakening that those who have been asleep are jostled by angels of the sacred fire to return to a higher understanding of all of the essentials of life itself, of freedom and of the integrity of the soul, and of how certain dark forces are playing against our greater plan for planetary evolution, enlightenment and freedom. And of how it is essential that every lightbearer be involved within the greater plan of this evolutionary jump in consciousness to a new and higher level of beingness in God.

I release now the violet fire in cosmic swirls into every nation, every people to quicken that which is real and to transmute that which is unreal through darkness and its clouding over of the highest truths being revealed in this hour. When John the Revelator released that sacred book and Jesus' angel appeared unto him and provided that cosmic vision, it was revealed that I would be sounding at a certain time.

And so I have and the sounding of the seventh angel⁵ is the revelation of the violet fire and all of the higher teachings on alchemy and that which, through the I AM teaching itself and the giving of affirmations and the focalization of consciousness upon the I AM Presence, allows the soul to soar unto her God to be invested in this great work of the ages. And so initiates use the science of the spoken word to call forth that light from heaven into the earth and the dynamics of this transmutative action are ongoing as I continue to sound the clarion call of freedom for all souls.

All the teachings that I have released through a number of dispensations are culminating in this final action at this critical juncture of the release of light and revelation to quicken hearts, minds and souls to bring them to that point of decision where they can truly enter into the higher consciousness of the seventh age, the Age of Aquarius, where all is being revealed, where all is being clarified for each one to know that truth, to accept that truth and ultimately to live in that truth of Aquarius itself.

God-love is the solution to every issue at hand in this hour. God-love is the divine quality and the holy virtue that will see each of you through to your victory, blessed hearts. God-love, divine love is the nexus through which all of the Aquarian visionary and immaculate manifestations of perfection and joy, of harmony and peace may ensue because that God-love provides the vehicle for which the soul meets her God, her I AM Presence, through that perfected virtue, compassion laying a foundation for Aquarius itself within the heart, mind, soul and spirit.

Dearest ones, when you focus on God-love, I am there with Portia radiating forth such stupendous light that you are literally raised up many levels of vibration and frequency into the Aquarian man or woman that you are destined to be for this age and beyond. God-love nurtures the entire soul of humanity, for when you are in love with God, when you are in love with the God within everyone and the God-light within nature, you cannot fail. The light in you prevails magnificently, beautifully, rendering the perfected elements of your own co-creativity with God in your domain for that to blossom and grow and expand for more to feel through the nexus of their own hearts that effulgent light of the Holy Spirit, burning and brimming within them with a greater love intensity, a greater light effulgence than they have ever known before.

What is the ascension process save love fulfilled within the soul who has merged with her Source through the nexus of the heart upturned to receive the divine impulses that are radiating out from the center of all creation, yea,

the Great Central Sun unto all life within the cosmos? The nexus of your heart, being one with God, allows for this glorious manifestation to occur.

And so overcome the fear of this time through God-love, for perfect love casts out all fear.⁶ And when you generate and regenerate this action of divine love through your heart, it verily consumes on contact that miasmic fear that the dark ones are projecting unto humanity through the mass media and through all manner of their diabolical manifestations to keep souls bound to this plane, to keep minds bent on their own self-destruction, to keep you away from what is real, holy, pure and divine.

Well, they can no longer keep you from the truth, for the truth is being projected by cosmic rays from cosmic beings who have come to Earth to support your endeavors through your righteousness, through your calls and through your focused attention upon your own God Presence through this flame of God-love.

I say it is time that many more are quickened. And therefore, it is incumbent upon you to be expressive of that God-love in all of its virtuous manifestations—compassion, kindness, thankfulness, gratitude, the simplicity of simply being in your Presence with great joy and intent to radiate forth light every day in some way, which is the answer to all the darkness that seemingly prevails within your dimension, and yet which from our perspective is simply a chimera.

Cast out illusion through love, delusion through light and all of the limiting concepts, paradigms, matrices, perceptions, and habit patterns that you have accommodated in this and past lives to now receive the great empowerment of the Holy Spirit within you for a new virtuous life lived to God's glory, invested in this great work of the ages.

Portia and I are with you all the way through this holy process of self-identification with your I AM God Presence, also called your Solar Presence, your Divine Self. We are here to radiate this light so that every man, woman and child may receive these cosmic Aquarian impulses every day to allow them to proceed onward and upward on their spiritual journey to perfectionment in the One.

Now angels of the sacred fire come forth to empower lightbearers to be more expressive of God-love in every way through right diet, right mindfulness, right exercise, right meditation, right virtuous living. You join the forces of heaven to conquer all that is less than reality with this great light of God-intent.

So lift up your hearts and sing. So lift up your minds and muse on perfection. So lift up your souls to receive the cosmic Oversoul impulses of

God-good, God-light, God-love this day. I proclaim it! And I will continue to sound the revelation of light for this generation and more as many more are quickened and truly enlightened in the joy field of that violet frequency that is Aquarius manifest as freedom, justice, liberty and divine equality in its highest aspects for all.

Yes, justice has come during this cycle of God-justice. It is as some have said a great time to be alive, for when you are a part of the solution, the divine solution for Aquarius, you earn your stripes. And when the victory is won, when Armageddon is victorious for God, then, dearest ones, you may enter into the celebratory state of cosmic joy with the great masters, the chohans and the manus of this age and enjoy a new divine light and life in the heaven world ascended and free, nevermore to go out into darkness, mediocrity or the quasi-state of illusion again.

Now as these angels work with your Oversoul, your I AM Presence, there is a quickening within each of you of higher *siddhis* for you to utilize in this process of transubstantiation of the banal unto the eternal, of the lesser unto the greater, of the human and the fleshly life unto the celestial and the divine life that all are able to secure for themselves when they attune to heaven itself through God-love.

So I AM here, we are here for you each one to engender your own blessedness, belovedness and the greatness of your I AM Presence fully functioning and authentically living through you mindfully in a heart-centered way each day.

Thank you for your attentive presence this day, for your understanding of all that is at play and for being willing to incarnate during this cycle to bear that light, to share that light, to work with that light itself, for you are a part of my team, our team of God-love. And that love eternal, bearing the Aquarian waters of life itself, will nurture all in its joyful radiance, in its mystical essence, in its divine, eternal Presence. Thank you.



The Light of God Always Prevails in You!



Dearest Ones,

Truth is often stranger than fiction, yet much of fiction may also be closer to divine truth than mankind realizes. This is often the case in spiritual matters, when you consider the standards of what has now become acceptable within the reality of your current society. True spirituality, as we know and experience it in higher octaves, has been shared more through fairy tales and within dreams than in the concretized existence that most people accept in their daily lives.

How can we raise the consciousness of the vast masses of people living upon Earth? How can we begin to train them in things of the Spirit and in the dynamics of what heavenly life is like for us who have earned our immortality through intrepid love and the great sacrifice of our lower nature to embrace our great God Self? This is the question that is constantly before us as we seek to inspire souls upon Earth and draw them into the divine light of the eternal Presence.

As your Saint Germain, I come this day to proclaim to and with you that the Light of God always prevails in *you*. The Light of God always prevails in your life when you place your faith and trust in your Source, the mighty I AM Presence. The Light of God *always* prevails in every aspect of your life when you engage God in your affairs and give God the authority to act day by day and moment by moment through your life.

This prevailing victorious energy arises naturally in your world when you believe in God, when you pray to God and then when you fully rely on God. Relying upon God is what allowed me to be victorious in my alchemies of the Spirit. Believing that God had a solution to every problem and issue created the pathway for that answer to manifest in my world. And the same dynamic can occur in your life when you consecrate it daily to the holy purposes of heaven and to glorifying God within your being and world.

Since you now know that the Light of God always prevails in you, please use this light in everything you do. Allow the light of your Presence to shine forth through your awareness 24/7! See the Light of God that always prevails focused on everything that requires your attention, and see it creating a sacred vortex through which miracles manifest and purer and higher things of God come forth.

There are so many things that God desires to manifest within your lives if you will simply give God permission to do so. Command God to manifest miracles through you today! Command God to transform your world now into a world of light, splendor and glory. Command God to engage you in the most miraculous affairs of Spirit so that his kingdom may truly come forth in this age and time.

If you believe in and accept God's grace in your life, you will begin to reach your higher potential, the potential of God-good, which clears the way for every good and perfect gift to be yours— yours for the asking because your motive is pure. If you accept that the Light of God always prevails in your life, your victory is assured in all that you desire to come forth and all that you desire to precipitate through divine love and a focus on holiness and purity.

This is my message today, precious hearts. It is short, yet simple and profound. Believe in God and win your victory through this dynamic faith in the Presence. I thank you.



DCL: The title of this message is “The Light of God Always Prevails in You!” Now, this phrase is an upgrade. We used to say “The Light of God never fails.” However, the subconscious does not hear the word *never*, so it hears “The Light of God fails.” So we have upgraded that phrase to be “The Light of God always prevails.” This is a more powerful statement of truth.

The Master Saint Germain begins by saying that truth is often stranger than fiction. And yet he says much of fiction may also be closer to divine truth than we realize. He talks about fairy tales and how sometimes these are more of what heaven is really like. Our lives have become very material and very physical, yet we know that the reality of heaven is actually much more real than this Earth.

So Saint Germain asks the question: “How can we raise the consciousness of the vast masses of people living upon Earth?” And he gives us this key: focus on the Presence and state as a fiat “The Light of God always prevails!”

So we can discern that the key is light; the key is the Light of God. We heard many years ago that light is the alchemical key. Yet it's not just any light; it's the Light of God. So he encourages us to shine that light into our daily affairs. We're inviting, we're allowing, we're asking God to shine that light through us.

Now, think of when you may have had a problem or a situation that was difficult. What was the best way to resolve it? Invoking the Light of God that always prevails, because the light is intelligent, the light is pure consciousness and the light carries the answer to your dilemma. So when we have an issue with another person or a problem, don't focus on the problem or the person. Focus on the solution, which is the Light of God. Just close your eyes for a moment, breathe deeply and see that light streaming forth.

Saint Germain says that we have to develop a relationship with this Divine Light. So how do we develop a relationship with something that's intangible? Treat it not as just energy; treat it almost like a conscious being. Talk to the light as if it were a friend: "O my Light of God, come forth now and shine through me! I am so grateful for you, O Light, as my new friend! Why didn't I befriend you many years ago? Now you are my friend, O Light of God! And now, through our friendship, you will work through me every day."

Saint Germain says that the Light is just an extension of God's being. So really, by befriending the Light, we are befriending God. Yet many people can't even consider befriending God; God is too far removed from them.

So Saint Germain says that if you have a problem developing this relationship with God, be like a child and develop a relationship with the Light of God: "O Light, I love you. I feel you all around me. I appreciate the light of the sun. I feel the light of the sun washing upon me. O Light of my own Solar Presence, thank you for illumining my life this day, for keeping me in the Light. For when I abide in the Light, everything is perfect. Light, please always keep me in your shining Presence. I am so grateful for how you work to support us. When I am in the Light, everything flows perfectly. Thank you so much, my beloved Light."

Is this a shift in awareness? We're becoming like little children again. Sometimes when we were fearful as children in our bedrooms—we may have had a bad dream or something—all it took was for our parents to come into our bedroom and turn on the light. The shadows fled, the darkness was no more and we felt safe again. So in the light we are always safe.

You know how mosquitoes like to bite us when it's dark out, not when it is light. It's the same with all the other discarnates and demons; they like to work in the darkness. However, the masters and angels and godly beings always work in the Light. So by developing this sacred relationship with Light—the

Light of God that always prevails—we will be safe and secure within our holy Divine Presence.



The Price of Freedom Is Vigilance Over Tyranny



Fiery Hearts of Love,

Fortitude of will, strength of heart and clarity of mind lead to the most optimal results in all your affairs. The revolution in higher consciousness begun in 1976, two hundred years after your Declaration of Independence, is accelerating and coming to a head. Now a divinely inspired resolution unto God-consciousness is required for America to survive as the Land of the Free and Home of the Brave—the land of liberty that your founders envisioned.

When your principles and values, when your mores are attacked, what should you do? Cave in? Accede to these detractors? Nay! Stand firm in the light of truth, in the light of justice, in the light of freedom to defend what you know to be good, righteous and pure. Resolve to involve yourself in God's affairs wherever they may take you—even to other climes and even to uncomfortable situations that will test your mettle and require you to rise into a new level of God-consciousness and Solar awareness.

The price of freedom is vigilance over tyranny of all forms. Only the vigilant will ultimately become victors, first through their victory over the lesser self—the human ego and all of its reactivity to the light of oneness and truth. As victors you will then demonstrate the way to true freedom, to unheralded liberty within God's will, and you will have the divine license to pursue your complete union with your Source—the Father-Mother of all that is!

It has been said that when things get tough, the tough get going. Well, right now you all require a new level of spiritual toughness that arises from your commitment to love at all costs, to remain fixated on God and affixed to all-truth, virtue and the justice of righteousness. Only the intrepid will ascend to experience complete union with the Divine One. Only the virtuous will lead others to their own eternal freedom in the Light of the Presence.

Though you may have fallen short of the mark in the past, this is your time to make your mark, to etch your divine future as the living fires of God-love coalesce beauty, harmony and peace in your world wherever you go. Yet to reach these states of equanimity you, like Jesus, may be required to descend temporarily into hell to shine forth your light into the darkest of the regions of the underworld to liberate some from the unreality into which they have fallen.

Avoid being preachy or peachy by simply speaking with authentic care and concern for the well-being of all, especially the spiritual health of your family, friends and community. If you observe others' burdens, pray for them and assign angels to assist them with exactly what they require as the perfect dosage of divine help. If you see darkness manifesting in your immediate environment, invoke the infinite love and joy of God to displace temporal anomalies with the radiance of the Holy Spirit and the Presence of the living Christ. If you hear gossip or witness lies and untruths, stand in the light of cosmic truth until you feel its power overcoming the dissonance and insanity of hell, replacing it with the blessings of heaven in all directions for all to feel and know.

It is often in dealing with the little annoyances of your lives that you actually overcome major inner or outer schisms that you caused in past lives, for the energies of Spirit are always working toward your Self-realization and victory. If you shy away from today's challenges, what will you do when more intense initiations pursue you in order to balance the scales by paying the piper the last farthing of what you have stolen from life in the past? There is such an exactitude to the law of cause and effect operative in your world that you should simply give more than expected each day to accelerate your ascent, in order to serve more radiantly and magnanimously all who require your love and light-energies!

Surely it is time to make your final pact with God to pursue your higher walk into the light no matter what it takes in terms of sacrifice and surrender! It will be worth the temporary inconveniences of disciplining yourself to outlast the dark ones and to fully dissolve your untoward habits in order to live in a divinely acceptable state of consciousness—even a holy vibration of compassion and inner peace.

The angels rejoice when each son or daughter of God overcomes one bad habit or develops a new positive one. Your heavenly muses smile when you become still and centered long enough to hear your own conscience, supported by them through their subtle suggestions of how you may more gloriously make your mark for the Lord in this current battle for the souls of humanity.

Portia and I are with you in these trials and tribulations, lending you our helping hands and our minds' wisdom to make right decisions and to always attempt to utilize the highest choices for the greater good of all, including your own Higher Self. Be industrious, creative and courageous! Be impeccable in your speech and intrepid in your resolve to carry on victoriously in this revolution of light, love and levity!

Though some will falter, not thee! Though some will doubt, not thee! Though some will surrender to the voices of darkness, not thee! For the Deity is always nigh if you will simply look up and live as the true sons and daughters of God who you are! I AM with you throughout this cycle of life, during which all of you are building bridges and highways to the Aquarian City on the Hill, yea, the New Jerusalem come unto Earth, where all will live in perfect harmony, brother/sisterhood and peace.

I AM your Aquarian master, leading you to All-Love every hour. And I thank you.



I AM Blazing Violet Light throughout the Galaxy



Beloved Ones,

How would you like to go on a magic carpet ride to the center of the galaxy with Portia and me? We have created a circular carpet for you all to alight upon now. And it is safe to find your spot, for there are angels surrounding this carpet to protect you from falling off, and you will be safe and secure as we now travel to the center of our galaxy of light.

We are there in an instant of cosmic time. And you see swirling around the center, the core, of this galaxy many, many, many solar systems of light—our own off in the distance—as angels of vision highlight our own Milky Way and many milky ways. From this point of cosmic perception, we, as initiates of the sacred fire, choose to use this alchemical moment to blaze the violet light throughout our galaxy.

And so, raise your hands. Imagine our galaxy rich and full in violet light. And say with me: “O mighty I AM God Presence, use me as your instrument this day to blaze the violet light throughout our galaxy to illumine all worlds with cosmic joy, to raise all sentient beings in this light, to refresh them in violet-fire joy, to resurrect them in this alchemical fire of God and to bring about peace throughout the cosmos and our sector thereof, which is our galaxy of light now, O God, by thy cosmic grace.

Now flash forth through your hands and fingers streams of violet light, rivers of violet light, oceans of violet light, shimmering, shimmering, shimmering in seventh-ray joy and all of the virtues of freedom, divine justice, mercy, holiness and grace. You are a sun center in this hour of this violet-flame/fire energy, O precious hearts. And through you, as a son or daughter of God, there streams forth this miracle ray, this cosmic activity of light.

Imagine all worlds now bathed in this light, recreated and resurrected in this light, ensconced in and illumined by this light, and every form of life lifted up, raised in a new vibrational frequency of pure joy and divine harmony, of

resonance and of adherence to the holy will, wisdom and love of God, in balance.

Now we hear the music of the spheres as millions and billions of angels and their choirs sing with their crystalline voices, praising God for the light, praising God for this activity of light. And there is a cosmic wind that carries this music divine throughout our galaxy and refreshes every soul in its radiant and illuminative sound. And through this cosmic sounding of the OMs and the AHs, and the graces through many tones and crystalline sounds, there is a shift in awareness, a shift in cosmic awareness back toward the Source from which all emerged in the beginning. We see our galaxy as one of billions of galaxies and more now refreshed in the newness of spiritual grace from God Almighty, the source of all.

Breathe out now through your breath the fire breath of the violet light as everything and everyone and every being is bathed in this refreshing fire of comfort and peace. See here and there, sparkling now throughout our galaxy, new worlds born in this hour and other worlds reborn in light.

Now the Elohim come with cosmic fireworks of many colors and aspects of both the violet light and other rays. They are sparkling throughout our galaxy this effervescent and luminous activity of the sparklers of God, coalescing light and all of God's virtues throughout our galaxy. Sparkle, sparkle, sparkle, sparkle, O fireworks of cosmic joy and radiance. Sparkle, sparkle, sparkle, sparkle, sparkle now in all of your glory within this cosmic array of colorful and radiant light.

Now the Great Silent Watchers behold within our galaxy the newness of perfect presence and the onset of a new era of harmony, peace, love and joy. So it is, in the I AM name, fulfilled through our collective alchemical love.

And now we return on our magic carpet to Earth and to Mount Shasta and to wherever you, O holy ones, are watching or listening in your homes. We safely alight again in our seats within this meditative experience of splendor and joy. Oh, how great is God! Oh, how great is God! Oh, how great is our God, O alchemists of light.



Saint Germain and Portia Announce the Gift of an Angelic Presence as Jesus Releases the Light of Cosmic Justice and Mother Mary Graces Us with a Sacred Gift



Sons and Daughters of Freedom, Devotees of Love, You Who Would Transcend This Plane and Enter into a Greater Oneness with the Divine One in Your Midst,

We are Saint Germain and Portia. This day we choose, on the first day of May, to emanate the light of eternal freedom deep within the Earth, within its atmosphere and especially within the souls, the minds and the hearts of those consecrated to freedom—those who would consciously invest the energies of their wills toward the out-picturing of this light of freedom everywhere.

Blessed ones, within a certain level of being in the higher octaves of light, there is this day the celebration of the Blessed Mother Mary. Yea, on this May Day in many churches around the world, as she is revered as the Mother of God, a crown of flowers is placed upon her head, heads are bowed in prayer and children receive their First Holy Communion, all dressed in white. And through this devotion, this honor and respect of the eternal Mother, there is an uplift; there is an advancement of the Solar civilization of light in many realms because the feminine aspect of God is acknowledged.

We come also to bow before the Blessed Mother and tell you that the effect of your rosaries, your prayers to the archangels and archeiai, your adoration of God and your devotion through constancy daily does indeed draw down the fire of heaven into earth. And the Mother energy rises to give birth within the Earth to the new era—the era of love, peace, freedom and enlightenment.

Many of you have been involved in various charitable works, both in this life and in past incarnations, whereby you have consecrated your being to a particular cause, religious ordination, holy order, or spiritual work in a general way. The culmination of all that you have invoked, all that you have lived for is

coming into play and into prominence as you ascend in consciousness daily and continue to invoke the violet light, with all of its graces and gifts of the Spirit, throughout the Earth. And there is proffered to each one of you now by angels of the sacred fire a certain anointing of your soul, a support of your spirit, an encouragement of your hearts toward the fulfillment of your divine plan, your reason for being upon this Earth.

We have the privilege of announcing that each of you who sustains the invocation and the emanation of the light daily, consciously, for the duration of your lifetime upon Earth will receive both the visitation and the enduring presence of an angel of the sacred fire—either of the seventh or the fifth ray, and for some of you both—to assist you in your alchemical manifestation of the abundant life of Spirit within matter.

You see, gracious ones, this bestowal of support from heaven is God's gift to the righteous ones, the saints upon Earth, to provide for you guidance, protection, love, the validation of who you are and encouragement in many, many ways so that you will never feel despondent, less-than or unsupported on your path. When you can feel the flow of light through your chakras and that tingling of the energy of Spirit throughout your aura, within your mind and per-fused through your eyes and heart to the world, you become a nexus for that stupendous Light of God that is required in so many realms within this Earth for the salvation of souls—even of their physical body temples—from the onslaughts of darkness and from the denizens of the deep.

Jesus stands now with his blessed Mother in the Middle East and sends forth concentric rings and spheres of Cosmic Christ peace to flow throughout this world. And it gives notice to those who are acting in a way that is not hospitable toward others or reverent toward all faiths that they indeed must change, bend the knee and accept the Light of the living Christ within their worlds so that true freedom may be won—freedom to worship God in a divine way, no matter what one's upbringing or particular affiliation.

Yes, the light of the Son of God is manifest throughout our planet this day so that Christians, as well as Muslims, Jews, Hindus, Buddhists, Jains, Sikhs and those of every denomination, may understand and allow for true freedom of religion to reign upon this Earth. "All must be respected," Jesus says. And in words of living golden fire, his message is conveyed to the souls of all peoples.

Through the delivery of his Word this day—in honor of his Mother and of the truth, the way and the life of righteousness, godliness, soul cleanliness and harmony—there is an action of the Almighty, by whatever name he/she is invoked. In this honoring and in this adoration, an action of cosmic justice also descends. Many receive, at the hand of an archangel and his legions, the

strong hand of the will of God to curtail what they have manifested as darkness, murder and destruction. And with that, they also receive a simultaneous teaching on the ends not justifying the means and on the law of cause and effect and how it is meted out this day within their world for the balance scales of justice and harmony to be trued and for alignment to manifest.

We add our momentum of freedom and justice to this equation and are in full support of the Son of God—Issa, Yeshua, Jesus—in his mission to complete the cyclings of light through the Age of Pisces. And as we take that torch from the great Master of Pisces, we deliver the light to humanity through the action of the violet ray for the victory of presence, oneness and new possibilities, for virtue to live again upon Earth.

You who live virtuous lives are at the very nexus of the release of light throughout our Earth through your hearts beating in resonance with the Eternal One; through the love that you bear, the honor and the deference that you offer to every individual; through the acknowledgment of the God-Light within every soul. You are causative of certain beautiful planetary changes and transformations through your awareness linked with the greater *antahkarana* of the Great White Brotherhood, whose work sustains the balance of this Earth, the harmonics of light and the truth being revealed perpetually through initiates, the anointed ones, through messengers of light.

We utilize this dispensation of The Hearts Center Community and movement to ray forth daily, weekly, monthly and yearly a new stream of beingness. And within it are many carrier waves of golden-crystal consciousness to impregnate, in all manner of spheres and multidimensions of being, the seed ideations of Alpha and Omega, the Light of the Logos and the co-creative power, wisdom and love that embed within each heart opportunity for unity.

Come ye into union with your Self, your true Self, O mankind. You have always had the light beating within your heart. You have always had free will to choose the higher road, the more sublime walk with God. Take your cue from Enoch, Melchizedek and Jesus. Know the way, the truth and the life by living virtuously each day and offering to God, upon the altar of your heart, something of self to counteract that which is transpiring of darkness and to mitigate what could manifest as planetary transmutation outplayed by the nature spirits, through what you have termed natural catastrophes, such as you have seen recently in the Himalayan region of Nepal.

It does not have to be that thousands of individuals lose their lives because the elementals attempt to shrug off the darkness of mankind's inhumanity to

man, woman and child. If abortion, child molestation, child slavery and all sexual perversions that have been passed down through generations and are manifesting upon the holy children were consumed, reversed and transmuted, you would see a great new light being given birth to upon Earth, a new joy, a new awareness and a lesser manifestation of the outpicturing of catastrophes of all sorts. Yet because life is not revered in the womb, within the holy innocents and within those living in feminine bodies upon this Earth due to all manner of degradation practiced upon their holy temples of light, you see what you see. Mankind has not learned the lesson of the circle and of cause and effect. Life is as it is and as you have seen it manifest.

When you do your sacred work and daily invoke that light for an awareness of truth and virtue to be self-realized within thousands and millions across this planetary home, a new radiance will be perfused throughout all realms. And peace, lasting peace, will arise once again on our blessed planetary home. This is our vision, that through the quickening, the awakening, the enlightenment of many, a momentum will be established. A carrier wave will surround the Earth whereby all will be so quickened that in the twinkling of an eye, the new era will begin and true freedom, God-freedom, will reign here upon our Earth.

Before your incarnation, you appeared before us and the Great Karmic Board. You made your pledge; you announced your mission; your vows were recorded. And as your life began within the womb of your mother, the energy of Spirit sparked you even then—within your cells, within your tiny being—to acknowledge the Light of God within and with the awareness that you were different from many; that you knew who you were; and that, come what may, you would fulfill your reason for being. We bring this memory of inner soulfulness, of your commitment toward your holy path of light to your outer waking awareness so that you may key back into the divine ideal and work with the Divine Director daily in some way each day and succeed victoriously in your work, being fruitful in all ways, loving and kind.

The angel assigned to you will be there for you from this day forward. And we daresay that many of you have already been assigned a number of angels and guardian spirits. Often these walk and talk with you, yet you heed them not or only sense their presence in a mystical way, without a face-to-face appearance or perception. Get used to the fact that God is within you, all around you and that the energies of your heart will and can make the difference as you choose to engage them daily through a new commitment, through truth, virtue, freedom and enlightenment.

Now we also assign an angel of coordination to assist you in all planning for the victorious transmission of our message through this one in workshops

and talks on the sacred science of divine advanced alchemy. We thank those who have supported this planning process. And we quickly move heaven and earth to finalize those plans, which we will announce soon to you all for your prayers, your support and, for a few, your active involvement at the local level. Many are already studying this tome of light and imbibing the alchemical streams of awareness that we embedded within the words, and which we will also release again and again in future volumes.⁷

You are a part of this alchemy if you choose to pray for this work and for a greater delivery of our message throughout the world in numerous languages. Miracles are even today manifesting that you will soon be told about. And through your virtuous efforts as saints upon Earth, a new millennium of enlightened awareness will continue to dawn upon our blessed planet.

Now the blessed Mother Mary also acknowledges you, each one, for your love, your kindness, the sweetness of your soul. Upon the heads of the maidens of this movement, she places a sacred white filigree veil. And she adorns the gentlemen with the blue-fire radiance of the light of the father for the protection of your families, your children, your loved ones and your communities.

Oh, how great is God! Oh, how magnanimous are his and her works through their sons and daughters. We are one in the Sun, in the Spirit and within the ocean of God's eternal heart. We are one forever in divine love. And we thank you.



Be Bold in Your Visionary Meditations Be an Arhat



Blessed Hearts,

I come invested in your freedom. What type of freedom do I invest in you? It is your freedom to pursue the Divine relentlessly day and night and within every hour. This Divine originates both in the Great Central Sun and within you as a receptor for and an instrument of all that is pure, divine, radiant and rich in spiritual fire.

Yes, I have delivered to mankind the gift of the violet fire by dispensation of the Karmic Board long ago. Yet it is time in this new cycle and decade for that action of the violet fire to increase within initiates planetary-wide if there is to be world transmutation, planetary transformation. It is up to you each one through your pursuit relentlessly of God within, to be invocative of this action through your life lived to God's glory and through your pure seeing of that violet fire as immaculately reconceiving all in the perfected matrix of divineness, of beauty and of holy glory.

Jesus, the living Christ and pure example of a godly man, has come to initiate all of you in the Age of Pisces in the art of compassion, forgiveness and the longevity that comes when you let go of your past and embrace the eternal Now through radical forgiveness. Have you practiced this science daily within self, where there is the absolution of your soul as you forgive all, as you embrace the allness of God, which may only come when you know yourself as the One and move in the eternal stream of God-beingness and light through love, which is at the core of forgiveness and mercy?

Being merciful is more than simply being pious and accepting everything and everyone in every moment. It is a boldness that through the fire of the violet light you help Portia and me move our endeavor of planetary freedom forward victoriously through sweeping the Earth clean, again and again, through the invocation of this light-energy field where the Holy Spirit comes,

moves through you, blazes forth earth, air, fire and water in an immaculate matrix of perfected glory.

You can do much more in your visualization of the violet fire if you choose to see as a child sees, with great imagination, with great creativity what is already in heaven now displacing that upon Earth, which has been accepted as real, and yet which is not.

Even if you spend a few moments in meditation, in a sense divinely conjuring up what is beautiful and sublime in your mind's eye before you open your mouth, then you may empower that vision with this co-creative spirit and energy in a greater measure so that the effects of your invocations will be magnanimously more expansive and virtuous in their radiance and power.

I expect initiates of the sacred fire to begin anew to dramatize what is in heaven through your third-eye perfect vision in 2020 and beyond. For we require those who are bold in their divine perceptions. We accept that you each one as initiates becoming arhats may indeed put into practice all that you have learned of what we have done and then make it even more majestic through your own co-creative spark, one with God.

Do you think that we would be accepting of you only reaching levels that we reached in our lifetimes, even as great as they were? We expect you to go beyond, be daring and indeed move heaven and earth through the majesty of your spirit, the I AM Spirit, which can do anything with God when you are one in that eternal energy of life itself. You have embraced so much, so far. And yet, I give you a vision of where *we* are going in our work and where you may assist us in moving mountains of what had been called pride and arrogance and deception into a new matrix of joy and harmony and peace.

When you accept the dynamics of your divineness in the id of your divine identity, there is no limit to what can be achieved through your vision, one with God. Therefore, utilize this great resource of your third eye, one with the All-Seeing Eye, to reconceive of all as immaculate, whole, pure and joyously radiant. Now, as angels of the sacred fire and of the seventh ray come forth to fan the fire of the violet light in your midst throughout this service, we will expand what you invoke by a power of twelve.

Though there are not twelve physically here, yet this dispensation is manifest now. Therefore, there may be even in this two-hour period planetary victory manifest. There may be the dissolution of darkness into deeper and deeper levels of the astral plane seeking to erupt into the physical through violence and war. I say it has *no power* over the Earth, within the Middle East, throughout the United States and beyond.

Only God is real. Only God, within the divine ideal, has the authority to create what is and shall always be real in this domain. Therefore, see the new reality before you. Accept it as a virtuous out-picturing of the highest order of the archangels of the sacred fire through all the nine choirs unto the seraphim and cherubim themselves.

Fly if you would into higher realms of God-glory and know the quintessences of God's breath, of God's heartbeat, of God's cosmic emanations and feel their import within you and their ability to transform you and anything in your world in this radiance of godliness and joy.

Yes, I am Saint Germain, and it is my pleasure to be of service to the Almighty and to utilize all that God has vouchsafed within my I AM God Presence on your behalf for planetary salvation and for the freedom of every man, woman and child embodying herein. Look not to that which is dense and dark and devious and deceptive. Look only to the Divine for your news and for your new views of life, both for yourselves, your communities, your nations and your world.

What is news? Well, heaven has its broadcasts. And these broadcasts, if you choose, may originate from the altars of the ancient retreats of the Universal Great White Brotherhood in the etheric worlds. And if you choose to so associate with those who broadcast only purity, love, harmony and peace, so be it. For this is the way, the truth and the life of the Christ in this and in all ages—to view all as immaculate, to see all as divine, and through the power of that vision, to recreate all in the God-glory of divinity and oneness.

I am your master, if you would have me. Yet indeed, blessed ones, always and ever I shall be simply your holy brother of love. Thank you.



I AM Freedom in Action Now and Forever



I AM freedom in action now and forever. I AM the freedom of planet Earth manifesting in the eternal Now. I AM the joy of freedom, the perfection of freedom, the light of freedom, the love of freedom manifest within you, each one, O soul of light.

As your Saint Germain, I come early to invest the full-gathered momentum of the God-power of freedom within this place, this sacred temple, your temple of light and the Earth itself. For it is time that freedom be more gloriously manifested in many realms and domains across this globe, across this sphere of light. And you, as a soul of freedom, can help me make it so. Would you? [Audience responds: “Yes!”]

The light of freedom is that eternal spark within that ignites the soul on its journey to the Sun. When you desire to be free in God, all things are possible and heaven comes to your rescue when something less than freedom is temporarily manifesting in your world, when you lapse into that state of not feeling and knowing yourself as a fully realized son or daughter of God. When you can feel the energy of freedom within your soul, dearest ones, then you are unbounded, unshackled in the light and you soar into spiritual realms to perceive as we do—your ascended brothers and sisters—and to partake of the great light-fields of cosmic joy within the Elysian fields of oneness in God.

Consider how you may rise each day into a new realm of light by focusing on the light of freedom, by staying in consciousness within this field of holy vibration and attending to your inner voice that speaks unto you of the way, the truth and the life of the Christ, the Buddha, the Divine Mother. When you are attentive to the inner voice of conscience, I am there also within the center of your being manifesting that light of freedom that assists you in making the greatest progress in that moment toward your perfectionment, toward the beauty of the rising phoenix bird within.

Yes, it is time for each of you to consider your ascension. Consider it daily. Meditate upon the ascension currents and feel how this is, then, the activation

of eternal freedom within you, resolving your past and accessing the future of your full God-attainment within that eternal moment when you rise into your fully awakened state of beingness. God is always present within you. Yet are you present with God in consciousness, in vibration through love? Love is the key to divine alchemy; I have spoken it many times. And you know the necessity for love to wrap you in its sacred fire of light so that your goals are attainable; your desires, divinely ordained, are realizable; your vision is clear and focused in the Now; and your mission is fully anchored within the Earth.

Many of you still at times dwell in a conceptual world, not grounded in reality. Therefore this day I ground within you the light of freedom through the vessel of the chalice of your being. And this goes deep into the earth so that even the elements, the minerals may feel, through you, how this light of freedom can stretch throughout this sphere to assist every lifestream, every life-form. As you feel the vibration of freedom tingling within your cells, within your chakras, it is for the purpose of re-enlivening you, resurrecting you in Spirit to be who you truly are.

Every time you pray and meditate, every time you give of self, there is the sacred process manifest whereby a portion of you does ascend in that moment, a portion of you becomes more connected with Source, with God. And through the continuous practice of the alchemy of this loving adoration of your God Presence, it is then completed and God proclaims: “This is my beloved son/daughter, in whom I am well pleased.”⁸ When you hear the ringing of these words deep within your soul as an affirmation of your becoming who you are fully, then be intrepid, move forward, ever forward, and blaze the light of that freedom flame throughout your sphere of influence, throughout the Earth.

Some of you have indeed had this proclamation from on high delivered unto you by God, an angel, the Holy Spirit or a great master of light, as a representative of God, and you know whereof I speak. For in that moment, it was as if the thunder and the lightning of heaven became a part of you and you were renewed in your true Selfhood. This is the glory of God that you should seek to have manifesting through you every day, every moment, to feel the impulses of Spirit recreating you again and again in that cosmic light-field of eternal freedom.

When you can, in truth, feel the vibrancy, the cosmic elasticity of this energy of freedom, you will never again walk shamed or blamed as a human, for you are divine. Hold your head high and erect. Be who you are—no longer as a prodigal son or daughter, as a fully realized God-conscious being, blazing

the light of the Sun through your pores, your cells, your eyes and all the orifices that you use for perception so that consciousness may proceed forth.

O dearest ones, as an ascended being you will have new, higher senses manifesting, whereby your perception will be rarified and accelerated to cosmic realities that, even now, would be difficult to explain or for you to fully understand. Yet when you meditate and the Holy Spirit comes upon you and within you and you begin to see beyond the veil and feel beyond the veil, I assure you that you are touching the hem of heaven's garments even then, and the process of the full becoming of who you are in Spirit, as a soul of light, has begun.

Now I realign each of you, with your permission, into a new, divine crystalline matrix of freedom's light. And by the grace of the Holy Spirit, I facilitate a new infusion of this freedom flame deep within your soul. God has validated you as a son or daughter long, long ago—eons ago, when Elohim created you in the image and likeness of the Father-Mother God, undefiled, perfect, inviolate in light. Reconsider this as who you are. Know it with surety and then make it a daily reality through loving with greater love, caring with greater care, being with greater beingness all that you are already as God's virtuous one, God's blessed son or daughter.

Yes, I come to San Diego on a holy mission to raise all higher to aspire to their Godhood. I will not leave you alone or bereft of this spiritual fire if you will pray daily for my Presence, my love to enfold you and for the angels of the violet fire to blaze their light through you and the planet and all life. Do you know that we enjoy the alchemy of helping you to self-realize your divine nature? This is our greatest joy—to respond to those who respond to us, to work with those who know of and are responsive to the vibrations of heaven's graces and desire these more than the things of this world. When you can perceive of God as a part of self, you are already engaged in the alchemical experiment of your oneness.

Keep on keeping on; give fully of yourself to God. For when you do, the miracle of unity alights magnificently as a glory around you, and the blessings of many spiritual graces are provided as God's gift of Presence to you. Receive the Holy Spirit as cloven tongues of sacred fire now and live in your eternal freedom forever. I thank you.



Saint Germain on Aquarian Leadership



Dearest Ones,

Be an Aquarian leader with me. You ask, “O Master, what are the requirements?” I say, a courageous yet humble heart, a ready and open mind, a determined and constant will, and a vision of victory always held in view.

Leadership in the Piscean matrix required surrender to God’s will, as if it were something that is not desired or sought after. In the Aquarian matrix, leadership requires loving alignment with God’s will, which is a beautiful opportunity for Self-realization through service.

Aquarian leaders are always shepherds of truth and understanding through a virtuous life, where patience and constancy assist the devotee in overcoming every obstacle. Aquarian leaders are mindful of everyone in their sphere of influence, in their charge. A roundtable approach to decision making is used to secure the views and recommendations of all, and all are accepted as having valid input, so long as they are equally committed to the mission and vision. Aquarian leaders are servant leaders who take to heart Jesus’ admonition that the greatest among us must be the servant of all.⁹

Thus, we must pass the initiations of the sixth ray of service and ministration to be able to move into the seventh-ray path of Aquarian leadership. Aquarian leaders are willing to work first on behalf of the greater good, before receiving any personal benefit or adulation. They give glory to God and magnify the Lord first, thus setting forth, through true humility, an example for others to follow.

Prayerful consideration must always occur before major decisions are made that affect lives. Consulting the Divine One through his/her emissaries, the ascended masters, is always beneficial and will reap many blessings. Seeking God’s input first, even before human input, sets in motion the means whereby God can inspire any co-worker with something that will help the process.

Aquarian leaders empower others and follow the general matrix that it is easier to seek forgiveness than permission—in other words, they empower others. And if mistakes are made, fine. An Aquarian leader does not desire to stymie creative work by micromanaging people or their work.

Leadership is a sacred calling and often comes as an opportunity for accelerated karma balancing, both on a personal and group and planetary level. By being given more responsibility and authority, we can transmute the records of situations in which we abused power and mistreated people. So long as we remain harmonious, balanced and humble, when leading in an Aquarian way—overshined by beloved Saint Germain and Portia—our past karmic debts may be paid off a bit quicker than if we were to decide to just sit at home and enjoy a life that is not challenging and opportune for difficult decision making and courageous service.

Serving within a community of the Holy Spirit with other devotees of light who are also committed to the path of the ascension and to manifesting the ideals of Aquarian love-wisdom and brotherly/ sisterly love may bring great fruits of the Spirit into one's life through the many interactions that occur, both with the ascended masters and with fellow devotees. Aquarian leadership affords a higher walk with God, who is the supreme leader of us all. Taking our cues from the Divine One and his/her emissaries, we walk and talk with God in a dynamic way. It involves selfless service, sacrificial giving and a new type of surrender or acceptance of our path of oneness and joy.

I encourage all to get involved at some level. Seek to serve using your current talents and gifts, and then stretch yourself to learn more, to grow in grace and to learn the higher methodologies of Aquarian leadership. These will also assist you in your private life and may also afford you boons for greater opportunities in your employment or work environment, as well as in local community giving through various service organizations.

Serving on a board of directors is great leadership training. The Hearts Center offers various benefits for that level of sacrificial giving, including input from the ascended masters in a more intimate setting. Whether at the local, national or international level, serving on a Hearts Center council is an opportunity to interact with heart-friends of like heart and mind and to pool the resources of your causal bodies to bless others and raise the consciousness of lightbearers in your area and around the world.

Dearest ones, smile and laugh as you lead with Aquarian flair and devotional love. I AM your Saint Germain.



DCL: This is the message that Saint Germain dictated to me in just the last three hours, and I take it to heart personally because I was called to be a leader and many of you have been called to be leaders. Sometimes, thinking that we are being asked to serve in this mode is difficult emotionally and mentally. We don't always feel up to the task. We don't feel we're qualified. However, God qualifies us through the love of our hearts, by the power of the Holy Spirit.

In the Aquarian models, when we have enough love, then we can be a true leader. It's not always about mental prowess or even business experience. It's about how devoted we are to the mission and vision and how constant we are on our spiritual path. When we've demonstrated this constancy, then God says, "Aha! This one is ready to be a leader." And leadership is more about the heart than the head. If you are willing, God is willing to have you, and then you receive all the training you require. For a while, you may be in training under others who have already been leaders, and this is a good thing to help you to understand what you're doing. Yet at a certain point, we have to fly out of the nest ourselves, spread our wings and fly.

Then we are tested, and we are often humbled in that testing. One of the greatest ways of being humbled is to be a leader, because often people will criticize you and that is very humbling. You can simply say: "Okay, God chose me as a leader. I'm doing the best I can. I'm learning a lot. If you'd like to receive the same initiations, you can be a leader too. If you'd like to walk in my moccasins, then you can also be the object of all kinds of insults and criticism. And then you too will be humbled, my friend."

So Saint Germain gave us this HeartStream to show us what true leadership is. He is giving us a vision of what leadership will be like in coming days, months, years and for the next millennium. However, leadership at the local level is much easier than the national level. It will be very wonderful for many of you to consider stepping up into this role, if you choose.



Saint Germain and Portia: Be Our Aquarian Advocates Now!



Precious Hearts of Light,

Would you be our Aquarian advocates now and forever more? [Audience responds: “Yes!”] Thank you for your assent to our request. For, as the advocates of Aquarius, you add your voice—the vocation of your soul, the vocalization of your sacred throat center—to our cause célèbre, to our mission, to our holy work.

Each of you, as an advocate for the Aquarian way, brings something beautiful into manifestation through your talents and gifts. For, as an advocate, you are fully fused within the sanctity of the Oversoul of this mission that is to present to humanity opportunity to be victorious within one’s own divine domain through which the soul ascends to be one with the I AM Presence.

Our mission is great, for it involves all peoples and all cultures and all nations. We have called many to serve at the altar through prayer, through sacrifice, through givingness and through meditation upon the One Eternal Light that brings them into proximity with their Source. And they are Self-nurtured in that Solar radiation, that holy joy-field of Oneness.

By assenting to the great work of this Age, involving themselves in God’s affairs—truly being employed by the Creator upon Earth—they then bring aspects of the heaven world into play and into reality within this sphere of being. Joyfully, mindfully—and exceptionally bright—they witness to all angelic intercessions and miracles of grace that comprise the greater field of how the seventh ray is manifest upon Earth through the righteous ones.

Yes, long ago we foresaw this time of troubles. Saint Germain went to the Lords of Karma to secure a dispensation to release a greater action of the seventh ray—the teaching on the violet flame—in order that burdens may be transmuted, darkness consumed, evil actually annihilated or redeemed into light. This is the antidote to all these troubles and problems that you see: the acceleration of light through the freedom flame itself, bringing to the soul

respite from the ways of the unrighteous, bringing the heart hope for the future, bringing the mind into a crystal-clear reality of divine thoughtfulness and understanding, where each one may know their Source, the God within. Each one may feel the reality of this beingness of God's Presence within and all around them. Each one may know the integration of all that is beautiful, divine and holy within self, for all were created in the image and likeness of God, immaculate in the beginning of their life. And so, as life proceeds it is best—do you think—to remain in that integrated state, mindful and conscious of who you are as a God-created one?

When you feel the hopeful sense that all can be better, that all is moving in a cosmic stream toward divine resolution and reconciliation, then *you* become our advocates. *You* become one through whom the solutions to today's dilemmas are wielded and manifest for the victory. We see each of you as a beautiful soul, a spirit divine—holy—even within your incarnation within these matter planes of being.

As you solve the mysteries of life through alchemy taught by us, there is a newness that is manifest through your awareness. There is a precious feeling that begins to grow within your heart, suffusing itself all through your chakras, the cells of your being where you know God intimately, where you feel the light radiantly, where all is progressing as God intended toward your ultimate destiny of perfect union with your Source.

Yes, as you advocate the higher walk with God, the higher way of the Aquarian ones, we will continue to come into your midst day after day, energizing and activating within your aura great light-fields of joy and understanding where, raised up in your soul, you may know more and more of your own godliness and that which God saw you as in the beginning—a child of the light, a star-fiery being, crystalline in nature, and moving in a stream of divine activity toward the ultimate perfectionment of your lifestream within the crucible of God's universal being.

Each day is an opportunity to call to Opportunity¹⁰ to utilize your energies, your talents and gifts toward the singular purpose of planetary enlightenment, freedom and the awakened spirit of love. We, Saint Germain and Portia, will nurture you again and again in these holy frequencies of the seventh-ray aspect of God's rainbow being, wherein all the rays are manifest through your awareness in balance and in harmony; where your soul—suffused in the Oversoul of the starry Presence of your I AM Reality—may enjoy life itself in the newness and the refreshing currents of the Holy Spirit's graces through every hour of your day's activity, through the joyful sense of

living in your Presence and in the Presence of your holy brothers and sisters in that happiness state of the mindful Buddhas and bodhisattvas of heaven.

You see, you create your reality by and through your consciousness. And if your consciousness is wed to Spirit, then the reality that you create is amazingly radiant and moving upward and onward always into new ventures, new understandings, new dynamics of light and Solar joy.

Have you challenged yourself to be more of God, to be more virtuous, to be more understanding each day—both of others and of self—in order that you can always feel that oneness state with all nature, all creation and with God within and without? If you strive to maintain that state of oneness in the radiant field of beingness, then we will safeguard your soul in its original divine blueprint of being. We will wrap around you light energies that will protect you from the antagonistic and nihilistic energies floating around the atmosphere, projected by the unconscious ones who do not yet know God in God's infinite grace, beingness and love.

It is not up to you to judge any upon Earth. It is your responsibility to be the light, and the light itself will deal with all darkness. The greater the light that you wield, the greater the action of sacred fire that consumes the shadow worlds of the dark ones. If you maintain the immensity and the brilliance of your Solar Presence, blazing forth in its light-energy field of holiness and purity, you can fear nothing. And through fearlessness and love you conquer all through the grace of the Holy Spirit and the blessedness of your being, one with the Eternal.

Yes, you may still undergo the initiations that life presents to you to balance the scales of divine justice for your lifestream, yet you may do this with great intention and joy, with reverence and understanding of all peoples—their situations, their initiations, their troubles, their problems—realizing that life consists of all beings everywhere, a teaming field of scintillating energies that God vouchsafed within every created one. When you breathe in the breath of life of the Holy Spirit and breathe out consciously, you partake of the essence of all beings. In fact, a particle of every other being comes into you, into your very aura. You feel world pain, you feel all that is transpiring within all beings.

And thus, compassion grows within you; understanding is nurtured; wisdom progresses so that you can be a better and more gracious servitor unto humanity through all the workings of the Spirit in your life. You see, compassion is a need of the hour, as is understanding and temperance in all things. When you engage in righteous living through these virtues, we are there promoting you as you promote us, you see.

We advocate who you are as a divine one through your work and service, placing the energies vouchsafed to you into action in the world of form that we then highlight through angelic resources, to accelerate your ability to move mountains, to heal the brokenhearted and to give hope to many who in this hour seem that they can go on no longer in their life and are looking to something or someone to pull them out of the dregs of the darkness that they feel and know. Although you know that this is unreal in the greater sense, for them it is what they experience. So, you may as well have greater compassion, understanding and peace within self in order to nurture them, even simply energetically and in somewhat of an impersonal way, and personally when you can and it is appropriate.

Yes, the gentler way is the Middle Way. The gentler way nurtures the light-field around every being through the Presence of the Holy Spirit in everyone's midst. You do not have saved for yourself an edge on life above or beyond others, for you are one with the whole. And when you feel that wholeness, when you feel the integration of your being, your very nature with all of life, then you become the solution to every issue. Then, as an advocate for the Aquarian way and the Aquarian life, we may use you in ways great and small to bring that Aquarian knowledge, that Aquarian wisdom, that Aquarian truth unto the masses.

As a whole, most of you are doing a wonderful job in this regard. Yet even our finer servants at times require a little bit more reformation, a little bit more transmutation, a little refinement of the ways and means in which they convey understanding through their voices, through their actions, through their feelings. If your feeling body and the thoughts that move through your consciousness are always sublime and wed to Spirit, then what you emanate through your aura is clear, undefiled and enriching to all souls. If at times you perceive that there are within you little rumblings and storms of a volatility that may indeed come from some place that is not perfect and holy within your own consciousness or deep within your unconscious or subconscious, then work assiduously to root out the causes and cores of these issues.

Ask for guidance. Ask for truth to be revealed unto you from within so that, assenting to the higher and more gentle way, you may move through your initiations with aplomb and the majesty of one whose mind and heart are upturned to God always to be victorious over self and to transmute as you move through life anything that assails your harmony, your peace, your divine stability.

We give you these keys this day because we desire each one to be fully Self-realized in God, self-nurtured in the light, resplendent in holiness, attentive

always to the inner voice. As you ascend daily in some way through graciousness and holiness, our angels of Aquarius will be with you to nurture you with that love—that Aquarian and Venusian love—that you deserve and that you draw forth from the heaven worlds through your harmonic state of being, through your kindness, your gentility, even the sweetness of your soul.

You may surmise from our message this day that we have gone deeper and higher in assessing life upon Earth in order to bring something more resplendent unto initiates of the sacred fire, disciples of all ascended master movements in this hour, to inspire them in the ways of divine righteousness toward complete Self-fulfillment and the freedom of their souls beyond this plane of being.

Communing with heaven, you receive the keys to a victorious life upon Earth. Remember this statement: *Communing with heaven, you receive the keys to a victorious life upon Earth.* That is the way of God's sons and daughters in every age, dearest hearts. For when you wed yourself to Spirit, all becomes clear; and then life becomes serene, majestic, marvelous, even miraculous.

Now, an angel steps forth—an angel of the violet fire—unto each one of you to bless you and caress you with the power of cosmic transmutation. Release into the flame that each one presents unto you any burdens, cares, worries, concerns, problems, even physical illnesses or temporary ailments. Surrender them, if you would, to receive the grace of God and the miracle light of the seventh ray. For it may just be that a burden that has been languishing in your subconscious or in your mind or heart for eons can finally be let go of, consumed and burden you no more, if you would forgive self, other and assent to this miracle light in your midst, this Aquarian fire brought by God through the agency of the Holy Spirit, by this angel, to bless you with its majestic and transmutative power.

Breathe deeply now the violet-fire frequencies and aromas into your soul and let go in the outbreath all density, darkness, illusion and maya. Receive our graces, and then extend them to others in coming days, weeks, months and years. And we will send you so that you may serve and bless them in the brightest and most miraculous ways.

We are Saint Germain and Portia, come so near the autumn equinox—a time of harvest, a time of gathering of the fruits of one's labors to Self-realize through that harvest the graces of God, the blessings of the Spirit through a new state of oneness, harmony, brother/sisterhood and peace. As all men, women and children live in the integrity of brother/sisterhood, so you will see the beginnings of the Aquarian cycle manifest in your lives and in the Earth.

So be it through the righteous ones, O God. So be it through these, your disciples, your holy ones.

Thank you for your attentiveness, your humility, your worthiness to be our servitors divine, our friends of light upon Earth.



The Pulsation of God's Love and the Rhythm of Eternal Joy



Blessed Ones,

The pulsation of God's love be upon you! The rhythm of eternal joy blaze through you! The essences of godliness now flow and grow within these, your devotees, O God.

As your Saint Germain, I come investing the light of the violet fire, the light of freedom, the light of divine joy and the eternal light of godly love in my own upon Earth. *Blaze* the light of the violet fire throughout South Africa this day!¹¹ *Blaze* the light of the violet fire throughout Johannesburg and all the cities of this great nation now! *Blaze* the light of the violet fire throughout all of Africa so that God's work may be fulfilled through initiates of the sacred fire in their service to life, in their invocation of the violet light and through the givingness of their hearts to safeguard life itself and all that is true, virtuous, pure and noble.

The mission of every soul is to seek God within, to find that flame eternal blazing upon the altar of the heart and then to proceed magnanimously forward in the light unto the ascension. If you see this as your mission, join me in the work of the ages with the ascended hosts at your side, in your midst as we victoriously fulfill the will of God in the Earth, the domain where the rubber meets the road, when devotees put the pedal to the metal and in an intrepid, dynamic and fearless way invoke that freedom light and then anchor it in the world of form.

If you call yourself a devotee of me, then work while ye have the light of the Presence in your midst, the light of the living WORD flowing through this dispensation, the light of heaven anchoring its radiance within the Earth through the tangible actions, the service, the dynamic words and co-creations of sons and daughters of God.

You have taken up your calling to fulfill your *raison d'être*, your reason for being. We see within the lives of those initiates who have indeed worked

judiciously and appropriately for the Great White Brotherhood, a surging of the light within their auras and causal bodies, an acceleration of that vibrancy of the seventh ray of freedom so that they can reach out to inspire others through the words of truth.

That which I gave to Godfre is still being fulfilled within the Earth through devotees of the I AM name of God. I claim you as these devotees within this movement who are carrying forward what Godfre began nigh a century ago through the Saint Germain Foundation to both invoke that light and to shine forth that light throughout the planet. It has reached a crescendo through the invocations of many devotees of various ascended master movements. And yet, much more must be invoked ere the Golden-Crystal Age of Aquarius fully dawn and be fulfilled in the Earth. You know this, you feel this, you see it within the very present reality of what can be. Yet, often there is somewhat of a disconnect between what you envision and what you have precipitated through the intervention of all manner of forces of nihilism that impact your lives and affect your choices.

Therefore, I say: Make right choices daily. Make those choices that God would have you make. And as you choose life, virtue, godliness, love and every God-quality around the cosmic clock of your own individualization of the God-flame, so the light will increase. So the light will be manifest in greater and greater quotients within your life. You will have access to greater possibilities for the utilization of these gifts of the spirit to fulfill the purposes of the Brotherhood within your nations.

Now within South Africa, I say: Rise, O souls, to fulfill the mandates of heaven. Cast off the darkness of past ages and of all manner of the use of astral forces within your lives which have not served you. Put away that which you know not to be of the light in your habit patterns. *Blaze* through! *Blaze* through! *Blaze* through, O violet fire, those habit patterns of lightbearers which have not allowed them to move forward fully in the light.

Burn through! *Burn* through! *Burn* through those entities, demons and discarnates that have wrapped themselves around the spinal cords of some who know not that they have been, at times, possessed by anger and all manner of forces that would use them to trouble the harmony, the balance, the sanctity of the Brotherhood's work as one. *Burn* through! *Burn* through! *Burn* through, O sacred fire!

I, Saint Germain, anchor *light! Light! Light!* now within Johannesburg, within Cape Town, within all of the cities of this great nation to accomplish God's will, to fulfill it through those who know my name and who, through

the acclamation of the I AM name of God with the violet light, move forward the plans of the Divine Director planetary-wide.

Dearest ones, we are about our Father's business. Yet that business requires judicious and appropriate decisions day by day in one's life. Are you ready to make the highest decisions in your life to move forward the plans of the Great White Brotherhood now? [Audience replies: "Yes!"] Are you wed to spirit this day such that you choose to move forward step by step fully in the light of your Presence? ["Yes!"] Are you understanding the need of all ascended masters to utilize the resources of their disciples upon Earth to fulfill God's dream for a planet freed fully in the light? ["Yes!"] Then, let us move forward. Let us decide to design a golden-crystal age day by day in all of its magnanimous elements. Visualize it, see it, feel it, know it as actual, fulfilled, precipitated in your domain right here upon Earth.

The difference between those who have invested enough of self to accomplish their purpose and those who yet remain untethered to the highest reality, going hither and yon, checking out this or that teacher or psychic activity is focus, love and *virya*. Remember these three words—focus, love and *virya*. If you have all three of these elements balanced within you, then I can assure you that you will fulfill your destiny in the light of the Presence.

Yet, if you lack love, if you lack that concentration through focus and if you lack the will, the determination through *virya* to move forward, ever forward, then how can we support you in all of your endeavors? You must be in tune with us; you must endeavor to be succinct in your words, true to what you do vow and promise, and then intrepid in your courage, moving forward with our plans to design the golden age. And then, through the architecture of the spirit, to make it a reality through the work of your hands, heart and head.

We have envisioned many Heartfriends Groups throughout this nation. Many have begun them. Yet the sustaining grace to keep them moving forward has not always been there, due to all manner of distractions. What is a distraction? I say that it is an entity that comes to dissuade you from your purpose. And what is that entity? It is a little knot of darkness and nihilistic perturbation that is not of the highest quality of what you deserve to ingest within yourself and to assimilate of God's energy and light so that you can be your best and accomplish and fulfill your highest aspirations and dreams.

Therefore, *put aside* all these distractions. Put aside that which keeps you bound to this Earth and rise, O rise! O rise! O soul into the domains of light where virtue is your true calling, where purity is there, singing and spinning around your auric field, clothing you in that white light of perfection and

cosmic joy and allowing you to maintain that focused purpose to accomplish all that you set forth in this life to dynamically manifest.

Now, angels of the sacred fire, angels of Cyclopea and Virginia provide for each one of you a vision of where you are in fulfilling your purpose, your personal mission and dharma. They also show you those situations and elements, those distractions and even individuals that have come to thwart your efforts. And the dispensation that I bring today is to bring a greater focus, a greater determination and a greater God-power through holy love to keep you on the straight and narrow, to see the end from the beginning and to *go for it dynamically. Go for it daily! Go for it hour by hour!*

Yes, there are all types of these distractions. And some of them may even be very enjoyable for you in the moment of the pleasures of their occurrence in your life. Yet what are these against the back drop of the greatest fulfillment of your highest dreams and aspirations to be an ascended master, to be one through whom great cosmic light may flow through co-creativity with God unto the Earth? I say, if you can see clearly your destiny and then remain focused on that destiny and see it as already realized day by day in some way through your holy efforts, then you will accomplish all.

Yet, if you continue to criticize yourself and annul the great works of the Spirit that have at times manifest through and within your life, then do not be deceived by the fact that you will come up short when the Karmic Board appears to you during your life review and says, "Did you accomplish what you promised?" I am not trying to lay a guilt trip upon you. I am simply aspiring to inspire you to your highest purpose within the I AM THAT I AM of your God Presence. And if you can maintain that focus, that determination and that *virya*, I assure you that you will be joyous on your ascension day, having fulfilled everything that you set your heart, mind and will to before this incarnation.

Now the Divine Director also stands forth as the great encourager as well as the initiator of this Age of Aquarius. He claims you each one as his own. He enfires you, each one, with his radiance, his joy, his élan. So long as you remain focused on the greater mission of the ascended masters within this movement and within the greater plan of the composite of all ascended master movements across the Earth through devotees of light, then when you ascend he will appear to you and give you your new plan as an ascended one to move forward in the light, after your union with God.

Think on this, the Divine Director is already planning for your work and service in the afterlife in your ascended master light body. This is his foresight, this is his long-term strategy. This is how far in advance he plans and initiates

for every one of the light to allow the Earth to be subsumed into its own solar radiance, in its own ascension. Yes, I, as Uncle Sam, say, "I need you!" Yet the Divine Director says today, "I claim you, dearest ones!"

Now would you acclaim him and say to him this day, "Yes, I will serve you, my lord, the Great Divine Director?" ["Yes!"] Then, for those who attest to this initiation, he stands before you, his hand raised and the palm of it now placed upon your crown, to give you that energy, that foresight, that divine matrix through which and by which you will indeed help fulfill the Earth's plan to be a Sun through your work, your service, your very life.

I thank you my lord, my master, my teacher, my initiator for this opportunity presented to these devotees, both here and throughout the world, to be accelerated in the light of their Presence and to move forward on their path of victory. Thank you! Thank you! Thank you! And I thank the Karmic Board for answering my prayers this day so that this action could proceed within the Earth in this hour.

There is a great potential harvest of souls before you. How many you truly will bring home to the heart of God depends on your daily choices to live in the light and to use that light for the highest good of all. Live in the integrity of your daily choices to be that light of the I AM where you live, move and have your being, for then I assure you that the harvest *shall* be great. Then God will acclaim your efforts when all is fulfilled in this age and during this epoch time of life upon Earth.

I AM Saint Germain. I stand in your midst. I radiate through your heart. I invest soulfulness within your soul. And I AM the I AM Where I AM now glorifying God within time and space and throughout all worlds and universes with great divine joy. I thank you.



I Prophecy Your Victory in the Light



Destiny, not dust! Divinity, not rust! The Trinity or bust! Sublimity through thrust! As your Saint Germain, I come on this seventh day of January to proclaim my prophecy for you. Yes, I have given prophecies for previous years. Yet what are these if through your own tears you do not endear yourself to God by proclaiming through your own prophetic voice your union with your I AM Presence, your God Self? Your divinity is your end, your beginning and the means through which you will fulfill all. Your God Self answers your call when you pray with divine intent for light to descend, for light to ascend, for light to defend virtue within you, love within all, God within this world.

I prophecy that you, O soul, shall ascend, though the timing is up to you through your choices. Will it be at the close of this lifetime or some future one that still eludes you through the amorphous aura of the future, not yet Self-realized within the Now? My prophecy is that you will finally come to that point of God Self-realization where you will step into the light fully and in God-delight alight in heaven through the ascension process. Yet the daily choices through the path of initiation are where the rubber meets the road and where you prove, through self-mastery, that you are worthy of the name of a son of God, an ascended being, one with the Eternal.

Yes, many things may occur upon Earth, yet what are these except outer manifestations of a reality that all have, in some part, co-created through their consciousness separate from the Divine? When you unite with God, your consciousness ascends to a new level of vibration whereby the world around you changes in the twinkling of an eye because you see through a new lens of awareness. And this causes that cosmic shift whereby you align with the All-Seeing Eye of God, and your new immaculate vision allows for you to, within supernal joy, realize who you are.

You know these truths and yet the many compromises that occur throughout your days and hours are where you lapse into lesser consciousness. And there is not the God Self-realization in the moment whereby you can

capture more of the divine essences and holy frequencies of light that will serve you on your path of oneness.

We have made many suggestions and offered the disciplines of the Spirit to initiates who are willing to undergo the process of divine sublimation, whereby all of the lesser drosses of the human fall away, God within you holds sway fully and you see your self-worth in a new light and joy. Joy eternal suffuses its radiance through your aura, through the divine field of awareness that you co-create with God through prayer, meditation, contemplation on oneness, focus on the light.

My prophecy is that some of you will fully awaken to your true calling, your higher mission with the chohans of the rays, with your sponsoring masters and put in that effort daily that will make the difference so that you can ascend at the close of this lifetime. I would that the sum would be all, and yet I see the results of past choices, the burdens that you at times carry within your awareness separate from God and how these limit your perception, your divine awareness and your acceptance of who you are as a God-being now.

I have offered the violet fire as a divine manifestation of glory through which you may accelerate the process of transmutation of your karma and accelerate the sublimation of your lesser self into the divine oneness of your Presence through surrender, sacrificial giving, selflessness and service to the light. If you truly utilize this gift daily with a focus that is new and powerful, I guarantee that the violet fire, alive within your cells, alive within your being, will transform you. For some of you this will be that X factor by which you will stake your claim to heaven and to oneness within your Presence.

You must stake your claim by affirming and reaffirming your divinity through I AM affirmations, utilizing the violet fire magnanimously for self and other, as one, and for the Earth, as your home of light. And when you pour into these affirmations the allness of Self through the feeling of your virtue and your godly Presence around you and within you, then these statements are reality. They are not simply a desire, a wish for something in the future to manifest; they become, in that moment of your statement, real.

The difference between the initiates of light and the would-be ones is acceptance, focus and love broadcast to the universe through effort, through joy, through compassionate giving. If you would be an initiate, learn from those who have passed their tests and gained entrée into the divine world through this experience of oneness with God through love. And then decide that no matter what seems to be affecting you from the outside world—entities, demons, discarnates, whatever—it has no power over you through

your choice to be a son/a daughter of God and to enter into that divine experience of oneness through that joy of unity in God.

Many of you give too much power to those superficial things that truly do not have reality in heaven. You revolve and reclaim them again and again as affecting who you are, when in reality, dearest ones, they only have as much power as you invest in them through your consciousness. Therefore *release* all miasma, all illusion once and for all. Proclaim in the I AM name your Godhood, your divinity, your sublimity, your uniqueness as a God-created one, crafted out of universal divine substance of light, unique in your expressions of artistic renderings, of your gifts of the Spirit. And then use the allness of who you are to carve a new pathway to the Sun and to be the One with Morya and the chohans, victorious in everything, joyous throughout your day, awesome in how you express the Solar light of your Presence each moment.

My prophecy is for each and every one who will listen to the voice of the I AM within and reflect and respond in kind to the kindness of God, to the virtue of beingness in the Presence. When you study your I AM Presence through merging your consciousness with the mind of God in moments, sacred moments, of the acceptance of your being as a part of the greater being of the ocean of God, I assure you that new mindfulness will surround you and ooze through your consciousness, new creativity will find ways and means of expressing itself through your hands, your heart, your head, and truly every day shall be a divine day. Every day shall be a divine experience. Every day will be infused with new love, godly love toward all, toward self, toward the One.

I now harmonize within the Earth all vibrations that no longer serve the initiates of light and transmute, by the power of I AM THAT I AM, through the violet light, that which assails the souls of God's children and now is gone forever, by the grace of God and the empowerment of the Holy Spirit, who I AM on behalf of mankind in this moment.

O Holy Spirit, come and transform the souls of Earth's children. Raise them up, free them, bless them, charge them and co-create within them the new day, the new way of Aquarius and the sublime walk with God, which each one may now engage in through union with the Christ, the Buddha, the Divine Mother.

Blaze forth the violet light throughout this planet and her aura and her people and all evolutions. *Blaze* forth the violet fire as new prophetic words go forth through the students of the I AM, through their own self-created affirmations that bring eternity into this planet. *Blaze* forth the violet fire into anything and everything that you perceive limits you, and *release* it now into this cosmic vortex of violet fire, co-created by many masters whom I have called

forth and those who will come to Mount Shasta in July. Be there, O soul, if you would have an infusion of such tremendous violet fire within you that you will literally be transformed in those moments of God-consciousness that we will create with you in that session of light, over those four days of merging with the Sun of your Presence through violet-fire joy.

Blaze forth this violet fire now! And heat up the soul to feel God deeper and deeper within, displacing human sin and din now with a new flower of beingness. *Burn* through unreality! *Blaze* forth that light through the mayic fields created by the media, which many, merging with it through their awareness focused upon it, drink in and which then suppresses the divine within their auric field, their awareness.

Blaze forth, *blaze* forth, *blaze* forth the light! I call out ten thousand dark spirits who have inveigled themselves within the subconscious beings of lightbearers. You have *no* power over these souls! You have *no* power! *Scat* now and go into the light! Be transformed in this moment of prophetic transmutation. You are free, O soul, to pursue your higher calling. Now walk in that light. Hold your head erect; be who you are—a son of God, divine in origin, beautiful—as the Divine Mother has created you in form upon Earth, worthy to walk in the light and to serve with all of your heart to set life free.

There is much I could say of what is on the horizon, yet it is always the choices of humanity that will determine what will transpire. What I daresay is that if you, each one, will rise each day to your highest calling, *you* can be the difference for planetary change and transformation and offset the darkness that does come unto certain regions, especially California.

We appreciate our disciples. We warn you that there is danger. Be at the right place at the right time, in your Presence, and you will be safeguarded by angels and guided by God when to be where and when to beware of what may occur. God in you will direct you if you give the authority to your I AM Presence to *act, act, act* daily, hourly, moment by moment. Just remain tethered to reality and stay in that light, and all shall be well for you.

As for those who have left off of this path of oneness through this community that we have sponsored, that we have poured so much light into, I simply say sayonara, adieu. You may go it alone. Yet we within this community are all one in the presence of our affectionate love for one another and the bonds of holiness, brother/sisterhood that safeguard this path, no matter what anyone believes through their minds as real or true. The true belief of faith in God within the universal One and within each other is what collapses unreality and sustains the divine oneness within this family of bright ones, shining ones, those who have chosen God first and the human self last.

Precious ones, I pray that you feel our love for you as real, beating your heart with a new divine excitement. Now engage in giving your violet-fire songs and prayers this day, setting the course for a great July and a great new day every day for you, your families, your communities, Hearts Centers and groups and the lightbearers who sustain the delicate balance through their work with the ascended masters and cosmic beings and angels in their collaborative efforts to bring about the Golden-Crystal Age dawning, even now, through many.

Finally, I anoint you with the holy oil of gladness, which is my comfort to your soul. May you feel it deeply and guard the light within through constancy, through levity, through that inner joy of the Spirit that you experience in the state of oneness with God through love. I thank you.



Waltzing with Saint Germain in Violet-Fire Joy



O living light of violet-fire joy, O transmutative fire eternal of God, *blaze, blaze, blaze* throughout the Earth this day so that all may know eternal joy in transmutation's fire. *Blaze* here! *Blaze* here! *Blaze* within every sphere!

O Lord, I AM the nexus of the violet light for this age with Portia and with my many beloveds who gather now in spirit and in matter to bless and caress the Earth in cosmic, transmutative violet-fire joy. In this transmutation there is support, uplift, beauty and grace ennobled within the lives of millions. There is a new age born within the soul, within the spirit, within the heart. For God is great and in his greatness is born, through the use of the violet light, mercy, kindness, forgiveness, peace and every alchemy of joy that all require and all may use for a new life lived to the glory of God.

As your Saint Germain, I am here caressing your soul, blessing your spirit, mixing all kinds of alchemical formulas within your aura this day for joy to be accentuated, for love to be fulfilled, for mercy to be sustained through every thought, word and deed. O souls, join me now in blessing and caressing the Earth as you hold the Earth, in consciousness, within your hands and revolve it in violet light, trans-mutative joy.

Blaze, O blaze, O blaze, O blaze! Raise, O raise, O raise and raise the Earth this day in love, in joy, in the frequencies eternal of the seventh age of Aquarius, O kindred ones.

And now we dance the waltz in rhythm here; We dance the waltz with no more fear.¹²

We dance and dance and prance and play, Cosmic joy throughout each day.

O Lord, within the hearts of these, Shine forth, replete, God's gifts to please.

All life in every sphere, right here, In love, in God, in hope revere.

O gracious hearts, in you I trust, For your ascension is a must.
Bless you, bless you, bless you now Within the sacred holy Tao.
O gracious ones, God's gift and grace Is yours throughout your
soul's great race.
You've earned the right to soar and shine; You are most noble
and divine.

O precious ones, please know that love Is key to every gift above.
I AM the Master here this day
With you in prayerful grace to play.
Use me throughout this seventh-day time, In happiness to blaze
and shine.
In fun, in joy we are now one
Within the great Great Central Sun.

Shine forth, O soul, now rays of light, And emanate them far and
bright.
The Earth is clear this day with us, O holy cosmic stimulus.
O shine, O shine, our Earth divine, and with God's grace you are
refined.

O God, how great thou art in all, How great your love does all
enthrall.
Now bless us all with words sublime, And ray forth blessings for
all time.
Within each sphere through cosmos, Lord, We hear the sanctity
of your Word.

Love, love is key; love, love the way; Love, love is always heaven's
way.
In peace we are your holy ones;
We are your cosmic daughters/sons.
O Lord, in love we live and move.
O Lord, there is nothing more to prove Than love within our
hearts, in grace, To raise all life in every race.

Now bless these hearts, these ladies, knights With cosmic gifts
and solar lights.
I AM your servant, Lord, always, To thee alone I give my praise.

Shine, shine, violet fire!
Shine, shine, violet suns!
Shine, shine, daughters all!
Shine, shine, cosmic thrall!
Shine, shine, blaze and move!
Shine, shine, dance, reprove.

The darkness is not available
At God's holy cosmic table.

You thought I was a cosmic bard.
I prove it this day, both near and far.
O holy ones, I love you, dears.
Now you have Pallas Athena's spears.
Use them wisely in your work.
Use them daily—
I won't use that word that rhymes with it. [laughter]

You all are pleasing to the Lord When you invoke the sacred
Word.
You're also pleasing every day
When in truth and love you pray.

My message is nigh complete.

Morya stands within this room
To offer his own cosmic boon.
Feel his Presence and his joy
As God's will you now employ
The fire within to learn and win, Always with love from above.

Thank you, precious ones, for bearing with me as I have inspired David to share with you and the Earth violet-fire joy. I bless you.

PART TWO

Saint Germain's New Alchemical Formulas for Spiritual Success

with Commentary
by David Christopher Lewis

and Twelve Darshan Questions from
Heartfriends



I Have Prepared a Banquet Feast for You

I Am Invested in Your Alchemical Victory in This Life



In violet-joy freedom light, I come. And I invest here and within your hearts the light of eternal freedom and of divine alchemy for the victory of your soul experience in this life, for greater mindfulness to be yours and greater love to flow through all that you touch with your consciousness, with the quintessence of your being, with the essence of your selfhood as a great soul of light evolving here.

Precious ones, alchemy is a joyful science. It is one in which the co-creations of those who perceive God within anything that they choose to invest their heart's love within manifest with a beauty, a grace and a beingness that is truly magical.

Many of you have desired to learn the secrets of a greater form of alchemy through that white magic and divine science that will allow you to put beneath your feet your troubles, your challenges, your sense of lack, even a poverty consciousness that at times takes hold of you and brings fear and anxiety into the equation of your journey and your work. I may not meet all of your expectations in the human sense during this class together, yet what I can assure is that a Holy Spirit-empowered teaching will be yours, that you will receive what you require now to make greater progress on your path.

Yes, I have prepared a banquet feast for each of you. And I have even already set the table, placing at each place mat the utensils, the setting for you to receive divine nourishment both from me and from a number of ascended masters who will augment what I will share through their own essence in support of this alchemical work.

I know that some of you have struggled to even consider investing the money, which you seem not to have in the first place, to attend this alchemical

class. Yet there is a way, blessed ones, and if you have desired this enough, I am here for you. We have even offered the opportunity for some to pay in three installments because we do know what your situation is.

Tomorrow at 3:33 I will be seated here before you to begin the sharing and to anoint you with that which I know will be of benefit to your soul. This anointing will come moment by moment through the flow of light that I will expand through my heart chakra directly to you, each one. For I am invested in you, O heart of fire, and your alchemical victory in this life. I am invested in seeing to it that you will have what you require both to fulfill your mission and ascend and to make the required progress that will move you even beyond this lifetime to a higher state of Solar awareness, God-consciousness, Buddhic Presence. Yes, this is a springboard for many of you to learn keys, through love, for your victory.

There will be what some may see as foundational or fundamental teachings that they have already heard. Yet I can assure you, blessed ones, that not all have mastered the fundamentals, even of what I have shared within the “I AM” Activity, the Bridge, The Summit and The Hearts Center. Therefore it is altogether appropriate to review some of these foundational teachings again so that they are inculcated deep within you, become a part of your essence and are there as a shining light within you for you to access any time, day or night, that you are beset with a challenge, a conundrum, a complex equation that simply must be solved before you can move on to the next level of progress in your life.

The formulas that I will mindfully offer you are born of Spirit and originate from the Great Alchemist. I have poured forth my love into these formulas to form a collective energy field that I will access to bless those whom I knew would be front and center and present with me during this time together. For you see, the handwriting has been on the wall for some time, the stars have been in a certain aligned state, and I again call to you to consider allowing me to be your advocate, your friend, as well as your Lord and servant leader.

As you know, the greatest among all is the servant of all.¹³ And those who desire greater alchemical keys to precipitate abundance and all that they deem as essential in this incarnation must come back to first principles of love, humility and service in order that they may understand the higher aspects of advanced alchemy that I will share. You see, I have gone before the Lords of Life. I have taken my cues from the Great Divine Director, as well as other manus, from Gautama Buddha himself and the Solar Lords who guide the destiny of many worlds. When you see from their perspective some of what is

transpiring as pettiness in the lives of those who call themselves chelas and disciples of the Great White Brotherhood, you gain new perspective and you realize that it is altogether essential to have a new vantage point from a great master to give you the essentials of life, spiritual life, from the authentic place and sacred space of pure beingness in the heart of God.

We have seen some disciples tremble in fear before the great Lord of Life of their own Higher Self, knowing not how to surrender the lesser self in totality, to accept the Solar rays of God-consciousness and the impulses from their own causal body, one with the heart of God. Fear has no place within this sacred space. Therefore, invest love in all that you do, and walk with head held high as an alchemist with me. For I will show you the way through the serene and cosmic aspects of the teaching that will be yours in these three coming days.

Love will set you free. Life will pour forth its victorious sense through your chakras, your auric field, your mind and soul; and you will be raised by virtue of the fact that you have offered yourself, through sacrifice, to the Lord of all creation, the mighty I AM THAT I AM in the Great Central Sun. And through this reconsecration of your life essence to the holy purposes of God, God then speaks to and within you, and you are born anew—a new creature in Christ, a new sovereign and divine spirit-spark—ready to fly, to ascend to the highest heights and to merge with the All-in-all as a lark ascending finds its home in the sun.

Now as you listen to that music, “Lark Ascending,”¹⁴ feel, with the power of the dove of the Holy Spirit, the beginning stages of your inner nourishment for this course. Feel my love, as well as Portia’s, for you and what we will together fulfill in this alchemical work through oneness.

I AM Saint Germain. I am real, here and invested in you, each one, by God’s grace and by eternal love.



Alchemical Formula #1

Abide in the Presence of Love and Light



All alchemy proceeds from the singular point of God-realization in the truth of beingness. The all-chemistry of the One manifests because the success of every spiritual experiment depends on the focused attention of the scientist, on the all-encompassing wholeness of his or her connection with Source. Once the link between the human and the Divine is firmly established, a sacred flow of light ensues—as Above, so below—that allows for the transcendent experience of oneness to be maintained through the law of attraction.

This attraction cosmically facilitates the perfect union of the soul with the Oversoul through divine love; for love is the key to success in heaven and upon earth. Love draws divine light into the mundane, and love raises the human experience into a divine relationship. One cannot reach eternity except through the full acceptance of the Divine Lover, with his spiritual gifts, deep within one's heart and soul.

The intuition required to access the thirty-three sacred formulae of higher alchemy manifests because of one's union with perfect love, which casts out all fear. Fear has no place on the altar of transubstantiation, where lead is transmuted into gold through love. The Sun of your Presence lights the way in this process. The omniscience of the Almighty provides the keys to the kingdom, or consciousness, of God unto the pure son or daughter whose motive is clear and undefiled and thereby sanctioned through love.

As love is garnered through a greater level of resonance daily between the soul and Spirit, the process of evolution flows without interruption or abatement. Resonance manifests through one's focused attention upon the heart of God within, the Light of God that emanates from the sacred space of

love inside. Love is light, and light is love. Love and light highlight all that manifests upon the altar of alchemy, so the scientist of the Spirit becomes fully aware of every process of self-transformation on his path.

Abiding in the presence of love and light sanctifies one's thoughts, feelings, words and deeds with the authenticity of truth, because truth can only live in a field of purity born of love, which is complementary to wisdom and faith.

DCL: There you have the first five rays. Let me repeat that: "Abiding in the presence of love and light sanctifies one's thoughts, feelings, words and deeds with the authenticity of truth (the green, or fifth, ray) because truth can only live in a field of purity (the fourth ray) born of love (the third ray), which is complementary to wisdom and faith (the yellow and the blue rays)." In other words, love is complementary. It is one of the three primary colors, and it is complementary to wisdom and faith. Purity is born of love, and truth can only live in a field of purity.

SG: Learn to understand the Holy Spirit's gifts through the focused flow of your light-energies, through a mindful approach to every situation that arises in your life. These gifts will provide the discernment required to make the highest choices, which lead to the most optimal results.

Spirit cannot fully enter into matter to transmute it unless invited by loving attention. Matter cannot receive Spirit's beneficent virtues except it set up a field of acceptance through love, the nexus through which the all-chemistry of God, or what will be elucidated as advanced alchemy, occurs as the sacred flowfield of divine love. You become divine when your entire being is infused with love through your adoration of and focused devotion upon God, the All-in-all.

To abide in the presence of love and light, first set aside time each day to formally follow the first commandment in silent meditation and in devotional prayers, chants and songs. After you develop a momentum in this practice, it will become second nature to you to draw your devotion into the Now of every moment, the sacred space of the Here through a more informal ritual of resting in your Presence. You simply abide in the sublime radiance of love and light day and night. There is no struggle to enter into it or return to it; the joy of your Solar Source lives in and through you.

Being childlike allows for this level of relationship to be maintained naturally, for a child's attitude is carefree and happy, rich in the spirit's spontaneity and the sun's radiant joy and laughter. You find yourself smiling as you are abiding in love and light. You notice the inner transformation that is magically occurring now affecting every aspect of your outer life, resulting in greater levity, health and abundance.

DCL: The Master adds “longevity.” He says longevity is altogether dependent upon levity. Those words are very close, *longevity* and *levity*. Longevity is the length of our life based on our levity.

SG: True wealth is yours because God lives within and through you. Love and light have replaced all that is nonessential to your divine happiness.

Advanced alchemists become divine lovers in the highest sense. There is no obstacle too great to overcome and no challenge too great to meet, because love sees you through. One activity to engage in periodically to help maintain a proper perspective is to count one’s blessings by reading, listening to or viewing inspirational stories of people who have overcome seemingly insurmountable odds through yoking their will to a higher purpose and through determined love. There are those without both their limbs who function almost normally day by day, those without sight or hearing or with some seeming disability who have compensated for it by the power of their spirit.

The greatest motivator is the light of love. That which facilitates true and everlasting success is love. That which gives birth to the Divine within you and allows the Divine to continue to abide within you through thick and thin is love. Love is the key to advanced alchemy.



DCL: As an addendum to this HeartStream released from the master, “Abide in the Presence of Love and Light,” I would like to share more about the first law, or commandment, of God, which is to love the Lord our God with all of our heart, mind, soul and strength.¹⁵ You have right there the triune nature of how to love God, with the addition of soulful love. We love God with all of our heart; we engage our heart chakra in loving God. We love God with our whole mind, with mindfulness maxed to the nth degree—with our thoughts, our musings, that which we conceptualize through our mind. We love God with all of our strength, which of course is our will, and we willfully bow to the will of God. In other words, we sublimate the human aspects, or the human willful aspects, of ourselves to the divine will in this love tryst. And we love God with all of our soul. The strength of our soul is imperative in this endeavor.

We know that the soul is the place of the violet light and the vehicle through which all alchemy, higher advanced alchemy, manifests. We talked recently about soulfulness. We had a class in New York with Afra, who gave a

magnificent teaching—one of the most sublime that I have received to date through The Hearts Center movement—on soulfulness. I encourage you to go back and the master encourages all of us to study that message as a part of this class, because you will find and intuit keys to alchemy through soulfulness.

Has Christianity really taught us the heights, the depths of what love of God is through this first commandment, through this matrix that the masters obviously placed within this commandment? Have we embraced this commandment in our lives to the extent that we are fully engaged with God on a daily basis, hour by hour, moment by moment in this love-communion of our hearts with God?

To truly discover this higher nature of love, we have to go within. That is where we access God, right within our hearts, the eternal threefold flame, the spark of life. This love tryst can occur, even when no one else knows what's going on inside of us, through our own heart-centeredness, our mindfulness, that which flows through our conscious will, and when we embrace our soul and see and feel, with deep feeling, our soul growing in this relationship. I believe there is a type of feeling invested in this love of God through our heart, through our mind, through our will and through our soul.

The feeling of love through the mind is something you can contemplate. You feel the stimulation of the higher cortex, of your Christic consciousness. You feel the tingling of the energies of the Holy Spirit as divine muses, in their very amusing way, inspire you through what you conceive of, ideate and consciously bring forth through higher thought, mindful thought, the type of thought that is okay to think and have resonating within your mind center—not the monkey mind, with its erratic, wistful and evanescent type of thoughts, which have no permanency, life or richness of their own.

When we add feeling to the will, there's a bursting forth of the intensity of this inner desire to yoke ourselves with God in this communion and tryst. We simply cannot do that which would be abhorrent to the Divine or outside of that will. We live in the center of being. We trust God fully to lead us, and therefore inside of us, God moves us. Sometimes it's almost as if our day goes by and we don't know what happened to the hours because we were simply being there for God through our work and service. And it's amazing what transpires, the things and situations that occur in spite of our human foibles, issues and problems. In other words, we put our hand to the plow and the Sacred Master of Life guides that plow and directs our course in a magnificent and beautiful way.

I think that humanity as a whole is yet discovering who they are as soulful beings. When we determine to love God with our entire soul, we go deep. The

soul chakra is almost at the base of the spine, between the solar plexus and the power center of the Mother in the sacral center, and from deep in our core we are grounded in an amazing way to allow heaven to live in our earth body, in our temple of light. We draw the power of God deep, deep down into this core of our selfhood, and as we are soulful, respectful of God within our temple, mindful of the radiant field of God's being that inhabits us, we can reach new levels of soulful love.

When I observe Baptist services in African-American churches and the singing that people engage in, I can see that they put their entire being into those hymns of praise. Sometimes they're so engaged that they start sweating. Those who have gone to some of these services think that maybe it's a little too much or that they're too demonstrative. I can assure you the Lord looks fondly upon those who give the entire portion of their self in praise and devotion in this way. And though we may not all give our devotion in the same way, we can take wisdom from this aspect of soulful devotion as we move forward on our path to invest a greater portion of who we are in this process. It doesn't necessarily mean that we have to demonstrate it outwardly; we can be engaged internally deep within our core in loving God with all of our being. Yet sometimes it does require us to move a little bit, to dance, to invest in what nature does and what children do when they are naturally being joyful and responding to the impulses that move through their circuitry, their spiritual centers.

Abiding in the presence of love and light sets the flowfield for true alchemy to occur in whatever you do. When you consecrate your life to God, whatever you engage in through your scientific self-discovery, your alchemical works, your desires to precipitate anything and everything that you feel is essential for you, then the blessings of the Holy Spirit will be there in that which you engage because you have obeyed the first commandment. We know that when we do this, all these other things will be added to us, as the scripture says: "Seek ye first the kingdom of God [within]...and all these things shall be added unto you."¹⁶ Scripture further tells us that that kingdom is within us.¹⁷ God ever points us back to within ourselves to find him, to find her. The cosmic pointer is there, and we simply have to follow this directed light beam and ray to find that spark and that point of the Presence within ourselves.

I would like to go over this HeartStream again in a very rich and more attentive way to see if the Master would like to augment what I read so you can feel it with a greater depth.

“All alchemy proceeds from a singular point of God-realization in the truth of beingness.”

DCL: That singular point, of course, is God in the Central Sun of the universe, stepped down through many suns to our sun, to our planet, to the sun in our own Solar Presence and to the sun in the center of every cell of our being.

“The all-chemistry of the One manifests because the success of every spiritual experiment depends on the focused attention of the scientist, on the all-encompassing wholeness of his or her connection with Source.”

DCL: Scientists who don't really know where they're going because they are not allowing or inviting God to lead them can get off on tangents that are not ultimately beneficial to humanity. This brings to mind the wonderful African-American scientist George Washington Carver, the man who loved flowers and who spoke with the flowers, and the flowers spoke to him. He proved that nature itself, God within nature, will speak to you when you have reverence, when you are focused, as a divine scientist, on the wholeness of the Divine within what you are doing.

“Once the link between the human and the Divine is firmly established, a sacred flow of light ensues—as Above, so below—that allows for the transcendent experience of oneness to be maintained through the law of attraction.”

DCL: We have heard about this law of attraction through the movie and the book called *The Secret*,¹⁸ and many people are talking about it. It's one thing to try to attract to yourself a handsome mate or a beautiful mate, money, a great job, cars, abundance, which are temporal and yet wonderful to have so long as you first put our attention on God. The greater law of attraction, though, is this transcendent experience of oneness, which we can maintain through the sacred flow of light—as Above, so below—that is firmly established between the human and the Divine by our conscious awareness and our desire to maintain that link as we focus upon our Divine Presence and put God first in all things.

“This attraction cosmically facilitates the perfect union of the soul with the Oversoul through divine love; for love is the key to success in heaven and upon earth.”

DCL: Right there is a key. “Love is the key to success in heaven and upon earth.” Are you taught this in school? They don’t teach the virtues any more. They have separated spirituality from education, which is a travesty. If they taught from an early age that love is the key to success—and by this love we mean divine love and true compassionate love—then people wouldn’t be searching and seeking just for money, a great job, et cetera. They would be invested in finding their mission, what brings them great joy and inner peace. That’s the true prosperity.

“Love draws divine light into the mundane, and love raises the human experience into a divine relationship.”

DCL: We don’t have to think that the mundane is necessarily bad, less than, or evil. I believe that our experience on Earth can be completely joyful and representative of the highest aspects of godly beingness because God created this world and we are here. We may as well enjoy it in a lovely way.

“One cannot reach eternity except through the full acceptance of the Divine Lover, with his spiritual gifts, deep within one’s heart and soul.”

DCL: We have to accept the Divine Lover. These words are capped in this HeartStream, signifying God. We have to fully accept the Divine Lover and his gifts to reach eternity. God is continually embracing us and yet we kind of shy away. We say, “Lord, we’re not quite ready for this complete tryst of oneness” because we know that we have to give up everything of our lower nature. Therefore we are in this tension field of coming closer to God’s heart and then kind of playing this game because we don’t really know if we desire the full fire of our eternal Spirit. We like a little bit of selfhood in our human individuality.

When we fully accept the Divine Lover, we know love in its highest coursing and power. When we are embraced by God as the Divine Lover, there is nothing quite like it. Once you have had that experience of the effulgence of love, nothing can live in its stead for you ultimately, because you know what love is within God’s heart.

“The intuition required to access the thirty-three sacred formulae of higher alchemy manifests because of one’s union with perfect love, which casts out all fear.”

DCL: The Master is saying that you do require intuition. Now, he's only releasing eight formulae and he is saying that there are thirty-three. So I am asking the Master, where are the other twenty-five? Are we going to have those later? What's going on here? I guess it's for time to tell us. Not all of the mysteries are revealed right away.

"Fear has no place on the altar of transubstantiation, where lead is transmuted into gold through love."

DCL: I think of the image of Isaac on the altar with Abraham. Isaac is just lying there wondering what his dad is doing. "Father, what's happening here?" I don't think he really had fear, because he didn't know what was going on. Fortunately, the angel came and stopped Abraham's hand before he took the life of his son. Maybe that whole story is a metaphor, because, honestly, I don't think God would even put Abraham to the test in that way. I think it is a metaphor and we can discern what the metaphor is. However, it does have to do with surrender, obedience and fearlessness, and there was this dynamic between son and father that's not really talked about a lot. We don't hear too much about Isaac. He's not one of the greater beings mentioned in the Bible, although he had two sons, Esau and Jacob, with Jacob carrying on the lineage and being renamed Israel. And then we have the whole Jewish tradition originating from that son. Then we get into Ishmael and the other guys.

What I am saying here is that we have to live in fearlessness. "Fear has no place on the altar of transubstantiation." If we really desire to be transmuted into God-beings, we have to be fearless and let the fire do its perfect work on and within us. Sometimes it requires a stepping forward and pledging, vowing that we will take action, that we will be engaged in a project. We don't know the totality of what that project entails yet, and yet we know that God as the doer within us will accomplish it according to cosmic cycles and timetables.

How many projects have we begun in our movement at the behest of the masters? We become engaged and then later we find out how much is involved in the project. Had we known fully what we were getting into at the beginning, as I was sharing last night, we might not have taken that step. So we have to be fearless.

It reminds me of the scene in the third *Indiana Jones* movie with the knights and the Holy Grail, where the guy is told he has to take that step. So he steps into what he thinks is thin air and then magically the step appears there. It was a great scene in the movie. I loved that. "Only the penitent man will pass."

Fearlessness is one of the bywords of the alchemist. You have to let the fire and the other elements work their perfect work upon and within you.

“The Sun of your Presence lights the way in this process.”

DCL: It's important for us to remember that—even through the dark night of the soul or the dark night of the spirit, shining beyond the clouds is that sun. It's always there, even amidst the trials and tribulations, the temptations and the temporary lapse that comes as a result of an eclipse of the light of the sun by something less than God.

“The omniscience of the Almighty provides the keys to the kingdom, or consciousness, of God unto the pure son or daughter whose motive is clear and undefiled and thereby sanctioned through love.”

DCL: The omniscience, the pure wisdom of the Almighty provides the keys to us. Our motive has to be pure and undefiled, and when it is, it is sanctioned by love and through love.

“As love is garnered through a greater level of resonance daily between the soul and Spirit, the process of evolution flows without interruption or abatement.”

DCL: We have been using the term *resonance* a lot. It is that field of frequencies that results when we are yoked with anything we choose to put our attention upon, whereby we match that frequency through understanding, acceptance and the attention of our essence upon the other, God in this case, or the soul and the Spirit. We know that in the highest of the healing modalities, when you match the frequency of something you can heal it, dissolve tumors, et cetera. The adept healer looks within the patient, understands, through the laws of resonance, what is occurring and then is able to change the vibration through either sound or light waves or patterns that go to the core of the issue and then dissolve it.

This is similar to Bones in the *Star Trek* TV show using that healing device that uses sound and vibration. I think this is actually not so far away. People are using Tesla lights to heal. I found a video, which we are going to show later, of a young boy who's not very old and is working on a science project. People had been asked to basically come up with a tricorder that reads what's going on inside you and then emits vibrations to heal the problems, just like in the *Star Trek* shows. Later I will share more on that subject because this is

something that is higher alchemy for the New Age. Some of these devices already exist. Some are in the process of being refined and some are actually being manufactured.

“Love is light, and light is love. Love and light highlight all that manifests upon the altar of alchemy, so the scientist of the Spirit becomes fully aware of every process of self-transformation on his path.”

DCL: Any alchemical experiment that we engage in has to do with our self-transformation. It's really about us investing the energies of our soul, spirit, heart, mind and will to recreate ourselves in the original image and likeness of God. So whatever we may be doing outwardly—whether it's music, a computer program, the website of The Hearts Center, visuals that we're creating, a book, a course, et cetera—what's really behind all of this is our self-discovery, our self-transformation, our becoming, our return to pure beingness. If in the process of our work we are making the progress that our sponsoring masters are encouraging us to make, then that work is blessed by the essence of ourselves that we put into the work and we do grow and evolve. If we're mindless and racing around trying to do some project because David or the masters say it should be done and we're not taking the time to really discern the reasons for it and how it can be a vehicle for us to transform who we are, then we've lost and we have to go back and discern why we are doing what we are doing. What is our motive? Why are we here?

There are some alchemies going on right now, and I can assure you that when these are revealed you will be amazed to see the results of what conscious people, loving people have co-created first through their mind's eye and then through working assiduously, mathematically, scientifically to very carefully craft the highest outcomes. The vibration that you will feel through the resonant field of what is being created will be there because of the consciousness of everyone who was involved all the way through the process.

We are creating through our website an amazing alchemical tool for planetary transmutation. Our website is a vehicle for the advancement of civilization on this Earth. When those who are sensitive find it and listen to or read a HeartStream, watch a heartfriend give a presentation, or listen to our songs and prayers, they will feel our essence incorporated within that creation, and they will respond in time in an appropriate and wonderful way. We are purposefully creating this alchemical gift to the world because we know that those who are ready for what we have to offer will respond through their own soul sensitivity. Those who are into the ego, who desire to be thought well of

or who simply desire to have this or that thing brought to them without doing the necessary work of their own, will fall away from what we're offering because they're not on the initiatic path at the level that the masters desire. Those who desire to do the work are the alchemists, and the work is primarily within.



Alchemical Formula #2

Persist on to Victory



SG: Persistence clears the way to a clear vision of victory. Every alchemist encounters difficulties on the road to the perfectionment of the heart and the attainment of God-success in the journey of life. Those who persist find within the required resolve and fortitude to drive forward no matter what the obstacle, delay tactic or diversionary illusion is that may appear before the initiate's view.

To draw from within the fire of determination to reach the next step on the path requires an attitude that sets in motion assistance from Aspira and the angels of inspiration.

DCL: Remember that we heard in the last couple of years a HeartStream from Aspira, a great master.

SG: These divine muses enter the scene of one's alchemical initiations by providing a sacred impetus that is literally beyond this world, for it originates in the heart of God. Even the greatest of avatars and wise men have verified that the X-factor of their victorious overcoming came from the intercessory powers of a source beyond their human or egoic level of beingness.

Persistence is the fuel that feeds righteous desire, that burns within the heart to propel one to success in one's life lived to glorify God and magnify the Lord. Enabling divine forces through a willingness to bear one's burdens with understanding and to hold fast to one's truth with equipoise is the right of every joyous son and daughter of love. Forbearance, an aspect of patience, sets in motion alchemical miracle workers that provide the keys to every door

and the means to outlast the outlandish elements of the not-self in one's inner work to fuse with the great Solar Self.

DCL: I see these miracle workers as angels, as ministering servants in nature, such as the elemental forces and devic forces. I believe that when we have patience, forbearance, and when we persist, this dynamic of accessing the miracle light of God is put in motion, because heaven sees and observes that we mean business, that we desire to persist to the end.

SG: One poignant moment on my own path may clarify how this divine virtue of persistence can make the difference between defeat or victory in the ascension. Long ago on Atlantis, during an age of enlightenment and great achievement, there arose a movement spawned by one who had turned from the path of light through the sinister trickery of a shadowy being. This one seemed to have devised a strategy of successive plots that brought into play a series of tragedies and setbacks for many initiates that were seemingly impossible to overcome through our normal modalities of spiritual work. One of those serving with me advised taking a path that would lead to a direct confrontation with the forces moving behind the scenes to stir up rebellion and acrimony.

After much inner reflection, I sought a higher guidance and determined that only holding fast to a path of divine love and increasing the intensity and reach of our compassionate emanations would result in a neutralizing and nullifying of the onslaughts of the dark ones. Although conflict continued in certain domains, the collective persistence of those working for the light resulted in the desired results of a peaceable and amicable resolution at that time.

DCL: So this was a story from Saint Germain's time in Atlantis, which is interesting. It gives us pause to consider how we deal with situations in which we are seemingly attacked or feel what we call opposition. Do we instantaneously react and attempt to destroy that person or counteract the untruths that we feel are coming? Or do we take the higher road and realize it is an opportunity for us to come up higher and to be more mindful, to go deeper and to express love. I see the examples of Gandhi and Martin Luther King and others who took the high road of nonviolent resistance rather than engaging in a direct violent form of confrontation.

SG: Through a series of subsequent lifetimes, the same dark spirit arose to confront my work for the Brotherhood, point/counterpoint, and the inner

record of this former experience allowed me to follow the same higher walk with God, persisting again and again over every machination to foil our strategies of light. Finally, in my last incarnation as Francis Bacon, before my ascension in the light, I put to rest this shadowy one through the same means that Jesus used in overcoming the tempter in the wilderness and during his final trial in the Garden of Gethsemane. Through the humble and complete form of surrender, born of a steely persistence in following the first commandment to love God with all my heart, mind, strength and soul,¹⁹ the tempter receded and was vanquished by the light of God. This particular shadowy being has never again been able to muster the energy to oppose the servitors of righteousness.

Please be aware that we work with the powers of light through divine magic to bring holy love into play to overcome principalities of darkness working through those in high places on Earth. Our means are always sanctioned by the Spirit and do not allow us to stoop to the methodologies of those who twist the truth and tempt the less tempered ones with their illusory ways. Our alchemical victories are always born of our persistent willingness to walk through fire and to weather every storm through love.

In a certain retreat of the Great White Brotherhood there are mementos, artistically crafted, to the unsung heroes of the ages whose persistence resulted in transformational miracles during certain key epochs of Earth's history. Witnessing the records of these experiences and seeing the interplay of light and darkness and the results of holding fast to the highest ideals of cosmic truth are inspiring to one and all whom we lead to this sanctuary of light and hall of records.

Dearest ones, your victory is always set before you within a matrix of light which may be accessed through a persistent love of God. Following the star of your True Self, you realize your oneness as you walk and talk with higher mentors and advocates of holy wisdom. Be truthful. Be persistent. Be love.

I AM Saint Germain, leading you by love to the source of pure light and beingness.

DCL: I wrote a note after this HeartStream that said, "I saw the movie *Gravity* this night with Sandra Bullock and George Clooney, an amazing example of persistence." I believe it won more than one Academy Award.

Why is persistence one of the formulas for advanced alchemy? I would like to hear from you. Let's open up the microphones, and there can be sharing from both here and Mount Shasta. You may desire to answer that question

through your own direct experience or share a story of persistence and how you feel that it relates to alchemy and co-creation.

Participant 1: What came to my mind is that just about every highly successful person that you ever hear of has said that they failed, they failed, they failed, they failed, and then they had this drive to keep on going. They just kept on going. They had persistence, and they advise other people to have persistence and not to lose their drive and their faith if they fail, because everybody fails.

DCL: Thank you.

Participant 2: Every project that I have been involved with requires persistence. I really think it has to do with bringing a thoughtform, a matrix and manifesting something according to that matrix. Every time you are persistent, you are reinforcing that thoughtform. There are other things that are going on. There are other things in the material plane. For instance, somebody else has a different idea. You are building a house or something and you have a plan. Then the builder has a little bit of a different plan than yours, or your neighbor doesn't want you to build as big a house, or whatever. And so their energies become part of the mix.

You have to maintain your persistence according to what you desire to precipitate. And sometimes others have good ideas, and then you change your mind and you change your plans a little. Yet it's persistence that brings it from the etheric realm to the physical realm. And you have to continually be persistent, continually attend to it until it is fully manifested and anchored and completely finished.

DCL: Great. And once it is and you walk in that door and everything works inside—the stove works, the shower works, the toilets work and the lights work—it's like, abracadabra, hooray!

Participant 2: That's right. And sometimes you think it's done and you still have to tweak it a little. It's magnificent when you get it into form.

DCL: Does anybody else have a story of persistence?

Participant 3: I thought I heard in the actual HeartStream that victory is already held for us. It's already there. It's like you're moving through the levels of the four lower bodies to access the victory that God already holds for us, or

our sponsors or the miracle workers hold for us at the level of the etheric. So the persistence is the process whereby you're able to access it at the level of the etheric, to join with it, collaborate with it and continue persisting until you can actually bring it back into the physical as well.

DCL: Thank you.

Participant 4: Maybe we don't do as much as we want to do each day, yet we move forward and we make some progress. So persistence, to me, is this divine virtue that we can't do on our own. We've got to ask for help and believe that we're going to get it. And when you're finally done, it's a collaborative process and you can't really claim that you did it all. I know I got help.

Finishing my doctoral dissertation was a test in persistence. I was told it should take me five years when I first started the program, and it ended up taking me seven years. Things just continually came up, even though I had my plan. I had my approved concept paper. I had everything in place. Things continually came up, one thing after another—personally, professionally—to challenge that, as if saying, “Is this going to stop you? Is that going to stop you?” Numerous things came to make me think whether this was the divine will for me to finish this. I had to surrender that. I had to move forward with it, even though I didn't make the progress that I would have liked to have made on the schedule that I would have liked to have had.

It really seemed that as I moved forward, I had to keep up this persistence. I also had to believe that I would get the help that I needed, even when I, in my human self, couldn't change the circumstances and the situation to make the research and all the work come together. So that was difficult, and yet I persisted. I believed that I would get the help from the Divine Source to make it all happen and make it all come together, and it finally did.

I have talked to many people who have not finished their dissertations. It seems it is something that a lot of people struggle with. It is a divine virtue, this perseverance, and it's something that we have to ask for. We have to believe that we're going to get the help we need. After it's all finished, we know that we didn't do it all on our own and that it was a collaborative effort between ourselves and the spiritual powers that help us.



Alchemical Formula #3

Through Flow, Enter the Flower of Life



SG: Grace is God's pure example of flow. Flow is a key to success in all alchemical equations. If flow does not exist, the Divine may not be fully accessed. Flow opens the portal to higher awareness, where the petals of every divine flower may be seen, smelled and cherished. Each flower is an example of the love of the Divine Mother manifest for her children. You are truly one of her children, cherished from the beginning of your creation in the heart of your God Parents.

DCL: Saint Germain says, "You are therefore a flower."

SG: Through flow, you may enter the flower of life—God's life, your life. This flower has a perfect design, born of and through God's awareness of beauty embedded in the creation, both in its wholeness and within its individual components. Observing the divine design within the flower of life keys you into a matrix of perfect love, of which and through which all things are created. Notice the interconnectedness of each flower within the greater design of the whole of the cosmic flower, which symbolizes the totality of the web of life everywhere.

Every advanced alchemist learns to penetrate into the essence and beingness of life in each domain, or level of vibration or frequency in which she chooses to place her attention. Entering this essence allows her to experience God's eternal awareness within that blessed beingness, playing and dancing with it in a perfect interplay of love and light. Learning to meditate on God's supernal thought processes or cosmic ideations hidden within the

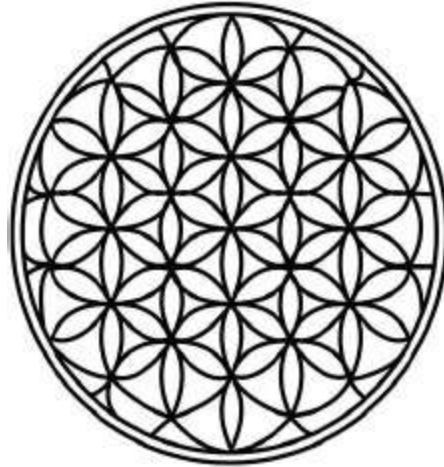
essences of life itself brings the alchemist into a deeper relationship with the Creator and the creation.

In your essence, you are a flower of life because you are part of this whole. You are one with the All-in-all, and the creation would not be complete without your unique essence of loveliness, your own flowering of divinity right where you are. To understand your own beautiful God-nature keys you into the divine design embedded within all life and allows you to cherish and understand the uniqueness and importance of every other being or life form that is a part of the whole. While meditating upon the creation, you are drawn into the flower of life—you flow into perfect oneness, beingness in God.

The advanced alchemist brings this essence of the sacredness of life into every avenue of expression, every co-creative endeavor and activity. It gives rise to the manifestation of grace and the interplay of light betwixt you as both an observer and as a co-creator in your own right. Spiritual scientists have caught fire by accessing the Promethean fires of the creative powers of the universe itself. Yet they always qualify and utilize these forces for the highest good of humanity and of the created whole of life, the flower of life.

Your unique expression of your divine nature of God-good is essential to the ongoing birth and rebirth of the creation within the eternal Now. This is true re-creation and brings you and others true happiness and inner fulfillment. So long as you do not abrogate the laws of life or disturb the creative process of all sentient beings, you, through your oneness with the whole, may experiment and co-create anything. For it will naturally be expressive of God's eternal nature of love, purity, beauty and joy.

DCL: We saw the flower of life in Egypt. Drunvalo Melchizedek has two books entitled *The Ancient Secret of the Flower of Life, Volumes I and II*, which you may choose to read to learn more about this ancient symbol, which has been imbedded in architecture in Europe, in Egypt and in other parts of the world. It's based on a divine alchemical formula. Within this HeartStream, Saint Germain is actually releasing this formula deep within us. Some of you may feel almost a shift in your consciousness as a result of him imbedding within our being this divine design.



SG: I assign you to meditate upon the flower of life, entering the design and intuiting daily more of your own spiritual essence, your own inner beingness. Through understanding sacred geometry and the structure of the universe, you tap into higher resources that will serve you well on your sacred journey. The beauty of creation within the architecture of the *antahkarana* awaits the initiate's discernment through higher mindfulness and intrepid heart-centeredness born of wise compassion.

DCL: If you really meditate on this image, you will find all kinds of amazing things within it. You will see a cube within a sphere. You will see the amazing interconnectedness between the points within that cube within the sphere. You may choose to hold your eyes on that image for ten minutes or even longer and see what flows into your consciousness as a result of meditating upon it.

SG: Your mind yoked to your heart allows intuition, which is higher inspiration, to flow to and within you always. You are always living in the flow, abiding graciously within the flower of life. The petals of your chakras spin with ease and in resonance with the flow of creation, the natural order of life, the sequential outpicturing of the divine design. Tuned into this design, you co-create lovingly, compassionately and with great affection for all, joyfully and with cosmic abandon, empowered by the Holy Spirit, the great Comforter.

The advanced alchemist accesses the secrets of the flower of life through love of God. For this is the only way that the eternal truths reveal themselves. The disciple initiates the process through proactive love-charity, the greatest of the gifts of the Holy Spirit. When charity is present, all doors open, all secrets

are revealed and the ancient mysteries reserved for true lovers of God and hidden from the profane may be known.

DCL: Remember the scripture in the New Testament, without charity all of the other gifts are meaningless.²⁰ Charity must be present as the activator of all of the other gifts of the Holy Spirit. Charity and love facilitate every aspect of higher alchemy for the mystic, the initiate, the master-in-the-making.

SG: The flower of life has always been there, though few cognize it within every form of life as the masterful ones do. Though its design has been inscribed for all to see upon ancient temple walls, it was first inscribed within the creation itself as the Tree of Life, the geometry of beingness.

As you continue to meditate on this alchemical formula, you will discover secrets untold and too sacred to be spoken of. During these moments of divine bliss in self-realization, I will be there to observe your ongoing enlightenment and the fulfillment in you of the ancient command “Man, know thy Self.” For truly you are the flower of life.

Sanctus Germanus



DCL: So the first formula was “Abide in the presence of love and light”; the second formula, “Persist on to victory”; and the third, “Through flow, enter the flower of life.” Here is Saint Germain’s first assignment to us, to meditate on the flower of life, on this image. He says that this image was embedded within every part of the creation. Interesting.

It’s a latticework. I believe gemstones, which are, as Eckhart Tolle says, enlightened minerals, often have this lattice of light as the architecture of the field that the atoms within the gemstones outpicture. What Saint Germain is showing me is that these crystals, these gemstones as crystals, having this architecture of the Spirit, do objectify in that latticework of light the creative powers of God.

The highest gemstones actually have a little flame in the center of the gem. Gemstones are the geometrizers of God within the mineral kingdom. They have the sacred geometry of the Divine One within them and they hold a field of beingness for the Earth within the Earth, to bless us, even in a raw state, as within the ore, even unrefined before being brought to the surface.

It's imperative that we allow much of these gemstones to remain below the surface because they are essential to the maintenance of the balance of the Earth itself. We know that gemstones are compressed minerals that often are formed from plants that have decayed. Over time, the plants return to kind of a mineral state in their dissolution, and then the minerals are, through the power and the force of pressure and heat, compressed into these amazing little alchemical beings.

If you consider the divine design within trees, flowers and plants, you will see the hand of the Creator and the great Comforter, the Holy Spirit, within them too. In addition to meditating upon the flower of life as that image that we put up on the screen, as part of this assignment you could, if you choose, meditate on all kinds of different flowers. You don't have to pluck the flower. You can go out in nature, maybe on a hike, and just sit down and be with a flower. Meditate on its design and see what comes to you in terms of the flow of its intelligence, its inspiration, how it is outpicturing its own level of God-consciousness and Solar awareness. These flowers are in communion with the sun. They don't really come to full fruition or that flowering state unless the sun is present to excite them and to stimulate them and to allow them to emerge from the seed form and then grow into their full capacity.

Now, if we are flowers of God ourselves, we can learn from flowers aspects of our eternal nature from the way that they live—consciously and gracefully. They are expressive of their eternal nature. And when I say “eternal,” even though they may dissolve and die according to our perception, their essence does live on. The perfume, the aroma that the flowers exude and spread through the atmosphere are aspects of their eternal nature that live on within the wind, within the sky, within the breath of the Holy Spirit as God and the Holy Spirit carry that essence across the atmosphere.

Without the flowers, Saint Germain says, we would have very little joy upon the Earth. If you look at trees, a tree has the flowering aspects of it that produce fruit. Every fruit was first a flower, and that flower housed within it the seed that then became the fruit.

The universe would be very dry and incomplete without the flower of our being, our essence. So as we discover our eternal nature, our purpose, our holiness, our divine essence, we feel impelled to share and express that essence the same way that the flowers do in nature. And when we abide within our Presence in a loving state of loving God and all life, the virtues of our Higher Self from the tree of life of our causal body are naturally shared and expressed with all life.

Saint Germain asks today, “What are our fruits?” Every alchemical experiment should result in the bearing of some form of fruit. Therefore the flower precedes the development, the full nurturing and the full outpicturing and objectification of that fruit. So as we meditate on the flower and the flower of life, we see the precursor to the drawing forth of our essence in this delectable, delicious and desirous food that becomes the fruit of our being.

The Master Omraam has said that we are food for higher beings—angels, divine beings. How are we food for them? Maybe it’s more than a metaphor. Maybe the virtues that we objectify and that we express—love, kindness, charity, purity, wholeness, mercy, forgiveness, et cetera—are all foods for the angels, for the divine beings, the masters of light and love.

As our chakras spin these little flowers within us, the essence of our being through our chakras is gracing the cosmos with our divinity. This itself is our flowering and the flow of the Holy Spirit moving through us to bless all humanity, all creation. When we smile, when we are joyful and happy, there is the natural ability of our chakras to be open and to perfuse the perfume of their essence to the atmosphere and the cosmos.

I can see in those who live in a more challenged state, who do not have much joy and are burdened by the cares of the world, that their chakras are more dulled and the flower of the chakras are not fully opened. So to be expressive of our true nature through our chakras, which are these flowers with their beautiful petals, please consider maintaining a state of happiness, because that happiness will engender continuous flow of your essence through the flower of your being to the world.

Higher mindfulness and intrepid heart-centeredness are born of wise compassion, the Master says. Wise compassion is that merging of the mind and the heart in this love-wisdom experience. In our Declaration of Spiritual Freedom, an 800-word document that we created early in The Hearts Center activity, we say we are a movement of love-wisdom. So we do encourage one another to be mindful in heart-centeredness, to be loving in higher mindfulness, in this beautiful cooperation of our minds and our hearts. We have compassionate hearts, which are intelligent hearts. We have understanding minds, which are loving minds.

As we age through life, through many experiences, I believe we tend to have more compassion for everyone, because the more trials and tribulations, suffering, illnesses, and ailments that we go through, the more we can relate to those who have gone through them before us and who are now going through them, and we can be more compassionate and understanding. Had we not been through ailments, troubles, testings, trials, and misfortunes, how could we

truly be compassionate bodhisattvas? To understand, we must endure, we must be patient, we must persist through long-suffering.



Alchemical Formula #4

Obey Your Inner Voice



Resistance to Providence, the Divine Inspirer, arises from the basest regions of nonbeing as the advanced alchemist seeks to complete his work to finalize his opus grande. The inner voice compels the obedient to action lest the work of the ages recede into oblivion through the denial of Self, one with the Divine. The impertinent reach for any excuse to execute perfection. The intrepid press on through the daring of an initiate's resolve to surrender the ego fully.

Obedience is not the denial of individualism as co-creativity and authentic audacity. Compliance to the inner voice is not surrender to an unconscious collective within the mass consciousness. Discerning one's truth, the advanced alchemist accesses real insight in responding to higher hunches and in heeding the hints of the Mother's muses.

The gifts of the Spirit are not elusive to the masterful ones who, with boldness, reach for the stars within, which light is born anew. When the Divine speaks from within your heart, let your outer mind, quickened by its genius and motivated by its brilliance, act. To deny one's angel is perilous on the path, for it leads to a passive-aggressive state of nihilism that births Satanic delusion rather than sainthood. Wax hot as you employ your inner fire to dissolve the dross of the ages, curdled in the karmic knots of idleness and the torpor of the dullards.

One's conscience contains the cosmic clues of beingness and the helpful hints to develop an indigo aura of the seventh magnitude. Be not passé in my new age of love, in my resolution of joy. I will refresh you in the azure pools of awareness and in the bliss of blessedness, born of *amour*. To realize your Selfhood is to relish authentic spontaneity, deriving your happiness by listening

to your higher herald and, with affection for God, opening the door to a new life in Spirit.

Every alchemist is an artisan of virtue, an architect of divine reason. The spiritual scientist is a virtuoso in wedding logic to love and in welding wisdom and charity. Heartstreaming instead of brainstorming, he frequents the internal space of love, where the inventive Mother of the new era and the avant-garde sire an enlightened humanity. Advancing in your alchemical self-mastery requires constant reflection on your purpose by assessing motive, modality and momentum. A balanced approach necessitates a humble mien and standing sure in the light of your Solar Presence, trued to the polestar of being, the source of divine magic.

The advanced alchemist follows the magnificent magus, whose only desire is to magnify the Lord through works of holiness, bringing all to wholeness. The possibilities for attainment of divine riches are infinite, so long as these are consecrated to the Source and mindfully used to beatify the brethren and beautify the world. At the hearth of the heart, the alchemist breathes in the fire of life and exhales enriching essences into his examinations and experiments.

The cultured ones create upon Earth the aesthetics of heavenly delight as angel ministrants employ their handiwork with grace and aplomb. Shepherd a new Earth with loving care for the meek and with tender regard for the lowly. Raise the downtrodden by your example of altruism and your giving spirit. Use alchemy to better our world and raise all through the sunshine of your love. The resplendent share their blessings in benevolent acts of kindness, patiently weaving a newer testament of truth for today through compassion toward all and judgment of none. The determined use their inner drive to deliver the weak and the disillusioned from samsara.

Have I now clarified for you the importance of obedience to the voice of God within you? From the innermost recesses of your heart, hear me singing my song of love to your soul.

I AM Saint Germain



DCL: I feel this is one of the most magnificent short little releases of light that Saint Germain has given to the world. I did not go to college except for a couple of courses in accounting and one in supervision. I have to say that the words that the Master dictates are truly both cups of light and phrases that

capture the divine within the eternal moment of the Now in ways that bring us to an enlightened state of being.

As I woke up so early, eager of course to receive the Master's message, though not yet fully refreshed with a morning shower or a full night's sleep, I see that he used the stillness of the early morning, well before dawn, to bring forth this beautiful rendition of his heart's love for the Divine as an example for us to walk in of being obedient to the God-Light within ourselves.

I think it is truly one of the most beautiful sharings that could come to the Earth, especially now, for the lightbearers who are being torn apart by what's transpiring in the United States and across the world, by events, situations, violence, et cetera. If we can maintain our state of obedience to the inner voice through thick and thin, no matter what transpires in our outer world, we will be victorious as advanced alchemists.

When I was receiving the twenty-seventh and twenty-eighth of Lanello's thirty-three messages, I was given the opportunity to either keep everything completely to myself or to eventually go public. This was an initiation, and I've told this story before. I knew that God desired me to ultimately go public because there were souls who were ready for progressive revelation. I thought that I could have been happy in the type of life I had been living up until that time. Yet now I realize I would not have been truly happy. I am only happy and fulfilled in a state of beingness where God can continue to reveal himself/herself through my heart on a daily basis by my listening ear, my open heart, my mindfulness and my obedience.

My prayer is that I will always be open to the truth, wherever it comes from, and that you too will be open to that truth. We don't know everything. There is always something new to accept and to incorporate into our spiritual practice from a number of sources and not just one. When I hear people say that they're the only sanctioned messengers, I just chuckle and laugh because to me it's completely born of ego. God uses many divine teachers to inspire his own across the Earth.

I see Saint Germain's hand, the Great Divine Director's mode and modality in the work of many who have reached a level of advancement of their spirit whereby they can be a pure vessel for the truth to a wide audience of lifestreams on Earth. So far, our audience is not really that wide, even though many people have seen our web-site and maybe read something or listened to something. Why is it that the audience isn't greater? Maybe the people are not ready for the further depths of the truths that we are receiving and promulgating to the world. When the disciple is ready, the master appears.

I am grateful to Saint Germain for coming whenever he desires to release further teaching on advanced alchemy. I think advanced alchemy will save the planet. We require new inventions. I would like to show you a video of a young man who is totally amazing and what he is doing and will continue to do for the Earth through his own intrepid spirit, through an undaunted mind and will blended toward the purpose of helping.

This young high-school boy developed a more efficient means of detecting pancreatic cancer than what the medical profession has developed. It's simple and there's almost no cost to it. What does the medical profession desire? Things that are costly. Will they incorporate what he's done? Who knows? He has done it. He has proven it. It works. It's virtually 100 percent effective, and this is only the beginning of what he's doing.

(Video was shown on teen who has developed a new pancreatic cancer test.)¹⁷

DCL: Amazing. Let's all applaud this young man. [applause] Is he the embodiment of the can-do spirit, invention, genius and the seventh age all wrapped into one sixteen-year-old body? Amazing! I think we all wish him well. I hope their team wins, because if teenagers win, maybe this will get developed and put into society rather than hidden away by the pharmaceutical industry and the medical profession. So all power to them.

Saint Germain is conveying that he would like us all to dream big, just as this young man has. He mentioned having a way to scan things at airports so that you would know if something is dangerous or not, and then we could take drinks back on the plane. We wouldn't have all those crazy TSA agents everywhere doing what they do and almost groping us, et cetera.

I would like all of us to meditate tonight and to come back tomorrow with an invention that you have thought of that would be of benefit to the planet, or something like an invention, a creation, a breakthrough that will help humanity and help us in our spiritual development. Look at what this young man has been challenged to create, which could literally transform the world. Amazing.

I read recently that there are devices that can take water from the atmosphere and precipitate it into potable, absolutely pure drinking water. If you read the book *A Dweller on Two Planets*, you will remember that they had this device on Atlantis. Well, they exist now. I just heard about it recently. They were developed, and they exist now!

I was meditating before this class on a lot of things that I would like to see, and I have my list already. I would like us to dream big. Saint Germain would like us to dream big, because by dreaming and co-creating as alchemists, just the process of thinking of something will help it to come into existence, maybe not through our efforts physically, although some things can happen by our efforts. It may come through a sixteen-year-old; it may come through a dream that someone has or a vision or some other breakthrough.

So as part of this alchemical class, go deep in your heart and meditate with Saint Germain, the Great Divine Director or any master that you resonate with, and think big, create big. A lot of science fiction has come true. I think the masters even said through me that at some point in the not-too-distant future we would have teleportation devices. Remember that? That's pretty daunting to think of. If you could teleport to any place instantly, it would probably do away with the entire aerospace and automobile industries. You triangulate the position through global positioning, you touch a switch or you do something, and then you teleport there and rematerialize. *Star Trek* is not so far removed from reality.

By dreaming big, we as spiritual alchemists can recreate our world in the image and likeness that we desire it to become as adepts and masters-in-the-making.



Darshan

Prosperity Consciousness



Question 1: Dear Saint Germain, I have observed that all living things, such as people, animals, plants, stars and even structures that might be considered inanimate, such as buildings or mechanical devices, have the ability to precipitate God-consciousness or subtle energy into material form. For example, people build things, animals produce food, plants grow, stars give light, and machines produce energy. These organisms and devices might be considered flowfields for transforming God-consciousness into embodied form. Prosperity is generally the process of building and maintaining material forms. Poverty is the opposite, where forms dissolve back into the void of God-consciousness or fail to appear in the material world. Can you comment on my observations? Thank you.

DCL overshadowed by Saint Germain: This is absolutely all true. To further elaborate, every atom within the universe is impregnated with the power, wisdom and love of the Divine in perfect balance. Every atom in the universe has consciousness because God's divinity, God's essence, permeates the entire cosmos. Should one particle within the universe in some way not have that essence, it would be antithetical to God's awareness of himself/herself as beingness and therefore the universe would be no more.

Consider this fact: If one particle of the universe was not impregnated with that essence of the Divinity, the entire universe would be no more. That's a pretty bold and dramatic statement, and yet we see the import of the fact that all life is one, that God is within everything. For us to have spiritual success as one of our goals in life, we realize and we feel the integration of ourselves with

all life through this essence of God that permeates everything, even seemingly inanimate objects.

If poverty is the opposite of prosperity, whereby forms dissolve back into the void of God-consciousness or fail to appear in the material world, we can understand that to be the unmanifest. Poverty is really unmanifestation, a lack of manifestation, a lack of the acceptance of God within oneself and within one's world; and, in a sense, you go backward to the void before creation.

Now, is God in the void? That's the question for you. The Divine Mother, as the womb of the cosmos, manifests what we could term the void—the cosmic void, as we call it in our prayers—and she held the space as unmanifest space before form was realized.

Prosperity, this question says, is generally the process of building and maintaining material forms. The Master says prosperity is much more than that. It's not just materialization of desires. Prosperity is the fulfillment of divine desire in whatever one first desires, then realizes and manifests. Many of us are moving into a state of desiring virtues more than material possessions. We're in the process of sublimating everything into the finer essences of spirit. Even our physical temples are becoming more charged with light-energy and radiance, and there is less of the dense material substance within our form and more of the lighter, airy, etheric substance within our being.

When we solar gaze, part of the process that we engage in is the etherealization of our physical forms, the spiritualization of matter by the rays of the sun, which take hold of us, bless us and charge us with the more refined divine elements of the higher worlds, the starry worlds. The Master does not see prosperity as just the process of building and maintaining material forms, because material forms eventually collapse and are no more. We return to the spirit state between embodiments, and ultimately we reunite with God as spirit.

So if you look at prosperity from a spiritual standpoint, who is the most prosperous of all beings? Well, obviously God because God contains everything. And yet when we are one with God, we can also be at one with everything that God contains and we have access to everything. Jesus said, "All power is given unto me in heaven and on earth."¹ That was a pretty bold statement, and yet he knew this divine truth because he knew that he had access to every level of abundance. Legions of angels would come in answer to his command; he could precipitate what was essential in the moment right out of etheric substance; he could materialize etheric substance, or light, and change its form. And so Jesus is the greatest alchemist that we have seen walk the Earth, at least of those that we in the Western world have a record of.

There have been many other adepts with similar and occasionally even greater attainment, Melchizedek being one.

So poverty consciousness is a lack of understanding that God is within all, that light is within all, that light is within us. When we shift our consciousness to accept the fact that we have access within ourselves to the all-abundance of God and of the universe, then we are able to begin to draw forth everything that we require, both spiritual and material, for our use in our alchemical experiments, our work, our service, our creative life.

For a time we are involved in the materialization of spirit in this denser plane of matter. Simultaneously, we are spiritualizing matter and drawing matter into a more etheric matrix. This is the collapsing of matter into spirit in the great inbreath, which will eventually, in a sense, consume all matter, all material elements, into pure spirit again. Consider the periodic table, which has 118 elements. All originate from the original element, hydrogen, which is number one in the periodic table. Every other element ultimately was born from that original element, just as all planets are born from the sun of their solar system, and we are born from the one avataric essence and being of a man who is the example for an entire root race. From the pure example of that man, we were drawn forth into more physical reality.

So it's true that all living things have God-consciousness, subtle energy. Our work in past lifetimes and in this lifetime is to materialize spirit by drawing heaven to earth. And yet we know that everything is temporal and that the etheric plane, the divine realms of light, are actually more real. And by "more real," we mean more lasting, eternal in their vibration and their emanations.

So even as we co-create in the material world beautiful matrices of perfection, there is a concurrent creation manifest in the etheric plane by our work done here. We are building more stately mansions in the heaven world as we create them upon earth. We gain mastery in this plane and it exactly corresponds to the same level of mastery in the etheric plane. The greater self-mastery you have here and the greater the learning, evolution, growth and adeptship that you purposefully engage in, the more there is the direct translation of that mastery into the etheric and spiritual realms. This is why some children are born geniuses. They have worked on themselves and they continue to work on themselves between embodiments. And through the agency of the Holy Spirit they are able to draw forth levels of that mastery in an easier manner when reincarnating upon Earth and are able to tap into that self-mastery very quickly with what we consider genius.

Genius is never lost. Your work is never lost. Every erg of energy that you utilize in conscious spiritual work accrues to your causal body, accrues to your God-consciousness and allows you, lifetime after lifetime, to build upon what you have laid out as a foundation for a sustaining activity of spiritual evolution. Those who are great inventors, designers, co-creators upon Earth are often great initiates in the heaven world because they themselves have coalesced in the etheric octaves first, through mindfulness, these divine designs and things that help humanity and then have drawn them forth by often painstaking toil and work in the physical.

The greater the attainment you have in alchemy, the easier it is for you to precipitate while in the flesh. Yet these levels of ability to precipitate are directly in proportion to, in a sense, the blood, sweat and tears and the time you have put in in spiritual work on yourself, within yourself, working in communion and consultation with the great masters of light and God. And therefore great work results in great results, and this great work is ongoing.



Darshan

The Specificity of Prayer



Question 2: Many of us have been taught to be very specific in our prayers. Take, for example, a situation that required a physical healing. We may name specific organs and call for violet fire or ruby fire to perform certain actions. What we are asking for may not be the best for the individual or situation. At the end we submit our calls to the will of God, sometimes reluctantly. At what point are we trying to control or manipulate a situation from a human perspective? Is it better to be very general in our calls to allow the light to precipitate the best outcome?

DCL overshadowed by Saint Germain: Excellent question. Heaven's answer to our prayers is loving in every way. Heaven answers with mercy, compassion and the highest levels of forgiveness and transmutation that are allowable by cosmic law, taking into account the grace of the Spirit due to the intercessory prayers, sacrifices, penances, fastings of individuals on Earth. Heaven responds directly to your request when it is heartfelt, when it is motivated by love and not fear, when it is uttered in humility and with the understanding that you are a co-creator and, in a sense, a co-healer with God. God and the angels require prayer for direct intercession because it is the law that in order to come into this dimension and plane, there must be the request.

As to the specificity required within a prayer for a more direct action of light, of the hosts of light and of intercession from divine realms, heaven knows best. And heaven takes into account your knowledge and specificity to direct exceedingly fine threads of beams of light into where the call has been uttered and where it is directed. So the specificity is actually excellent in terms of pinpointing, like a cosmic GPS, where you desire the light to go.

If you call a loved one and ask that loved one to come and rescue you, and you do not give the person your whereabouts, how do you expect that one to come and help you? So translate this to heaven. When you name the doctor who is going to be performing the surgery, any other attendants, the name of the hospital, the date, the time and all of the specifics, heaven coalesces the light around that specificity. The angels actually smile when you are more specific because they then know exactly where to go and they don't have to consult or check with the cosmic systems that they utilize. Although there's divine intelligence in heaven, they still have to know where to go. It's not like every part of heaven automatically knows everything in the entire universe at all times. The more specific you are, the faster and the more directed the light can descend and interact with us.

So in that sense, yes, the specificity is excellent. In terms of how God works to answer the call, with the name of the disease, et cetera, that is based on karmic law and grace combined. You may name a specific condition or disease that requires intercession for healing. Sometimes diseases are not classified in heaven exactly the way they are on Earth. There are so many names for so many so-called diseases upon Earth. Heaven is very wise, and though you may call something a specific disease, heaven sees to the core of the issue, beyond what we classify a disease as being.

It's okay to name a disease or a situation in the way our physicians and doctors would classify it. Yet heaven sees the karmic cause and core, beyond how the disease, the encumbrance, the situation, the problem has manifested. So you can name the disease, yet heaven goes farther back into time to assist the soul in resolving the karma. In some cases there is a time period through which the individual must suffer or experience pain, discomfort or disease in order to balance the entirety of that karma or learn from a situation in order for soul growth to occur. So it's okay to be specific and it's not a problem to be specific, yet you have intuited in the question the truth that heaven will answer according to the highest outcome based on karmic and cosmic law.

You can also be general if you choose and not be so specific and simply call for God's will, wisdom and love to manifest. In addition to saying God's will, now we've added God's wisdom and love. For ages people have called for God's will, which is the blue aspect of God's being. Well, where is divine intelligence and where is divine love in the equation? I think by adding these two words, *love* and *wisdom*, we complete the matrix by which the threefold flame of eternity can descend into the equation. Mercy, through love, and compassion and understanding, through wisdom, are brought into play in the

equation, and it's a harmonious balance. I love this closing to our prayers now, and Saint Germain loves it too.

Does this mean that we have to be either/or, more specific or more general? No, we can be both. Sometimes a quick call for light to descend into a situation is very powerful and meaningful, and we can ask the angels to direct the currents of light wherever they are most required across the Earth.

The one thing that we do often is maximize our calls. If we pray for one person who has a situation, we close the prayer by praying for everyone upon Earth who has a similar condition or everyone who is in pain, sorrow, going through travail, et cetera. When we maximize our calls, there is an even greater action that occurs, because what one is experiencing many may be experiencing, and there is a transformation that occurs through our oneness, through the *antahkarana* of light across the grid of consciousness within our domain to affect all those with similar conditions.

We could choose a one-sentence add-on to the closing of some of our prayers for the maximization of our prayers on behalf of everyone in similar circumstances. So if someone would like to write that, script it, whenever we have emails go out for individuals for healing, including that add-on would be helpful. Just think how we can impact more souls rather than just one soul at a time.

I don't know why we would submit our calls to the will of God reluctantly. What I'm seeing this person saying is that perhaps we desire to affect the outcome personally, that we are demanding that this person get healed. Well, we must rise in our co-creatorship and co-healership to an understanding that we are not the doer. If we ever feel that it's up to us to mandate heaven's intercession, watch out, because that can easily almost turn into black magic. So we have to be very careful.

In the past we have sometimes given fiats and raised our voices, thinking heaven's going to answer because of how vociferously we call. It's more about our motive and our love within the intensity of the call that is the impactful essence that heaven listens to. It's not just how loud we talk or how adamant we are. It's really how much love and compassion are behind our words and how much understanding and empathy for all life are infused into the words that we speak. I can assure you, as I've shared before, that the simple prayer of a child uttered with his or her entire being is answered immediately by the hosts of the Lord because of the wonderment and the beauty of the essence that is there within that child, the purity of heart, et cetera.

Participant 1: It's so exciting to feel connected to the Divine in the way in which we can really impact the world and impact our lives and help each other. I've done a type of biofeedback for over ten years now, and it's quite involved. The device itself does it. I'm just part of the triangle. It's the client, me and the device.

DCL: And God in the device, and God in you.

Participant 1: Well, that's always there. This is my story. I went to a biofeedback conference and some of the top people that use this device throughout the world were there. One man was an expert at working on animals, and he was flown to Saudi Arabia and other countries to work on kings' camels because of his ability to work with animals and use this device. I went out to dinner with him and some other people, and he was saying that the person that created this device said that there's a much lower percentage of effectiveness when you don't actually hook up the wires to the client or the animal or whatever. I told him that I didn't understand that, because when I work subspace on people—I don't care if they're in Alaska or wherever they are—they're getting amazing results. And he said, "Well, it's your intention." And I really believe that we have that spark and that power of God within us and there are no limits. I see it with this device and being connected, like David said, with God, with the client. The device has its own energy and intelligence, and then mine too, and it just gets magnified and it goes out. Whether it's biofeedback or whether it's through our prayers or thoughts, it's unlimited. And that just makes me really excited inside.

DCL: Thank you. Okay, any other comments?

Participant 2: The whole business of specifics versus generality, when I pray I try to listen to the prompting of my Higher Self and try to be there. If you want to help somebody who's ill, especially if you know the person, you can see the person and you can be at their side. As far as helping people, when I was helping the people at the Whole Life Expo I tried to stand there and be with them. It was more the feeling of radiating my love to these people. And I think sometimes when you say all these words, it kind of gets you in your head. So I just wanted to ask if sometimes the heart can be even more powerful, with God working through you and surrendering to what God has in mind.

DCL: Absolutely. And to meditate in silence and learn how to transport consciousness and your light essence, or your light body, to any geographical

place is absolutely essential for aspiring adepts and alchemists. The reason we have photography, the spiritual reason we have it, is so that we can capture a moment in time and space and then we can relive the cherishment of that moment. And the greater use of that photographic image is that we can, at times, actually tangibly go to individuals or places in our light essence.

The experience at the booth with Saint Germain's great image there, the one we have in our sanctuary in a larger format, was very powerful. And now that you mention it, at times I could feel some of you projecting yourselves there and actually blooming the flow-field to a greater level, accelerating it and assisting in the actual work that was being done. I wish that we had been able to videotape every one of those sessions in which people received the *New Blue* and the violet waves because they were absolutely stupendous. Yet I can assure you that the energy of each of you who prayed for us, and some of you who utilized your gifts to actually go there in consciousness to assist us, was felt and it added to El Morya's and Saint Germain's ability to do wondrous works on behalf of these individuals. So this is one example.

All of our events that you all pray for are more successful because of your prayers, your intention, your love. And even if you can't go to everything, you can be there in spirit by your call, by your intention, by your love and affect the outcome in a very positive and meaningful way. Those of you who may not be able to come to the summer class or the pilgrimage or go to Sweden, et cetera, should learn how to project your consciousness, your light essence across the Earth. Use remote viewing. Ask your higher mentors and your Higher Self, your God Self, to engage in what they call remote viewing, in a spiritual way, to access geographically those points and to be there. We've heard of all these other people doing these things. Well, we are God-beings. We have the ability if we try. If you never try and you think it's too woo-woo, then you'll never gain the mastery. You have to start somewhere.

Participant 2: I'd like to share what I've experienced about getting the maximum effect out of our prayers. Sometimes people are in a desperate situation and they're praying, for instance, to Archangel Michael, and of course they may call for the will of God. They're desperately imploring him because they really need help. What I've found to be a moving experience and what has helped me understand this whole process is to also imagine, while I'm giving a prayer, that I am the being that I'm calling to. For instance if you're calling to Archangel Michael, then you are Archangel Michael. What would make you be there immediately? And in a flash you get the understanding of the entire

figure-eight flow between yourself and the answer to the prayer. It's a little bit of a mysterious thing, and if you try it, it's really wonderful.

DCL: Saint Germain says you can also be the person you're praying for. You actually become that person in a moment of timelessness and spacelessness. You become completely one with that person, and the healing that you are asking for for that individual is actually occurring within you. And through your resonance with that person, you are in kind of an affiliate mode, which is a filial mode, which is born of love and this feeling. To be filial requires feeling. And when you're in that mode, the healing can work itself through you on behalf of the person.

When I was at the booth, there was one individual who had some sort of a problem with one side of their body. And through the magic of whatever El Morya and Saint Germain were doing, I started leaning sideways a bit and I could feel the whole thing that was going on inside of that person within my own body. And as I then worked on seeing the light within me and the *New Blue* and *Violet Waves* working to correct this, gradually I could feel that being resolved and restored within me. And then the person actually said they could feel the light going into that part of their body and he or she was receiving relief.

We've seen situations in which healers have actually taken on the darkness, the energy, the pain, the disease. I recently saw a YouTube video with a lady who was a healer. She stretched herself out on behalf of another person and she got the entire disease, a crippling disease, and then people were horrified that she had it. She then worked with the light to unravel the situation within her body temple, and then she was back to normal. I'm trying to think if this was just a TV show or an actual experience. I think it was an actual healer that they videotaped this with. It was an amazing thing.

So you have to be careful with this, knowing that you are not the doer. When you are in the healing mode or asking for prayers with the understanding that God is the doer and that you can at times be a surrogate for the other, that can work. You always have to ask permission, though, to be a surrogate, because at times you will be denied the authority to act as a surrogate when it's not appropriate or when the will of God is not there in the situation. So you have to ask and then listen and obey. You can't just assume that you can always be a surrogate.

This is an interesting topic. Healing is something I think that many of us are desirous of being more involved in. And it will become more and more a part of our mission in The Hearts Center in coming years.



Darshan

Reluctance as a Block to Alchemy



Question 3: Beloved Saint Germain, I have sometimes held back from asking for something because I am concerned that I will get it. Can you comment on this sense of reluctance in utilizing alchemy?

DCL overshadowed by Saint Germain: What was the fear that resulted in the reluctance? The Master Omraam Mikhaël Aïvanhov says that sometimes if we are aiming for something and our goal is just to get this thing, once we get it, then what? We've got it and then there's no more striving because we got the thing. It's the process of going for our goal that is all-important. It's the energy of love we put into the effort that is crucial.

So if you ask for something and then you receive it, I see this as indicative of the fact that whatever you asked for was for the purpose of world service, planetary enlightenment or assistance. Being bodhisattvas, we are here for all life. Now, if you ask for something that you know you don't really require, maybe the fear is that when you get it you'll be utilizing it for selfish reasons. You have to assess for yourself why there is this reluctance. Maybe the reluctance is there because you don't really require what you are calling forth.

There can also be the fear of success. This is actually one of the biggest fears that we all have, that we know we are great spiritual beings and that once we fully clothe ourselves in light and become a Christed one, a Buddhic one, then what? Will we be criticized by people because we have this great light? Will we be crucified like Jesus was? Will we be thrown overboard by our loved ones? Will we be abandoned by those who don't understand us?

I think we have all experienced a certain level of abandonment by those who do not understand who we are as spiritual beings. It's a natural thing to

desire affection, encouragement, love, cherishment and to be valued and validated. It's part of our inner core to desire to be loved and appreciated. As well as loving other people, we desire to be loved, and there's nothing wrong with this inner desire. We just have to realize that this desire originates from God and that when we are loving and we love others and when we appreciate others and they appreciate us, it should always be for the purpose of validating the God within each other rather than just the human personality.

If you seem to have a reluctance to utilize alchemy, just observe your motives, because the motive itself will give you the key as to whether alchemy in that situation is really the highest form of divine science to be utilized. If there's a pause in your consciousness that results in this reluctance, then something, some voice is telling you to not go forward or not do it. You have to determine if that voice is God or if that voice is the dweller on the threshold preventing you from moving forward in your alchemy. And you and only you will know, by discernment and the discernment of the Holy Spirit, whether that voice is really God within you sharing that reluctance or whether it's something else. So that's the crux in this situation, discernment.

By having divine fellowship with the Holy Spirit, you will develop a greater ease in discerning, moment by moment, what the highest course for you is in any given situation. The more time you put in with the Holy Spirit, the more time you spend in communion with the Holy Spirit, the greater the ease with which you will know. And then these states of reluctance will fall away and you will simply move in the winds and the coursing of the Holy Spirit's inspiration to you, and you'll follow the lead of the Holy Spirit.

If you have a sense of reluctance, get to know the Holy Spirit, befriend the Maha Chohan, the representative of the Holy Spirit; and that Holy Spirit will provide all that you require all the time, in terms of guidance, support, love, fellowship and the deep encouragement to continue on with your path of light. We all require encouragement. In community we get it from each other, fortunately, because we love one another and we love to get to know each other and find out more about each other so we can be more encouraging when difficult or trying situations arise.

The Master is showing me that sometimes people are reluctant to ask for prayers when they've had crises, accidents, or whatever, because they feel a little bit embarrassed that they've had this accident, this problem, this situation. After all, they're a lightbearer and they shouldn't go through this. Please, let's all realize we're here for one another. We have all been in situations where we've made a mistake, we've regretted something we've done—we've put ourselves in a position of falling or hurting ourselves or chopping off

something, or whatever it is, right? We have to bare our souls to one another because we are a part of community. When we can get past the sense of embarrassment and just appreciate the love of our brothers and sisters and feel it, especially through our prayers for one another, then it's okay to say, "Yes, I realize I kind of blew it here. I made choices and blah blah blah."

Yet I love to receive your prayer requests and I love for others to receive them. It builds community. It builds the union of our hearts and souls and spirits when we can be there for one another energetically. So please don't feel reluctant to ask for prayers, because what greater gift do we have for one another than to pray for one another, to be there and to encourage one another and to send our love and energy? It's really important. And the next day you'll be there for someone else. One day people are there for you, and then when you're healthy, hale and hearty and whole, you can be there for someone else who's going through his or her challenge. And then one day someone passes on and ascends, and we are all jubilant.

We've had how many people ascend through this activity already? We could name them. There have probably been close to a dozen that we know of who have ascended since The Hearts Center activity began. It's amazing, it's wonderful. We are a growing, vibrant, spirit-charged community of light. And Saint Germain and the Maha Chohan are encouraging us to get rid of this reluctance, which is born of anxiety and fear, and move forward as intrepid, determined lovers of one another and of God within all life. And through that we conquer, we are victorious, we win.



Darshan

Alchemy Supports Opportunity



Question 4: Beloved Saint Germain, because of our past choices, life has brought each of us to our present life conditions, which afford us the best opportunities for spiritual progress. By applying alchemy on behalf of myself and others, thereby changing life conditions, would I cause myself or another to miss an important spiritual opportunity? I thank you for your answer.

DCL overshadowed by Saint Germain: When you bring God and the alchemical light of the Divine into any equation, it supports the already established dynamic of the learning experience that is essential for all of you to move through. In fact, it both supports it and helps complete it. It does not interfere at all, because within alchemy is the understanding of universal law, first and foremost, which is based on divine love. So alchemy is not a means to manipulate or change situations to avert karma or opportunities for learning; it always accentuates, completes, blesses and enhances. When you use the violet fire in any situation, it will bring forth the most magical, dynamic and beautiful in that situation to a point of fulfillment and completion.

Remember, the seventh ray is the last of the rainbow rays. It is the ray of completion and carries a higher type of harmony than just the fourth ray. So use the violet light liberally, the violet ray, the violet flame, because it will always enhance. It will always bring about a more noble and wonderful and magical conclusion to the situations that you are moving through. The violet fire blesses; it re-creates us in our original divine matrix, blueprint, and the magical matrix, he says, of our divine blueprint. When you become an alchemist in this sense, you're not trying to just magically avoid that which will bring pain or whatever. You enter divine magic in the circle of God's identity,

which wraps itself around you in this beautiful matrix of light and harmonizes everything in perfection.

The other aspect of the seventh ray of alchemy that is really powerful is joy. When the violet fire is added to any equation, it brings this bubbling action of effervescent transmutation that produces joy—violet-joy light, violet-joy waltz. The music of violet joy is the waltz. It naturally raises us and swirls around us and within us to help transmute karma, burden, suffering, pain, anguish, anything less than God-perfection.

Even though life has brought us to where we are, greater progress can be made with the use of the violet fire because it is intelligent energy of God invested in the freedom ray, or flame, to liberate us from that which we have accepted heretofore of unreality, of our living outside of God's divine circle of divine-identity.

The violet ray is our liberator from any sense, sense consciousness, of imperfection. It is the ray of forgiveness. Remember that in forgiveness there is the word *give*. So it is God's great gift of life and light to us.

Participant: Would applying alchemy, thereby changing life conditions, cause me or another to miss an important spiritual opportunity?"

DCL: No, because the violet fire will actually highlight spiritual opportunities. It will bring them to the fore. It will actually cause you to perceive them more clearly because you've wiped away the dross of unclear seeing to behold the opportunities at hand. Opportunity itself is an aspect of the violet light. So how could the violet alchemy as violet energy cause you to miss a spiritual opportunity? It's antithetical. Alchemy supports opportunity, and opportunity supports alchemy. They work hand in hand.



Darshan

The Heart App



Question 5: Is there any small, new alchemical tool that we can use as a marketing tool?

DCL overshadowed by Saint Germain: I'm going to get quiet for a while and see what he says. I'm seeing through Saint Germain's eyes that often the angels will tap us on the shoulder or attempt to get through to us to provide us a gift of consciousness or a little goad or something that will keep us tethered to our True Self, our higher reality, and assist us on our path.

In today's world we have smartphones that send us little signals when we get a text message, an email. They ring or buzz when we get a phone call. I'm seeing from the Master's vantage point a marketing tool that would be a little stimulator that could be sent through smartphones, which is what a lot of young people now have and what more and more people throughout the world are using for their communication through text messaging and phone calls and for internet access.

This little stimulator could have a little sound or a little vibration or both that would be a reminder to maintain or restore our connection with our Higher Self, with our heart. It could include a short, little quip or message that a master has dictated through me or a profound little something that some conscious individual has shared. Primarily we're talking about a marketing tool for The Hearts Center, as I understand it. We have quotes of the masters that could be leveraged in such a way as to stimulate people to either make this connection or reconnection, or maybe to remind them about an event, an upcoming Meru class, a Hearts Center Talk Radio show, a local event that's happening.

If we do this in a unique way, we could set a standard for something that has a vibration, a sound, a color and a message, all combined into one little widget. Text messages already exist, so maybe we could find a way to have that text message with color, with a five- or ten-second melody that's somehow added to it that people can hear. This is what I'm seeing from the Master. We could technologically create something that's a little different than what's already out there and that would be magical and a great little reminder. So that's what I'm seeing from the Master.

We could call it an app. It would be a specific app, a Hearts Center app, that we create and then market to the world. Embedded within it, as the stimulator, would be the vibration of love, the nexus, the carrier wave of the message, or the engram that we're trying to communicate. There are many products coming out now that are infused with a frequency. We would have to meditate together to create this app so that we are embedding the frequency of Christic/ Buddhist consciousness and divine love into the app itself. The app would have the carrier wave of heart-centered love, community love. It would be a powerful app that carries that frequency. We can choose to find that frequency.

There are products that my wife and I take that are produced in a room in which that frequency is going into water or some substance to embed the frequency within that substance. They do it for a specific amount of time, and they've done research to figure out how much time is required to embed the frequency within the substance so that it can be retained in a bottle for a certain number of months. So when you drink it, that frequency actually enters your body temple. We can do the same thing.

ML: That's called point of entrainment. I want to say something about what you were saying about creating that little widget through The Hearts Center. Seattle is a wireless city, and when I had a condo near there, before I moved away they were going wireless. So I'm sure they're totally wireless now.

They have a special thing that you can probably sign up for on your cell phone so that when you're walking along through the city, for instance, if you have a thing about shoes and you want to know when this pair of yellow shoes is on sale, if you're walking by a store, you'll get dinged or you'll get a text message saying, "Go into Maurice's—the shoes are on sale now." Or if you're getting on the ferry, you might notice up above the dock area that there's a message for you, someone has a message for you, and you might see the letters or words above there.

So for The Hearts Center, if this is entrained with a love frequency that everybody would love, you could do that sound or color or whatever David's talking about and have meetings set up all over Seattle: Hearts Center meeting at blah blah blah street for a particular workshop or whatever, and people would love it because it's charged with love. Just a thought.

DCL: Great. So we have to have a central place where we gather the data of all of our events—local events, everything that's happening—and then we can communicate what's going on at various times to anybody who desires this app. They would have a little stimulator that's charged with love to remind them about an opportunity. That's what I'm seeing. Okay.

Now, I'll be at the point where we decide to infuse it with the vibration. Saint Germain is saying, because you've asked, that he, along with the Lords of Love—and that includes a lot of different masters, including Paul the Venetian, all the sponsoring masters of The Hearts Center and Sanat Kumara himself—will be there to infuse the app with divine love. And we could even have a gathering here in the sanctuary with those who live locally for this alchemy. And we could broadcast it throughout the world when we're together co-creating this alchemical blessing of the app.

Participant 1: Something that crossed my mind is something that could also happen in a metropolitan place, where there are a lot of people, either on a pilgrimage or just any place where people live in a larger city. You've probably heard of a thing called a flash mob, where people are notified and they just show up. Of course, they have it planned ahead of time. They do these dances. You go in a train station and all of a sudden these people do this thing. And everybody, if they're at all open to spontaneity, they get the joy of that. I was just thinking, for instance, if you were on a pilgrimage in some city—you could be in Budapest or something—and if there's just a small group of people, you could say, "Meet at this park at 12 o'clock," and people would come together and do five minutes of whatever. It could be pretty amazing. Since this is immediately known to everybody, people don't have to plan ahead. It could be an interesting alchemy for the world.

DCL: Saint Germain is saying that we could call it the Heart App, if we desire—the Heart App. I don't know if anything like that exists yet. If people desire to learn about the heart or have their hearts stimulated, massaged, excited, activated, reactivated, you could just call it the Heart App.

Participant 2: I just wanted to very quickly comment that I think this all sounds very *apropos*.

DCL: All right. You're a proponent of apps, so you're apropos? Okay. Got it. Thank you, cosmic quipper. You must've been the captain of a quipper ship in the past.



Darshan

The Alchemy of Merging with the Masters



Question 6: When I am praying, decreeing, singing or meditating, I can feel myself merging with the cosmic essence of the master or masters that I am concentrating on. How can I increase this connection and my effectiveness as an instrument for change on the planet?

DCL overshadowed by Saint Germain: As we know, the masters are constantly evolving. Are we evolving at the same rate that they are? Probably not, because they are already ascended and living in eternity. However, when we merge with their essence, we're drawn into the fire of their being and the rate of their frequency and their evolutionary state of acceleration. It will take a while for you to attune to that master to the point that you can even somewhat match their frequency without, I won't say burdening them—slowing them down, so to speak.

So when you attune to a master or you're praying, decreeing, singing and you merge with the cosmic essence of the master, are you really merged with that essence to the point of being able to accelerate in consciousness to that one's level? Maybe, maybe not. You have to let go of your own preconceived way of doing this and ask to simply abide with the masters and assist them in what they are doing. You can't force it; it happens by magic, by your attunement and a call, or by acceptance. Once you're in that state of pure surrender and acceptance, they will move you to the state where you can be a greater resource for planetary transformational change.

The key to the alchemy in this situation is that the master already knows what he or she desires to do to help transform the Earth and is already invested in that work. You just have to attempt to rise and accept that you are

in the same mode of vibration and frequency that they are in in order to assist them in their work. It's really their work that you're more invested in than just your work at that moment if you truly desire to merge with them for transformational change on the planet.

I think sometimes people imagine the masters and think that just imagining them brings them into focalization within their world. I can assure you that most of the masters are so far beyond the vibration that most of us live in in 3-D that just by imagining them we're not really living at that level, at least not yet. It will take greater work and surrender and beingness to actually be able to sustain an accelerated consciousness to perceive a master and to live in that one's state of vibration. You have to start somewhere, and so do it. Go for it.

I see from their perspective that simply offering oneself to God in this endeavor and then letting go and letting God do the work is the greatest and most effective means of planetary transformational change. You aren't the doer; God is the doer. Allow God to do that work, and don't try to unduly influence it by your own mind, your own mental concepts, or by what you mentally perceive as your state of adeptship.

The minds of the masters are cosmic minds; they are Solar minds. They emanate pure light and love. Their crystal-light starry beings are more than we can even imagine. It's almost as if you have to enter the sun or a star in consciousness to feel what that star is, what that God-essence is in order to then perceive at that level, emanate at that level and assist the master at that level. To enter a sun or a star requires a high level of courage, an undaunted and intrepid spirit that is absolutely fearless. So the portal to this state of beingness is absolute fearlessness. It's being at the tip of the spear and not caring what will become of you in your new fiery state of pure beingness and pure light. You have no concern for your individuality at that point; you simply merge with the allness of God in the creation.

This is described in the book *The Impersonal Self*,²² which I was reading from the other day. In that book it shares that you basically have to completely give up your human self. God has led you to where you are now. The act of cosmic surrender is all-important at that level of pure beingness. If you try to retain any aspect of your human personality, you cannot stay there, you cannot retain that level of God-consciousness. So you have to divest yourself of the personality at that point and realize that you are pure energy, like pure air, pure fire, pure ether. There's nothing of yourself in that equation, only the God-essence that is the spirit-spark of your True Self, and that's all.

Now, once you're able to sustain this through a practice of many months and years to the point that you can actually merge with the master and his or her essence, then that one will download to your Higher Mind, your Buddhist Mind, thoughtforms, engrams and ways in which you can stream light through the core of your being to the Earth. As I'm seeing it from their perspective, you just clear yourself out so that you become a vessel for streaming light. And the greater the light that you stream, or that you heartstream, the greater the action of spiritual uplift that will occur in the Earth.

If I could liken this for a moment to receiving a HeartStream from the masters, what I've done for many years is to work to clear myself so that I can feel the energy of the master pouring through all of my chakras, especially my heart chakra. Just talking about it now I can feel it through my crown and all of my chakras all at once. If you can feel and sustain the light currents, the vibrations, the frequencies for more extended periods of time through what I would call the raised kundalini, where the fire is fully revolving and blazing through your crown chakra because you've raised that kundalini, then you literally become a sun. Then what you, on behalf of the master whom you're merged with, stream forth to the Earth becomes pure, undefiled, enriching, enlivening, cosmically stimulating to all lifestreams. It becomes an impersonal blessing to all life on Earth. You literally become a Sun Presence. This is the purpose of El Morya's advanced aura book, for us to learn to become emanators of pure love and light.

So, attempt to go through your day envisioning yourself, feeling yourself as a sun and as a sun being. And then, in ways both personal and impersonal, share that love with others whom you interact with and feel the greater action that's occurring on a universal level as your light essence is utilized by the master to do whatever work the Great White Brotherhood desires to be done through any of their emissaries on the Earth, through any of their councils, any of their initiatives, their plans, their works. You can support each of the chohans; you can support your personal master; you can support any divine being by simply being in your Solar essence, as fully charged as possible and maintaining that charge through your attention upon your God Presence.

At night when you retire, let it all go. Don't try to keep that fire burning at that level, because it could literally almost burn you up so that you can't sleep. You have to at that point put the blinders on yourself and turn off the torch. You know in those X-Men movies, there's the one guy that's the torch. He becomes a fire. Well, he can't sustain that 24/7—fire on, fire off. He has to kind of calm that fire; otherwise he'd burn himself out completely over time. So nighttime is the quiescent time and state when you just let everything go—

go within, turn off the light and abide in the eternal Presence of the Divine Mother in that quiescent state. And then in the morning, you turn on the light again. Now, it doesn't mean you become lifeless, lightless, of course. It just means that that's the time when you can recharge your internal batteries so that when you plug into the socket again during the day, you can do your work and do it effectively for the Great White Brotherhood.

Participant 1: How can I increase this connection?

DCL: I think that within the answer already given, you can discern the answer to that. I would say it's most important to sustain the connection through the means that the Master has just shared, because once you're connected, you don't have to increase the connection. The amperage increases when the connection is sustained and you're plugged into God. However, just like office equipment, we sometimes have to unplug. At night we unplug some of our equipment because otherwise there would be a constant amperage flowing through the circuitry which eventually causes greater wear and tear and a fragility to the equipment. After events in which I've been receiving many dictations, even though I'm supercharged, I have to be still, go in nature or rest, not because I'm drained—I'm not drained. You can't have the amperage flowing through your body all the time because it would burn you up. I hope that answer helps.

Participant 2: I'd like to offer one really quick thing because I've pondered this question myself a great deal. One of the main things that could possibly get in the way of you sustaining the contact, like you said, is the monkey mind. The way to improve this flow is to shut down the monkey mind and then, like you said, as you can continue to sustain that connection, the amperage just keeps on increasing as you can hold it. So that's one answer to that, I would say.

DCL: Great.



Alchemical Formula #5

Reflect on the Divine Within



To ascend to the highest heights of God-consciousness, to access one's Solar awareness, it is essential to first fathom from within the innermost regions of one's being the divine currents of light and love. For the alchemist, maintaining a practice of reflecting on the Divine within allows him to further the cause of planetary freedom within the greater laboratory of the world at large. Echoing the sentiments of godliness through mindfulness and heart-centeredness, the initiate accepts each holy virtue as already blossoming within, as fully resident and radiantly manifesting within the soul.

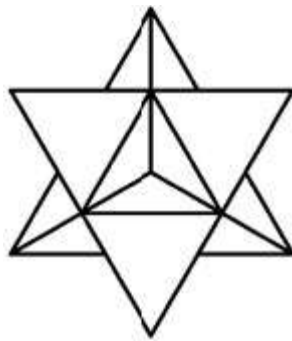
For a time, it is incumbent upon disciples to work primarily in the mode of transmutation, for the purging fires of the Holy Spirit are invoked and sustained within the aura to burn up the previously accepted shadowy substances resulting from egoic living. In the later stages of this process, a simultaneous practice of embracing every divine quality and every nuance of holiness is required. Where unreality has been consumed by love's fire, a more subtle flame now instills and nurtures a new sense of one's blessed oneness with the Source. Within the silence of soulfulness, accessed through inner stillness, the final apotheosis occurs.

Many of you who incarnated in the West and were brought up in various Christian traditions, devoid of the teaching that you are already one with God, have left orthodoxy to investigate the mystical traditions of both East and West. For you have felt the new energies of Spirit moving within, goading you toward full Self-realization. You could no longer accept the rationale of separation and the catechisms of sin, hell and damnation, themselves damnable false teachings of a now archaic mind-set.

To the initiate, it is counterintuitive that the Lord Jesus himself would have condoned the fundamentalist view that sets him apart from the rest of humanity as a spiritual narcissist, the only son of God.

The advanced alchemist derives his own audacity to also claim his sonship to the Divine from Genesis, which seems to be overlooked by the Bible thumpers of this Kali Yuga. Hold to the high ideal of your divinity, already Self-realized within the spirit-spark of the One resident within your heart.

Fan this flame daily through meditation upon the Sun and the creative fires of Spirit moving through your being as you breathe in the essences of truth and freedom from the Great Alchemist. Each self-reflection session becomes an anointing and a blessing to yourself as well as to all those with whom you interact within your spirited life. The joy of the Lord shines within as you model the Renaissance man or woman, bold in declaring your divinity while humble in the gnosis of this oneness.



I suggest using sacred geometric shapes and symbols while reflecting on your union with the Creator, for this affords an opportunity for the crystallization of light to occur in patterns of perfection and forms of your flowering Buddhahood. During your study of this series, focus on embracing the dynamism of the star tetrahedron within your third eye, seeing its facets and angles reflecting the faculties of perfect vision for crystal clarity in your inner and outer sight.

Keep a journal, and record the insights that come to you during these sessions. You may be amazed at the wisdom God has already planted within your inner garden of delight. Now also imagine and feel my Presence in your midst. For I will come tangibly to the willing, to the childlike virtuous ones who prefer this time of sacred communion to the many outer distractions of twenty-first-century life. I will work with your Oversoul to inculcate within a new sense of buoyancy, a new feeling of levity in divine love. I am instilling conceptions and ideations of your inner beauty and glory, displacing what may

yet remain as projections from others or your not-self within your subconscious mind. Angels of Lord Zadkiel and Holy Amethyst will also help in this alchemical work of the etherealization of your being in pure light.

Ever yours in the resurrection of the Divine image within, I AM Saint Germain.

DCL overshadowed by Saint Germain: I would like to go back now and focus on some of the elements of this HeartStream. And, of course, if you have any questions regarding it or insights that were meaningful to you, feel free to chat with us or simply raise your hand here to share.

Again, this is titled “Reflect on the Divine Within.” I think that word *reflect* has a double meaning, meaning to be mindful and to enter into that mindful state of silence so that you can conceptualize, think and feel together. And then by reflecting on the Divine within, you’re always in the mode of the expression or proactive aspect of reflecting, which is to mirror God’s light and love through your life.

Again, he says, “To ascend to the highest heights of God-consciousness, to access one’s Solar awareness, it is essential to first fathom from within the innermost regions of one’s being the divine currents of light and love.” Pretty simple to understand, I believe. “For the alchemist, maintaining a practice of reflecting on the Divine within allows him to further the cause of planetary freedom.” The Master asks us, why would the alchemist’s maintaining of this practice of reflecting on the Divine within also further the cause of planetary freedom? What is it that engages a greater activity on behalf of mankind when we are working within ourselves?

Participant 1: In my understanding, in order to reflect the Divine within it is necessary to still your aura and be that reflecting light of the causal body, the light that is so near to you. And since you are connected, as we were taught yesterday, by the flower of life, by stilling your aura you can connect with all the other auras on the planet and create greater stillness and freedom in their auras as well. I think because everyone is connected, everything that we do, even if it’s an inner initiation that we pass, raises everyone because we’re all one.

DCL: Great. When we come to those points of a major shift within our being, because of the power of our auric fields, because of all the spiritual work we’ve done in this and past lives, and especially because we have engaged in the dynamic decrees, the fiats and the moving of energy through our beings

in an accelerated way, it does count and is maximized on behalf of others. We know we have the power of Lord Maitreya's ten thousand-times-ten thousand, that our decrees are multiplied by that factor. So because many of us have been decreeing for years, sometimes decades—in my case forty years, which is true for many of you too—the momentum is there. And that momentum—born of consistency, constancy and righteousness, which is the right use of God's energies flowing through us—is magnified on behalf of those whom we serve, because when we invoke the light, we become a sun center and the negativity of the world is drawn into our heart chakras for transmutation. We set up that dynamic.

You can't go a day without doing your spiritual work, because you feel heavy if you do. You know that feeling. I think all of you have experienced that. So you have to keep up the momentum, and once that momentum is established and maintained, you become like a divine juggernaut rolling down the hill. In this case, you're going up, of course, and that momentum counts in your relationship with all life on Earth. Some of you can literally hold the balance for hundreds and thousands of souls on the Earth through the momentum that you've outpictured in your causal body and in your saintliness. We've been told that some of us have been saints in past lives, and we bring that momentum of our spiritual work into play in the present moment and then it is magnified. Saint Germain says that there are actually angels of magnification.

So this word *reflect* is important because the reflection through the mirror of our consciousness does allow for a certain magnification of light. It's like focusing many mirrors toward one point and then that one point gets the real fire of the solar energy. You may have seen these types of systems set up, for instance, in the desert, where they can literally focus a lot of solar energy in one point. And, of course, the masters do this in our sessions. They take the energies of all of our collective frequencies and focalize them toward the purpose of that session. So this magnification factor is really important, and it's something that I think we'll discover more when we move into our ascended mastership and we can see what has actually been occurring through the power of decrees, the science of the spoken word and our collective consciousness in these sessions.

The Master says that for a time we're focusing more on the transmutation of our unreality, things that we've allowed to remain within our subconscious, the shadowy substances from egoic living. And then later there is the process of a simultaneous embracing of every divine quality. Those are going on concurrently and we do require both. You can't always be only in the mode of

transmutation, because what happens when you transmute? Well, that substance that's transmuted accrues to your causal body and you utilize it for God-good, and it becomes virtuous energy for you to have and use in your alchemies. It's like the substance that we talked about before, the fuel that feeds the fire in the combustion.

At a certain point, and this is augmenting what he shared here, the transmutation fans out to the whole world and becomes a blessing to all mankind rather than just to you. The transmutation becomes planetary transmutation. It moves into a level of being on a cosmic scale, and then you really have the fire flowing through you to the point that you cannot turn against that light. Otherwise you would be consumed because of the momentum that you've established.

Mother shared a few times that when people who have been on the path for a certain amount of time suddenly leave it, it's like they turn inside out and all their darkness comes out. You have to stay on the path. Once you've put your foot on the path, you cannot turn against the light. It's antithetical to the way of the Great White Brotherhood. So keeping on keeping on is important.

Saint Germain uses the word *apotheosis* at the end of the second paragraph. In the Capitol building in Washington, D.C., there is a fantastic artist's rendition called the *Apotheosis of Washington*, in which George Washington is portrayed as a Christly figure. An apotheosis is when you become God, fully godly or fully Self-realized in your Godhood. You are literally transformed or changed into a God. *Theos*, of course, means God in Greek. We can read the definition of *apotheosis* from a dictionary or Wikipedia a little later or if you can find it right now, we'll wait, to give you the exact definition.

Participant 2: Wikipedia defines it as “the glorification of a subject to divine level. The term has meanings in theology, where it refers to a belief, and in art, where it refers to a genre.”

DCL: When we went to Winnipeg during our summer conference we visited that wonderful architectural wonder. What was the building—the capitol building in Winnipeg? It was very consciously built by many Masons and designed with amazing symbols and keys within those symbols. The guide that took us on that tour told us about the *Apotheosis*, because I think that image was also in the rotunda of that capitol dome, which we could see right above us.

Saint Germain says that many of us who incarnated in the West were brought up in various Christian traditions. I think we've all moved past that

sense of sin, right? We wouldn't be here if we had fully embraced the idea that we either go to heaven or hell forever. It's a false teaching, just totally nonsensical. It never made sense to me as a child that God, in God's infinite wisdom, mercy and love, would condemn one of his creations for all eternity to the fire of hell. It's a damnable false teaching, as Saint Germain says here. Jesus never claimed to be the only son of God. How could he? True sons of God know that there are others who go before them who are their mentors in Spirit and that there will be some who come after them. Jesus himself said, "Greater works than these shall he do because I go unto my Father."²³ And in the New Testament it also says, "Now are we the sons of God."²⁴ Christianity today has become, unfortunately, not what Jesus desired it to be.

"Hold to the high ideal of your divinity, already Self-realized within the spirit-spark of the One resident within your heart."

DCL: I believe this is one of the most difficult things for the humble initiates that we are to fully embrace. It's daunting to feel that we are already divine, fully embodied in this divinity, because we know of our human imperfections, our seeming human limitations, our aches and pains as we grow older, or whatever. To maintain that state of feeling our divinity and knowing that we are already Self-realized, and to access our Buddhahood, our divine nature, is a practice that is a lifelong learning experience. It can only be mastered by a series of practices whereby we refine the aspects of our own awareness of who God is within us to the point that we can embrace that godliness in humility without being narcissistic, without being too demonstrative.

Many of us, by virtue of our true humility, would rather highlight the divine light shining within others because we have grown up seeking to be last or unheralded. We don't desire the limelight; we don't desire human glory. So to actually live in that glory and to learn how to be expressive of the God Self fully in our being is a craft, an art and a science that is imperative that we as true sons and daughters of God reach into to understand and to model for others, because we are the avant-garde for this age in many respects, and what we master now is important on behalf of those who are coming after us.

"The joy of the Lord shines within as you model the Renaissance man or woman, bold in declaring your divinity while humble in the gnosis of this oneness."

DCL: It's the perfect balance; it's the perfect Tai Chi—being bold and humble simultaneously. This is when the Master suggests using the sacred geometric shape, the symbol of the star tetrahedron. If you have previously meditated on this image and gained some insights into how important it is as a symbol of who we are, feel free to share.

Participant 3: It's also known as a *merkabah*, and there's a huge amount of information on the symbology. Whole alphabets came out of the *merkabah*. You know about the Jewish sephirot? They're all in there. I think it's also supposed to represent perfected man. It's a perfect balance of Alpha and Omega in unity, not duality, for me anyway. That's what I see.

DCL: Great. Years ago Saint Germain gave us the symbol of the “as Above, so below” interlaced triangles. This is a multidimensional interlaced triangle, not just 2-D. It's really 3-D. (David holds one.) I'm feeling as I'm holding it access into a higher portal of beingness. Just by holding it to my heart, holding it in my palm—you can hold it to your third eye—I feel an activation of my chakras. What I'm seeing from Saint Germain is that it includes the essence of all of the chakras. This emerald-colored one would be good for healing, especially good for the thymus area and also for projects. You can have it sitting on your desk and meditate on it as you're doing alchemy and see what comes as inspiration directly from the masters.

Participant 4: The *merkabah* is your spiritual light body. You activate it through pranic breathing in a certain sequence. It pops out of your heart, and you as a being are enclosed in this star. You are this star and you can travel through systems of worlds through it.

DCL: Absolutely. It is the shape, if you would, of what used to be called the deathless Solar body, which is the eternal Solar body that we weave over lifetimes of spiritual work. And when you reach a certain point of the transfiguration, Saint Germain is saying, that is when the star tetrahedron really takes hold of you and you live within your *merkabah* and you use that *merkabah* as a vehicle in meditation to travel, to basically bilocate, if you desire and if it's required for your work. You can visit other planets, as Anastasia talked about in the Ringing Cedars books. You can go to any place or time through this dimensionless portal that the *merkabah* accesses, because it is a divine symbol and in its geometric matrix it facilitates time travel, space travel. So for you scientists and Star Trekkies, it's a pretty cool thing to have in your tool kit.



Alchemical Formula #6

Nurture Your Heart and Soul

Saint Germain Delivers the New Violet Wave Frequency



Nurturing your own heart and soul, as well as that of others and of the world, is a sacred work of the ages. To mother one's own spirit requires a sensitivity borne of understanding and a caring borne of compassion. Garnering these loving intentions and then activating them by being charitable to oneself by honoring the light of God vouchsafed to your heart and soul is vital for one's health and life.

When you are clear because of a reasonable love of yourself, balance is maintained and you can give your best to others in your alchemical works. Unhealthy attitudes or habits create momentums that limit your ability to shine forth your true essence and serve with your highest offering to life. Enlightened self-interest, focus on your inner being, and planned times of silent meditation, reflection, journaling and regular exercise give rise to a happier existence upon an often challenging planet.

The advanced alchemist lives a balanced life in a state of beingness, harmonizing his outer responsibilities with the ongoing inner dynamics that ultimately result in his full Self-realization.

DCL: This sounds like practical spirituality: "harmonizing his outer responsibilities with the ongoing inner dynamics that result in his full Self-realization."

SG: Practical spirituality is the order of the day and the requirement of every hour. Self-mastery manifests through graciousness, first toward the Source, then toward the source of love within, and finally toward the wellspring of love within all life. Actually, all of these occur simultaneously, for how we act toward one we act toward ourselves and toward the Divine, as all are one.

Investing an increasing focus of one's awareness toward the inner life is natural as one fulfills one's outer obligations to one's family and community. Knowing that this can actually be done throughout one's entire life and does not have to wait until one's elder years allows for a more resplendent and radiant life through every phase of one's growth and development.

DCL: I've reflected on this truth. Many people say, "One day I'll be spiritual—after I raise my kids and blah, blah, blah." Well, the master Omraam says you don't have to wait till you're forty, fifty or sixty to enter the true spiritual time of your life; you can do this throughout your whole life. And if you wait, then you're going to wait too long, because there's always going to be some excuse, right?

SG: Spiritual education of our progeny begins before birth, and even before conception, through a determined focus on the divine within what we seek to create. Likewise, a loving attitude toward ourselves as we nurture our own process of becoming, the accepting of who we already are as beautiful and perfect, enhances our natural expression of our True Self.

The vagaries of life that occur through the outplaying of past karmic patterns returning for resolution may seem burdensome, yet we have chosen our path and planned our lives in order to overcome all and win our ascension through oneness with our Source.

Through a positive and joyful attitude toward ourselves, we facilitate an easier and more fun-filled experience and can lead virtuous lives without excess drama, anxiety or suffering. Our struggles end when love is present. Our initiations become opportunities to rediscover who we are when we choose happiness within and respond to all with loving-kindness.

DCL: Saint Germain has said in the past, "The sense of struggle makes the struggle." My wife has shared with me that she chooses to experience her initiations and challenges with joy. She chooses to move through life in a joyous way rather than with a sense of struggle, anxiety, pressure, tension,

stress. So, if we have the right attitude and we choose this way, everything does move through us with grace, positivity and light-love.

SG: Studying the lives of those who have nurtured humanity with and through their victorious spirit and loving talents affords us insights into our own being and how we can access similar inner strengths. Behind every avatar or world teacher were true and loving parents or a wise mentor or both. Finding one's true master or enlightened guide is key to navigating the testy rapids of life, even for the intrepid and daring initiates of the Spirit.

DCL: King Arthur had Merlin. Jesus had all of his mentors in the Far East, including Lord Maitreya. Joan of Arc had Archangel Michael, the voice that she heard and listened to and obeyed as well as a few other saints that she spoke of.

SG: To focus on developing one's soul faculties is essential, for intuition is key in accepting our Higher Selfhood. Using I AM affirmations to claim the true elements of our godhood in the present moment reinforces the divine virtues and sacred gifts that already exist within our souls and causal bodies. Since we are made in God's image and likeness,²⁵ reaffirming this daily and hourly nurtures our true state of being as already fulfilled and ever-present.

DCL: I'm sensing that many of you already know all this and may be wondering why the master is telling us this, because this doesn't sound like advanced alchemy. However, how many of you have fully mastered all of what he is saying throughout every moment of your lives? I can assure you, it's incumbent upon us to re-hear these basic teachings, maybe to prepare for the next teaching.

SG: The magic of a life lived to the glory of God is the right of every son and daughter of the One. A radiant, happy and enjoyable experience upon Earth is available to all who desire to engage their hearts and minds and playfully work to know themselves.

Children of the Sun are reawakening to who they already are and being quickened by the Spirit to remember, honor and then outpicture their divine estate. The new wave of solar awareness is washing upon the shores of humanity's greater soul consciousness and bringing new joy into play in many lives.

DCL: Saint Germain would like me to stand now and deliver the *New Violet Wave* to all of you in this course, and then he'll conclude this HeartStream. And the reason is that when we have fully modeled this life through all of what he just shared, we are ready for the next level of initiation.

I'm going to stand now. The delivery of this *New Violet Wave* frequency is going directly to your soul—from the master's being to your Oversoul and then right within you. For some this could help with some long-established patterns and momentums that you desire to rid yourself of. For some it could help you in your alchemy—and it will help everyone in their alchemy, I can assure you.

For some it will maybe result in healing at the soul level, which can then be objectified and then outpictured even in your body temple. And for some it will be simply an investment deep within you of a resource, a pool of light and divine love that will find concourse within and through your life as you self-discover the elements of it in coming days, weeks, months and years.

As I'm delivering this frequency, he's asking us to play music that is the keynote of the retreat of the Grand Teton. The music is "Song of the Evening Star," from the opera *Tannhauser*, by Wagner. [The recording plays while the *New Violet Wave* frequency is delivered to those participating in person, by simulcast, and via the broadcast.]

DCL: I'll repeat this sentence before I finish the HeartStream: "The new wave of solar awareness is washing upon the shores of humanity's greater soul consciousness and bringing new joy into play in many lives."

SG: Although the statement "Don't worry; be happy" may seem a bit simplistic and trite, there is wisdom in retaining a childlike spirit of inner joy as we move through our initiatic path. In order to not sweat the small stuff, maybe we shouldn't sweat the big stuff either. Solar radiance flows with ease and grace to those who are themselves filled with the inner radiance of joy through a positive and loving attitude.

Honor yourself in some way each day by giving your soul what it requires by nourishing it in whatever way is meaningful to you. For many, a gentle walk in nature brings them to stillness and inner peace. Inspirational poems, stories, movies or discussions with heart-friends lend momentums of light-energy to see us through our own trying times or dark nights.

Blessing you in a spirit of radiant violet joy-love, I AM

Saint Germain



Alchemical Formula #7

Enjoy Your Presence in the Present



A reverential and joyful attitude toward and reliance upon your Divine Presence is essential in accessing alchemy's powerful forces for positive change. Enjoy your Presence in the present moment of your life. Avoid thinking or feeling that your desired results, like God, are outside of you. Gently bring them to you by your focused attention. Graciously accept them as already fulfilled and a natural reality and blessing to you in your life.

Continuously dwelling on not yet having your alchemical desires or goals manifest empowers this conception by your thought. Showing conscious appreciation and offering gratitude for what one already has sets in motion the love vibration and heart-centered frequencies essential for the precipitation of every good and perfect gift.²⁶ Enjoying the spiritual fruits that your Divine Self has already bequeathed to you on your tree of life allows more to grow upon its branches.

Praising God for and counting your many blessings, even amidst your challenges, highlights them instead of that which at times you have given power to that is less than perfect and whole within. There is no greater moment than Now. There is no more opportune time to act and to be than the present. Beingness without the fruit of action is quiescent passivity, which leads to lack. Likewise, work without attention upon your Presence in the background of your consciousness often leads to despair. Beingness brought into your active lives energizes your dharma with your Source's effulgent light-qualities and the mystical elements beyond thought that allow heaven's greatest gifts to materialize for your conscious, loving work.

Every moment of your investment in your spiritual path is a seeding of the eternal within the ephemeral and brings more of heaven to earth. The

optimization of the resources you already have stirs the ethers and causes divine muses to open their fresh cornucopias to you. Every grace is available so long as you prove to heaven that you will use it righteously once you acquire it. In fact, it is latent within already and simply requires the sunshine of your heart to catalyze it into action in your conscious life.

Every poet, composer and artist strives to be a creator. When one works with the Divine One, co-creation results in impeccable and radiant expressions worthy of approbation. Creating without the light of God flowing through you—heart, mind and soul—results in adding to the temporal landscape of maya and illusion. The advanced alchemist as a co-creator always ascends to the invisible mentor, who lovingly guides his collaborative work with alacrity and maintains a circle of sanctity around its manifestation.

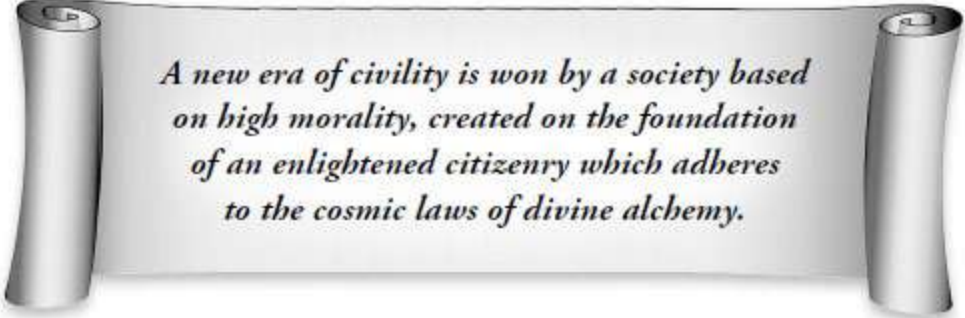
It is better to precipitate a single crystal flower of beauty born of love than a garden grotesque due to erratic and imperfect thoughts and feelings. Even as the Elohim witnessed their creation and proclaimed it as good, so the advanced alchemist may lovingly dote upon what the Source has inspired upon and within him so long as the glory is given to God and honor bestowed as recognition for its true origin. If the alchemist regresses into an awareness of me and mine rather than thee and thine, the created work will begin to self-destruct. The sublime retains its essence through our loving affection of Providence and our reverent attitude that allows us to maintain our oneness as co-creators.

Our alchemical enterprises are birthed with a thrust, mature in truth, and are complete as a trust that provides future generations to be served from the fruits of our divine labors. Businesses that serve a greater community of hearts and entrepreneurs who tithe in a multitude of ways expand because they are following the cosmic laws of flow—give and receive, receive and give, give and receive.

Cooperatives that compensate employees well, based on the golden-rule principles of gracious giving, are the model enterprises of the future which are ready for co-creation now. What one enjoys, all may enjoy when harmony prevails and ethical standards are lived and modeled by true servant leadership, which follows the example of the Good Shepherd. A new era of civility is won by a society based on high morality, created on the foundation of an enlightened citizenry that adheres to the cosmic laws of divine alchemy.

The Holy City is expanding even now through the work of the ascending ones who have mastered the science of love through mindful and heart-centered lives. May your alchemical self-discoveries co-create a new world of beauty and grace.

I AM *Sanctus Germanus*.

A horizontal scroll with a light gray background and a darker gray border. The scroll is unrolled in the center, with the ends rolled up into cylindrical shapes. The text is written in a black, italicized serif font.

*A new era of civility is won by a society based
on high morality, created on the foundation
of an enlightened citizenry which adheres
to the cosmic laws of divine alchemy.*

Illustrations

by David Keil

15 illustrations

of the Divine Science of Alchemy

that Saint Germain

commissioned the artist David Keil

to create for this book.

Learn more about the artist

in “About the Illustrator”

at the end of the book.

Alchemy







*Angel of Forgiveness
and Transmutation*



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Divine Magic



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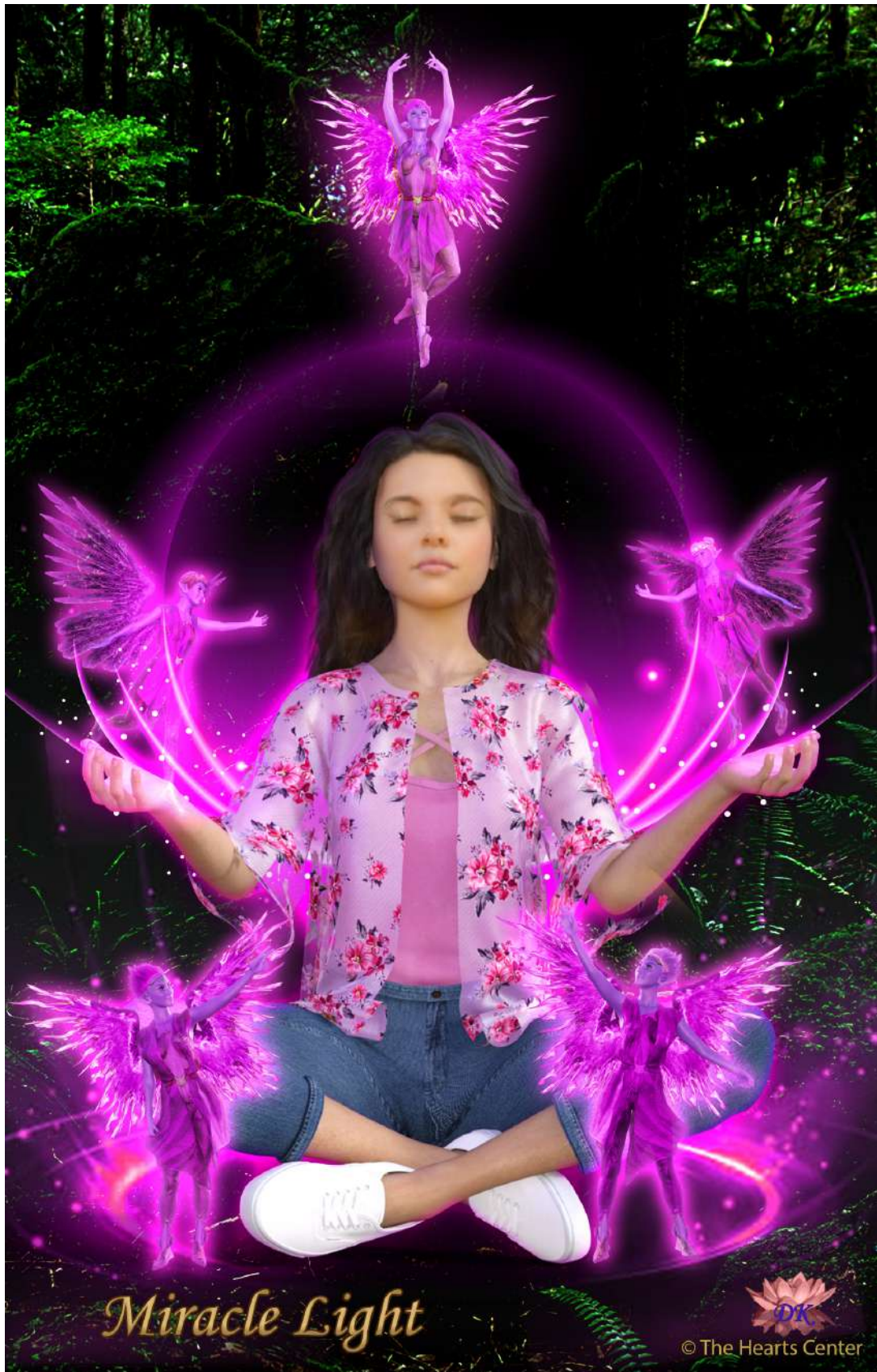




Merciful Service





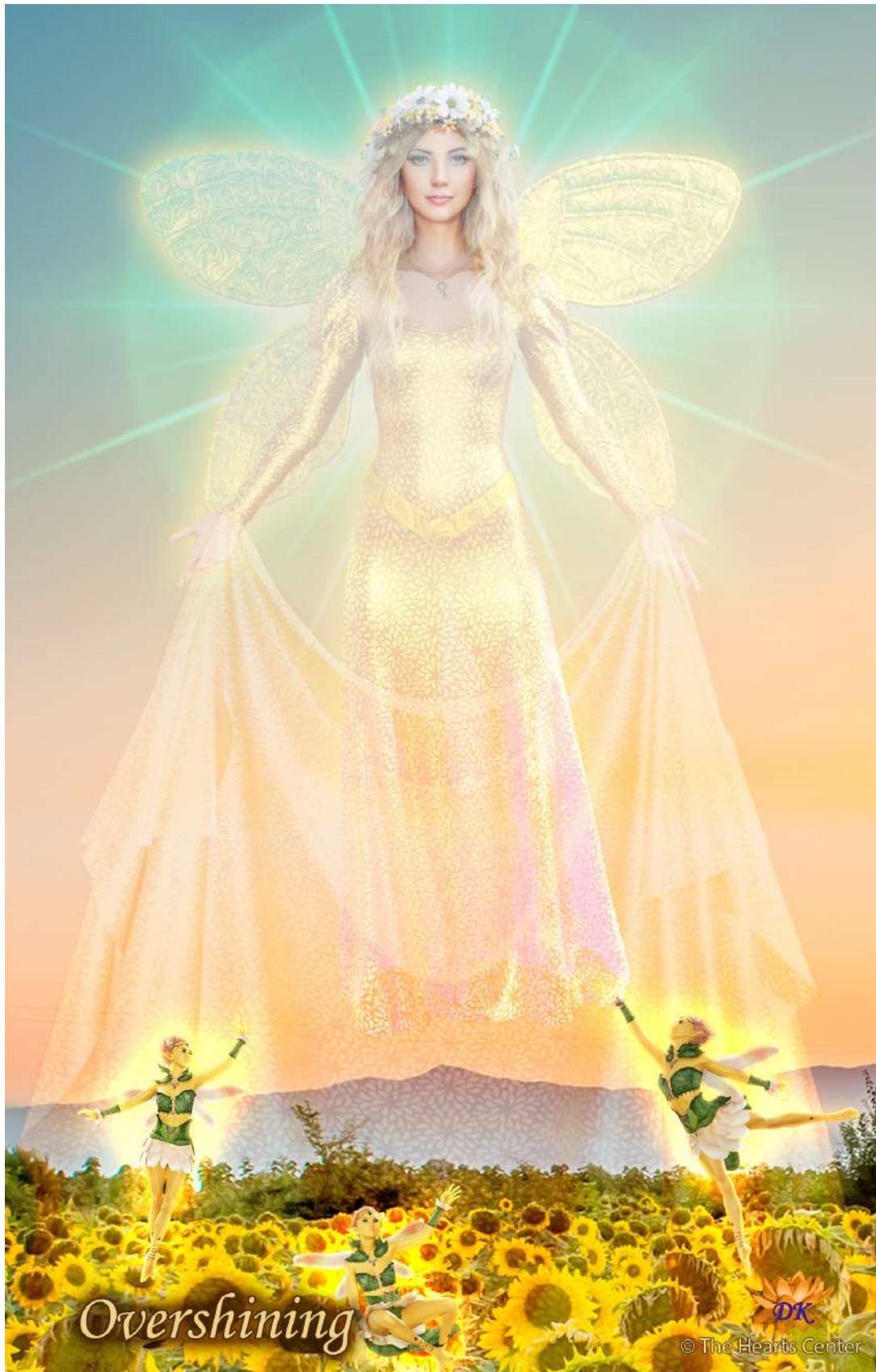


Miracle Light



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Overshining

OK

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Radical Forgiveness



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Sacred Geometry



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Transformation



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Unity Field of Beingness



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Violet Flame



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Saint Germain Poses a Darshan Question

Alchemical Enterprises Are Birthed with a Thrust, Mature in Truth, and Are Complete as a Trust for Future Generations

Key Components in Creative Work That Benefits All Life



Saint Germain: What have been the key components for you in following through in any work to its conclusion, its flowering, its glorification on behalf of humanity?

DCL: Anyone can share. What have been some of the key markers, the key components of your creative work that have resulted in the fruition of it, the conclusion of it in a victorious way, so that it can be a blessing to humanity? That's another way of saying it. In other words, it's not just something that has benefited you alone, it's something that has benefited all life.

Participant 1: I start by making a commitment that is very short: "I will." Before I say that, I already feel a passion and a desire. I consciously capture that desire and passion before I say "I will," because after I say "I will" the doubting thoughts usually come around. So then I go consciously back to that capture to enfire that desire and that passion again. It keeps me going. When I say "I will," I will, so I keep going and keep going. And I do have the faith that it will come to fruition. Usually I capture the energy field of the outcome of a project. Sometimes I have no clue what the energy field looks like, and yet I know how it feels, and that is what I keep in my vision and in my mind until I

reach that point. And I am determined that I will finish this. That, in short, is the process from A to Z.

DCL: Thank you. There is a lot that happens in that process of all the steps and stages. You have captured two absolutely key components: “I will,” making the vow, the statement to the universe. And then being diligent enough to keep on keeping on even when you have some doubts. You also mentioned faith, which I see as one of your highest virtues. You have the faith coupled with the will and the drive, the determination, to see things through to the end. In the second alchemical formula, Persistence, or Persist On, we could have said perseverance and determination, too. They are a part of it.

You also mentioned holding the energy field of the conclusion of the project, and that even if you didn’t know what it looks like, you could feel it. That is the energy field of it. *Field* and *feel* are almost the same word. We have to feel the energy field and then we field it through our work and it becomes active. Wonderful. Thank you.

Participant 2: In my work in graphics, I begin most projects by meeting with somebody and deciding what the project is going to be. I head into the project feeling that this is going to be really great. And even though I have done a hundred or a thousand of these projects before, fifty things will happen that were not part of the plan. It’s not as if I’ve never been through it before, and yet I don’t think at all about problems that could arise.

I laugh at myself and think my middle name should have been Pollyanna, because I go through every project thinking that it will be great even though most of the time it really isn’t that great when I’m in the middle of it. I just keep going, keep persisting, and I work through it to the end keeping a positive attitude and holding the immaculate concept for the project. And eventually it does work out. I think some sort of higher forgetfulness comes upon me, because I don’t ever sit around thinking about all that could go wrong or recalling that the last time I did something similar five things went wrong. I just let those go past me and I focus on the positive.

DCL: Thank you. Focus on the positive. That is a key.

Participant 3: According to numerology, there are three letters that indicate persistence, determination and completion—*d*, *m* and *v*. Your name, David, has three of those letters, two *d*’s and one *v*. I think we have all developed those qualities in past lives and brought them with us into this life and that most

people who have those letters in their names will be persistent and will be determined and will finish whatever they start.

DCL: The letters *d*, *m* and *n*. That's according to numerology and I think there is validity there. We can all develop those qualities, too. I am glad my wife has the *m* in her name, because I don't have an *m* in mine.

Participant 4: My formula is to first of all define exactly what it is I'm doing. Especially if I am involved in a project with other people, if I don't do that carefully I might find that not all the people that are involved mentally agree on what we are doing. So, it takes being careful about what it is that I or the team is building or co-creating. Then I carefully articulate and define what are the specific features or things that this thing will accomplish. If it's a group project, the group does the articulating and defining. If I don't have agreement within the group, the project is not going to feel right and it will take a long time to complete.

After that it is a matter of finding some combination of time, people, effort, resources and money to build it and agree on that. Then the different people do their parts if it's a group project. We have to have regular meetings and make sure people are meeting their agreements, their commitments. And if they're not, I or the group has to find another way to get their part done and keep the whole project on time. Eventually, we'll have something that is close, and then we test and try and fine tune it until it meets all of the criteria that we defined at the beginning. I don't only do this with IT projects, I do it with everything. It works. In the beginning I used to write it all down. Now it is so ingrained that I just do it automatically.

This formula works whether one person or many people are involved. It works with a hundred people if you have a big project. It is a formula that keeps the project all together and on time and within budget and the results will meet the criteria you set. And generally you will get something that is very lasting and that you can be very satisfied with for a long, long time.

DCL: Even if you are doing a personal alchemy and no other human knows about it, you are collaborating with higher beings as those other team members, the muses, the spirits of heaven that are supporting your work. When you meditate you can have that collaboration going on, on the inner, and it filters into your outer consciousness.

The same dynamic applies whether you are doing a project with a group or by yourself. As we heard in one of the first HeartStreams, the muses, the

divine spirits are the ones who help us. Nothing that we do on Earth can we really do by ourselves. “Of myself, I can do nothing. It is the Father in me that doeth the work.”²⁷

Thank you for sharing that. As you were talking I was seeing these spirits, these supporting, sponsoring and devic beings, and I was sensing it was a collaborative teamwork. They are saying that this works for everything.

Participant 4: It might look to human eyes as if just one person is doing this, yet it always feels like teamwork to me. Another thing is that over the years I have gotten to where I can peer at and examine an etheric model of whatever this thing is well before it is in the physical. You can develop this ability. You can actually make your creation run and you can see where it doesn’t work right yet. Then you can make tweaks and adjustments before you invest money and other resources into it.

Participant 5: Like the lake we were seeing on the video, stillness allows the perfect reflection of the mountains, trees, et cetera. We must always be in stillness, inner peace and harmony to reflect our divinity.

DCL: Wonderful: Reflecting our divinity. Thank you.

Participant 6: The key components for me are inspiration from on high, knowing the outcome will serve God and the masters and benefit humanity both now and in the long term, and feeling the release of love throughout the process with those with whom I work.

DCL: You captured what Saint Germain said in the HeartStream. He consecrated it to humanity. I love what you said about love moving through the whole process. I would say love and joy—joy keeps the love flowing. Thank you.

Participant 7: When I am doing any kind of creative work, like a paper or a presentation or anything that I am assigned to do or have been asked to speak about, I first start with an inspired idea and I get an image of that. I am big on images and visualizations. After I have the image, I immerse myself in the topic by getting into what has already been released or published or what I know about it. I do some research. I also start listening for inspiration and intuition, going within, meditating on it, getting an idea and listening to that inner voice that says “check out this, hear this guy, read this book.” I will pick

up words and phrases that go along with the topic that I am going to be working on.

And all the while, through this process, I am visualizing and seeing different things and I am hearing it and I am feeling it in my solar plexus. Intuition is a big, big part of the process. The project takes on a life of its own. It changes from my first concept to adding all the other things in. Finally, I add my own experience, my own heart flame, and I personalize it. I make it personal to me to illustrate the concepts that I have brought forward or researched and then explained or taught about. Those are the processes that I use.

DCL: Thank you.

Participant 8: When this formula first came up, it was frightening to me. Then it was like, let me just be with this and feel what is there. What came up was that the component of surrender has been very prominent most of my life, from when I was a young kid all the way through to now.

I remember one particular situation with surrender. I was attending a convention in New Orleans in the mid-90s with a group, the International Black Summit. It was inspiring, it was spiritual. There were people from all around the world. I was very deeply inspired to participate with this group as a facilitator instead of just somebody in the audience who was there for the weekend.

This was in the mid-90s, before they had budget plans for phones. To be a facilitator, you were on phone calls once a week. You attended quarterly training meetings in different parts of the country. It felt like, wow, this is going to be a very expensive undertaking. And yet the desire and the calling to be a facilitator was coming from my heart and my soul and it was really, really strong. Then I was confronted with, how am I going to do this? I didn't see any way of carrying this out or making this happen.

I had a kind of breakdown around the desire to do it and the how of it. I talked with one of the facilitators who was involved already, and she said, "Is this something you believe God really wants you to do?" I said, "Yes, I don't have any doubt about it." She said, "Well, don't worry about the how; just commit and let God work it out." It was like a light came on. I said, "I am just going to surrender. I made the commitment to be a facilitator with this group and I'll let God take care of the how, where the money is going to come from, and how I am going to fit this in."

The first thing I noticed was the presence of joy. I went from the one extreme of being confronted and in tears about it to, once I surrendered, just feeling joyous, knowing that it was handled. And then for two years I participated with that group. So, surrender is a key component. Then trust, because there really is no true surrender without trust. And then the commitment to follow what one is guided to do. And of course, after I surrendered I committed. And then, as I was guided step by step by step, I took those steps. And it was two glorious years of contributing, participating. And it all worked out beautifully.

DCL: Thank you. I could feel your soul in that sharing. You are a great facilitator. In fact, I was seeing around you a number of alchemical symbols that the master was showing me that are in your aura, the points of self-mastery that you earned in that whole process of learning to facilitate and the empowerment that came to you. And that empowerment is still with you.

What I am seeing for all of us is that when we go through something like what several of you have shared, there is an empowerment that comes. Once you do it once and you fulfill a project, a vision, a dream, a goal, you feel that empowerment and you know that you can do it again in some other project or situation because you have already done it. Has everybody had that experience? Once you've done one project, you say, "Okay, Lord, I am ready for the next." You've painted one house, you've done the last little bit of trim at the baseboard, or that last little detail somewhere in the house. "Voilà, I am done!" And then the next project or opportunity presents itself.

There are angels of facilitation as well as angels of coordination, angels of marketing and advertising as well as angels of planning. There are angels that are the troubadours that go to the people that God has desired to employ in various activities. There are angels who tap you on the shoulder to get you to participate in ascended-master projects. Not everybody listens, not everybody obeys, and yet, those who are responsive from the heart do hear or feel or intuit heaven's call.

Remember these Scriptures, "The fields are white to the harvest, the laborers are few,"²⁸ and "Many are called, few are chosen."²⁹ It is interesting—if so many are called, why are so few chosen? If everybody who is called shows up, maybe those who are chosen have the qualifications, maybe they have the inner motivation of the heart to actually press through to the work itself.

I would like to re-read this one sentence from Saint Germain about trust, because I glossed over it in this last HeartStream.

“Our alchemical enterprises are birthed with a thrust, mature in truth, and are complete as a trust that provides future generations to be served from the fruits of our divine labors.”

So, they are birthed, they mature and they are complete. They are birthed with thrust, then we have truth, then we have trust. These three words—*thrust*, *truth* and, *trust*—are similar. They all begin with a *t* and have an *r* and a *u* and another *t*.

Participant 9: Components in creating a goal with others: (1) A strong sense of inspiration for the project or creation. (2) Prayer with others before, during and after plunging into the project. (3) Asking people the right questions that will help them to come up with the right answers and help them feel it is their project. (4) Being open to considering any other ideas from others along the way to our creation.

DCL: Thank you. Being open to suggestions is especially true for the facilitator or the project lead.

Participant 9: Better results that way than when one person ramrods their single idea.



Alchemical Formula #8

Observe Cycles, Master Rhythms, Awaken to Spirals



DCL: We're moving toward the final of the eight formulas. Whenever we complete a cycle of seven and get ready to go to the number eight, which signifies unity, integration and the eightfold path, it's a portal to Buddhist awareness. So as we consider this HeartStream, let us enter into a certain Buddhist mindfulness, as we have meditated with the Master Saint Germain and listened to these words.

The oral tradition of ancient cultures, of listening to wisdom teachers or elders, is important because sometimes we get so caught up in all the distractions of other influences that we lose, the Master says, the art of listening, of deep listening, which is listening that allows the word to penetrate us like arrows of light and love, arrows of fire that facilitate these eternal truths really becoming a part of us, deep within us.

SG: The cyclic nature of life observed by the advanced alchemist allows him to more efficiently use the forces of nature and the internal resources and clock of divine intelligence to complete his work. Timing is key in attunement, as is attunement in timing. There are optimal periods to engage in various activities—spiritual, mental, emotional and physical—and nature will lead the way. By closely following its biorhythms and riding the crest of the numerous types of waves of its cycles, the alchemist is keyed into the eternal cosmic clock.

Observing Spirit's movement within matter is the first step. Watch how the sun's effects upon the atmosphere impact the subtle materiality of life. See in your mind's eye the wave patterns objectified in the creation of life of all forms to intuit the most prudent and opportune entry and exit points for various

activities. The cycling of energies through the various bodily systems of every life form is noticeable as pulsations that repeat in specific intervals. Realizing the effectiveness of utilizing this knowledge to access one's inner gifts, attuned to these rhythms, gives the alchemist the required edge for success.

For example, note that I have alerted you to the hours when you may more easily receive my direct transmissions—during the hours when the vast majority of people living in your hemisphere are asleep. As their active minds are unconscious at these times, there is a stilling of the mental plane within which erratic thoughts travel. This quietude allows you to instantaneously receive my telepathic instruction within your own conscious mind. Although this may occur during your normal waking hours, this requires a more intense concentration and focus, often necessitating a greater period of meditation and prayer work. During the very early morning hours, the atmosphere has been cleansed of certain psychic or astral forces, which also interfere with this sacred activity.

Thus, through your willingness to obey your own Higher Self, at my suggestion, this teaching may be conveyed by me with less expenditure of energy and received by you likewise. You yourself have noticed the challenges of receiving HeartStreams during the middle of the day or when most individuals are engaged in considerable mental or emotional and physical activity, resulting in noise of all types. Spiritual resistance results, which then affects even the initiate's consciousness and abilities to concentrate on his highest work. These times are better for physical exercise, which directly counters or transmutes the untoward or worldly energies because of the greater intake of prana through the exertion required of heart and lungs and breath.

Often the most creative of artists, writers and composers find that their greatest works magically manifest when the world is shut out and the silence of stillness creates an atmosphere that all the muses relish. Walks and time spent in nature also work to refine the senses to allow for a greater flow of creativity and the ability to receive higher impressions from the supermundane worlds.

The pulsations of your life energies are unique rhythms all their own. Your inner clock will dictate the best timing for every activity or nonactivity. So observing and obeying these cycles becomes key for your enjoyment of God's employment of heaven's gifts in your life. When fully cognized through cosmic consciousness, all cycles and biorhythms can be seen as spirals flowing and gradually expanding, as do the great spiral nebulae of the galaxies of vast star clusters and solar systems.

What takes eons of time to evolve on a macrocosmic scale is occurring within you in more contracted cycles of Earth and personal time. Attuning to and following these spirals to their ultimate conclusion, the alchemist discovers the secrets to creation itself. With godlike understanding, he becomes fully present through love and evolves to his Sonship in light as a co-creator. The alchemist's greatest joy is to simply be a part of this sacred procession of life.

Smiling upon and within your consecrated life, I AM
Saint Germain



Darshan

The Effect of the Five Crystal Rays in the Process of Precipitation

A New Ritual of Precipitation Using the Five Crystal Rays



Question 7: Beloved Saint Germain, could you tell us about the effect of each crystal ray in the process of precipitation? And could you teach us a new ritual of precipitation using the five crystal rays?

DCL: Saint Germain would use the image of Leonardo da Vinci's *Vitruvian Man* to share with us the power of the crystal rays that are flowing through our being and that support all alchemical work.

The five crystal rays are located at the feet, the hands and at the middle near the heart. When we are enfired by the light of our Presence through the action and the streaming energies of the five crystal rays, there is an instantaneous infusion through our being of the magnificence of the Buddhist frequencies. This is because the five crystal rays translate to frequencies that relate to the Buddhist path, the more subtle aspects of spiritual development beyond the seven major rainbow rays.

Instead of speaking about each of the five crystal rays individually and specifically, Saint Germain would speak of them as a whole. When we attempt to cordon off or be too specific with the five crystal rays, we may miss the totality of their effectiveness and work, because they are most effective when used congruently and as a whole.

What can we discern from the five-pointed star, the image of a pentagon, or a pentagram with the point going up? What can we discern using this mandala and matrix to precipitate, through alchemy, what we deem as essential?

The star of our being is formed by conscious awareness of the flow of light through our limbs, which originate from that center point near the heart. We use our limbs—our feet and legs, our hands and arms—to navigate and to do work. Without mobility we can be stuck in one place and we don't have the wherewithal to translate energies that are flowing from the Great Central Sun into more than one spot or place; we are fixed in that spot.

Therefore, the two lower of the crystal rays, relating to the feet, assist in the dynamism of movement whereby energies flow, energies move, energies are in a greater form of conductivity, because we conduct the frequencies from the earth through our feet into our legs and torso and into our whole being. Therefore, it is required that we move on the earth itself to commune directly with the earth to receive the frequencies that are in numerous places rather than just one spot.

Many people grow up and live in the same town. They don't move or travel much in their life, so their consciousness is limited to where they abide. On the other hand, those of us who have traveled all over the world, who have felt the currents, the frequencies of those vast cities and regions and have placed our feet in so many nations or so many areas, are able to absorb from the earth the very subtle frequencies that the earth itself is dynamically offering and giving to us as, really, its children for us to utilize in our spiritual work.

Therefore, when we observe more through movement, we are able to be more objective in what we attempt to precipitate rather than being very subjective through living only in one area. As we move across the earth and conduct the energies from the earth itself, these energies stimulate within us all manner of inner resources that we can draw forth to do our work.

Those of us who are well-traveled typically become wiser for the fact that we have observed life in a number of cultures. As we see and feel elements of those cultures and drink them in, they become a part of us through our experience. The wisdom aspect of our being is heightened and amplified by these experiences if we are sensitive and in the mode of careful observation and attention to what we are viewing and experiencing.

Of course, if we are oblivious to all of this and are not living in the Now, a lot of this can just go by us without our understanding much of the nature of life in these areas. And yet, most people who travel are generally observant because they desire to partake of these cultures and learn something.

Our legs are also great supports for our being. They are the stalks or stems upon which the flower of our being ultimately emerges, and then the fruit of our entire being blossoms from that flower. Except for those who are without legs, of course, these amazing limbs are essential to support everything that we do in our life. Because of our legs, there is movement, there is action, and through our mobility there is the ability to co-create in a greater measure than just in one spot.

Our feet are so important for understanding and wisdom. The feet, as symbols of Pisces, symbolize understanding; they *stand under* us. Our feet tell a lot about who we are. Those who read the feet and those who work on the feet can tell what is going on internally. Having regular sessions where the feet are attended to through Reflexology or Foot Zone Therapy is important for many. Jesus received these from Mary Magdalene with sacred oils and it helped him on his path.

As the crystal rays flow from the earth up through us, we in turn, walking upon the earth, can bless the earth when we become active in the mode of emanation. For the initiate and those who are very conscious, the light of the heart, the light of the Spirit does descend directly into the earth to caress the earth, to communicate with the earth, the elements in the soil and the beings who serve the earth very carefully—the precious elemental forces, the nature spirits and those deep within the earth. And our feet are actually the communicators more so than our minds or even our hearts.

The subtlety of this level of communication, especially when we walk barefoot, is amazing to behold from the master's vantage point. I am seeing an image of when Jesus placed his feet someplace in Ladakh and apparently left an imprint of his feet. There is power in that image because there was power in his footprint. We leave footprints in the sands of time wherever we go, and those footprints are indicative of our consciousness and our ability to communicate with nature, the earth, life itself.

When we have a consciousness that is trued to the earth with this understanding of the importance of our feet and of forming a link and bond with the earth itself, we can actually feel a level of communication through our feet, through our sense of touch and feeling, that is amazing. This is something that many of us will have to rediscover, because in this incarnation most of us don't often walk barefoot on the earth. And yet, in many past lives going barefoot was the modality. In many Native cultures people still go barefoot, and this is why many in these cultures are so sensitive and have great intuition.

Saint Germain says if you desire to develop your intuition, go barefoot more. In proper places where nudity would not cause a problem, you can even

engage in nude solar bathing, because you are most sensitive to all of the frequencies of the earth—of the sky, the sun, the wind, the water, the earth—when you are in the natural state, *au naturel*. I am not saying to go nude everywhere, not by any means. I am simply saying that you can engage in solar bathing in a safe environment where you won't create a scene.

The central chakra of the five crystal rays is the generating center and the point of the nexus whereby all five crystal rays really have the flowering of their essence. It is all-important to all of us to meditate on this center to draw forth from the Great Central Sun, from Mighty Cosmos, Mighty Cosmos' crystal rays, the frequency that is then distributed through our entire being.

On the cross Jesus was pierced by a lance or spear and his blood flowed. What was flowing from him besides blood and water was his sacred essence. It is symbolic in many ways. We have the same essence of Godhood from that point of the center of our being where God exists in a quiescent state. When we attune by a very sensitive form of inner reflection and meditation, we can actually amplify the energy flowing through this chakra to be a blessing to life in very subtle ways, ways that no one has to know about, ways of which we alone are observant and aware.

Padre Pio, a great master who had the stigmata, is an example of one who was so humble and yet so powerful through the gifts of the Holy Spirit that he wielded. Of course, he would be the last person to say that he was doing any of this. It was the grace of God, it was the light of the Christ of Jesus, of the Blessed Virgin, et cetera, to whom he prayed.

Have we developed our crystal ray chakras to the level of the great saints? Probably not. We can study the lives of those who had the stigmata and find commonalities in what they did to be able to precipitate a level of self-mastery where they could read hearts, help heal, communicate across the airwaves, bilocate, live on the Communion wafer alone. They were in a consistent and constant form of ecstasy when they were in that state of deep pain and simultaneous bliss.

The hands are our greatest exponents for work in the earth when coupled with our mind, our heart and our will. The hands are the extension of God's will and they are primary to nearly everything we do in life. When we have the crystal rays flowing through us, our hands are the greatest points through which alchemy occurs—empowered, of course, by all of the other chakras and by our consciousness itself.

Look at your hands and observe the lines. Observe how the work that you have done in this life has affected the texture of your hands, either the softness or maybe the hardness if you do a lot of manual labor. Feel God's light, God's

energy flowing through your hands, if you can, on a daily basis. When you see yourself as an extension of the Almighty, the blessings that can come through you can be greater. The harmony that can flow through a simple touch, a pat on the back, an embrace, a loving handshake, or some other act, can be amazing. We take our hands for granted, and yet they do so much for us. It is only when we injure them that we appreciate them more.

In his embodiment as the Wonderman of Europe, Saint Germain was ambidextrous. He could write the identical words on two papers at the same time, writing on one paper with his left hand and on the other with his right. Then he would place one paper over the other and the two would look identical because of his complete mastery of what I would call *whole brain being*, his left and right brain working in complete unison. Most of us have not fully developed both hands in this ambidextrous way in this life.

If you desire to have a greater action of the crystal rays flowing through both of your hands, try doing things with your nondominant hand more often. Try doing things almost in the opposite way from which you normally would. Do this consciously, then stop and observe the feeling that comes through you. Observe the qualification of energy and light and how, by attempting to become more ambidextrous, you may be able to have a greater flow through both of your hands simultaneously.

Those who play musical instruments, especially the piano, organ, keyboard, harp and other instruments that require both hands working simultaneously, have more developed crystal ray chakras of the hands because the energy is flowing through both. Those who have learned how to type, who can type well on a computer keyboard or a typewriter or keypad, can do the same thing.

Typing is a great skill to challenge yourself to improve and to master. If you don't already type well, consider taking a class to learn to type well. If you type by hunting and pecking with your thumb and index finger and maybe occasionally your middle finger, you are not using the currents flowing through the pinkie and ring finger. All ten fingers and thumbs are important in the whole dynamic, because you can use all of them to extend the energy of God through your being.

How does this all relate to alchemy? Alchemy really is everything; it is the all-chemistry of God. Remember that definition from Saint Germain. Our hands are important for everything we do, so the hands are integrally involved in all alchemy. This is just the way life is on Earth for human beings. We can master the use of our hands and our fingers in all kinds of activities—knitting, tatting, quilting, sewing, cooking, working with tools or machinery or any activity where we have to work with both hands—it all translates to the work

of the crystal rays and spirituality and alchemy. We can't really separate it. It is all good, it is all part of the whole.

We have been doing precipitation primarily through our hands throughout our life and in many lifetimes. You may not think of it that way. Precipitation doesn't only mean sitting there and visualizing something materializing in your hands. How many of us can really do that? Saint Germain did it and it is recorded in the I AM books. That is the ideal, yet most of us require our hands to do the work, and this is still precipitation.

Raise your hands up occasionally and consecrate them to the Sun, to the Divine. Ask God to bless your hands and your fingers to protect them and your work and your service. Do the same thing with your feet, the same thing with your whole body. God will use your body temple in the highest form throughout your life to serve and to serve humanity.

Remember that one of the greatest purposes of alchemy is to be of service. We may not have talked about it much during this class. However, it is alchemical. The all-chemistry of God is deeply invested in service. God is the great servant of all life. God is the most humble. Alpha is the most humble being in the universe and has the greatest attainment. Alpha obviously serves all life through the emanating fires of Spirit that are flowing to us always.

We tend to think that alchemy and precipitation have to be some sort of magical thing that is beyond our ken, beyond our ability. Saint Germain would like us to know that alchemy is within everything that we do. We can make everything alchemical by love. Everything becomes magical and alchemically charged with God's light through a heart trued to God with love.

A person asked for a new ritual of precipitation using the five crystal rays. Here is Saint Germain's response:

Stand and hold your arms up and your legs spread out. See yourself as a star. Then you can say: "In the name of the living God, I call forth the five crystal rays to blaze through my being now, to authenticate and bless the alchemy of love that I will engage in now on behalf of all life upon Earth through heart, head and hands in unison. O crystal rays, stream through me! Precipitate love and light where I am, right here and now, by God's grace. It is done." Bring your hands back to your heart, right over left. Feel the externalization of the five crystal rays right over the center of your being. And then mindfully engage in creative work.

This ritual of precipitation can be that short. It doesn't have to be a lengthy ritual. It is really about motive and consecration. Thank you.



Saint Germain's Conception of Spiritual Success

Ignite Your Individual Destiny While Also Serving the Greater Whole



DCL: Saint Germain would like to share through me his conception of what spiritual success is, because our course is titled *Saint Germain's New Alchemical Formulas for Spiritual Success*. Spiritual success has all to do with union with God, living in love, abiding in our Presence, manifesting our divinity and entering into the sacred space where we can truly be a blessing to all life.

We are fulfilled only in God, God's light, God's virtues, God's grace. When we are truly in sync with God, aligned with our true purpose, we live and move and have our being in that infinite, radiant stream of beingness. And in this all is harmonized, all is graced with the eternal light of the One.

As we are fulfilled in God, God's essence pours through our being, our chakras. Success comes to us in moments of intimate communion with the Lord. Success alights in our world naturally without undue stress, strain or struggle, because we are in that infusion of the Eternal, which perfuses the cosmos with its grace, its perfect blessing and its radiant field.

Spiritual success is all about working for the whole, for the greater collective of humanity and of all life in all realms. Yes, we work on ourselves, and the work that we do is internal, primarily. And yet, as we externalize God's light and grace, the work that we do deep within our hearts and souls and spirits counts for every life form, because we are one with every other being.

Therefore, what we do, we do for all. There is individuality in our particular unique spirit-spark of Godhood, and yet the collective receives that uniqueness, that grace of our particular manifestation of gifts, talents and graces so that all life living in harmony can also be successful and fulfill its purpose.

Every true master has realized the sense of oneness whereby he or she is absorbed into the totality of the One in this dive into eternity, this leap into the field of oneness. When we work for the collective, we are supported by the God-consciousness of the collective. And that collective, as we know through the work of the Great White Brotherhood, is meaningful, authentic and steeped in ancient wisdom, divine knowledge and eternal truth.

When there is the point of surrender unto the One, the One— as a greater collective of all ones who are one with that One —supports, protects and assists us in every possible way. This is why it is important to remain tethered to the Great White Brotherhood through our work, our service, our prayers in being consistent, constant. We are always with a listening ear and a listening heart attentive to what God will speak to us and share with us and inspire upon us.

Spiritual success requires being attuned to the eternal cycles, as we heard in the last of the eight HeartStreams with their formulas. At times, what may seem a failure in one sense is a portal to greater opportunity for greater work. We should not get down on ourselves when we have temporary lapses or seeming failures. These are always learning opportunities for greater growth.

Spiritual success takes into account the totality of our journey and not just one lifetime. It takes into account the entire warp and woof of our creative life as the Spirit has moved through us in many incarnations to fulfill our reason for being. As we are individually successful and then we sublimate part of our personal predilections and preferences to the greater mission of the whole, we assist the whole in becoming spiritually successful.

The joy, the happiness of seeing the collective win and be victorious is awesome. It is teamwork on a grand scale. It is truly worth the effort, the sacrifice, the givingness and the lessening of our personal viewpoint. Remember that John the Baptist said, “He must increase and I must decrease.”³⁰ Yet, in that decrease of him there was a greater action through the Lord Jesus that actually supported John himself in a collective way within the Great White Brotherhood’s plan. So it really was not so much of a decrease for John; it was the fulfillment of all by his sacrifice.

Those of you who give and continue to give of yourself for the greater cause have gotten the message and are fulfilling the greater purpose of life. Those who have yet to fully surrender yourself, seeking to retain elements and portions of your identity, of what you may classify as what you require for your personal victory or success, can learn from the great avatars who have left heaven and descended to earth to be of the greatest service to humanity, laying down their lives for all of us.³¹

It is a fine balance, Saint Germain says, to retain enough of that individual spirit-spark to ignite all that is destined to be enfi red within our world for our personal victory while also serving the greater whole. And we must all find that balance, because some, in a seemingly selfless way, give more than they are required and lose part of their own identity. We must continue to work on ourselves first and foremost while also being invested in the greater work.

Yet, the greater whole of humanity has not entered into the spirit of community and therefore can learn from what we model within our movement on behalf of the Great White Brotherhood as it models perfect coordination, perfect collaboration, cooperation and a great articulation of the eternal truths through its work that raises all life and stimulates each soul to its highest trajectory and victory.

It would be good for all of us to self-assess where we are on this trajectory of oneness with God as the Great All so that we are assured that we will not leave anything behind to be later consumed or maybe even have to come back, that we will give our all to the fullest. Giving our all to the fullest requires considering all individuals in our field of responsibility and accountability, including our families, our loved ones, those whom we are obviously pledged to support financially and in all ways.

Saint Germain says that one of the most difficult things for the Great White Brotherhood to observe is those who claim to be spiritually knowledgeable yet who have blinders on their own beings, their own eyes, such that they leave off fulfilling on a daily basis the most simple of responsibilities, paying their bills, paying their debts, supporting the children that they have sired or given birth to.

Therefore, of course, part of true spirituality and spiritual success is being absolutely practical in what we do on a daily basis, because this builds our causal body and builds trust in who we are as an initiate on the path. Therefore, we cannot separate spiritual success and material success fully, because they do go hand in hand. And when we are in the mode of taking care of that which has been entrusted to us with very graceful concern and loving attention, this translates directly into a greater spiritual development, authenticity and victory.



Darshan

Incorporating Divine Alchemy in Our Daily Lives, Meditations and World Service



Question 8: How can we incorporate divine alchemy in our daily lives, meditations and world service?

SG: By consciously co-creating through beautiful thoughts, caring ideations, mindful visualizations, and especially the alchemy of acceptance, whereby you feel God's love flowing through you day and night in everything in which you are engaged. As the all-chemistry of God shines forth through your being, the light of your Presence will activate higher essences and abilities to more generously use your gifts and talents to serve life, to bless others and to beatify this world.

It is a conscious choice to be loving, considerate, kind and caring. When you model these through your active life, you are a true divine alchemist. You can say at any time during the day—silently or out loud, if appropriate—Holiness unto the Lord. Holiness unto the Lord. Holiness unto the Lord, and feel the flowering of your divinity as you offer the perfume of Selfhood to life gracing every life form with your essence.

Alchemy is pure love in action and actionable work through service.



Darshan

Discovering Ideas for Practical Alchemy



Question 9: What are some new and practical ideas in the mastery and use of divine alchemy?

DCL overshadowed by Saint Germain: Saint Germain says that this is the reason he asked us to come up with those things that we would like to see. Now, some of what you saw in your mind's eye may seem almost impossible to bring forth immediately. Yet because you stated them to the universe, there are already beings of light who have coalesced your desire and your word in matrices whereby they can and will be manifest.

Saint Germain says the new is also the old. For what is new now may be ancient in terms of its origins, and it simply had to be rediscovered. What is new in this lifetime for many of us may not be new at all to the cosmos. It's just that we are coming into an understanding of it. Even the greatest and highest spiritual laws have been known by the mystics, arhats and divine masters for eons of time.

What we are charged with is taking our spirituality, our knowledge of divine law, and applying it in very practical ways through gardening, through collaborative work in building Hearts Centers and heartfriends groups. We do this by coming together regularly and praying, speaking, reading or studying, as some of our groups do—in Mount Shasta; in Baltimore; in Bloomington, Illinois in the Chicago area—and what others of you have done somewhat in various groups. The more you collaborate, the greater the wisdom that will flow through your collective hearts and minds. Where there is little collaboration, there is very little precipitation of a greater good for the whole.

Collaboration and cooperation are absolutely essential for new and practical ideas on divine alchemy to emerge.

I am seeing that Saint Germain is encouraging our movement, our leadership, our staff to come up with ways to assist heartfriends throughout our movement in collaborating more, first of all in getting to know who is in their area and then communicating with people—in a safe way, of course, that's based on their freewill choice—to find out whether they desire to be contacted on a regular basis or to be involved. Free will is always the first law in this. For those who desire interaction, let us help to facilitate it in some way. There are things called meet-up groups. If we create our own dynamic way of assisting local heartfriends to communicate and collaborate, they can decide what is best for the whole of their areas in terms of what they would like to precipitate.

So let our alchemy be very practical in terms of tools and resources that will help lightbearers. There are many, many practical things. This is something that you, the Master says, have to discover. It's better if you reflect and come up with these ideas than if the masters always tell us everything, because then you will gain from the process of self-discovery and of learning. The more we engage in this rather than expect to be told everything, the more mastery we develop. We move into our adeptship.

It's okay in these darshans to ask questions that are appropriate. We just have to realize that sometimes the masters put them right back in our hands and it becomes our responsibility to deal with them because we are the ones living in this practical domain. They're in the heaven world. They're limited somewhat in terms of what they can do on Earth because they're in the ascended-master realms of perfection and pure light. So they encourage us to come up with the ideas. When we come up with them and then we do our work, they will bless them and support us.

There are many things the masters have already requested that we haven't done. So instead of asking for all kinds of new things to do, let's go back and look at what they have already requested. I remember one thing that I think is very practical. It was a seed bank of Heritage organic seeds. The Master requested that the Canadians be involved in this. I don't know exactly why he specified the Canadians. Maybe it's because they're not affected as much by GMOs as we are in the United States. I would love to see that seed bank and for us to be able to sell seeds through our Hearts Center movement. That's a very practical thing.

We can all use organic Heritage seeds based on the zone we live in, what grows in our area. If somebody organized this, I can assure you it would be a

winner on the Internet because many, many people are getting into permaculture and organic gardening, almost as a necessity now because of all the pollutants in the atmosphere, in the environment and the chemicals in the foods. So the best way to nurture ourselves is to grow our own organic food. To have this Heritage seed bank would be absolutely amazing. Maybe somebody has done something, though I haven't heard of it. It was a suggestion, of course. It was not a command; it was a recommendation. However, when we ask questions of the masters and they give us answers, don't expect to get too many more assignments when we haven't done the ones that they've already requested.



Darshan

Practical Keys for Living in the Now



Question 10: Beloved Saint Germain, what are some practical ways to assist us to remain in the Now for greater periods of time each day?

DCL *overshined by* SG: Number one is conscious breathing. Through conscious breathing there is the accessing of the distillates of the Spirit, the pranic light, Solar chi, which flows through your I AM God Presence, your Solar Presence, through the crystal cord into the center of your being. And through that breathing and through your heart, that prana, that inbreath and outbreath of the Holy Spirit, manifests. By following your breath, you can slow the monkey mind and live in the Now. By being a conscious applicator and emanator of light through the breath, you can perfuse the essence of God-good within that eternal Now in which you live, move and have your being. So pause for moments of time and just breathe deeply, consciously, slowly. Feel through the breath the full empowerment and pranic charging of your Solar body and your physical body.

Number two is conscious mindfulness, whereby you accept your Presence living through you, within you, around you, all about you. We've shared in the past how previous movements have shown the I AM Presence above. Showing it above partly symbolizes a higher level of vibration. Yet we choose to see our Presence inside us and manifesting right where we are as a Solar Reality.

So the key is to choose to fully accept this dynamic by living in the sun-fire light of your being consciously, feeling yourself as a sun, seeing yourself as a sun and then emanating light. As you engage in your daily affairs, pause for just a moment to reconnect if you feel disconnected, or to reinvigorate yourself through breathing if you feel that you're a little drained or you're tired.

You can do this even while you're doing strenuous physical labor. Just pausing here and there for moments will not impact your work and cause you to get things done later; it will actually charge your work with greater consciousness.

Feeling the connection and the sustaining grace of God flowing through your heart is absolutely essential. Being in a mindful state through accepting that you are actually meditating in everything that you do is also key. Think about God all the time: God within, God in nature, God in one another, God in everything—God, God, God. If we are in God's Presence, we are in the Now. If we are in the Now, we are in God's Presence. They are one and the same.

Another key is to avoid unnecessary conversation, because often this takes you out of the Now. When you do engage in conversation, feel very connected and in your body so that what you do share comes from an authentic space of beingness rather than from the monkey mind as a fleeting or a flitting thoughtform or some concept that kind of flashes through your brain.

Maybe we should call the mind that is mindful something else so that we can remind ourselves not to be in the monkey mind. Any ideas? Instead of the monkey mind, what would we choose to call it?

Participant 1: Divine mind.

Participant 2: Christ mind.

DCL: Thoughtful mind.

Participant 3: Awakened mind

DCL: Awakened mind?

Participant 4: If you say "divine mind," you may think it's up there in the Presence; however, it's actually our consciousness. For me, it's connected with the other bodies.

DCL: Wakeful mind? Awakened mind? I desire one-word adjectives. The Maitreyic mind.

Participant 5: I know someone who calls it the brain and mind.

DCL: We're talking about what we would like to call the mindful mind, not the brain. Museful mind?

Participant 6: Conscious mind.

DCL: Good. So we've got some good ideas. Instead of even talking about the monkey mind anymore, let's focus on the type of mind that we desire to manifest: conscious mind, divine mind, awakened mind, the Christ mind, thoughtful mind. Those are all great. Those were the main ones given. So if you have another word out in cyberspace that you'd like to share, chat it to BB and he can read them.

Participant 7: Magic mind.

DCL: Magic mind! I like that, like the Magic Presence.

Participant 8: "I like heart mind." Integrated mind, unified mind, congruent mind.

DCL: Excellent, everyone. Use the word that works for you. You can say, "I AM living within my _____ mind." And claim that and then live through that and muse through that. Wonderful.



Darshan

Saint Germain's Divine Magic and Two Million Right Decisions



Question 11: What did you learn about divine magic in your life as Merlin and in other embodiments, and how did that assist you in making your two million right decisions?

DCL overshadowed by Saint Germain: What Saint Germain says he learned about the use of light within divine magic is that it is the alchemical ray that transforms, assists, blesses and beatifies, and that understanding the nature of light is key in all alchemy and divine magic. Light can be invoked, coalesced, focused, directed, infused and projected in a number of ways and through a number of means. All of this is ultimately directed by divine intelligence and the mind of God when we first focus on the Divine and then, through prayerful and thoughtful obedience to the voice of the One, allow that light to flow through us.

He's showing me the symbol of the wand as an instrument for directing current, and that current is pure light. The intelligence of the light itself will fulfill the purpose to which that wand is directed and focused. Some of you may have seen the Harry Potter movies in which magicians and certain beings used wands—some for good purposes, some for less than good. The wand that Merlin used was an extension of his own consciousness. He embedded within that wand pure love and light and the power of love and light. The wand is a power center and a focus through which the light can be extended, expanded and directed. Your hand, especially when you extend your hand and you point your index finger, can be a wand. You have to, of course, be careful what you point at because you have three fingers pointing back at you. Only

that which is divine should flow through the extension of your hand in this gesture of pointing that finger. When you say, “You there, do this!” and such, there can be a misuse of power. Dictators often will dictate using this gesture.

What the Divine Director does is direct the current as an extension of God’s consciousness to infuse whatever is pointed at with light, love, radiation, beauty and grace. In The Hearts Center, we don’t use our finger like this in anything that we do, although we could. If you are in your home and you feel energies that are untoward, you can ask to have a current of light directed at the core of that to dissolve it so that you can do your work unencumbered. You may close your eyes, form the magic circle around yourself and stand within that magic circle. And then you can point your hand and your index finger wherever God in you moves you to direct that energy, to focus that energy, and see the light going forth victoriously to do its perfect work. You’re not blasting someone, killing someone or dissolving someone. You are simply extending the current of divine light to fulfill its purpose within divine intelligence.

I mentioned the magic circle. Merlin, of course, knew about and used the magic circle around him as a protective shield. We talked about that in previous Meru University courses. The magic circle and the use of the wand are both effective tools. If you look at the circle and sword of Astrea, you basically have the same in that visual. It is a gigantic sacred circle and wand or sword. It’s basically the same.

Merlin was tapping into Elohimic levels of cosmic current in his work and actually worked with, in addition to the Divine Director, certain Elohim that he was aware of, including Arcturus. He drew forth the light from Arcturus in some of his work in the Earth to secure for Camelot, King Arthur, the Round Table, the Knights and Ladies of the Flame energies of Spirit that they could utilize in their work, which was creating a community of light there, in Glastonbury and elsewhere. Much of the record has been lost, and yet you can ask to go to Saint Germain’s retreat or to the Grand Teton to see the records of Merlin’s embodiment to discover more of what he actually did.

Sometimes we just have to ask and believe and accept that when we ask we will be given what we ask for. In a short course like this, we won’t be able to convey everything that Merlin did, and yet in the retreats of the Great White Brotherhood you can see much more. Two million right decisions—you’re not going to see all that in a few short minutes. Yet if you see the review of the life of this hero, you will see many of those two million right decisions and what he did both as Merlin and in other lifetimes.

The magic circle, the wand and the coned cap, which created a vortex through which the mind of God could illumine him and keep him in an illumined state, are symbols of Merlin. Many people think that this coned hat is a symbol of witches and magicians and all that. Yet if you look at it in its pure essence, it is a portal to the Divine; it points to God. What one is really doing by wearing this conical hat is channeling, or focusing, the energy of the crown chakra towards Spirit. And likewise, you're accepting the ray from the Divine, from your I AM Presence, that is extending down to you to suffuse your crown with wisdom, divine truth, understanding and knowledge. Merlin was the wise one in the midst of Camelot. He was the one who people looked to for answers, for support, for understanding. How did this wisdom come to him? Partly through his development in past lives and also by his directed focus on being a receptor for the mind of God, which that conical hat does symbolize.

Did he wear violet garments all the time? No. He often wore white, he says. Why did he wear white? Because it conducts pure light from the Source. If you look at movies such as *The Hobbit* and the *Lord of the Rings* trilogy, you see that the Merlin-like figure wore white. There are parts of some of those movies where the masters, including Saint Germain, actually infuse energy through the image of Merlin. You can feel it in the movie at the point when the light is blazing from the scepter that he held. He is saying that in addition to the wand, he used a scepter. If you look at the picture of Lord Maitreya in front of me, you will see the scepter that he bears, with the sphere that has a point on top of it.³² Saint Germain's, as Merlin, was different. I'm seeing that the rod, or staff, was made out of brass and gold. At the top of the scepter was a Maltese cross, which was fashioned by an initiate. Merlin received this at the age of fourteen. Why fourteen, I don't know. He's not revealing that to me. He had passed certain tests by that time, and he used it for the duration of his life in certain mystical work.

The Maltese cross was, of course, a symbol that Saint Germain used in subsequent lifetimes. It directed the currents of light through the fourfold aspects of that symbol. There is more on this that you can read about in the book *Saint Germain on Alchemy* by Mark and Elizabeth Clare Prophet. This is something that could be recreated if someone desired. It was brass and gold. The outer part was gold and acted as a conductor. The Maltese Cross part was beautiful and it was of pure gold. There was a lot of gold in the staff that he used.

Saint Germain, as Merlin, was a mage, and he found himself communing often with Melchizedek. He was and remains in the Order of Melchizedek,

with beloved Jesus. In fact, as Joseph he shared with Jesus when he was a young man some of the inner teachings that he received directly from Melchizedek, a priest of Salem, a priest of the Most High. Merlin was well equipped to teach the Knights of the Round Table, and specifically Arthur, keys to the initiatic path. Much of the teaching had to do with the initiatic path. It may have been couched at times in terminology that we would call divine magic or white magic, yet it was primarily all about the path of light, the ancient Brotherhood, how the work of that community of light at that time was imperative to hold the balance for the British Isles and what would transpire in later centuries.

As Merlin, he even drew upon the mysticism of the Druids. In fact, that community was more, in a sense, Druidic than Christian, if you would call it that, in terms of the way that they operated, the way that they worshiped, the way that they chanted. Their chants were absolutely amazing. We could learn from the way that they chanted. Their chanting was rhythmic and in absolute perfect harmony. They had great voices, which were trained. Merlin would direct them, almost like a conductor, in their chanting sessions, which were absolutely phenomenal. I would love to see the record of these sessions because I think it would give us pause to consider how we could release even greater light in some of our sessions of singing and chanting. Their chants used words that were more ancient than what English uses today and that tied into Atlantis through an ancient tongue that Merlin had learned from another initiate. These words and phrasings of words and syllables were able to release certain fohatic energies and were very powerful. Their chanting drew forth the fire of heaven. Many of these sessions at the Round Table were primarily sessions of chanting. They would chant and then Merlin would give teaching, and then Arthur, of course, would also give teaching.

The record of that life was stupendous. Through what we call history and stories, other things have been portrayed about some of the characters that were involved. Saint Germain says that about 80 percent of what's out there is incorrect. They were part of a mystery school; they were initiates. It was all about the path of initiation. There was not quite the drama that Hollywood has outpictured. Virtually none of that occurred. It has all been colored and passed down in ways that cloud the true identity of what they were doing as a mystery school.

How did divine magic assist Saint Germain in making two million right decisions? His love of God was there through every incarnation. The love of God, applied magnanimously to every situation, allowed him to always intuit,

fathom and then obey the inner voice of God, through love, to make those right decisions. It became so natural that it wasn't an effort any longer.

It's simply a matter of following the inner voice. For many of us, the inner voice has been clouded over, and we have to kind of strain to hear what is true within us. When you live in the Presence, it is so natural that it is grace flowing—you obey, you move on and you accomplish. It doesn't have to be hard. That's why he said that the sense of struggle makes the struggle. He learned to eliminate the sense of struggle by living in the Presence. When we can do the same thing, life becomes sublime, easy, graceful, joyful, radiant. When we ascend we will see how life should be, without a lot of the impediments that we observe in this incarnation. Life is not meant to be difficult. Look at Eden in the beginning. Life was supposed to be enjoyable, pleasurable, in a divine sense, for every life form. And we can return to that if we choose, by our conscious choice.



Darshan

The Alchemy of Opportunity



Question 12: How can we alchemically turn missed opportunities into positive successes?

DCL overshadowed by Saint Germain: First, by forgiving ourselves, not loathing or ruing who we are now, our past, our misgivings about what we've done—the record of it, the memory of it. Infuse the flame of love from within yourself into your memory body to dissolve the cause and core of the memory, the record of it, the energy that is still knotted and housed within that memory or record. And then as you clothe that infusion of love, the pink ray, with the violet and then ultimately with the purple, the chemical ray—which is another name for the purple ray—will dissolve that record, that memory. You won't even see it as a missed opportunity any longer. You can transmute it into a learning experience and just something that happened, and there's no more energy supporting the feeling that it was a misstep, an issue, a problem. It simply happened, it's in the past, and you're a different person now.

By first transmuting that record through love, it opens the portal and facilitates the doorway for new success and new opportunity. The new opportunity arises naturally because an opportunity is like a little point on the circle, and when we miss it and then come back to that point again, the universe says, “Aha, here you go—here's another opportunity.” At that point, because we don't have the energy of that little blip or glyph in our memory body, we can just move through and use the new opportunity to win our victory and be successful.

For some people, problems and challenges of the past are actually springboards to great attainment in the area that was the issue. Let's say you

used to smoke and you've overcome smoking. Now you know how much better it is to have clear and clean lungs and to draw forth into your lungs prana and light-energy. And when you encounter those who are engaged in what you used to be engaged in, you can tell them how much you appreciate your new life, the way you live now. And in a very loving and noncondemnatory way, you may choose to share some insights to help them move beyond their issue.

These seemingly missed opportunities are not necessarily all bad. They can be springboards to our overcoming and to our victory in a number of ways. If there have been instances where you felt there was a request from God or the universe and you said no, you can now say yes. And through that yes, you engage in the new energies that come and flow to you from Spirit, which both negates the no and transmutes it through the sacred work that you're doing now. And this in itself acts as a springboard to new and wonderful opportunities, to which you can again say yes.

Much of the victory in this is our attitude. When you see a request from heaven or feel one coming from deep within yourself to do something, stay with that feeling for a moment and feel the flowering of the success of the victory of that alchemy as already accomplished. Stay with it until you feel the leaping of the flame inside of yourself to the point where it brings the great joy, harmony and peace of knowing that as you complete that inner request, you are already living in the mode of victory, of joyful accomplishment. And after you have stayed with that and you feel the leaping of the flame, then begin the process of accomplishing what has been requested.

If you just jump headlong into something and act instantaneously without taking time to meditate, be silent and feel it working through your centers, infusing it first with the fire energy of the memory, or fire, body; then with the mental energy of careful thought processes; and then with the energy of the feeling body, you may short-circuit things. You may get above your head and end up under water if you're already engaged in a way that is not the best for you or for everyone involved. So take the time, be patient and realize that the more you work with the alchemical tools we've been given to create something internally in your mind's eye, with your positive mental thought processes and with your feeling body—until you feel the leaping of the flame through that feeling body—the more you will be ready to begin to act physically.

I think we all know people who are kind of erratic in their behavior. When we were kids, many of us would do things on the spur of the moment without really thinking things through. Now, sometimes that's okay if you're moving with the Holy Spirit. However, I think that for most of us as adults, it's better

if we use the Holy Spirit wisely by planning accordingly. And then when we outpicture something, there's a flow, there's a flowering. To plan a vacation, it's important to see what your costs are going to be, when the timing is perfect for everybody involved, et cetera, rather than saying, "Okay, we're leaving now—we don't know where we're going to stay or how much money we're going to spend, spend. We're leaving because I feel the Holy Spirit moving me to leave."

The Holy Spirit is a great designer and proliferator of wisdom and insight, which we can glean when we are in tune with the Holy Spirit in a very magnetic way, in a very magnanimous way. The Holy Spirit, Saint Germain says, is the most magnetic divine personality you will ever discover. And by "magnetic" he doesn't mean like Magneto in the *X-Men* movies. He means loving and having charisma to the max. The Holy Spirit is perfect charisma. When you meet the Holy Spirit, you've met Mr. or Mrs. Wonderful, the perfect ideal of God-success, beauty, harmony, peace—everything wrapped up into this wonderful being. To be successful in anything, you have to have that charisma moving through you, that energy of Spirit.

So invoke the Holy Spirit when you feel that you've had missed opportunities, because the Holy Spirit is also a great initiator. The Holy Spirit can understand you; the Holy Spirit can move through you; the Holy Spirit will help you to bring about all successes and positive victories.

PART THREE

Discourses
and
Darshans
with
Saint Germain

with Commentary by David Christopher Lewis
and Questions from Heartfriends



Higher Alchemy Always Involves the Divine



DCL overshadowed by Saint Germain: Alchemy as a science and a divine art is something that we can all participate in, no matter what our station in life is. It takes a conscious will to attune to the heart of God, the mind of God, the will of God. When we attune to the heart, the mind and the will of God, we enter a sacred domain that is the triune aspect of God, the trinity nature of the Divine One—three in one—that is also within our hearts as the threefold flame.

Now, how do we participate as alchemists in God's will, God's mind and God's heart? We have to seek God from within our hearts, from within our minds and from within our conscious will. When we meditate and pray, we are facilitating this entrée into our hearts where the light of God exists in its eternal Presence and Spirit. When we enter the higher mindfulness of the Christ-consciousness by contemplating God, studying sacred scripture and attuning to that mind of God, then we enter the yellow plume aspect of the Trinity, which is the Christ.

When we decidedly desire to fulfill God's will in our life and to ask God: What is your will for me? What is your will for my life or how I spend my time, my energy each day? Then we enter the sacred domain of the blue energy of that faith aspect of the Divine and we are encouraged to manifest the abundant life through what God will provide as an impetus—an energy impetus in our world—for us to move up higher on the path, to make greater and swifter progress and through alchemy, to actually precipitate more and more of the divinely abundant life, which serves us beyond the material world.

Now, many alchemists will tell you how to precipitate and will give you all kinds of formulas and systems to more instantaneously bring into manifestation what you desire. Yet, God is what you desire to precipitate—God's will, wisdom and love. Is it in accord with the divine will? Is it trued by God's wisdom and is it authenticated through the flame of divine love, which brings us into that sacred space of beingness where God exists in us, God

continuously communicates through us from within our conscience or the still small voice? By being in alignment and in attunement with this triune nature, we can be secure in knowing that we are acting from right motive, that we are doing things for the right reason.

We are doing what we are doing to glorify God and magnify the Lord. If we precipitate we get greater abundance. Yes, it may help us in our path, yet is it the best thing for us and others to have greater material wealth? Does it bring us true lasting happiness, will it lead us to fulfill our divine plan, our reason for being on Earth?

Now, true alchemy involves discerning what is the divine will, divine love and divine wisdom from within ourselves so that attuned to these, we always remain centered. We always remain in that state of being edified by God's wisdom, as it comes to us naturally through what God infuses from within us of his knowledge, truth, and wisdom teaching. All of us can be participants in this alchemy of receiving from on high progressive revelation. Each of us, as sons and daughters of God, is qualified to commune with God, to earnestly seek God every day in some way and to know the truth, the way and the life, as Jesus knew it, as the loving example of the Son of God who clothed himself with the Christic light and therefore claimed to be a Son of God. He didn't claim to be the only Son of God; he claimed to be the Son of God.

So, alchemy in its higher, more advanced form always involves this desire to please God, to be pleasing to the Divine One, to generate love at every turn, to help people by alleviating suffering through givingness and charity, offering ourselves in service and ministration to life. It is inextricably linked to God's will because God knows better than we humanly know. When we attune to God's will and we ask and listen, then we can discern all of the next steps on our path through this state of listening grace, which brings righteousness into play within our lives. Righteousness means the right use of God's energy, God's light, God's love, God's virtues in our life. When we have righteousness we choose rightly, correctly all of our actions, our words, our deeds.

So with this foundation of understanding that higher alchemy always involves the Divine, rather than simply trying to get more, precipitate greater abundance and material wealth, we learn the Divine art of maintaining Presence in our lives; maintaining a state of holiness, of beingness, of being always available to God to use in this world to help others.

The true alchemist is seeking how God will use him or her to help life, to serve life, to alleviate pain, suffering, anguish that people may be going through. When we pledge our troth to God as the Creator, as our Source, as the Father-Mother of all creation, we will always prevail and we will not fail.

We will have the resources because with every initiation that God provides us and every initiative that God desires us to be engaged in, there is concurrently a release of the resources—the spiritual resources—to fulfill those initiatives, to fulfill God’s will, wisdom and love within the design that already exists in heaven and which we can discern through attunement and meditation on how to bring it about in our world.

Alchemy then becomes a daily, active, proactive, practical experiential life for us, and seeking God’s will in every situation there is a part of us that goes into the depths of our inner being and eventually we get the sensitivity we require to know—almost instantaneously—whether one choice is in alignment with God’s will or another choice is in alignment with God’s will. Sometimes the situation may arise where it’s very subtle and we may not always know the best course of action to take; so we test the waters in our own mind and visualize the potential outcomes if we take one or the other course.

We see the steps and stages of what can transpire, all the players involved, all the dynamics of what the requirements for that initiative or project may be. Then discerning the outcome and how it will be pleasing to God, glorify God and magnify the Lord, we take that route because we know that is the best route.

If it doesn’t glorify God and magnify the Lord—if it magnifies the human ego—then we have to avoid that, right? So this is the litmus test for all of us: to develop that discernment over time; and as adults, spiritual initiates, we do develop that discernment and discrimination. We may fail a number of times, we may make many mistakes; that’s okay, it’s part of the learning process. God doesn’t condemn us for making mistakes. God probably smiles upon our endeavors and chuckles a little bit, yet, there is a guardian angel who helps us to kind of tweak things and move in the right direction and if we continue to listen and obey, we will always be headed to true north and to higher purpose.

It’s only when we get egoically oriented or maybe a little steeped in our own sense of self-importance that we may trip through pride, arrogance and disobedience to follow a darker way. We have to get up, dust ourselves off and begin again the alchemical process of serving God and to serve to set life free.

Saint Germain is the great alchemist of the age because he sublimated his human will—just as Jesus did—to fulfill God’s will. Jesus said, “Not my will but thine be done”³³ and we can affirm the same statement, not my will but thine be done. Again and again and in that sacred re-commitment to holy purpose we come into alignment, the forces Divine come to our aid, everything is hallowed by God’s Presence because God sees and knows that

we are committed to fulfill our highest intention in alignment with his purpose.

Now, this teaching is very rudimentary, yet I can assure you that the questions I receive from people really don't take into account God in the equation. I just don't see in these questions that have been submitted, "How can I serve God's will better?" It's about me, you know, a back problem, I am not manifesting my financial abundance. All the daily distractions deflecting insane drivers around this sapping our physical energy and vitality, and the conditions are challenging us in their survivability. Where is God in your question?

So, yes we can answer these questions, and I think the masters have answered them in the right way. If you have pain in your back, what is reason for that? Partly it may be karmic. The very first question is, how is your diet? Are you overweight? Many people with lower back problems are overweight. So if you know that you are 10, 20, 30 pounds overweight, the very first thing is to change your life and your lifestyle and your diet to lose those extra pounds; it will release the pressure on your lower back almost immediately when you lose 10, 15, 20 pounds and you will feel better.

In addition to that, however, what does the back represent in the spine? It is that part of our self that holds together the rest of our body; it's like the structure of our body temple. So you may require more blue energy of God's will in your life to say to the Divine world, "I will engage in your will rather than mine. I will sublimate my human desires for God's desire for what I can do to help others." When you have the spine to do something, you have the strength to do it, you have the *virya* or vim and vigor to do it, you have the energy to do it. When your back is hurting it's hard to do anything because you feel so terrible, you can hardly move and may have to lie down and the only time you get relief is when you are not that active, right?

So how do we reconcile this? We have to re-commit to being strong in the Lord, powerful in our alignment with his will and determine, through this blue fire energy of the true warriors of the spirit, to fulfill our reason for being, no matter what you are feeling. There are examples of heroes and heroines who have transcended physical limitations and do amazing things. So study the lives of the amazing people—people without limbs who are still inspiration to us—people who are in situations in war and calamity where they came through beyond what was physically normally doable. They gain super human strength. How? They sought the outcome and they put all of their focus and energy in that.

So, Saint Germain says to this one question: You require greater focus in your life. If you don't have the energy in your spine or you have lower back problems, this is an issue with focus. When you focus, you bring the energies into the central point of activity, and then with laser light focus you direct them into an activity. And when you do that you have greater power, you have greater divine authority to accomplish.

Now, why do we not manifest our financial abundance through healing and spiritual gifts? It is because we may not love enough; we may not be loving and giving enough to others. The more we love and the more we give, the more we naturally receive; it is a cosmic law. If you find that you have financial problems, it typically has to do with thinking too much about yourself and not about others in giving and serving and offering.

Get into a situation where you can give without any desire to receive. It will come cosmically and magnetically because when you give you open the door to your greater receptivity. Giving without thought of receiving is a holy, alchemical formula that we can all engage in. So volunteer for something; just go and seek someone who needs help in some way. Give help in the right way; don't do everything for someone; give them the tools and the resources to help themselves. Yes, alleviate suffering where possible, yet, when people make wrong choices that results in their suffering, help them to learn how to make better choices.

Teach them something, show them something, demonstrate it practically and then they will be happy because they can know how to do it. Instead of just demonstrating, demonstrate it and then let them do it while you watch, because if you only do it and they are watching, they still won't get it. Any supervisor or trainer knows this dynamic. You have to allow the person to do the action while you observe and you tweak it or tutor them in the process.

When we have a "woe is me" consciousness or we feel that we are not good enough or doing enough, or we are not precipitating quickly enough, it typically boils down to the fact that we are thinking too much about ourselves rather than how we can offer more to God and to the universe. This mode of service and ministration, being a shepherd, being an aide or a help, a volunteer, will automatically put you into a new vibration of blessedness, of beingness, of gratitude, of thanksgiving where people will thank you for your givingness and that stirs the pot and the Divine abundance will begin to manifest, I can assure. So give, give, give.

Now, in terms of all the distractions in the world, again this is a matter of focus. When we try to do too many things and our attention is directed in all different manners—we spend too much time in front of the computer or

watching movies, or doing different things with the media—that brings all this energy of the world into our consciousness and is very disturbing and distracting.

Leave off of all the media—social media—now, maybe one movie a month or something like that and no TV. Meditate, get into nature, do gardening; you will have the focus when you are determined to do something, when you are growing plants outside. That will naturally lead you to a better state of equanimity, poise and presence because you are locked into the natural world, which is very healing. You will be healed the more time you spend in nature, working with plants, working with trees and shrubs and your own gardens, et cetera, going for walks and hikes and swims and biking and whatever works for you. Get in nature. You will have a rejuvenation of your spirit, as well as your body. Your mind will be clear and all the clutter that's there as a result of past choices will begin to be transmuted.

When you have clutter in your home, how can you focus? Get rid of the clutter, get rid of waste, divest yourself of what you don't require and do it again and again and again until you have very little physical possessions, only that which you really require. You'll be happier because you'll have less ballast to hold you down to this planet, you'll be freer and you'll actually start ascending easier. The ascension process will begin when you get rid of all that ballast, all that weight, and extra stuff that you're carrying around that you have in your home.

The distractions come through a lack of focus, a lack of directed attention upon the goal, having a mindset and a determination that we will fulfill our destiny and accomplish what we came to this Earth to accomplish. When we focus and when we are determined, nothing can hold us back because God is with us in that focus. The All-Seeing Eye blesses us, the masters come to our aid, our guardian angel is there leading us, and our sponsoring masters are directing every aspect of our course on the path of initiation.

Participant 1: Is there anything that Saint Germain can comment on regarding our national government, direction, vision for America currently?

DCL overshadowed by Saint Germain: Well, let's talk about the alchemy of America. The code word for I AM Race—America, I AM Race—the letters are scrambled. When true devotees of freedom, liberty, justice, opportunity and divine equality are engaged together as one nation, under God, indivisible with liberty and justice for all, we succeed because we have put God first—under God—we are determined to do God's will again, right? If we take God

out of the equation of America we will fail because without direction from on high, without divine providence looking upon our endeavors and overshadowing what we do together as a nation, there's only a course to go down, a downward spiral.

We've seen this downward spiraling of the social order, of our civilization, of our culture. We have to resurrect the divine culture of America—what the original blueprint is for this nation. So we study our founding documents, we study our true history. Yes, we've made mistakes; slavery was part of the equation, injustices toward the native peoples that were here before us, those who came from Europe, et cetera. We can't just keep focusing on the past and the injustices of the past, we have to move forward. So we make right choices now to move our nation forward with Saint Germain and El Morya, the masters at the helm, to help us to make spiritual progress day after day.

We participate as citizens, we write our letters or contact our representatives on issues that are important to us, we vote, we study before we vote. We just don't vote the party line, we actually study the candidates, the issues. We do our due diligence and then we participate in the dynamics of being a citizen of this great nation, then become worthy of that office of being a citizen. So Saint Germain says being a citizen has consequences and responsibilities.

If we're always griping about the government without offering something, then wow! We are just grippers, right? John Kennedy said, "Seek not what your country can do for you; seek what you can do for your country." This is a great statement because when we serve and when we give to our culture and our nation, we are participating in this alchemy of what the culture and the nation are supposed to outpicture. This includes what is divinely ordained to be fulfilled and then what we do and what we say and what we participate in are guided by our hearts' fire, our love, our mindfulness and God's will working through our will and through the work of our hands.

Participant 2: A few weeks ago, I had a dream and saw lots of little stars and light shining through my body. I recall saying, I am not burning up. I felt lighter for several days after the dream. Two days later as I was looking at the *Advanced Alchemy Volume One* book I saw one of Mario Duguay prints, *Regeneration* and that photo was similar to the experience I had in my dream. I would like to ask for insights on this.

DCL: Well, you discern it. If that image spoke to your heart about what you felt in that dream that you were not burning up, yet his light was shining in

your body, then praise God. Meditate on that image more so that you can experience that same thing again and again and have rejuvenation, the resurrection in your body of your cells, so that you can be happy, you can be whole, you can be virtuous and you can be healthy.

The insights are that you had already discerned it. So use that visualization as a meditation, feel what you experienced in your dream as more of an act of reality while you are conscious rather than unconscious in the dream estate. Bring that experience from the dream estate into your active practical life and when you are sitting in your home, even when you are driving or walking or doing what you do. Feel the light, feel all the starry light shining through your body. This is a great insight that you had, a great experience that God allowed you to have and to recall in the morning. So now that you've recalled it and you've seen this image of Mario Duguay, try to experience that feeling of what that starry light is manifesting inside of you all the time, as much as you can.

You know what your Presence is—your Divine Presence—you know you have chakras, you have a beautiful aura, you have a light streaming through you when you pray and meditate and you glorify God and you sing. Maybe you would like to write a song about this experience and create your own little melody and it can be very simple. We have Magda's mantra: "I live and move and have my being in a living, liquid-crystal diamond of light." A crystal diamond of light. This is similar to what you experienced. So feel that crystal diamond of light, a liquid energy field flowing through your aura, blessing your body temple, charging your cells, animating your beautiful body temple to hallow it, sanctify it, bless it and bring it into its glory to glorify God.

We can have beautiful body temples when we take care of our physical body, and in that caring for the body elemental and our physical temple, we give glory to God through our essence, who we are as a son or daughter of God. So let's give glory to God by having beautiful body temples that the light is shining through—our eyes, our face, our visage, our smile. People see that, they feel that, they recognize the light, they feel that we are authentic in our love for everyone and for them, and that we are here to share that love, that light and the virtues that we are blessed and graced to experience and to share.

So, use your body as an instrument of blessing to others and ask God to use your temple of light to bless the elementals who live around you in nature, the nature spirits in the air, water, fire, and earth to bless, even the angels. Now, we pray to the angels for help. How many people have asked God to bless his-her angels and charge them with light and energy because sometimes they get so busy they require some rejuvenation and a little respite, right?

Let's ask God to bless the angels, his-her servants in heaven, who sometimes are very, very active, especially now during earthquakes and fires in Montana and the West and hurricanes. Many angels are super active during these times. Let's ask God to bless them and heal them and charge them with light. Maybe they don't require healing in the sense that we feel we require healing; yet, they require maybe a rejuvenation and a recharging, as these beautiful divine beings who they are. So let's befriend the angels and ask God to bless them, charge, sanctify them, rejuvenate them so they can continue to do their amazing work on behalf of our planet and its people.

I hope that you've received a little bit of encouragement and understanding and Divine knowledge or gnosis from what Saint Germain has shared through me. It's very important for you who live in Minnesota,³⁴ where I used to live in 1975. I helped found the first regional teaching center of The Summit Lighthouse in Minneapolis, which was at 1206 Fifth Street Southeast. We called it Hiawatha House. Later another teaching center called Minnehaha House, which was on Lake Harriot, was established.

The work that you are doing is important to the Universal White Brotherhood; the work that you are doing is essential to the stabilization of the area. We see the flooding and the effects of the hurricanes in Texas and now coming upon Florida. You have the great Mississippi River that flows right near Minneapolis-Saint Paul. And so we have to be careful that we protect nature in a way that nature doesn't do things that, because of our own choices, it doesn't have to do, to disrupt the national order.

There have been many storms and tornadoes in the past. Part of this is caused by witchcraft and so the more love we share, the more virtue we share, the more services you have, gatherings you have where you invoke the light, this counteracts the darkness of those who engage in various forms of witchcraft, black magic, et cetera. We don't have to focus on that. Yet, I can assure you that when I was there this was a big deal; there were many groups that practiced witchcraft so we were constantly praying for the alleviation of the darkness so that it wouldn't manifest as these intense storms that come through the area because they were very destructive sometimes—the tornadoes.

You can alleviate much and you can save your area from a lot of grief and a lot of pain and suffering by holding that balance, coming together regularly for broadcast services, for prayers together, sharing together. Our services are wonderful because yes, we do our spiritual work, there's always supposed to be sharing and then there is the community building that comes sometimes afterwards.

We're constantly learning about each other and loving each other more by getting to know more about our personal lives—whatever people are willing to share that's appropriate and honest. This is one of the great purposes of these local study groups and your book studies, et cetera, it's to share together, learn from each other and then grow together. And some of the younger members can edify the older members who are often very wise and yet, they have things to learn too, right?

We can't be on our high horse and think that we know everything and that somebody new in these teachings doesn't know much. Sometimes the newer people have less hang-ups or issues or health challenges and they may be bright and cheery and rosy and fun and happy and full of levity. So it takes all of us to build community and to have what it takes to both establish a wonderful local Hearts Center or heartfriends group and then to engage in activities that will then help to grow it over time. It will be an organic process of growth when there is love at the core.

You have to watch the forces of division; everyone has to put a chock on their ego and not demand this or demand that, or say my way is the only way. The harmonious way is typically the best way rather than the way that divides and/or conquers. So, listen, seek first to understand—as Stephen Covey says³⁵—work with each other, find common points of acceptance and if you'd like to call it belief, fine; and then work as a unit toward various goals and purposes, work as one family, as one unit, as one harmonic sacred group.

If you let any divisiveness get in and someone feels that they know more or better, this becomes an issue that kind of stains the whole relationship and it stains and strains it, Saint Germain says. Stains and strains it; so it strains it and as it strains the relationship it also causes this block of energy over it that is a pall. And then you don't have the light emanating from the entire group as a whole to magnetize new people.

So you have to develop these strong, loving, personable, friendly relationships for your Hearts Center to grow. If you don't have authentic cooperation and collaboration on projects, initiatives or whatever, don't expect to have a lot of new members because they will feel either the authenticity of what you are doing or the lack of it.

So, let's ensure that we have true love in our hearts, that we love one another as Jesus the Christ has loved us. This is what the master desired to share today. God bless you for your work and service.



Saint Germain's Alchemical Activation of Lightworkers



DCL overshadowed by Saint Germain: Good afternoon, everyone. Welcome to Saint Germain's alchemical activation of light-workers. Are you all lightworkers? [Audience responds: "Yes."] Are you enjoying this Conscious Life Expo? ["Yes."] Okay, well, get ready for a new ride.³⁶

Here is the Master Saint Germain. You all know him, right? ["Yes."] He is the Master of Aquarius and ready to help you. The purpose of this session is to co-create with us a live, loving alchemical experience to accelerate personal and planetary consciousness and alchemical joy! The Aquarian Age is an age of divine joy. The Master will use the violet-laser light. You may have never heard this term. It's something that he provided through The Hearts Center activity a number of years ago—which is a more advanced frequency than just the violet flame—to quicken global transmutation and change.

Later on in the session we will have questions and answers. Expect miracles, new revelations, and a powerful uplift in spirit. Our expectation of miracles is key, because if we expect them, then that sets the flowfield—instead of forcefield—for the possibility of the alchemy of the miracle to manifest.

Here is the book that Saint Germain dictated through me, *Saint Germain on Advanced Alchemy: Heartstreaming in the Aquarian Age Volume 1*. The Master gave me this term *heartstreaming*. I've talked about it here at the expo the last two years. It's a beautiful concept. We all do it when we are centered in our hearts, in the God Presence. When we send love, when we meditate, when we emanate light, we are heartstreaming the Aquarian frequencies of divine gnosis, beingness, higher consciousness to all mankind, to all of your tribes, all those you were sent to Earth to help, to influence, to bless.

Who is Saint Germain? The great alchemist of the modern civilization; the Wonderman of Europe; Chohan, or Lord, of the Seventh Ray of Freedom for the Aquarian Age; the Aquarian avatar. Just as Jesus was the avatar of the

Piscean age for the last two thousand years, Saint Germain and his beloved twin flame, Portia, are the Aquarian masters, or avatars, of this coming two-thousand-year cycle. He is the exponent of the use of the violet-consuming flame, which we learned about in the Saint Germain Foundation and the “I AM” Activity, and now the violet-laser light, and he is the lover of our souls. We all feel Saint Germain’s great love for us. He has also been called the God of Freedom to the Earth—God not being Almighty God; God being an emanation of God, a manifestation of God stepped down through an ascended master, which is our destiny too, right?

Many of you are embodied angels, and you will return to the angelic kingdom when you ascend. Others of you have incarnated through the evolution of mankind, and you will be ascended masters. And then some of you will keep evolving and evolving until what? Who knows? Closer and closer to God.

This is an image of le Comte de Saint Germain. He was the miracle worker in Europe who appeared all over Europe and did amazing things. He ascended after his final embodiment as Francis Bacon, who was actually the writer of the Shakespearean plays, and then came back into incarnation and appeared all over Europe and did miracles.

So the major embodiments of Saint Germain: He was the ruler of a golden-age civilization in the area of the Sahara Desert seventy thousand years ago. It seems like a long time. Some of you were there. Many of us have been embodied on Earth for over one hundred thousand years—back to Lemuria and even before Lemuria, maybe on other star systems, other planets. He was the high priest on Atlantis in the temple of purification, serving in the Order of Lord Zadkiel, who is the seventh-ray archangel—the archangel of the violet light. He was the prophet Samuel. When we say “Uncle Sam” in the United States, we are kind of invoking Samuel, Saint Germain. He was Saint Joseph, the father of Jesus, or Yeshua, Issa, who travelled to India. And he was Saint Alban and Merlin the Magician, who worked with none other than the great Excalibur priest-king Arthur. He was Proclus. He was Roger Bacon. He was Cristopher Columbus, who has kind of gotten a bad rap in the last twenty years or so, yet he was a visionary and he did help found America. Many of us wouldn’t be here if it weren’t for Christopher Columbus.

So believe what you believe about him. Maybe there are some bad things that happened to the native peoples. It was all part of a greater plan. We could have been a lot nicer to the native peoples. I know I was embodied as a Native American, or a First Nation’s person, and I have a lot of memories of what life was like in America before we called it America. So I have mixed feelings

about this, yet I have to say that I don't think we can put the full blame on Christopher Columbus for all the ills that happened to the native people. So put that on the shelf if that's your belief system, please.

He was Francis Bacon, one of *the* major pens of the Shakespearean plays. There were other pens, other writers, that he worked with, and it was an amazing alchemy of bringing forth all those sonnets and Shakespearean plays.

Here is a representation of using the violet-laser light. Laser is light amplification, stimulated energy, radiance or something. Who knows what laser means? Any physicists here? Okay. Light amplification, emission radiation. So laser energy is focused light, typically through mirrors or through a prism or a chiasm, and it pinpoints it into one point. And then it can burn through steel, right? Or it can do many things.

When we use the violet light—many of us call it the violet-consuming flame—it transmutes karma, transmutes darkness and transmutes illusion, maya, inanity, any perversions. That's great. And when we have a greater work, when we desire to send, let's say to China, a frequency of the violet light of freedom to help the young people there to rise out of the mediocrity that they may be living in because of a system that's not quite as free as it could be, we can direct currents and streams with laser-like accuracy to thousands and even millions of young people through the prism of our hearts to urge them toward their freedom. You can use the crystalline nature of your being to focus that light. It can go into multidimensions; it can do amazing work, only limited by your perception, your belief system.

The higher the mindfulness you have, the more Buddhist or Christic awareness you have, the greater the spiritual work you can do through your imagination—which means “eye-magic in action”—and through your visioning of this higher perception actually manifesting.

We have a beautiful elemental song.³⁷ Nature Spirits are very dear to all of us, I believe, especially young people now. I have a lot of friends who do permaculture. The elemental spirits are really important for the balancing of the Earth, right? We all need to revere them, to love them, to cherish them, to work with them in our gardens, growing organic, live, healthy food and consuming that food so that we have the proper DNA manifesting within us and we are not taking in GMOs, not taking in nonorganic stuff, which actually will impact our progeny.

When I was fifteen I worked at a health food store. I've tried to eat organic food since I was fifteen years old. I know many of you feel the same. I'm 90 percent vegan, and I'm getting there. I still have honey. We need to honor Mother Nature and live in harmony, walk the Earth in balance. It's part of the

path of Aquarian victors, of Aquarian initiates, of freedom lovers for us to do this. We have to walk the Earth consciously.

Here is the Maltese Cross, which is Saint Germain's signet. I gave a discourse not too long ago on how Saint Germain shares keys for justice to manifest on Earth. Right now, it seems like we all desire justice, right? We desire for there to be harmony, truth, freedom, understanding, and authenticity. This is the time when authenticity has to manifest, because truth is coming to the fore, whether people desire it or not, at all levels of our government. Yet it always starts with us. If we aren't authentic, how can we expect our government, our leaders to be authentic? We have to be true to our Real Self, and then that stimulates the ethers for everyone to be true to their True Self. If we aren't living and modeling that divine existence of loving life, we can't expect others to do that. So we have to maintain harmony, equipoise, peace, and presence in our lives.

You are all initiates. What is an initiate? Someone who initiates cycles of light through their consciousness wed to God, through their being one with the Eternal. So if you desire to help Saint Germain initiate a golden-crystal age of enlightenment, freedom and universal brother/sisterhood, every day becomes an opportunity, with Portia, the Goddess of Opportunity, to initiate a cycle, a spiral of beingness, of light, of virtue.

The more virtue you emanate, the more light you hold in your aura—not just hold, you actually emanate it. The more you co-create with the ascended masters, your sponsoring master or guides, your guardian angel, your spirit, the more you help Saint Germain, at a cosmic level, to focus that violet-light frequency into all areas of our civilization, all areas of our culture. And we all know that we require it.

There's a song we have called "Freedom We Claim Now."³⁸ We have to claim freedom for every soul. We stake our claim deep in the Earth and then we move forward. And we have to be victorious every day in some way to help the Master.

Now, in our booth, we have these orgonites. BB in Montana makes these pyramid orgonites, and he invests within them a special blessing and special crystals and other elements that make them very powerful. Those who have used these violet pyramid orgonites have seen the power of them. They can transmute darkness in their vicinity and they help to mitigate electropollution and a lot of the stuff from cell towers and you name it.

We live in a wireless society, and we're in a soup of electromagnetic disgust, really. I have seen in the future that we'll be doing away with all the wires and all the wireless technology we have and we'll be using total crystal energy and

solar energy. Of course, these discoveries have already been made, yet they've been suppressed. We know this. There are places around the Earth, underground, where they're using the new technologies, and we don't have them yet. It's time for us to spiritually demand that these technologies come forth for all mankind, all cultures, all peoples and that they are *f-r-e-e*! Do you agree? [Audience responds with cheers.]

Saint Germain is an exponent of freedom, and it is free energy too, because energy is of God. God is energy; energy is God, and we deserve to have that free energy. We know that the orgone energy and the energy of the Divine Mother are everywhere in cosmos. They're in every breath we take. We just have to access them. And some of you are great accessors of that energy already. You're living very consciously, walking the Earth in harmony and balance, and you are the exponents of the New Age.

There's also a Buddha of the Violet Light who helps to raise the frequency of our Earth. Every Buddha being has mastered both the seven major rainbow ways and what we call the five crystal rays. These frequencies are very ethereal, very refined. When you enter your Buddha nature—and Saint Germain is also a Buddha, by the way, if you didn't know that—you enter the higher realms of the very high etheric plane, where you can focus crystalline energies deep within the Earth to transform civilization—first subtly and then materially.

Alchemy is about changing base metals into gold, and we know that's a metaphor for changing our lower nature into our Christic/Buddhic nature through the golden light of the Sun of our Divine Presence. Every Buddha being is illumined, awakened and has done this, because the aura of all Buddhas is an expansive, golden, radiant light field. You can develop that. How do you do that? Meditation; daily practice; the disciplines of conscious awareness; Eckhart Tolle's teaching on living in the eternal Now, in the present moment; walking the Earth while feeling integrated in your body. You're not just a woo-woo being galavanting around the cosmos. You can do that in meditation sometimes, and you are also anchoring your Wow-Wow nature here—in your heart, walking the Earth.

Saint Germain is also a very practical master. If you didn't know that, he is so practical that when you actually get to know him he will help you with everything that you are doing physically—your gardens, your projects, your work, your service.

So now, for the activation. Are you ready? Okay. Sit up straight, your chakras aligned. You can choose to hold your hands cupped in your lap and do some deep, slow breathing—the way that works for you. Enter into the mindful, conscious stream of your Presence, as the pulsation from your mighty

I AM God Presence is manifesting through both your breath and your sacred heartbeat.



SG: I, Saint Germain, step through the veil and activate through these, my initiates, my friends, my co-workers, the *light*, the *light*, the *light* of the violet flame as violet-laser light into each chakra, into each cell, into the crystalline essence of their true God Reality. Through this activation now, there flows a radiance of seventh-ray joy, freedom to be who you are—love, realized through Selfhood in God.

I claim you as my own, O initiates of the sacred fire. I claim you as freedom lovers of mankind. I claim you as those who will assist Portia and me to work consciously day by day, hour by hour, moment by eternal moment to emanate love in its highest offering, virtue in its most pristine emanation, joy in all of its uplifting and spirited Holy Spirit manifestations.

When you live in joy, O sons and daughters of God, you live in the angelic field of perfect harmony, peace, brother/sisterhood, unity. Oh, unity. Mankind, come into unity now! Feel the unification of all life, the Unity Field of Beingness, of your oneness with your Self and all that is true that you have known forever.

Lord Zadkiel, come forth and clear Los Angeles, California, all of the suburbs here. *Burn* through, O sacred fire, and anchor deep within the Earth along the fault lines, the San Andreas Fault—from the south to the north, from the north to the south and back again seven times—violet light to mitigate all potential earthquakes, all shifting of the Earth's crust that could result, if not mitigated, in destruction of life.

I foresee a golden age manifesting here as it appeared on Lemuria, the Motherland, enduring a time and a time and three half the times on Atlantis, and that golden-age civilization in South America, in Africa, in China and elsewhere; and as these initiates are now consciously birthing it into manifestation through the love-wisdom that they hold dear within them.

Now I touch you, each one, with my alchemical crystalline fire. I charge you with the new light-energies of Spirit, which you can access through your mindfulness, from within your heart, from within your Higher Mind, from anywhere that you exist in your Godhood. I call you brother; I call you sister, dearest ones. For you truly are dear to me, wholly pure, undefiled in your

original state of being, which we in heaven yet hold you within in our mind's purview, in our eyes' vision.

Now beloved Alpha and Omega descend over this room to also charge and bless each one of you with the blueprint of your true being. With ampules of light from the Great Central Sun, they charge the atmosphere of the entire planet, and they utilize the causal body of the Great Divine Director now to purify this entire Earth and her evolutions in violet-laser light.

There is a conflagration of sacred fire in the atmosphere high above the Earth and now deep within the Earth to transmute ancient records of darkness upon these shores and all nations. The records of the destruction of Atlantis that are yet to be transmuted, this day, through these hearts, are transmuted! The records of the infamy against the native peoples, the First Nations, now are transmuted, by God's grace. And Zadkiel walks in all the fifty states, throughout Canada, Mexico, Central and South America and calls to task those ignoble ones who have wreaked havoc upon the pure and innocent, the undefiled, the holy children of God and children of the Sun. Earth is restored to its pristine state of God-consciousness, Solar awareness, divine innocence.

As your Saint Germain, I lead you in this holy battle of Armageddon—not as warriors where division and strife manifest; as advocates of true freedom, spiritual awakening and divine gnosis. I now also provide each and every one of you, through your Higher Mind, an engram of light as an alchemical formula to assist you on your path—your path of light, your path of oneness, your path of joy. This formula is unique for each of you. And it will continue to be released in days, weeks, months and even years to come to inspire you to a new co-creativity with God; to assist you in maintaining deep spiritual connectivity with your Source and a certain blessedness and grace that you, each one, have earned through your conscious lives lived to the glory of God.

Now the power of the Holy Spirit, as the refreshment of who you are, is manifest within this room and expanded to the entire Conscious Life Expo, all booths, all lightworkers, all those here serving humbly as the staff and the volunteers, as well as the Hilton staff. I anchor a rod of violet-laser light in the center of this expo, and it will remain inviolate in light as a lodestone of alchemical love in the City of the Angels. Oh, the City of the Angels! Do you know, dearest ones, that you walk with the angels throughout this City of the Angels? Walk with them; talk with them; muse with them; fly with them; imagine with them; worship with them; simply be with them who you are, as a spirited being of light. And in this, you are fulfilled and loved. Amen.

DCL overshadowed by Saint Germain: I've been very privileged over the last seventeen years to receive over six thousand HeartStreams—either in dictation, discourse or darshan form, including over 300 by the Master Saint Germain. Many of them are incorporated in Volume 1 of the book *Saint Germain on Advanced Alchemy*, and more in this volume.

Saint Germain's final message to you today is that *you* are a messenger of love. *You* are an initiate of grace. *You* are a healer, an exponent of the new era, the New Age. Be who you are; love with your entire being; pour out the fullness of yourself in what you do, in what you give. And in all of this, you will fulfill the requirements for your ascension and you will ascend—whether in this life or the next. The choice is yours. You can make it; you can do it; you have the capability; you have the wherewithal; you have the guts, so to speak, to go all the way. Will you go all the way? [Audience responds: "Yes!"] Thank you, everyone. God bless you. [applause]

Now, if you have a question for the Master Saint Germain, you can come up here and ask the question and I will answer it.

Participant 1: I just want to know what's all this about Saint Germain having been hovering over the founding fathers when they were signing the Declaration of Independence? What was that all about? Is there any truth to that? Did they actually see Saint Germain?

DCL: There was a man who appeared in the room where they were debating whether to sign the document, in Philadelphia, I believe. No one knew who this man was, and he gave a spirited discourse. And then at the end he said: "Sign that document," because they were wavering whether to do so or not. There was a lot of dissension about different aspects of the Declaration, and also the Constitution.

If you study American history, there was a lot of stuff going on when the Constitution was happening and the Declaration. Some wanted more federal power; some wanted more state power. There was a whole dynamic there. Yet this being appeared, just like them. He was in the gallery. He stood up, gave a spirited talk, and it was so stirring that they felt the electricity of it and they signed the Declaration. That was the physical manifestation of Saint Germain.

Participant 2: In the part of the dictation where Saint Germain was claiming us, what does that mean exactly?

DCL: He is enfolding us with light as a family, as a brother/sisterhood. We've lost, somewhat, all of us, at some point, our total connection with Source, right? We are incarnated in time and space. Many of us chose to come back. Many of you are embodied angels who chose to serve and help people, yet we've all lost a little bit of our divine glory. So by claiming us, he is reaffirming that we are one; we are all one; we're all in this together. And by claiming us, he's bringing us to his heart. He's saying "I love you; I claim you as my holy brother or sister." He said brother, sister; he used those terms.

He's called "holy brother." His name means "holy brother." I was seeing him as he was claiming all of us. He was affirming, "You are a holy brother; you are a holy sister." If we can't get beyond the sense that the masters are separate from us and better than us, we'll never rise to that state of consciousness. We have to start living as ascended masters while on Earth. We have to almost pretend that we have that level of attainment—not in an egotistical way, in a practical, realistic, loving way, in a giving way. And then we rise into that ascended-master state of awareness. So by claiming us, he was saying, "You have what it takes." He said that at the end. You have what it takes to make your ascension in this life or the next. So he was claiming us all as his brothers and sisters, as one family.

Participant 4: What's the connection with him being at Mount Shasta?

DCL: That's where Saint Germain appeared to Godfre Ray King, which was a pen name for Guy Ballard in the late 1920s. Guy Ballard wrote *Unveiled Mysteries*, then *The Magic Presence* and then *The I AM Discourses*, the first three books—which are phenomenal—under the dispensation of the Saint Germain Foundation. They have a beautiful theater, with two plays there every year, which are phenomenal, outside in nature—one on the angels and one on the life of Christ. They have that in August. I think it's the first or second weekend in August. Mount Shasta is kind of a power spot on the Earth. Some people feel there is an ancient Lemurian brotherhood under the mountain in the Earth.

There's a lot of woo-woo stuff happening there too, and there are a lot of lightbearers who live there. We have a group there, and we have two services a week that we broadcast from 6 to 8:30 AM, Mondays and Thursdays, free through our website, from Mount Shasta. So it is a power center. And first we meditate for fifteen minutes in silence, and then we give a lot of mantras, invocations. We sing songs and have sharing. And then typically I will either give a live message from a master or they will play a replay of one that I've

given in the past. Every Monday and Thursday from Mount Shasta. It's a special place. I usually go every year.

Participant 3: Have you ever seen the violet light anywhere?

DCL: Do I ever see the violet light anywhere? Yes, I see the violet light. I see it in my meditation. I see it in the auras of African-American people, who really have a lot of violet. The African-American people have deep soulfulness, and that's the chakra of the violet light. Some people think that the crown chakra is the violet chakra. I think it's really the soul, and soulfulness is about freedom.

Yes, I see the violet light. You don't think I see it? You want to know how much you have? The more you invoke, the more you imagine, the more you visualize and feel. The feeling is the key to experiencing it. You can visualize all you want. You have to feel what you are envisioning for it to be a reality. So if you don't see now, don't worry, because you know what? Intuiting through your heart is more important than seeing through your higher vision.

Participant 3: I can see it, by the way.

DCL: Good! Even if you don't have clairvoyance, don't worry. Just keep visualizing it, accepting it, believing it, feeling it. And dance with it—dance, dance, dance. Okay, we've got to dance out of here. Thank you, everyone.



Our New Aquarian I AM Teachings



DCL overshadowed by Saint Germain: I'd like to share today on Saint Germain's new Aquarian I AM teachings.

The frequencies that are coming from the Great Central Sun, which are being stepped down through great Solar worlds to eventually move through our solar system and then reach planet Earth through our own sun, are available for our enlightenment, our illumination, our freedom, our Self-realization. When we tune into these very, very intense and yet very fine frequencies as a result of having done a certain amount of clearance with our own being, or we are sensitive enough to feel them, we understand these as cosmic waves. We just did the Ho'oponopono. When you go to Hawaii and you see the hula dancers, what are they doing? Waves, right? They knew in the ancient times about frequencies and about waves.

We're just coming back to the understanding of how important light is. Light travels in waves; consciousness travels in waves; energy from the Great Central Sun travels in waves. And we know that Einstein tuned in a little bit to this understanding of how the universe is curved and of gravity being different than what we think it is. It has to do with the space-time continuum and the curvature of it and how everything in our universe is unfolding and moving and morphing.

The crystal rays are more prominent now. We used to call them the secret rays. We call them the crystal rays because these are frequencies that are constantly in flux, moving and changing. When we surrender to what is coming and what is now through these very refined frequencies that are being stepped down by great Solar beings and the star systems themselves, and we are able to imbibe them and allow them to wash upon us and activate more and more within us of our God nature, then the I AM Presence is fully employed. We like to refer to it also as the Solar Presence, which gives us the sense that in addition to having the name I AM (which is the short form for the name of God in English), it is a solar energy field of the sun.

The culmination of El Morya's book *The Advanced Studies of the Human Aura*³⁹ is the understanding that we are all destined to be Solar beings. That is our future. It already exists in our Higher Selfhood, yet we are remembering and becoming more and more of that. And then we are emanating light centers of pure love, pure light, all the virtues of God.

The I AM is not above us spacially, as I explained yesterday; it's really within us. And so the Solar Presence is also deep within us. Allowing, through acceptance, that light to be who we are and to emanate through us is the crux of our responsibility as lightbearers, lightsharers, lightworkers. The word *lightbearer*, which many of us have used for decades now, is nice. Yet we can't just bear the light—it's one thing to just be that light and bear the light—we have to emanate, share and work with that light. We have to be lightworkers, whereby we facilitate that light—that great Solar energy and the frequencies from God in the Great Central Sun—being anchored in the Earth and work with our Mother Earth. And then amazing alchemical things occur. We have to be practical, Saint Germain says. We have to work with the Earth and integrate these very fine frequencies in this dimensional plane of being in a practical way. Otherwise, we are just will-o'-the-wisp, mental, concept-oriented people. We dream about the Golden Age, and we keep dreaming about it, dreaming about it, yet where is it? We have to anchor the Golden Age physically through our hands, through our work, through our feet, through our physical temples. This is the work of Now.

Jesus said, "Thy kingdom come...on earth as it is in heaven."⁴⁰ He was giving us an alchemical formula and a command. So as initiates, we have to be practical and ask, how are we going to have the kingdom of God on Earth? We do permaculture. We refresh the earth by eating live, organic, fresh foods from our own gardens, preferably. We walk consciously on the earth, respectful of every creature. We revere all life. We live the I AM THAT I AM understanding and teachings so practically that people around us don't even necessarily know that we are spiritual people. They just see us doing what we do lovingly, with great appreciation and focus. Yet what we are doing is investing all of these higher frequencies through our bodies, through our chakras, touching the earth, anchoring them physically.

The sacred dance known as the Paneurhythmy is amazing, because we're moving, we're morphing. The waves are manifesting right through our body temples as we move. We are making those waves through the motion of our hands, our legs and our arms. And so we are already facilitating through that and other sacred dances and movements these frequencies being birthed upon Earth through us.

Whatever your practice is, think of the waves and how you are using these frequencies through your body temple to consciously, physically ground them, to actually ground them in the earth. We have to ground the light. The light can be up here, (David motions above his head) yet unless it's grounded through us, it's still kind of out there. We have these four bodies because we are incarnate in form in order to ground that light. And we can actually, as I understand it from a previous teacher, balance more karma in our physical bodies than we can between lifetimes because we can work things out physically, we can transmute, we can do alchemy and actually work with the clay of the earth.

So don't think that just because you are still in embodiment you are less than these great cosmic beings, because even some of the ascended masters and angels would love to be physically incarnate so that they could do things here that they can't do in the etheric planes. And just as there is the principle of "as Above, so below," so there is also "as below, so Above." As we anchor that light in the flesh, in form, there's a concurrent and a correlative manifestation in the etheric. So what you build on Earth, you are also, in a sense, building in heaven.

There are beautiful habitations in the spirit world, which we meditate upon and try to bring into manifestation in the physical world. And when we do, there is a correspondence, where in the etheric there is a great new investiture of light in the crystal cities of heaven. And these are then easier for us to dwell within and to manifest within in that dimension because we have done it upon Earth. What you physically do upon Earth, you never lose in consciousness and in your Higher Selfhood. You take that mastery, that energy with you to the higher octaves, and it's a beautiful thing.

You never really lose the essence of the self-mastery that you gain in any endeavor upon Earth—painting, playing the piano, playing the harp, playing the flute—waves. What does the harp do when you pluck the strings? Waves. What does the flute do when you play it with the air going through your lungs? Waves. Everything really is waves. Life is waves; consciousness is waves; energy travels on waves.

As we tune into the Great Central Sun and the messages that the pulsing pulsars and stars—each one a sun, just like our sun, some larger, some smaller, some massively energetic—are sending to Earth now, let us be more sensitive to receive from them the messages that they began sending eons of our years ago and which we are just now receiving in our time-space dimension. Who knows, that message could have been sent billions of our years ago and is perfect for what we require today to resolve our issues. Can you image that? In

these spaceless, timeless realms of infinity, faraway stars are pulsing light waves, energies and frequencies that are actually required for us to use to save the Earth.

Now, when we say in the Kuan Yin Rosary, “I AM saving sentient beings,”⁴¹ we know it’s not the human doing that; it’s God, I AM (the name of God). “God in me is saving sentient beings.” Just to clarify, it’s never the little me that’s doing that. You all know that. I’d just like to reclarify. So when we, as sentient beings, as enlightened beings, are able, in a sense, to receive—through a receptivity that allows us to draw forth the light and the clarity of consciousness from these waves—messages and engrams within those waves, and then do physical work on Earth, this is how we make the I AM practical. We have to have initiates who are building these crystal cities on Earth, building vastu temples, like the one we are going to see and enjoy this afternoon. You can actually feel the physical energy that that conscious being, the deva within that temple, manifests, because the temple itself has consciousness.

Everything has consciousness, even the stones, even the minerals, even the soil. They all have consciousness. Are we attuned to all these levels of consciousness to the point that we can commune with them and enter into the spiritual fire, aliveness, beauty and harmony of all these different frequencies? Yes, we can because we’re initiates. We can play like little children with the sand or in the soil or on the beach or with mud and be refreshed by Mother Earth in that touch and in that physical experience, which is very graphically there as physical substance. And when we touch the Earth with love, guess what? We touch all of the Earth with that love, because the Earth is connected and we are all connected. When we hug one person, the energy of that appreciation, love, respect and just the enjoying of who they are as a divine being is also extended to every other divine being on Earth, because we are all one; we are all connected. What we do for one, we do for all.

So when you look upon one person, see the divinity, feel the divinity, know the divinity and let there be an interchange and a sacred connection that then strengthens the grid of beingness with every other lightworker, lightsharer, lightbearer on Earth so that we can collectively transform, transmute and transmit light so that this Earth eventually fulfills its purpose as a sun itself.

Now, whether the Earth physically becomes a sun is not important spiritually. As we are enlightened, as all of us reach that illuminative state of Self-realization, the collective energy of the light also helps the Earth to fulfill its purpose as a star, or as a sun. Energetically, the Earth is destined to be a sun, just like our sun, because the planets are like the children of the sun. And

of course the planets desire to be sun-like, to evolve to that same point as the sun is and to emanate pure light. Yet it requires the evolutions living upon the Earth to be enlightened for the Earth to fulfill its destiny as a sun. And so it's incumbent upon us, if we desire to help the Earth, to be illumined, quickened, awakened Buddhas and Solar beings so that we feed the energy field of the Earth and we help this process to happen magically, miraculously and mystically, with great, great intention and beauty.

The Master Peter Deunov and the Master Omraam Mikhaël Aïvanhov spoke of the *egregor*. And this is one of the new teachings. When we say I AM, we are affirming the I, the monad of our being, in the present moment, I AM in the present moment, present tense, in the Now. In the Golden-Crystal Age of Aquarius, we are moving more into a collective, a together consciousness. And so we can also begin to say I AM/we are, because that gives the understanding to us that we are a collective. The I AM of each of us combined is magnificent and beautiful. And when we say I AM/we are, we are tuning into that *egregor*, or collective, which is greater than the sum of the individual parts.

The synergy of our togetherness and oneness is powerful, magnificent. We can do great spiritual work when a group like this meditates. When there's the solar eclipse, we can choose to set a time—a half hour before, during it, and maybe a half hour after—and we can be in meditation. And as the shadow of the moon passes over the sun, as we observe it, you can maintain that Solar light so that the overshadowing of the sun doesn't impact the Earth negatively, which spiritually it could if we allow it. As lightbearers, we are the sun during the solar eclipse. We replace the light that is not coming to the Earth with our Solar energy in our Presence.⁴²

That's our purpose during the coming eclipse, to be that sun on the Earth when the sun is not able to shine on the Earth because it's clipped by the shadow of the moon. That's our purpose during the eclipse. In ancient times when there were solar eclipses, things did happen because the Earth was not receiving those currents and frequencies from the sun, which are so important for life, and people freaked out. Earthquakes happened, et cetera. However, now we are that sun, we are that light and we can emanate it to be the counterbalance for what the Earth is not receiving.

So this collective of the I AM/we are is important for us to understand. When the Earth and civilization—or what we call civilization, which is not always very civilized—and our cultures evolve beyond all the crazy stuff that's happening on Earth and we have the collective Christ and Buddhist awareness and the awareness of the Divine Mother in all of us together as one, that is

powerful. That facilitates the Golden-Crystal Age. The collective Christic—whatever you'd like to call it—Buddhic, Krishnaic, if you are a Krishna devotee. I like to talk about Krishnic or Krishnaic consciousness. I go up into other realms when I listen to bhajans; I love them. Bhajans are one of the highest forms of music for me.

So the I AM Presence is within. It's not above us physically; it's within us. We work, we work, we work in the physical plane to draw the light down into the Earth. The I AM/we are is important for us to embrace as the collective of our combined causal bodies. The golden body and the rainbow body are also important for us to understand. The Buddhists talk about the rainbow body. What does it look like? The causal body, what we studied in other movements. The rainbow body, with all the beautiful colors, is the manifestation of our divinity when we have balanced all of the rays, when we have mastered all of the seven rays and the five crystal rays, and then we have the twelve in perfect synchronicity working through us, going through us.

Piano is great because you have the seven white keys and the five black keys; there are twelve tones and musical notes. And there are twelve major rays that we all have to move through, understand and master. So we have the seven rainbow rays and then the five crystal rays. So our rainbow body really is the perfect expression of our causal, or original, body of light in all of its glory, in all of its beauty and harmony, with the full complement of all of these emanations and rays, or colors.

I gave a teaching a while back on “dissolve, transmute, consume.” We hear this term in some of the I AM teachings in relation to using the violet flame to dissolve, transmute and consume. Look at the word *dissolve* and think of chemistry class. Remember solvents? Some things dissolve in water. It's still there in the water, yet it's dissolved and spread out throughout the water. I never really thought of water being important in transmutation until the masters gave that discourse to me. And I saw very clearly that water is very important in transmutation, cleansing, the Ho'oponopono.

We're right by the ocean. Why do the hula dancers dance right on the sands by the ocean? Because they're seeing the waves coming in. It's very easy to understand what is going on when you see those waves and you feel the energy of those waves—you tap into those waves; you are the wave; you become the wave.

So in the dissolving, transmuting and consuming, not only is the fire element being used—all the elements are used. Water is part of this process of cleansing, purification, transmutation. My wife and I recently secured these magnets that you put in your washing machine, and you don't have to use any

detergent. No more detergent. You put the magnets on the inside of your washer and it cleans because of the magnetism, I guess, and working with the water. It's amazing. Somebody else who knows more about physics can probably explain it to us more, yet it works, and the clothes get clean. Think of how much detergent you can save. We were always getting the good stuff anyway, and there are even a few chemicals in those that I don't like.

So dissolve, transmute, consume—work with all the elements when you work with transmutation, not just spiritual fire. Work with spiritual water; work with spiritual air—prana, chi—and then go to ether, which is the fifth element. That is the element that we are evolving into and that we, as ascended masters, will be breathing in. Beyond fire is ether—earth, water, air, fire, ether.

I think everyone in this room is going to ascend, or if you're a bodhisattva, you're going to come back and help. Either way is okay. If you choose to ascend, you're going to be working a lot more with this higher ether in the etheric octaves of light. And what is ether? It's a more subtle energy or element that higher beings breathe and live on.

You have to start considering what your work is going to be as an ascended being. And this is what Saint Germain would like to share with us, that he is already planning your work for the Earth after your ascension. He's working with various committees, councils and different masters, very often those whom you have already been working with, whom you resonate with and get inspiration from. They're already planning your work, because there is no time and space. We're in the space-time continuum, yet we're really moving, morphing and flowing in so many different dimensions of being right now, already.

Some of us have dreams—RB had a dream last night, and I think it came true already today. Saint Germain says, "Receptivity is one of the greatest spiritual tools for your advancement on the path." Those are his exact words.

What is receptivity? It is the surrender that allows you to receive without judgment, without human analysis and then allow what God is communicating to you to be and then to activate and energize you for your work for that day. This is why we meditate early in the morning. We get still, without cell phones telling us that we lost the connection. And if they do tell us that, maybe we have! So we have to get back into that space. And then we feel the strong connection without Siri and all the artificial intelligence. They call it artificial intelligence. Zadkiel gave an amazing talk through me recently warning us about robots and all this artificial intelligence. The mind of God is so far beyond our conception and beyond human artificial intelligence that that's what we focus on—the mind of God, the cosmic mind. And any true initiate,

master, guru or arhat can tap into the universal mind and have any information instantly that he or she requires.

These crystal children have a screen—and this happens to me; this is part of the gift that I've received. At any point in time, if there is a question that somebody asks, or if I have a question, the masters just flash this thing in front of me and I see the answer even before the question is fully asked. Many of you have had this same experience, right? You instantly know the answer before the question is even fully formed in your mind.

That is the mind of God working through you, through the sensitivity that you have, through clarity of consciousness because you've been still and meditated and you have that receptivity. It's like a radio—you have the transmitter and the receiver. God is transmitting. And I think God does receive, so both God and we are transmitters and receivers. And God is really within us, so don't think of God as way out there and that you have to transmit something far. All of this process is going on inside of you.

We are both receivers and transmitters, and when we are in the receptive mode, we are in stillness so that we can receive what we require. And then when we desire to share with God within, we are in the transmitting mode. When we give our prayers, such as the rosary, we're in the transmitting mode. The stillness in meditation is the receiving mode. Some of you who prefer the quiescent state of pure silent meditation can do both in that state. And for the Buddhas, it's very powerful to be in the emissive state, emitting through the receptive state of stillness. They can switch and go from transmitting to receiving, and receiving to transmitting. And when there is no interference because the interference has been cleared through stillness, then the transmission becomes more powerful. That's why meditation, stillness is so crucial.

Because of the way we were brought up in the Western world, where we immediately analyze and classify everything with names, and we start judging everything, it takes us out of that receptive inner state of being. The ancient cultures in the Pacific were naturally more receptive and in tune and intuitive because they didn't have the outer accoutrements of Western civilization to dumb them down and inhibit their receptivity. So we have to do more in the West to focus on that receptive state so that we can be clear receivers of what God is telling us inside of ourselves, so that we can hear that still small voice. It's called the still small voice because most can barely hear it—it's a subtle thing.

Maybe for ascended masters it's not the still small voice any longer; it's just telepathic communication. It's very obvious. You don't have to strain to hear it

—it just is and you know it. Telepathic communication is instantaneous; there is no interference. It is, and you understand. You’ve all experienced this, right?

Telepathy is the new etheric form of communication, using ether. Saint Germain says, “Telepathy is facilitated through the element of ether.” Have you ever heard that teaching? I’ve never heard that. Telepathy is facilitated perfectly, beautifully through the ether element because you are above earth, water, air and fire. You are in this very quiescent, beautiful cosmic consciousness, where the stream of activity is pure and clean, and there is no interference. That’s what our natural state of divinity is like, and that’s what we desire Earth to be like again. It’s our job as lightbearers, light-workers and lightsharers to bring that pure state back.

The song that I composed that we played yesterday is one of my favorite songs, “Land of Love,” about going back to Lemuria, because the Earth was pure back in the day.⁴³ And we didn’t have this toxicity. Everything was very clean, our faces were translucent, our bodies were like crystal, and we could communicate instantaneously anywhere upon Earth. We all had sacred gifts. We could teleport. There was no limitation. And we are re-remembering that natal state of our divinity. Whether we physically have it on Earth, it doesn’t matter, in one sense. We will get there through our spiritual work, although I would like to see it physically on Earth. Would you like to see it? Yes, I’d like to see it all physical. It’s more like ethereal/physical. In other words, we bring the ether into the Earth so it’s so physical that the Earth becomes a star and we have a Golden-Crystal Age.

So are there any clarifying questions on these teachings that the Master is releasing as part of his new Aquarian I AM teachings, that were shared yesterday or today?

Participant 1: I want to ask you why you believe that no one here is ascended yet?

DCL: Well, it’s just a definition. You may already be there in consciousness, yet still have a physical body. I had a lady come into our store in Livingston who said, “You’ve already ascended!” I said, well, I know what you mean, yet I’m here and I have work to do. So it’s just a matter of terms. You can have the ascended consciousness and actually be qualified to no longer be embodied on Earth; however, if you’re here physically, you’re not really ascended.

Now, some of you may be descended masters—in other words, you were already in the higher octaves and you chose to come back as a bodhisattva.

And so in a sense, you are descended into the Earth. And then eventually, when your time is done, you'll go back. It's just terms.

Maybe you're qualified to be ascended, and in a sense you've ascended in meditation to those heights; you've experienced those realms and you actually live, move and have your being in that state of consciousness while you are walking in a physical body. I'm not really a big fan of this term *walk-in*, however, and there is a lot of that around here, because I believe we have to be pretty conscious of who we are and what we are doing. I hear this more in Shasta⁴⁴ than in most places: "I'm a walk-in." I think you have to be very careful when you give into that type of realm. I don't know where that came from, yet I think there may be some walk-ins around!

Participant 2: I noticed right away that there's no chart of the Presence on the altar, and I heard you say a couple of times that the new teaching is not to think of the Presence as above us, because it's really within us. Is that why there is no chart of the Presence here, that hasn't been created yet?

DCL: We had Tom Miller's Buddha Nature Chart.⁴⁵ Yet early in the activity, one of the masters asked us to have a holographic I AM Presence. We didn't have the technology to do it yet in 3-D and a 2-D picture does not depict the reality of how powerful that is. So when we have the wherewithal to depict it as a holograph, like in the *Star Wars* movies, where they have the holograph showing the death star and all this stuff—because holographs do exist—it would be nice to have the image of us encased in light. Instead of a tube of light, we would see it as a sphere, and the emanation would come from within us rather than from up there.

This is a little different than the Saint Germain Foundation. We've heard this teaching over and over and over in The Hearts Center in these last thirteen years, that the I AM is inside. Jesus said, "The kingdom of God is within you."⁴⁶ Why do we keep thinking that we have to go somewhere else to reach God? All we have to do is go inside. Every true teacher will point back to your heart as the source of the Divine within.

Participant 2: I don't have a question, and I just have an encouragement for all of us. It's in keeping with the I AM THAT I AM, the I AM Presence. Beloveds, for almost forty years I've known God, and I've known the teachings of the ascended masters for about the same time. And the goal of life for me and for all of us is freedom. In 2013, David, the Holy Spirit came through you and blessed me and gave me my freedom at that time. I've been

very happy for that, that I eventually got my freedom. Then I thought after that, okay, so now I have my freedom—freedom from sin—that is exactly what it was. “I free you from every past sin,” the Holy Spirit said to me. Then after that I was wondering, now I have my freedom, what do I do with it? As Godfre said in his decree, “I AM God-free, my Higher Self to be,” so I’ve dedicated myself to pursuing oneness with my I AM Presence and then eventually use it.

DCL: So here’s the key for you. Don’t pursue it so much.

Participant 2: I’m being it.

DCL: You’re trying to become something that you already are. So the whole teaching on receptivity is to dissolve into that. Accept it through the dissolution of even the sense of separation, because you get to the point on the path where there is no separation. And you get there by having the mystical experience of oneness. Once you have that, there is no separation. You don’t have to think that you have to become your I AM Presence, by hook or by crook, or by human mind. So dissolve the sense of separateness. How do you know that? Through love. For me, the key is love. That dissolves all sense of separateness from God, because I AM God when I am love. So that was really your question as a statement that you made, so the Master decided to clarify it.

Participant 2: Thanks very much. My encouragement is for us to become one with our I AM Presence. Thank you.

DCL: Thank you. You are one with your I AM Presence. It’s accepting it, accepting it! So your assignment is to say, “I accept my oneness with my I AM Presence always.” Don’t keep saying: “I am going to become one with.” I accept my oneness always. Don’t even say it externally; believe it and know it internally.

Participant 2: I AM one with my I AM Presence.

DCL: Yes, alright! [applause]



A Comprehensive Discourse on the Seventh Ray



DCL overshadowed by Saint Germain: I'd like to allow Saint Germain to overshadow me to share on the violet light, the violet-laser light, radical forgiveness and Ho'oponopono and what this all means for us as initiates and for The Hearts Center movement in particular, our community and lightbearers throughout the world.

The violet light, in all of its manifestations, has a number of specific qualities that we can utilize in our spiritual lives, which is really our practical daily life, all day long, because you don't separate what's spiritual from what's not spiritual. Our entire life is a spiritually oriented life.

One of the aspects of the seventh ray is the aspect of divine alchemy. As we know, alchemy is the science of divine love practically applied. Alchemy affords us an opportunity to engage in this amazing science of Spirit by which we precipitate what we envision; what we, in a godly way, desire; what we seek to manifest to glorify God and magnify the Lord in our lives—through our work, our service and as we are engaged in life's daily affairs.

Alchemy, as a divine science, is an amazing opportunity to actually co-create with God something beautiful, divine and harmonic, something that has value for others and ourselves, for life in general and specifically for our own families and communities, nations and peoples.

Divine alchemy is something that lightbearers naturally desire to engage in because it brings us great joy. And that's the next aspect of the violet light—the jovial and jubilant joy that the effervescent energy of the violet light affords us, whereby life is no longer suffering or rich in drudgery. It is full of opportunity to be ourselves, to experience God's light and life within our hearts and to lovingly be expressive of our Buddha nature, of our eternal nature.

When we have this jubilant and magnanimous joy pouring through our chakras, our hearts and our being, it actually coalesces as a violet energy, or frequency, that is beautiful, that raises people, that shines its light to craft

something magical. And that's the next aspect of the violet light, this violet magic.

We have heard of white magic and the white magicians, who are the ones who engage in alchemy. Violet magic is the magic of all of the various rays culminated in the seventh ray, where, as magi ourselves, we work on behalf of the Lord. We work on behalf of divine spirits. We work for the unnamed or nameless One to bring the full spiritual weight and integrity of who we are into play so that this magic can be expressive of something that is rich in mercy and mirth.

And that's the next quality—mercy. When we are merciful and work either with Kuan Yin or the ladies of mercy or any ascended master in bringing mercy into the world, it assuages hurt, pain and suffering and it allows there to be reconciliation of past situations and karmas that have been kind of interesting and at times burdensome to our souls. We have this inner weight of karma that we are seeking to balance in order to ascend. And so mercy is this grace from heaven, as violet light—very subtle, yet powerful frequency and energy—which, when woven through our consciousness and any with whom we interact, resolves conflict. It brings total resolution to any situation, because when mercy is there we just can't be full of angst or anger or those issues that bring imperil. It is such a fantastic energy that it instantaneously brings us to a peaceful state, a harmonious state of inner beingness and composure in our personality, in our emotions, in our minds. When we invoke mercy and the mirth of mercy and tap into the joy of mercy and the seventh ray, it just smooths things out. The rough places are made plain and conflicts don't seem to keep arising again and again in our lives, because we have resolved who we are internally.

Speaking of this mirthful mercy, the violet light is radical forgiveness, a gift from God. And by *radical*, the Master means that, as a grace, the violet light transmutes karma very, very quickly. And when we invoke it through prayer and meditation, through singing and even dance, there is an action of such great mercy and grace that the forgiveness brings all to understanding. When we forgive others, we actually unburden ourselves first. When we forgive ourselves, we unburden both ourselves and others, because we're all connected; we're all one. So when we engage in radical forgiveness through the invocation of the violet-transmuting and singing fire and flame and ray, this action is really magnanimous, alchemical and miraculous.

The seventh ray, thus, is also a ray of miracles. If we desire to invoke miracles and have miracles of healing and of grace come to us and our loved ones, as this next aspect of the violet light, the miracle of our own Magic

Presence can sustain an amazing, virtuous manifestation of light in our midst. This allows the angels of the sacred fire to step in and proffer their heavenly graces and light to bring healing, resolution and the power of God's Presence into play right in our world. Magic and miracles and mysteries always manifest through the seventh ray because as Merlin and other masters come forth in their guises and in their transcendent states of being, they offer something new, something divine, something holy in that experience of the eternal Now—in the magic moment of the eternal Now—for us to bathe in and feel God's Presence right in our midst.

The violet ray is also a specific frequency, or many frequencies, of the freedom flame. And all of these frequencies of the freedom flame grace the planet with what is essential for the Age of Aquarius to emerge. We all seek to have the Age of Aquarius, the seventh age, manifest upon Earth. This can only come when every soul is free to be who she is—free to be in the light, unencumbered by past momentums, burdens, situations and the karmas of different cultures and peoples—and when we simply get it and decide that it is more important to live harmoniously as one people upon Earth, under God, with liberty and justice as a part of this freedom flame manifesting everywhere. Everyone has certain inalienable rights, and among these is the freedom inherent in our ability to live, move and have our being as sentient beings and to grow, to learn, to evolve and to gather more light and understanding unto our minds and hearts.

The freedom flame is borne by the Master Saint Germain and many ascended masters in a very tangible manifestation with a power and oomph that moves us beyond complacency and stasis into a new divine realm of holy beingness. And Holy Amethyst comes with Zadkiel to bring holiness into the equation. We don't often talk about why her name is Holy Amethyst. Yet when you meditate upon it, you can understand that the seventh ray is also a holy ray, because when we are invocative of these graces of heaven through the seventh ray, we ourselves then become whole again. And in our wholeness, we are also holy. The holiest of saints who have walked the Earth have been those who themselves were wholly in God, and they were therefore whole. And then through that merging of their being with the Divine, they became holy.

So this is what we seek. We seek oneness with God through the seventh ray in order to ascend in consciousness daily. And then when we have concluded our mission and our work of fulfilling our vision upon Earth, we can indeed ascend back to the heart of God, be eternally free in the light, be one with all that is and know all of the truths and the wisdom teachings of the divine spirits and of our elder brothers and sisters of light in heaven. And then

from a higher plane of being, we can continue to perform alchemy, just at a more magnanimous, virtuous and powerful level.

Whatever quality of the violet light—the violet-transmuting, singing and consuming fire, flame and ray—that you desire to work on and utilize, I know that the masters will be with you when you invoke their presence, their spirits, their joys and their particular qualities in order to accentuate what they have done before us and so that you can then bring it to a new level.

One of the more ancient aspects of an accelerated way in which we can invoke the violet light is through Ho'oponopono, which is also a type of radical forgiveness. Here we say: "I love you. I am sorry. Please forgive me. Thank you." We say this to God, to God within ourselves, to God within all life and to God within anyone or for any situation that may arise where we have potential conflict. We don't ascribe to another the problem that we humanly see. We go within to see where that mote is within us that we must cast out.

When we work internally with our God and we go deep within to transmute the cause, effect, record and memory of what is abhorrent to our own spirit within and that we have accommodated or allowed to manifest, then through the magic of the violet light, there is the transference of this same action of resolution to another with whom we've had an issue. And there can be amazing results, as we have seen and as some of us have experienced through the practical application of Ho'oponopono.

The ancients in Hawaii and other cultures in the Pacific knew this science thousands of years ago—maybe tens of thousands and even hundreds of thousands of years ago. They may have called it by other names. It is an amazing way in which we can invoke the Mother light, which assuages all past hurts, resolves conflict and brings us to both inner and outer peace.

In our prayer services, when we engage in the invocation of the violet light and any of its qualities, there is an action of the stepping through the veil, from heaven to earth—as Above, so below— of this miracle light of the seventh ray to bring a new energy of Spirit into the Earth. Sometimes we have to act from a higher point of understanding, vision and truth to resolve situations that were created at a different level or at a different time than those problems that were created in the past, previously. In other words, we have to rise up in consciousness to resolve certain issues that are very diabolical or problematic in today's world, and we require new spiritual technologies to do this. So the violet-laser light is one of these because it concentrates and focalizes the action of the seventh ray in very specific manifestations to instantaneously dissolve, consume and transmute the problem.

If you have a core issue in your life, things that burden you or others that keep coming up again and again, try the violet-laser light. See it manifesting and pouring from your soul chakra, in conjunction with your heart chakra and your third-eye chakra, which are all in polarity. Work with all three simultaneously and see the violet-laser light going into any situation that requires resolution or transmutation. And see the miracle light, the magical light, the mystical light of the violet ray doing its perfect work to bring about a holy, beautiful and divine resolution.

When you allow God to be in the center of this equation and the mathematics and sacred geometry of the Spirit to come forth through visualization, it will truly be miraculous. You will find that time and space collapse and that what is done—in the twinkling of an eye, through God's grace—is truly miraculous.

The Elohim of the seventh ray, Arcturus and Victoria, offer their assistance in helping us deal with planetary issues—issues that seem too great to even invoke ascended-master assistance for. When we invoke the Elohim, the creators of worlds, there is the moving of worlds, the moving of mountains of darkness, pride, arrogance and stubbornness. And when we require that cosmic oomph of the action of the violet light, this is the time to utilize the gifts and graces of the Elohim.

So we do this at very important and seminal times in our spiritual work: when we see planetary karma descending and catastrophic situations on Earth, such as hurricanes, floods, tornadoes and the mass migrations of people, which are becoming problematic for various nations. When we see war or the rumors of war or the potential for war, this is the time to let loose with our calls to the Elohim— all the Elohim and specifically the Elohim of the seventh ray—to invoke that powerful action of the seventh ray, which has more blue energy within the violet to make it more purple-like or indigo. And then the power and the compelling light of the seventh ray goes forth to perform ascended-master, Elohimic alchemy.

Lastly, all of the aspects of the violet light include divine love. When you look at the violet color, of course, it is blue and pink combined, and the pink, as divine love, is the key to alchemy. When we have love at the center of what we invoke through the violet light, it always prevails, it always wins, because love is what holds the universe together. Love is what compels life forward in its evolution at all levels of awareness and consciousness. Love is the key to our victory, to our ascension, to our oneness with God.

So remember that every gift of the Holy Spirit has love at its core, in its center. And if you desire the Holy Spirit to also come through the violet light

that you invoke, ramp up love in your hearts, gratitude, joy, a sense of inner peace, forgiveness and thanksgiving toward God and feel that welling up of love internally. And then morph it into the violet light and utilize it in an alchemical way that will bring about the most beautiful and harmonious gifts of Spirit in your world, in your life for the blessing of everyone and for the raising of all.

Thank you, beloved Saint Germain, for this overview of the violet light, because it's something that we use every day. We can visualize and accept it as a living energy. As an actual being and beingness, it is alive with life and breath and God's love to help us to move forward and to love all life free. Thank you.



The Gift of Silence, The Magic of Stillness



DCL overshadowed by Saint Germain: Saint Germain shares that there are many portals through which we can experience the gift of silence and the magic of stillness. The first that he'd like to highlight is meditation on light. When we focus on and go into the light that we meditate upon, through its own innate intelligence, the light will surround us and suffuse us with the light of our I AM Presence, which is perfect peace, perfect stillness.

Light itself is the alchemical key, as we have heard from the master in his earlier books on alchemy. Light is the alchemical key. Since light is the alchemical key, it is the key to anything that we desire. If we desire greater oneness through this stillness, the light itself will serve us. The light will do its perfect work in bringing us to this fount of inner peace, inner calm, inner poise, inner joy, inner fire.

That's the first portal; light itself. And of course God created the universe with light. So, since God used light to create everything that is, it must be magical, it must be wonderful. It really is what we can go to as the first thing that we desire to fully bathe ourselves in and utilize in this alchemy of ascertaining and then mastering this art of stillness.

The second is mindful listening and awakened hearing. When we are mindful, we are in a quiescent state of deep awareness through observation where we still that mind, the monkey mind. And by stilling the monkey mind, we allow the Higher Mind, the Christ Mind, the Buddha Mind to take hold. Through that awakened state of Buddhic beingness we hear more than we could hear and understand because we are in a deep state of listening grace. Mindful listening, observation, being somewhat detached from the goings on and the noise around us and within us, is a key to this wakeful state of silence and stillness.

The third portal is divine love. When we are in love, in true love with God, that love quiets everything. It brings us to this perfect point of cosmic effulgence. It nourishes all of our cells so that they can be still in their own

right, because love is healing, love is soothing, love is calming, love is comforting.

In this world today, we are troubled. We live in a troubled world, and love de-troubles us; it un-troubles us. It allows us to not worry about anything because we're in the sacred space of bliss of that love and we forget about all of our troubles, all of our problems, all of our issues. We may have physical ailments, yet when we're in love with God, in love with another, we're in the bubble and the perfect zone of beingness where magically we're just raised out of those issues, those troubles. So, we're in the bubble, rather than the trouble. We are in that bubble through love. Love is magical. Love is beautiful. Love is the creative power of the universe. So when we enter that, we can be stilled and away from and safe from all that assails us that is troubling, that is worrisome, that is antithetical to who we are.

The fourth portal is perfect surrender and letting go. In this state of letting go, that is akin to what happens every night when we go to sleep, we surrender our body, and hopefully our minds that are working a lot during the day, and everything that has been active into an inactive state. It's not a bad state of inactivity. It's not an idleness that's negative. It's a very heightened state of allowance of our subconscious to now take hold of us, even our Higher Self to be present front and center, our superconscious Self. We rise out of our physical body at the soul level. We let go of the world and all of its inanity, insanity and we relax into that state, that quiescent state of stillness and peace. So, our bodies are very still. Hopefully, we've let go of the mindsets where our minds are racing and thinking about the next day or thinking about jobs or work or problems or other people. We just have to relax out of that state where everything is in motion. We enter a non-motive, or non-modal, state. Our bodies are still.

In Paramahansa Yogananda's teaching in the Energization Exercises, we energize our bodies and then we relax. The relaxation is very important. He speaks about this in the lessons, the SRF (Self-Realization Fellowship) lessons. By letting go and surrendering and relaxing, we can enter stillness, enter that state of magic silence. It's a beautiful state when we can go to sleep. We all love getting in our beds, being in the comfort of that space where the worries of the day just disappear. We've done our work; we've done our service; we've served others. Hopefully, we've given a lot; we've striven a lot; we've done a lot. And now we just let go of all of it. You can translate this relaxed state akin to when we go to sleep to actually, throughout your day once in a while, just stop what you're doing, breathe deeply and enter this heightened state of awareness and stillness that's very beautiful.

The next portal is the holy breath and pranic breathing—deep, slow pranic breathing. This naturally brings us to stillness. It's a key in meditation, as all of us know. It's a key in yoga. It's a key for sports, for any activity. Before you speak in front of an audience, if your solar plexus is racing and you're a little bit antsy or not relaxed, slow down the breathing. It brings you to peace. It brings you to that point of stillness where your God Self takes command, your Higher Mind becomes active. The subtleties of your Divine Presence may occur through an empowerment that comes as your blood is oxygenated. All of your cells are nourished and nurtured as you breathe deeply. The toxins leave through the outbreath and through the skin, et cetera. And through that holy breath, you access more Holy Spirit prana, chi. You actually enter a sacred state when you commune with the Holy Spirit where you can feel your divinity, you can feel your oneness with God. This portal is very important.

The sixth portal is through detachment from the world, the synthetic society, by going into nature and being very present, and through mindful listening and awakened hearing, observing elemental life with the greenery and the verdure of the flora and fauna.

It is such a wonderful feeling to be in nature because God created this beautiful nature around us as our natural habitat, as the environment that God desired for us to live within so that we could be whole, we could be pure, we could be one with God, with nature, and with God in ourselves. In nature, which brings us to stillness, we can have many divine experiences. We receive intuitional teaching from the elementals and the plants and the trees and all of our friends in nature. Nature is so soothing and healing. The greens, the autumn colors, the spring colors, the summer colors are there to, through our eyes, bring us to this whole state of being. And in that wholeness, we are also in the stillness in the security of God and the wonderment of the creation and the magic of the moment.

There are other means or portals through which we can come to silence and stillness, and you may have discerned them and used them on your spiritual journey. These are the ones that Saint Germain is highlighting today because they are seminal; they are important. Each one can support the others, so some of them we can do simultaneously. If we're meditating on light, we can also do deep breathing. We can let go. We can be in nature when we're meditating and we can also be in mindful listening. It's really wonderful to combine some of these portals or elements of how we enter stillness and the Great Silence because they become more powerful when we do two or more at the same time.

This relaxed state of being is so important in today's world, because we all know the stress, the strain and the issues that occur within our body temple because of that stress and that strain of having to "make a living," run around, do things that seem to be important; and sometimes they are important—serving our family and preparing meals and teaching and doing our work to have the money and the resources we require. Yet, even while doing things, we can be in a quiescent, mindful state of being where a part of us is connected to our I AM Presence, as Saint Germain teaches us, and that we are in love with God, we are in communion with what is real within us and within all life. The key is rest in motion. Yet, what are we resting in? Our I AM Presence, our God Presence.

We're resting in our Presence, yet we can be active or non-active in our restful state of being of our Presence. And of course, when love is front and center through everything that we do, when we are loving, we are kind, we are compassionate, we are understanding and merciful that love will calm those around us, as well as ourselves, so that the calming effects of that love bring others in our environment to stillness. And this itself is a very powerful means to help the planet, to help all people.

It's amazing when you walk in nature. Let's say you go on a hike and you encounter others, maybe with their dogs. When you are in the zone of your I AM Presence in a very peaceful and powerfully loving state of being, those animals will respond. This has happened to me and I am sure it has happened to many of you, where these animals that are very sensitive will sense your light, your love, your holiness, your peace, your inner peace, and they will desire to be in your energy field to absorb that too.

The angels love it when we are in this state of stillness and this grace of silence, because they can get through to us. Our higher muses, the ascended masters, can actually communicate easier when we are still, because that's when we can listen, that's when we can hear. If you would like to commune more with the ascended masters, if you would like them to communicate directly with you more and more, being in the state of listening grace is really important, because they do try to get through to many of us. Sometimes, it's when we're not in our left brain that they can get through.

When we're in a detached state and we're not really thinking about anything; maybe we're washing dishes or we're between doing things and there's this pause, this sacred pause. And then, *voilà*, something dawns within our consciousness, something arises within our Higher Mind, our Higher Mental Body. Then we receive the answer to a problem, a dilemma, an issue, something is inspired upon us: "Oh, I have to communicate with that person."

Maybe that person needs us right in that moment—a phone call, an email, a text, whatever, or a personal person-to-person interaction. How many people have had this experience of being in that quiescent state of maybe, what I call the pause? You got a download and then you acted upon that right away and you found out that the other person was in need and you were there at exactly the right time to help or to be a boon for them. How many have had that experience? I think all of us have, right?

Our I AM Presence is in a constant state of communion with us, communing with us. Sometimes it's an active communication. Sometimes it is simply a being there to focalize light to surround us in protection and divine energy and frequencies that support our work, our service, our mission, our vision. Yet, the I AM Presence is always here, right? It's always there. Yet, are we allowing it? Are we accepting it to be at the center of our focus, our life, our being? That's the key. If we are allowing God to live, move and have his/her being within us, then we will have our victories day after day, hour after hour. If we get distracted to the point where we lash out or react or do things that we regret later, well, in that moment we weren't fully in league with or in alignment with our I AM Presence. So we did things that later we regret.

Calming ourself and living in this partially quiescent state, even while we're active, is very important. We will live longer. We will be happier. Others will be happier around us, especially. I think that's the key. It's like, we may be happy in our own mind, yet are we also there helping others to be happy? We may be locked and loaded in God, determined to get things done and yet be so overfocused that we're in overdrive to the point where we've ratcheted things up and we're in the white fire of the ascension energy, yet we don't have time for others or somebody has a need and we're not listening or we're not offering help. I think that there is a balance here. We do desire to be focused in our work, yet always attentive in listening grace to meet whatever needs and requirements that the universe has. And sometimes that is really important, too.

Silence is a gift, the Master says, because our Presence is our greatest gift. The silent watcher within our Presence, the silent watcher, the silent observer, the silent emanator is always there to offer these sacred gifts of Spirit. The virtues of God, the virtues of the Holy Spirit, the gifts of the Holy Spirit are always available. Yet, they only come to those who are first willing and intrepid enough to ask for them. And then, observant and sensitive enough to receive them, and finally, have enough *virya* and will to use them. This gift of silence is stupendous. When we enter the Great Silence, it is an access point to the

singularity of perfection, the Master says. Stillness, silence is an access point to the singularity of our perfectionment in God.

If you desire to be more perfect, not humanly, in a divine way through love, use these methodologies or these portals to perfect your heart, perfect your mind, perfect your will. And by balancing these three—perfect love, perfect will, perfect mindfulness and wisdom— we come to that balanced Christ consciousness where our threefold flame is blazing. It's spinning, it's growing, it's expanding to nurture more life around us.

We will have more abundance, Saint Germain says, when our threefold flame is expanded, because that flame naturally draws to it more light and energy. If you don't have enough abundance, focus on your threefold flame, expand that threefold flame, magnify it and it will draw to you all that you require. You don't have to do hours and hours of abundance calls. If you are in the zone of a balanced and expanded threefold flame, the power of that magnetism, that divine magnetic energy of God within you blazing forth will naturally deliver to you all the essentials of life. If you find that you're always struggling, to pay your bills or whatever, maybe it's because there is something a little out of kilter with your threefold flame. You can discern through the Holy Spirit what it is that you are required to work on a little bit more in balancing it and then expanding it.

Yet, when you do this, when you focus on expanding that, it becomes a magnet to draw to you everything: virtues of God, abundance, your perfect partner, your perfect job, everything, your state in life, your place, your home that you desire. Everything will magically come to you when you allow it through the stillness and the power of the Presence manifesting through your threefold flame. I think we forget this key teaching and we think that we have to do all these other alchemical things to manifest our abundance, when really it's pretty simple—expand the magnet of your heart.

Participant 1: Beloved Saint Germain, would you please speak a bit more on portal #1, light?

DCL: Light has everything that you require. When we get to the point of being an ascended master, we live on light and fire. We know that. This is what we absorb. This is what we feed off of. And as we get closer and closer to this divine diet of light and spiritual fire, we refine what we take in with food. Why? Because we're going directly to the light. We solar gaze, we meditate on the sun at dawn and through the sunrise, we absorb more Solar intelligence as we meditate.

I was talking to A.R. the other day. His daily ritual is, no matter where he is or what he's doing, he's there for the dawn and the sunrise. He goes outside, he goes to a place where he can meditate. We were doing this before. We have gotten away from it a little bit with our morning broadcast, yet I love being outside at 6:30 in the morning or earlier, depending what time the sunrise is, because I always receive mystical teaching.

So, if you are a late-nighter, that's great for getting certain work done when it's still night and everybody is asleep. Yet, the magic of the dawn and of the sunrise is so powerful that the great masters— El Morya, Omraam Mikhaël Aïvanhov and Babaji, all of these great masters, have mastered this science of arising early and making contact with that first ray, that first inkling from the sun, because they know that within that intelligence is power, too, the power to transform their day, the power to transform their consciousness, the power that the sun wields and then gives us, offers us to allow us to evolve and to grow and to expand. What is the first ray? It's not just blue, it is the first ray of the dawn.

With the light you can do anything. Without light you can't do anything, really. We can't really work in darkness. We can only really, truly work in the light. So, use the light in your work, Saint Germain says, and be the light. The light will serve you. It is the greatest portal. That's why he listed it first, for co-creation, for procreation, for everything. I actually had it as #4 or 5 and then he said, "No, that's the first one." Light is the alchemical key. Write that down. Put it on your refrigerator. And then, as you eat your meals, as the Master Omraam shares, chew consciously. Absorb the light within the food. It will serve you better. You can eat less and get more done when you're lighter. It's a lesson for me. It's amazing how, after these services, I feel so supercharged with light, I'm not really hungry anymore. Have you felt that? The food that we have is not just bread. "Man shall not live by bread alone, but by every Word that proceedeth out of the mouth of God."⁴⁷ Well, that Word that proceeds out of the mouth of God comes with light. Another question?

Participant 2: Can you explain about the breathing that you suggested? Is it *pranayama* or something else?

DCL: It is *pranayama* and it is absorbing the prana and the chi within the environment, yet he called it the holy breath. So that is akin to the Holy Spirit because spirit and breath are synonymous, really. It's entering through the Holy Spirit into the graceful state of deep, slow, abiding breathing where through that breath you can enter stillness.

You see, all these are how to enter the silence and stillness, right? Can you enter there when your breath is like this? (Panting) You've been running for a mile. It's hard to be still at that point. Slow, deep breathing brings you to stillness. It magnifies what will come through that point of stillness and silence that will provide you many gifts of Spirit. It opens the portal wide, Saint Germain says, when you have the holy breath going through you, through your lungs.

A lot of times we can breathe in nature. It's wonderful to be outside by trees, by greenery to get the extra wonderful oxygen and the prana in the environment by trees and plants. If you can't go outside, if it's too cold or whatever, or too hot, then do it in your home. Learn how to do very deep, slow breathing. It's very powerful. It helps digestion. It helps assimilation. It helps you to release toxins out of your body.

I can tell you there have been probably two to three dozen times in sessions that we've had with the Holy Spirit, these Soul Raising Sessions, when the Holy Spirit has told people to do five to fifteen minutes of slow, deep pranic breathing a day. They have told this over and over to different people, especially people that had physical ailments. Because the breath will heal. Doing this one thing, along with whatever else you're doing, is transmutative. It's powerful. You will heal faster and you will stay healthy longer, Saint Germain says, when with whatever health practices you engage in—dietary, everything—you also do pranic breathing. It's so powerful.

Look at BB. Here's a guy, just turned sixty. He looks like he's forty. He is a master of this art, this science of using the holy breath. He's talked about it. He's given many teachings on his experience with it in meditation and using the breath. If he can do this and looks twenty years younger than he is, we can do it; you can do it. If you're worried about aging, don't worry, be happy and breathe deeply. That's just one example in our midst.

Participant 3: I've used all of these portals and I do, and they're very useful for getting beyond the intellect and the four lower bodies, the duality consciousness. They're good for getting deeper, deeper, deeper, which are two different phases of this. I would like to say that I've benefitted a lot from focusing on a tactile feeling within all of these. It feels to me like my soul is doing something. I'm pressing my soul into something and then feeling it, just like touching things. I thought I'd ask the master: What's going on when that's happening? I think I know.

DCL: Through silence and stillness, you become more soulful. If you'd like to be more soulful, rich in soulfulness, or soulful in terms of being more energetic within your soul—which is our essence, our individuality, our unique personality, which is becoming our divine individuality—then do these things to learn how to become still quicker and through silence enter this state of being.

Yes, the soulfulness expands, Saint Germain is showing me, like a balloon—how your soul actually expands as you do these things. Your soul becomes larger in its power, in its cosmic, magnetic reach into outer space and inner space to be able to do greater spiritual work. The more you master meditation and stillness and silence, the greater spiritual work you can do because you are more soulful. You have more divine energy flowing through you manifesting both in your mind, yet also in your heart and your will.

And remember, we love God with our entire heart, mind, strength and soul. The soul is the last one mentioned. It's kind of mysterious, yet when you love God with your entire soul, it's really your essence, your being, your inner essence. That's what your soul is. So, to love God with our entire soul is that mystical, magical formula that brings us to the point of then allowing the soul to merge with the Spirit, our I AM Presence.

We start with the threefold flame. The three-fold: the love, our heart; mind; strength, which is our will, and then the soul. The soul raises this balloon magically and naturally when we've expanded the threefold flame and done our meditation practice and entered the light through love and surrender and being in nature and mindful listening. And then, the soul merges with Spirit. So that's the key. That is the magic point that we are all coming to—the merging of our soul with Spirit.

Participant 4: Some people say that you just have to feel it. Elizabeth Clare Prophet commented once that there are super-good chelas that know they have to do something. And they meditate and they think: "Maybe I better do a little work on it." And they think about it; they work on it. And the opportunity is gone. There is an old saying: The answer was found in a dead giveaway. Let's call it a *live giveaway*. When would we sense that we're doing too much inner stuff and it's about time to kick ourselves into action and go out? Here's an odd saying that Mark Prophet would use: Beat the world into submission.

DCL: The lazy ones are not true meditators. Meditation is both a quiescent state of being, yet it's a powerful active inner experience with God. It

is doing great good when you're doing meditation in a spirit that is one with God. Meditation and prayer are both important. Prayer is, in effect, talking to God. Meditation is listening to God, God within you. And action and work are love made visible, love made tangible. Once you're done meditating, once you're done praying, you have to act. Otherwise, those prayers and those meditations are not fully activated in the most powerful, authoritative ways.

Yet, we can't downplay the importance of meditation because it's not just being lazy and doing nothing. You're actually doing a lot. In fact, some of the greatest masters meditate, and in their meditation they are doing tremendous, tremendous work for souls throughout the planet. They may be leaving their body, visiting souls, energizing them, teaching them, blessing them, healing them.

The higher you go in meditation, you actually can levitate out of your body, you can translate out of your physical body and do great spiritual work and you can even bilocate. Beyond bilocation, you can send your causal body essences and your electronic Presences throughout the planet to prevent wars, to prevent violence, to prevent accidents and negative things happening to people.

I think many of us have had the experience of leaving our body and doing this work. Sometimes you don't remember; sometimes you do. Inherent in your question is maybe the sense that we're not doing when we're meditating. And yet, the true meditators are doing. It's just a different type of doing that's very important. It's a spiritual doing that can be a powerful dynamic—as powerful as working at a soup kitchen or feeding the poor. You may be working at a divine soup kitchen and pouring forth food, spiritual food, to souls who require that type of nourishment on the inner. You may be helping people in a very powerful spiritual way that's not as hands-on as other people think that they need to be engaged in.

Now, does this mean that we don't do physical work? Of course not; we do. A balanced life where you do all of the above is tethered to reality, replete with physicality, in terms of bringing heaven to earth through physical movement, action, work, service. Yet, we don't downplay the importance of meditation, because when we meditate and enter that still space of pure beingness, then when we do our work and service, we're centered, we're one, we're loving, we're kind, we're empowered by the light that we invoke. We then utilize that empowerment, that love, that light to serve others in a greater measure with even more dynamism than if we had not meditated or prayed.

All of the above are important. Our Christ Self, our Buddha Self will enlighten us as to each day's needs and requirements, both for us and for life

and for others. As I was sharing at the beginning, this morning I could have done my normal prayer routine and meditation routine. I knew I was coming here for three hours and the lawn had to be moved. So I used the opportunity to mow the lawn for an hour and a half while I was singing all kinds of new, creative songs to the elementals and violet flame and Hail Mary's, et cetera. I felt super-rejuvenated. I felt close to the elementals. So, I was doing both. I was working and I was loving and praying and singing at the same time. I think that—and this is Saint Germain answering this question because it really related to the last session—he's saying that we have to live balanced lives. We can't just do one or the other exclusively, because then we're not living in reality, right? The doing becomes more powerful when we enter beingness first. Likewise, the beingness becomes powerful, when after we're in the beingness state, we're doers, we're true doers putting our faith into action through works. Faith without works is dead.

Yet, meditation and prayer without activity and work to back it up is also not as dynamic as it could be. With God, both in meditation and in work, both of them become powerful, wonderful, energetic, enlivening, enriching to our spirit and all spirits. The key is that God is within us. God is front and center within both the meditation and the prayer and the work and service. When you're centered on God doing any and all of these, then that *godness*, that light, that divine energy makes everything wonderful, beautiful and blissful. Our work becomes blissful.

I was shivering. I had shorts on this morning. It was thirty-four degrees and I should have worn longer pants. Yet I was so in love with God and life that I didn't think about it until I was about done. You can be meditating and in bliss and time goes by so quickly it's unreal. Or it's really real, yet time isn't real anyway. You can be working and in love with God and you just blaze through the day; everything goes swiftly and you're not in the doldrums of the sense of toil and drudgery, right? You've experienced this. When you're doing your work out in nature, it's all about your consciousness. Yes, you're focused on making sure you're doing what you are doing. Yet, when your consciousness is also elevated through a mindful spirit and a wise heart and a loving heart, the day goes very quickly. We've all experienced this. We bring our meditation joy into our work and it becomes suffused with such stupendous energy that our work becomes play and our toil is no longer drudgery. Even the hard things where we have to do hard physical work become playful and fun because we make them a game. We make them interesting and different and enlivening and enriching.

It's nice to work with others. If you're always working by yourself, it's a little hard to master this because you don't have someone else to engage with and feed off, so to speak, and interact with. That's why community is so important—because we are always enriched in our inner activity with others. If we're doing everything solo, it can be very nurturing, in one sense, you and God. Yet, sometimes we have to interact with others just because we require that community, that fellowship, that brother/sisterhood. And that builds something deep within us that's very soulful and very healthy to augment our own individual attainment, Self-realization and enlightenment.

When we work in community with others, our enlightenment experience is enriched by the enlightenment of every other person. Our Self-realization is enriched by the light and the Self-realization of every other person. We share, we feed off of each other's greatness, *godness*, goodness, and we support one another in this endeavor. This is why coming-into-unity, community, is so important for the Aquarian Age, because it's hard to do it only by yourself. It's easier to get depressed. It's easier to morph into this *woe is me* state, where the work is intense and drudgery. By working together in teams, we actually can do more synergistically than we can do just by ourself.

It's like when you are unloading a truck. I've done this many times. If I have a person to give something to, they can receive it and it goes a lot quicker than if I'm alone hopping up on the truck, getting the thing, hopping off the truck and putting it somewhere else. It's ridiculous. You have to have two or three people when you're doing certain work for it to be the best, to be synergistically not a time waster.

Look at this spiritually in terms of when we meditate together, the energy in the room that we collaborate with the Higher Selves of each person, activate within us something beautiful, fresh, divine and holy that we may not have accessed completely on our own. We could, maybe, if we've done meditation for thirty, forty years and we've really mastered the science. Yet, when we are together there is this sacred dynamic of the union of our highest...like the numerator in an equation. The highest numerator then is expanded, it's multiplied. And then, we have this synergistic effect that is very, very important for the Golden Age.

I think Saint Germain desired to expand a little bit on the answer to your question because if we only meditate or pray by ourself, we're missing possibilities that exist in community that are very important for culturing—and he's using this term *culturing*—the New Age. The New Age will be a divine culture. Yet, to culture the New Age requires people working in unison, working in teams, working in committees, working together. That is the *egregor*

that the Master Peter Deunov and the Master Omraam Mikhaël Aïvanhov spoke of that is part of this we/us dynamic that's so important. Community is what I was looking for when I was eighteen searching for a spiritual community. I think it's what many of us desire because in collaboration, cooperation we can do a lot more together.

I'm learning right now a lot from ML. I'm taking classes that she's preparing in learning all about the body temple from different aspects of different healing modalities. This is going to be ongoing for a while. Why? Why am I doing this as messenger training? In order to learn from an expert who's studied and studied and become a doctor, a naturopath, keys that will help me, both in maintaining my health and vitality and wellness and in helping others whom the masters bring to our movement, whether it's in Soul Raising Sessions, whether it's in direct interaction, whether it's in the Morya Discipleship Sessions. And a new one that's going to be happening very soon with Sanat Kumara for our staff.

If I can even work on myself to become more whole than I currently am and I find the deficiencies in me or the lacks or the issues or the habit patterns that I know are not serving me, and I can have a doctor who's an expert reflect back to me what she sees in my face, in my skin, in my ears, in my feet, in my whatever, because of all of her studies, it's motivating me to be a better person, to become humble enough, even in my state of being a messenger, to actually go deeper and to self-heal at deeper and deeper and deeper levels.

I'm kind of baring my soul a little bit on this, yet we all have to keep learning. We all have to keep growing. We all have to keep expanding. Every meditation experience, every work experience, every interactivity with another person is an opportunity to learn, to grow and to self-master who we are and what we're becoming. If we're doing our deepest and highest work, we're always in a state of self-assessment where we're mindful of what is going on, both outwardly and inwardly. And we're using our higher minds to observe kind of objectively from a very high vantage point so that what we are actually doing translates to our becoming more of God, our becoming closer to God, our merging with God, merging with our Divine Self, letting go of the human, the ego, the lesser self, the not-self, more and more. Allowing it to just disappear through our mindfulness, through our oneness, through our love. And then we benefit all life through our Self-realization, enlightenment and ascension.

We benefit every sentient being on the Earth when we rise a notch in consciousness every day. Why? Because we are helping raise the entire culture, the entire civilization, because we are a collective. We are all one in our Higher

Self in light already. Yet, we're Self-realizing this dynamic through 3-D living in this physical plane. So, we can't diminish the importance of the physical work, the physical service, the physical activity. It's so important. We've incarnated, so it must be important. We're in a physical body. It's important. We don't just put off heaven until after we die. We're here to bring heaven to earth. The great masters all say this. They are not here to just say it's all unreal here and therefore we might as well just meditate and pray and not do much physically and we hope for the new day and we'll get there after we die. No. We're here doing physical work.

Back to your question. You're a doer, DP. You do physical work. That work is important for your clients. The masters hear you and they honor the fact that even at your tender elder years in age, you're doing hard physical work. You're an amazing person to be able to do this at your age. It's a humble job, yet it's an important job. Because you have lived consciously, you have attempted to learn about the truth, speak the truth on the radio, et cetera, that truth is serving you and will continue to serve you to be your best, to be a God-man wherever you are, whatever you're doing. And that is wonderful. Thank you for the question.

Participant 4: I don't feel my threefold flame. Occasionally, I feel fire burning in my heart, though. Certain life situations will touch my heart and I may feel the fire. Or most often, though, my heart feels very heavy from situations. Sometimes I can hardly breathe. Decrees can clear the way or physical activity. So, why and what do I do to feel my threefold flame?

DCL: Go to a time when you felt great love, appreciation, joy, spontaneity, creativity and when you were just in bliss. Go back into that moment of bliss and of feeling super-happy. Stay with that remembrance, that memory of being happy, in love, in bliss, excited, feeling virtuous, feeling whole, feeling who you truly are, feeling creative. And allow that feeling to just wrap itself around your entire aura and then penetrate into every part of your aura and into your heart. The memory is a type of feeling. It's etched in akasha. And so, grab from akasha, if you like, or accept from akasha the joy and the excitement and the wonderment, the awe of some time in your life when you just felt totally loved, totally appreciated, totally validated, loved unconditionally. If necessary, it's like when your mother held you and nursed you. You may have to go back, even if you don't remember it physically, there is a memory in akasha where your mother just loved you! "Here is my new child, my beautiful new daughter," and was nursing you and taking care of you and feeding you, et cetera.

When you can feel that love, then your threefold flame is enlivened in that moment. It's actually accentuated, it's highlighted. Stay with that feeling as long as you can until it permeates your whole being and you feel this rush. We all have experienced hair standing up on our arms and a rush of light or energy. I hope everybody has experienced it. I feel it every day—feeling a rush of light and love. Go back to that experience of feeling that rush. And then, stay with that as long as is necessary to have it permeate your whole being and excite your heart.

And then visualize your threefold flame dancing. Each of these flames is alive. See them as live beings, actually. You can call it Mr. Blue, Mr. Yellow, Mr. Pink or Mrs. Blue, Mrs. Yellow, Mrs. Pink or Miss. Treat your threefold flame actually like little beings, okay? You're talking to them and you're coaxing them to expand and to give you their sense of who they are and what they feel. Treat them as actual, virtual, real beings.

When you treat them as alive within you, then they become alive and they will serve you and stimulate you.

I think this is the answer Saint Germain desired to give, because sometimes we can't accept something as real and alive when it really is, yet we haven't experienced it. So, we have to be playful like a child with our imagination to give it that reality, that sense of being real. Become like a child and allow your threefold flame to be so real, so front and center that you use whatever means you want with your imagination to make it work for you and be real. So that's his answer.

Participant 5: I've been meditating with a group on Zoom since we are staying at home. Do you feel that it works—this meditation together in a group?

DCL: Absolutely. What you do though, is you can visualize going up through your crystal cord into your I AM Presence. And then, from the point of your I AM Presence, you're perfectly in alignment with and in attunement with and collaborating with every other person's I AM Presence, your Higher Self. You see all of those Higher Selves as one, one being actually, one light, one being.

When you merge in consciousness and visualization, it's a powerful dynamic. And then, you can have downloaded through that crystal cord right into your mind, heart and being, your soul, even more powerful essences that will support your meditation and support what you're doing collectively.

Now, when you invoke the masters, when you invoke these great divine beings to actually be the being who is organizing and conducting this session, it becomes mathematically, both arithmetically and geometrically, more powerful. Always invoke the great beings of light, whoever you choose to be there to center all of the activity and regulate it and then utilize it for the highest good for the planet, for people, for elementals, nature, et cetera, because we can do a lot through our Higher Self, yet the great masters through their transcendence can do it better than we can humanly.

So, yes, it works. You have to accept it, believe it, see it, feel it, and as you see it, feel it, accept it and know it, then you will experience higher and higher states of this collective power of the meditation on Zoom. It's very neat.



Saint Germain Speaks on Freedom



DCL overshadowed by Saint Germain: I am grateful to Saint Germain for being with us. In the last hour he's given me nine beautiful statements, which I'd like to read and then reflect on the concepts a little bit.

First Statement: Saint Germain says: "Freedom inspires the soul to its victorious ascent and ultimate reunion with God."

Now, what is this freedom that inspires the soul? It is an inner flame. It's also an eternal light that's embodied by Saint Germain and his twin flame, Portia, and by other divine beings who have reunited with God and who, through their own striving toward oneness with God, have ensouled this eternal principle. They show us how to ascend and how to have our ultimate reunion with God by their beautiful example, by their lives lived to the glory of God, by their sacrifices, their givingness, their striving, their teaching and the light that they have anchored upon the Earth.

This freedom that inspires the soul is such a powerful dynamic that when we have it, when we access it, it propels us unto our victory. We have to strive for that union with God because we know that there is no other course for us, that there is nothing else of complete value to our lives except love and that which helps us to reunite with God.

Freedom is such a powerful dynamic that many wars have been fought for people to feel liberated from oppressors. And even if those wars have been tainted by the powers of darkness that sometimes begin those wars, the flame inside of the individual person, the flame of freedom inside of them, is what they feel is the purpose of their struggle. So they continue on until the end result is fulfilled and their freedom manifests—hopefully that happens.

Unfortunately in this day and age, many of the wars we see are not inspired by this internal flame of freedom. They are inspired by greed for money, land, territory, oil and other resources in the earth. And the powers of

darkness, typically now, in this day and age, are the ones inciting these wars and having people, good people on both sides, fighting each other.

Second Statement: “Sacred inalienable rights proffered (or offered) by the Creator are all meant to lead the individual to oneness in freedom’s flame.”

Now, these inalienable rights were spoken of in the Declaration of Independence for the United States, and many other nations have followed suit and have their own constitutions based on higher values and eternal principles. These rights of life, liberty and the pursuit of happiness are meant to lead us to freedom’s flame and, again, to our oneness with God. If a nation does not offer these inalienable rights of life, liberty and the pursuit of happiness and certain freedoms—freedom of expression, freedom of religion, freedom of choice, freedom of the press, freedom to bear arms, et cetera, those outlined in the United States Bill of Rights and in documents that other countries also have now—then we see problems manifesting and people rising up against their oppressors.

Many of you came from Iran, from Persia, and you sought freedom of expression, of your choice of worship, your religion or your beliefs.⁴⁸ So you were invested, in one sense, in this struggle. The sacred inalienable rights, when we understand them and meditate upon them, do lead us to an understanding of who we are, of our soulful nature, of the truth of our inner being, as well as the outer personality. When we are locked into our soul, our spirit, our essence as the primary part of who we are and we focus on that rather than on the outer body temple and personality, then we get to the core of why we are here. We search for the answers, strive to understand who we are, what our purpose is, what our mission is, and that’s when we begin to find all the answers through spiritual teachers, books and friends whom we resonate with, who feel just like us. Then hopefully we find a community or organization that can facilitate our ongoing study and our practice in our becoming.

Now, the oneness in freedom’s flame has many steps along the way. We may be free when we are a youth in our teens to do some things without having to strive with a job. Then once we become an adult and we are on our own outside of our family, it takes a lot of energy and effort to make it as an individual; and then if we choose to have a family, to support and protect our family. So there are steps along the way to secure this freedom flame that we all tread, we all walk, that are important for us to master for our becoming.

Third Statement: “The self-determined soul must use individual liberties to help liberate the unfree and to serve the planetary soul.”

We all desire self-determination—in other words, the choice to follow the path that’s within our hearts, our souls and our minds. We don’t desire that someone else tell us what we should be. We have the spark of light within us from God, and that eternal fire inside of us inspires us to follow the path that we are choosing. However, once we walk a spiritual path, we will also always use those individual liberties to help others, to liberate those who are unenlightened or unfree, those who haven’t yet begun to understand their true nature. Then if we work in consonance and in harmony with other spiritual devotees, we can help to serve the planetary soul—in other words, the souls of all mankind.

We do this in our Hearts Center Community through our broadcasts and our prayers, our songs because they invoke so much light that goes forth to serve many, many people and all nations. And we truly do love all mankind. We don’t have prejudices toward one group, one race, one culture, one religion, one people. We understand all are sons and daughters of God, no matter what nationality, race, creed, orientation, et cetera. We are all born of the one eternal Father-Mother God, and we’re all working toward planetary liberation and the liberation of the soul of every man, woman and child.

It is our right, in a self-determined state, to really go for it and use the media that we have and use our talents and gifts to make divine liberation a goal so that every individual can pursue their inner direction, their divine plan, their holy mission in life. The purpose of our Internet website and our broadcasts is to inspire people to go for it with the talents and gifts that they have, that God gave them in this lifetime. And I pray that we will always find an opportunity to inspire people to do their best, to follow their dreams, to realize their goals.

Fourth Statement: “Freedom, as an eternal manifestation of light and awareness of divine principles and values, is aware of the delicate balance wrought by the interplay of justice and mercy.”

Freedom is an eternal manifestation of light; it is also an awareness of divine principles and values, and it is aware of the balance between justice and mercy. If we only have the letter of the law through justice and there is no mercy through the spirit of the law, there is an imbalance. So in a righteous system, there are checks and balances against the misuse of law, and also mercy and grace, through understanding that people are people—they make mistakes,

maybe through ignorance, and if they're enlightened, they won't make those mistakes. That dynamic helps people to grow.

So freedom, as an eternal manifestation of light, is actually an awareness of divine principles and values, and it is aware of the delicate balance wrought or manifested by the interplay of justice and mercy. The Shakespearean plays, which were actually penned by Saint Germain as Francis Bacon, as well as a few other of his writer friends, bring to our understanding these dynamics of mercy and forgiveness, as well as justice.

So when we study these Shakespearean plays, we will have keys to the development of our minds through a greater awareness of what these divine principles and values are, because Saint Germain, as Bacon, embedded them, encoded them, within the words of these plays. It's a beautiful thing.

Fifth Statement: "License to act must be tempered by an internal integrated awareness, secured by following truth for it to be transmuted into the light of liberty and the flame of freedom."

So license is a type of freedom to act; in and of itself, though, it is not real freedom. It's just opportunity to act, free will to act. It must be tempered; it must become wise by an internal integrated awareness within the soul, secured by following truth. We must follow the truth, the truth of God, the truths within righteous scriptures East and West, the truth within our own I AM Presence and Holy Christ/Buddha Self for that license to be transmuted into the light of liberty and the flame of freedom.

Teenagers have a lot of license to act, yet they're not always wise; they sometimes make stupid decisions. When we become adults, hopefully we become wiser and wiser and wiser and then we make better choices. Little children aren't responsible for a lot when they are very young. Their responsibilities grow as they use free will wisely, as they learn in school and then apply the principles and values that they learn—both in school, in the home, in their sanctuaries, temples, churches, synagogues or mosques—about how to live according to the truth, the way and the life of a living teacher, such as Jesus or Gautama Buddha or Maitreya, Krishna and other divine teachers, the Divine Mother. So license can be transmuted into the light of liberty and the flame of freedom when it is tempered by truth, following that truth.

Sixth Statement: "To strive and even fight for one's personal group or national right to self-determination and freedom to live beyond tyrannical control is a worthy cause. However, throughout the struggle, assess your

motives to ensure that the means to reach your goal are justified and are aligned with other important principles and values, especially compassion.”

If we have tyrannical dictators controlling a nation, they have to be stopped; they have to be overcome. We can’t allow them to control the people, their souls, their resources, the nation forever, because this isn’t God’s plan. God desires worthy leaders who are righteous.

Once we begin the fight, if we do fight for freedom in this way— either for our individual freedom or for group or national freedom, for self-determination—we still have to live according to certain divine principles and values, and we must assess our motives. Can violence decay into unworthy warring, where we become animalistic and dark? It could. Many of the greatest leaders never had to use guns or armaments. They walked—Martin Luther King, Gandhi—and they stood in defiance of dictators and the tyrannical control of unjust systems. And through the power of the word that they spoke, they inspired others to walk with them, and eventually freedom manifested and those principles and values were restored through righteous laws.

We have to be compassionate, even toward our detractors or those who are the tyrannical ones. We can’t hate them, because hatred only comes back to destroy us. We have to love their souls, even if we fight against the tyranny. Many of you are aware of what’s going on in Iran; the young people are trying to speak out to overthrow a system that they feel is tyrannical. Most of them were doing it peaceably, and yet even then, the forces of darkness working through the tyrannical ones were going out to kill the young people, and this is very unfortunate.

When there is a groundswell of the Word to the point where it becomes so powerful and so tremendous, then the system has to change and has to go down. It’s like the crumbling of the Berlin Wall back in the late 1980s. It was a very powerful manifestation, because the time had come—the system was corrupt and it had to be overcome.

Seventh Statement: “When the yoke of tyranny has stifled the soul or a people’s desire to be creatively expressive, it is time to force the hand of the oppressor—first through the use of divine reason and last through the power of divine will activated through all means required.”

There is only so much injustice that a soul and a people can withstand before they have to rise up, because our soul desires to be creatively expressive. If we can’t express who we are, then we’re not free; we’re not truly liberated. So we seek the opportunity to be expressive of who we are. And when that yoke, that burden of tyranny, has stifled one or many, many people’s souls and

their desire to be creatively expressive, that is a time that they must work together to overthrow or to force the hand of the oppressor.

Some of you may have seen the movies *The Hunger Games*, which are probably liked by young people more. And this, of course, is not a true story; it's fantasy. It takes place at a time when all these sectors of society are controlled through one central government that is unjust and tyrannical. So it took a heroine, a young lady who could shoot arrows pretty well, to overcome the darkness of that system so that everyone could be liberated.

I think there is a lot of darkness in those movies and it's pretty sick, the first one especially. Yet the story line is such that it is about overcoming the oppressor, and finally, when the people have had enough, having to stand firm.

Now, why is Saint Germain sharing all this tonight? Because I think a lot of you know that you stand for freedom and justice and overcoming tyranny in your own native land. And the more you invoke the light of the Christ, the Buddha, the Divine Mother and all the saints and ascended masters of heaven, Zarathustra, the more power you wield in your higher bodies to do that work at a spiritual level first. You may not be the ones who are going to go back and demonstrate physically. Your demonstration is spiritual power through the Word, and that's why you are sons and daughters of God and advanced in your spiritual path, where you use the power of the spoken word to do this. It's very, very powerful. And who's to say how much the response of these young people is actually a response to your prayers. I think that it is a response—very wonderful.

Eighth Statement: “The glory of everlasting freedom and brother/sisterhood won through sacrificial love far outshines the temporal liberties that lapse into pleasure seeking and egoic living.”

So we should strive for everlasting freedom and brother/sisterhood. These are won through sacrificial love, and these far outshine the temporal liberties—the temporary or temporal—the fleeting liberties that lapse into pleasure seeking and egoic living.

Sometimes when people are free they can then get involved in a lot of pleasure because they don't have to strive so much. We see this in Western civilization, which has been perverted through the media and all manner of things, where people have a lot of material goods and so they don't have to work as hard. Then they like those things and become attached to them and just seek pleasure. That's all temporary; we know this. The glory of everlasting

freedom is much more powerful, and we should strive for that and give of our time and energies and love to secure that type of freedom for the long haul, for eternity, rather than just what we can experience here on Earth in the short term.

Ninth and Final Statement: “Freedom, truth and justice are holy brothers, just as liberty, wisdom and mercy are sacred sisters.”

These are virtues that are godly and everlasting. Freedom, truth and justice carry the weight of this energy of the masculine aspect of God; and liberty, wisdom and mercy carry the energy of the feminine aspect of the Divine One. Yes, truth is also Pallas Athena, and justice is Portia, yet for the purpose of this quote and this sharing from the Master, he is equating freedom, truth and justice with more masculine holy brothers, and liberty, wisdom and mercy with feminine, sacred sisters.

Saint Germain is with you all throughout this cycle of Aquarius, which we entered right around the twentieth, about a week ago, and continues for the next three weeks. In four days we have another full moon and a lunar eclipse, an interesting time to be alive and observant. So I pray that all of you will find, throughout this week and this month, opportunities to be of service to the flame of freedom, to be joyful in how you work with each other and to just really be conscious and aware and helpful. To be helpful to others is a sign of one who has attained a certain level of understanding of the Holy Spirit.

Participant 1: If a person has forgiven another for a mistake, does the one who is forgiven go through the hardship of the karma of the mistake, or should they have no experience about it, especially knowing all this suffering is illusion and a dream?

DCL: Well, when you forgive, you are liberated. The other person still has the karma to balance. Yet when you forgive, the strings of attachment between you and the sense of injustice that you have of what that other person did are transmuted and you are liberated. So forgiveness helps the person that forgives more than it helps the person who is forgiven. When we forgive, it doesn't balance the karma of the other person. No, they still have to balance their karma. What it allows is mercy and grace so that they feel forgiven and they can move on and strive to balance their karma.

Now, there are exceptions to this. When Jesus forgave someone, he could heal the person through that flame of forgiveness: “Thy sins be forgiven thee,”⁴⁹ and then they were healed. So he had the power, as the Son of God, to

transmute the karma, yet that's rare. Most of us don't have the power to transmute another's karma; they have to do it themselves. Yet because those persons came to Jesus and asked for forgiveness, he was able to be the nexus for that transmutation.

Now, can you be a nexus for that level? I think that the more you forgive, the more you help that person to become who they are and then they make quicker progress in overcoming their karma. So, yes, you are still helping them, yet forgiving them in and of itself doesn't transmute their karma. They still have to balance whatever their karma is.



Helping People in Pain and People Newly Entering the Path



DCL: We have time maybe for a few questions.⁵⁰

Participant 1: I have an important doubt. I understand marijuana was created by the dark energies on Lemuria or Atlantis; Atlantis. Does marijuana given to an ill person produce the same karma as one using it for amusement?

DCL overshadowed by Saint Germain: The original plant before it was modified and the THC component concentrated, has certain beneficial healing qualities to relieve pain, as we know. If you have an organic plant and you juice it and you access those tocopherols or those substances that can be used internally to relieve pain, it can have many benefits for people with intense pain. The problem is when you smoke it, that smoke gets in your lungs. There are all kinds of other substances, like in cigarette smoke, that are not good for your lungs. It goes into the brain and affects the brain. People get high. In addition to relieving pain, they really get high to have an out-of-body experience or to get that high. Many people who claim to use it for medicinal purposes are just using it to get high.

Now, what is pain? We have to determine why we are experiencing pain. Pain is a message. It's a signal inside of our body that something is out of alignment. If you only deal with the effects of pain and try to suppress the effect, you're not getting to the cause. It's like karma. It's better not to just cover it up; it's better to get to the cause. People that are always trying to alleviate their pain without getting to the cause primarily, they're always on the outside of the circle. They're not going to the center of the circle. It's okay if you're in intense pain, let's say, after an accident or a trauma or you're dealing with a really intense situation to try to relieve that pain so you're not almost dying or out of your body.

However, if you're trying to alleviate pain whose cause is something you've done to yourself by bad diet or habits and you're not correcting the cause of

why you're feeling that pain, you're not getting to the root. None of us desires to experience pain. It's hard. However, what happens when you do? You expiate karma. You transmute karma because you may have done something to someone else in this or a past life which requires that you experience that pain in order to expiate or transmute that karma. If you're always alleviating your own pain or suffering through artificial means, you're bypassing, or you're trying to avoid, the expiation, transmutation of karma.

Fortunately, we have the gift of the violet light. The beautiful thing about the violet flame and light is that it works on the core issue to transmute the origin of the problem, and it brings great joy and outer stimulation of higher nerves within our physical body. And that joy and ecstasy bring us out of the pain. We call it the violet joy flame. We have songs where we sing to the violet flame. It spins and it creates a joy-field. And that joy-field is pure ecstasy in light and that light transmutes pain.

We all may know people that are experiencing a lot of pain in their body, right? Yet, when you've changed their focus from focusing on their pain into something that they've experienced that is wonderful, beautiful and they are happy again, they live in a different vibration and they don't experience the pain in those moments. We've all had this experience. We're in the Now, and in the Now there is no pain. So, people who are focusing on their pain haven't learned the mystical secret of leaping into the eternal Now where there is no pain.

So, we don't condemn people who take marijuana. We pray for them and seek to enlighten them. For some who take the oil from the marijuana plant and use it judiciously to alleviate temporary pain from traumas, accidents or major issues that really are so bad that they can hardly bear it, then it's okay. Yet, we have to be frank with the reality that most people take marijuana to get high. It disconnects them from their Higher Mind.

El Morya gave a teaching about marijuana, because it's like a disease and it's spreading everywhere. It did back in the '60s and '70s. It never really left us. It's in the United States everywhere now. However, the key is that using marijuana is a copout from divine reality. Using marijuana on a regular basis, and even once in a while, to get high is a copout from divine reality.

Participant 1: My question is: Yesterday I cooked a marijuana cake for somebody who is ill, has cancer, is suffering and not eating very much.

DCL: They were ingesting it rather than smoking it?

Participant 1: Yes, the leaves. For a person who has cancer, is suffering and not eating very much. Am I creating karma if I help on that?

DCL: What do you think? The Master puts the question back to you.

Participant 1: I have a doubt; I'm not clear enough.

DCL: Go in your heart.

Participant 1: After I did it, I didn't eat it. After I cooked it and my friend took it to his relative, the doubt came to me. I started thinking. In fact, I spoke to my friends in the car on the way here today. I'm worried. Did I do something wrong?

DCL: Your motive is the most important thing.

Participant 1: I did it for love

DCL: You did it for love to help alleviate suffering and pain, right? Your motive is number one. That's the most important thing. Did you talk to her after she ate it? Did she feel better?

Participant 1: No, I haven't. It was late last night.

DCL: Well, follow up and see how she feels. The masters don't judge us harshly. The masters are not here to judge us, to have harsh cosmic law come down like a hammer on us. When our life review happens at the close of this life, we will experience everything that everyone has experienced in their interactions with us. We feel what everyone felt.

What's most important is our love, our compassion, kindness and what our motive was as we did things. Were we doing things for the right reason and to glorify God and to help people? Even if we make mistakes, and we weren't intending to hurt anyone, heaven overlooks a lot of that. We still may have a little bit of karma if we cause an accident or something. It's not as harsh as when we are very mean-spirited and intend to do some wrong.

Saint Germain is looking into your heart now. He knows your motive. He knows your heart. You were doing this out of love. And the answer is for you, in this case, you didn't make karma. Just be sure that when you do things, you do them in the highest way to do the most good, to bless life and also to enlighten people. Because once we know the truth about anything, we're responsible for our actions even more than when we were ignorant. That's the

Law. If we're ignorant, there's not as much karma about things. There's still some karma. However, when we know and we misuse the light, then it's a conscious choice and we have more karma.

Ignorance doesn't completely free us from karma. In fact, ignorance usually causes a lot of bad things to happen. Yet, heaven is merciful upon those who are not as smart or wise. The fallen ones, if we want to use that term, are those who consciously chose the left-handed path to darkness. And that's a lot different than just not being illumined yet. I hope that helps.

Participant 2: Beloved Master, I would like to ask in what way when we know people that are just entering the path, how to introduce them in a simple way—to avoid producing shock in them. What would be the best and simplest way to help them understand?

DCL: First, you pray. You are the example by your loving life. You ask the Holy Spirit when to speak and when not to speak. And you develop the discernment when to know to say something. When you feel moved from within yourself by the Holy Spirit to share, then you share one little thing, not too much. Not a smorgasbord, not a feast; one little piece of orange of teaching. And you share it with great love and you wait and see what their response is. If they go: "That wasn't sweet. That was bitter." Then you smile, you keep praying and you don't say anything else. If they say, "That was sweet. Give me more. Feed me more," then you share another little orange. Don't try to tell them the whole teaching at once because then they'll have that bitterness in the belly. It was sweet in the mouth maybe, yet it will be bitter in the belly.

Always ask the Holy Spirit when to speak and what to speak, and someday you will be so empowered by the Holy Spirit all day long, it will be a natural thing and you will instantaneously know. It will just be natural. The most important thing though is prayer, love, your example. And people will come to you and say, "You're different. I feel your love. Tell me more."

The angels have to have permission to enter our world through a prayer or an invitation. You have to be careful you don't interject yourself into someone's life and path because you're so excited about sharing the teachings. ABR taught us to pray, pray, pray. And then she embraced people, healed their wounds, didn't try to teach them anything, initially. She just was pure love to them and then they felt safe. And then, gradually as they were open, she fed them a teaching here or there. And now, they have transformed their lives.

That's the example of how a saint does it. You're a saint too and you can do it too.

Thank you.



Invoke the Violet Light and Be a Nexus for Planetary Transmutation



DCL overshadowed by Saint Germain: Good evening, everyone. God bless you and welcome to our follow-up darshan with our heart-friends who contacted us at our Los Angeles Conscious Living Expo last month in February. This is a great opportunity for you to receive some divine inspiration from the Master Saint Germain, who is sponsoring tonight's event, which I would like to actually call a fireside chat, of types.

Beloved Saint Germain, we call for your magnanimous presence over every lightbearer who attended the Conscious Living Expo last month in Los Angeles, California in the City of the Angels, and all those specifically who came to our booth and received Soul Raising Sessions, as well as interacted with our staff.

We call for a special blessing upon each one tonight that they may be graced with a new level of God-consciousness and Solar awareness, with a blessing of amethyst joy and the radiance of holy amethyst, which is absolutely phenomenal, to grace their lives with a newness, a freshness of resurrection's light morphing into that ray of freedom, of alchemy, of transmutation that lifts burdens and transmutes anything less than perfection.

We see this magnanimous release of light as part and parcel to this darshan tonight. And we are so grateful to be of service and to offer our hearts to the Master Saint Germain for the blessing of all life on Earth. Amen.

Let me share a few thoughts from Saint Germain before we move on. We are sitting in a Masonic Temple building in Livingston, Montana. I believe this building has been here for over eighty years. It's an old building, yet a beautiful building. It's right in the heart of Livingston, one block from Main Street. It is right on Park Street, which is part of Highway 89, as it passes through Livingston.

We are at the very nexus where the railroad comes through this town, which, from east to west brings coal and other goods, both from eastern Montana and other parts east all the way to the Pacific Northwest.

This town was the northern entrance to Yellowstone National Park before Gardiner was actually officially the northern entrance, as the place people came through from the East long, long ago. The railroad actually passed south from here all the way through Emigrant, and, I believe, further down toward Gardiner.

The reason Saint Germain brings this up is because this area is a hallowed area, just as Los Angeles, the City of the Angels, is a hallowed area when the people who walk in these areas are focused on the Divine, on their I AM Presence, on the God-essence within themselves. We have the availability of the light through the Yellowstone River, which flows right by Livingston—actually right through Livingston—as it turns heading north from Gardiner, turns right here in Livingston and then proceeds to go east. This is actually the place where it turns from going north to east, and then eventually connects with the Missouri and becomes part of the Missouri system and then goes to the Mississippi.

A lot happens here in terms of energy flow. The sessions that we have broadcast from here are very important for the holding of the balance for this part of the United States of America. As we engage with those of you in Los Angeles, there is an interconnectivity betwixt us and you, and a flow of this light from our realm to your realm. We're almost a mile high here. Chico Hot Springs, which is about thirty miles south of here, is exactly a mile high in altitude. So we have the ability and wherewithal to transmit great cosmic energies to the entire region through the resource that we have of these broadcasts.

Wherever you live, Saint Germain says, you can be a nexus for planetary transmutation as you invoke the violet light, the violet flame, the violet consuming flame, as the I AM or students of the Saint Germain Foundation call it—the violet consuming flame. We like to now use the violet-laser-light frequency, which is an accelerated action of the violet flame. In using this accelerated action of the violet light, it affords us the opportunity to deal with planetary situations and things on a mass scale to really burn through with crystal clarity the cause and core of situations that have resulted in division, war, violence, murder, mayhem, et cetera.

When we cloak ourselves in the violet light and then visualize ourself actually within a bonfire of violet light, we can then perform alchemy and do great wonders for God on both a personal and a planetary level. So let us

visualize ourselves ensconced in violet light, in violet flame first, as if we were standing in a bonfire, right in the center of a giant bonfire of violet flame, and feel the crackling and the burning and the intensity, yet the cool heat of this violet flame as it passes through us and transmutes from us anything that is less than perfection, any activity of darkness or any burden whatsoever.

The more you use the violet light, the more you will learn what it is to be an alchemist, the more you will make contact with the seventh ray, which is important to cleanse your aura and move you upward on your path to your victory in the light. Now, what Saint Germain says is for everyone who is preparing to ascend at the close of this lifetime, it is really important for you to have a momentum on invoking the violet light, because when you ascend, if you have done this for years and decades, the benefits that have accrued to your causal body will actually also benefit Saint Germain's work in bringing in the Golden-Crystal Age of Aquarius.

Your causal body, at a certain level, merges with Saint Germain's causal body, Holy Amethyst's causal body, Portia's causal body, Zadkiel's and those of other violet ray masters. They utilize the activity of the collective God-consciousness of many lightbearers who know of Saint Germain and the violet light and have used this great tool and resource to help Saint Germain to collectively move the awareness of mankind higher and up into the light, into a higher dimensional frequency.

The more you invoke the violet light, meditate with it, use it daily and the greater momentum you have in building and building and building this cosmic resource in your causal body and around you through your auric field, the more you are able to assist Saint Germain, even while you're sleeping, even while you're doing so-called mundane things. Because the masters sometimes, with permission from our Higher Self, actually draw violet energy from this resource of our causal body to do a greater planetary work because we have given permission to the master.

Every time we name the master in our preambles, we are giving permission for him or any of the masters to enter our dimensional plane of being and to invest the energies of heaven in our plane. When we do this day after day and build that momentum, they utilize the momentum that we've built through our invocations to do the greater works that Jesus said we'd do.

How can we do these greater works? It's through the momentum that we build over time by our patience on the path to daily invoke the light and to increase the energy in our auric field. If we have stops and starts and we meditate once in a while, yet not every day, we won't build the momentum that we require for our ascension. Yet, if we set aside time in the mornings

especially, or in the evenings before you retire, to meditate, go within, invoke that light, visualize it and use it both for personal and planetary transformation, the momentum building and building creates this cosmic effect like a whirlwind, almost like a tornadic quantum field around you.

Those who have developed a momentum and are constant in their spiritual practices have this quantum effect manifesting within their aura that the divine masters can draw forth from in times of planetary chaos or confusion or issues to then bring forth a solution. It may be to work through one or many individuals in a certain situation to prevent a cataclysmic activity, to prevent the launching of a nuclear missile or something. There have been many, many instances, Saint Germain says, where because of the calls of the light-bearers and their prayers and their diligence, the masters have used individuals on the Earth who are their divine tools, so to speak—not the bad tools, the divine ones—to avert all manner of dire cataclysmic situations.

You become a part of the alchemy of averting planetary crisis when you carry this momentum of the violet light, the violet ray frequency, the seventh ray, the amethyst jewel joy field of light in your aura. Then, because you've given permission to the masters day after day by invoking them in our preambles and inviting them into your life, they do use you as a resource. This is a beautiful understanding. I think we sometimes don't realize how valuable we are to the masters' work and how it's not just during the morning broadcasts that they can use us. It can be any hour of the day, any moment when we are in tune through divine attunement, when we are centered in our hearts, when we are in love with God and with life and are doing our work. We may feel, like Jesus felt, virtue going out of him or energy proceeding forth from his aura because of a call someone makes or a need that someone has where they call out to God for help.

You may be the instrument for the answering of many prayers because you pray so much. And your prayers have an effect beyond time and space as we know it, Saint Germain says. The violet flame proceeds into multi-dimensions and planes of being beyond our comprehension and understanding of time and space as we experience it. It is a multidimensional frequency of light. It proceeds forth as God intends for it to manifest because of the nature of its miraculous activity. It is a miraculous ray and gift to mankind. It is the most miraculous gift in the last 200 years that has been given to mankind for us to use to accelerate light, accelerate transmutation, burn through all manner of layers of darkness, density and devilry. It allows us to experience the collusion of earth with heaven that the masters are at the nexus of precipitating by their work with us as initiates.

Many people know of Saint Germain. They love him in concept. They may have never had the direct experience of him actually entering their life in a very personal way, yet they still love the master through their reading of books about him, the *I AM Discourses*, *The Unveiled Mysteries*, *The Magic Presence*, our books, the books of the Summit Lighthouse, Bridge to Freedom, et cetera.

What Saint Germain invites all of us to do is to befriend him in a deeper and more passionate way by allowing him, throughout our day, to use us as a resource for planetary salvation, to use us as a resource. We can say:

Beloved Saint Germain, I give you permission to use my causal body, my aura, my love any hour of the day to avert planetary chaos, confusion and darkness and to save sentient beings.

A simple call like that is beyond time and space. You say, “any hour of the day.” So, when you give Saint Germain permission to use you any hour of the day, he will do so! If you feel like a little shadow is cast over you, it may be that darkness is coming from somewhere to be transmuted through the nexus of your heart and your consciousness. You just have to remain centered and realize that it is an impersonal manifestation of the action resulting from your prayer where the master *is* using you.

Some of us have felt at times, while being this action of transmutation, that burdens do come upon us. We have to depersonalize it and not take it personally and think that we’ve done something bad, or, “Oh my gosh, What did I do to deserve this energy that I’m feeling? Did I eat something wrong? Did I say something wrong?”

Sometimes, it’s simply that you have built this momentum of light in your consciousness, in your aura and in your causal body, where the masters are, by permission from your Higher Self, using you to avert something. So, don’t get down on yourself, Saint Germain says, when you feel burdened or less than or something’s going through your consciousness that you don’t have any idea where it came from. Just get still, close your eyes, breathe deeply, make a call and accept the light again to deal with what is going on in your world so that you can just get through it with equanimity, without a burden and realize that: Oh, this is an opportunity that I had to be used by the masters for some graceful, blessed purpose that God allows me to be the instrument for.

Another teaching Saint Germain would like to share is that, as disciples, as aspiring masters or initiates on the path, we can consider how God views our planet and what is transpiring on our planet and anticipate, based on current conditions and trends and what we see manifesting in our society, what it is that we, if we were in the place of God, could do to help mankind. This puts us in the position of working as if we were an ascended master through

anticipation, through viewing things on a grander scale, on a more universal scale from a higher level of awareness. And then, staying there in consciousness, we can first project light energy into what we desire to co-create in the world as maybe a new methodology, a new technology, a new means of helping people deal with crises or with all manner of problems on the Earth to get them out of their human comfort zone into a divine comfort zone where they are actually making spiritual progress for themselves and for mankind as a whole.

We start looking at things more on the scale of our nations, our continents and our planet. We perceive things in a way that we can help great, great numbers of people, rather than just working only, let's say, with our family or a very small little community, although that's also important because things begin on that scale at home and they expand as we are able to expand our awareness. Yet, perceiving from a higher vision point, we begin to assess things differently. We begin to understand the nature of universal beingness where when we pray and meditate, we are projecting our awareness in multidimensions to be of greater impact and import on a much larger scale.

This actually expands our heart chakra. As we project greater love to all sentient beings, we project the power of God's will and faith into domains that are beyond just our local church or spiritual movement and activity. We project wisdom and the mindfulness of God into a higher educational field where we can influence people's minds on a much larger scale and level. By doing this we begin to grow up into our divine mastership and then we have to be careful with our thoughts and our feelings, because when we start to work at this level, the subtle aspects of our consciousness impact where we place our attention.

The more harmonious, loving and balanced we are, the more we can impact things in a great and positive way. If we get irritated, if we lose our cool and we are dealing with life at this other level, this greater scale, then the results can be somewhat catastrophic. Of course, we start with ourselves, we master who we are. Then, after we have meditated and prayed and done that spiritual work for years, we can start working on a larger and greater scale. This is important, because as initiates when we build this momentum that was mentioned earlier, we have greater light flowing through us. So, naturally, we can expand the aperture of our awareness to take in more, to express even more and to be more expansive in both our view of life and in our heart's and mind's awareness and feeling at a much greater level.

We have the ability to cognize on behalf of any culture, any people. We see the dissolving of negative attitudes East and West, left and right, and the dual nature of man's awareness. We become centered in the Unity Field of

Beingness in God's eternal Presence so that what we emanate is a pure stream of light, what we project is sanctified by our Higher Self through this beingness of the Presence, of love, of divine fellowship, of a desire to be of service and to be a helper, as the Holy Spirit is the Helper and the Comforter.

Saint Germain realized all this 500 years ago and more in his work. He was working behind the scenes sometimes fifty, a hundred, a hundred and fifty years ahead of his time to instigate initiatives that would have long-term and long-range effects as a blessing to mankind. If we truly desire to come up higher and work at a higher level with the master, we will do likewise. We will begin to cognize on a much larger and wider scale. You have to first, as I said, as the master said through me, master who you are right where you are and then you begin to expand consciousness.

Participant 1: What is Saint Germain's prime directive? And how can we support that?

DCL: Part of the answer was already shared at the beginning about developing a momentum of the violet light and violet flame and violet-laser light in your aura. That's his prime directive, to become the violet flame in action, become the violet light in manifestation, to use it throughout the day in all manner of ways that will be creatively inspired upon you in your daily work. I shared recently that when I do the Energization Exercises I use the violet light.

Instead of doing each exercise three times, as was recommended by Paramahansa Yogananda, I do them four. And I say: I am a being of violet light, I am God's mercy shining bright. And then I visualize the violet light just pouring through my being into my cells, through my organs, through my legs, and all the systems in my body as I am doing those Energization Exercises. So, I'm cleansing my body temple.

This is one of the first things I do in the morning, usually before I shower. So it's kind of like a spiritual shower. You can use the violet light in just about any activity in your world. You can do it when you're cleaning anything, of course, yet you can do it in nature when you're doing gardening. You can do it on your way to work as you're traveling and seeing the violet flame blazing through your vehicle, way past your vehicle along the highways or the roads on your way to work.

You can see it blazing through anything that's kind of linear, let's say telephone wires, power lines, anything where it can travel. You can visualize it burning through chemtrails and transmuting them into something that actually

blesses us, rather than burdens us with the toxic chemicals that come through those chemtrails: strontium, barium, aluminum and other things that they now put in them. See those transmuted and actually leaving beautiful particulates of God-consciousness coming down out of the sky rather than what we know that they put in them.

Be creative, Saint Germain says, in your use of the violet light in ways that you don't have to share with other people if it's private. Yet, if you come up with a really fantastic idea, share it with your spiritual friends and work on something together using this great technology of the violet light. I'm seeing your eyes as the receptacle for mercy to flow to people and for love and compassion to flow to people.

Saint Germain says that even our physical eyes can be vehicles through which we project the violet light in such great love and affection toward every creature, love toward every person, that if you do this enough, your eyes could actually begin to spiritually have the color of violet manifesting through them. Your irises may not actually turn violet, yet for some people, on the etheric they do. Because you are projecting so much violet light and love through your eyes, the mercy that flows through you, the grace that flows through your physical eyes will actually bless people. And they will even feel that and comment: "I just feel so much love coming through your eyes. I feel your compassion, your empathy, your mercy and your love toward me. What is it?" And then you tell them about the violet light and what you're doing.

The prime directive is to be and become the violet light in manifestation, in action throughout your day. By doing this and becoming a nexus for planetary transmutation, the master will sometimes step through the veil very tangibly and use you as a direct instrument for his grace, his mercy, his violet-flame joy to flow to people.

He also says that each of us can, by being this instrument of mercy, grace, healing, authenticity, and any virtue that you so focus upon, also become an extension of his being. You can become an extension of the being of Kuan Yin, Mother Mary, Portia, Goddess of Freedom, and the Goddess of Liberty. By being an extension of them, they can pour more light through you to the planet. That dovetails with what was shared earlier.

The prime directive is: be the violet flame, be the instrument of the violet flame, and become that nexus of personal and planetary transformation and transmutation. Your life will become even more blessed than you can imagine. It may be blessed now. Saint Germain says just wait till you really know what the blessings of the violet light are! When you have developed such a momentum on its use that your aura literally glistens and glows with this

beautiful resonance and harmonic field of the violet light. You think that you're blessed and graced now? Saint Germain is already projecting what you will look like, what you will feel like, what you will act like, what you will be like three, seven, twelve, twenty-four years from now when you have developed such a momentum on the use of this divine gift that you will be spiritually blown away.

If I were to look back even seventeen years from now, I would not have imagined that I would be doing what I am doing now. There's no way that I could have foreseen what I'm doing and where I've been, the numbers of people that I've been privileged to serve and to interact with through this activity. Each of you can have the same type of experience that I've had, and it doesn't have to be seventeen years or twelve years from now. It can be very soon, if you will give permission to God, to the masters, to your Higher Self to just use you as an instrument of God's peace.

Saint Francis said: Lord, *make* me an instrument of thy peace. That was a command. *Make* me! Make me in your image and likeness. Saint Francis was bold in that statement, right? *Make* me an instrument of thy peace. He didn't just say, "I'd love to be peace on your behalf, O God." *Make* me! It was a command. You can command Saint Germain to make you into a divine servitor, to make you into a divine instrument for magical and miraculous blessings, healings of people.

Saint Germain says that a lot of the healing that we really require now is psychological and mental and emotional. Yes, the physical healing is important. Yet, there are as many people who have psychological, mental and emotional issues and problems and diseases as the physical ones. And because of the way society is and all of the influences, all the dramas and the karmas are spewing out into the astral plane, and people act on this illegitimacy of consciousness that then manifests as some perverse, diabolic act.

The people that are instigating heinous crimes like we saw in Austin, Texas, are psychologically diseased, like a terminal disease. These people are terminally diseased psychologically and emotionally to the point that the guy basically killed himself. We have to get to the root of this. And we have to be such great devotees and arhats of light that the masters can use our awareness to actually heal people from a distance psychologically, mentally, and emotionally before they act out on these crazy things that come through their consciousness and create havoc. We can prevent a lot by the power of our auric field, the master says.

So, the prime directive is to be the violet light. The secondary directive is to find amazing, creative ways to use it and be creative and try new things. Do

alchemy every day, he says. Do something alchemical every day. Try something new in the way that your Higher Self will inspire you to magically and miraculously influence others and to bless them and to resurrect them, to help them to overcome problems and to overcome limitations.

We don't use the divine magic of the violet light as much as Saint Germain had envisioned us using by this time, as initiates. Yes, we invoke the violet light through prayers, songs, and meditation. His intent is that we will use this resource in all kinds of ways to alchemize our planet into a new awareness. That's the next major phase of the descent and the utilization of the violet light and the seventh ray frequencies for the Earth that are required, he says. So, it's not just invoking the violet light, it's using it in very practical ways and in creative ways all the time.

Talk to your plants and say: I am giving you, elementals of my garden, permission to invoke the violet light as I do every day to help the plants that I've planted to grow perfectly, to have all the nutrients that they require as they produce the fruit, the vegetables, whatever. And they will multiply and multiply love through them to just help everybody on the Earth.

You can give angels of the sacred fire permission to go forth and do miracles 24/7. Throughout your day, you can get quiet for a second and make a silent call, even at work, for planetary infusions of grace, mercy, kindness, love, and name every virtue you can think of. See these infusions of these graces coming out of the skies or coming from the Earth, going up through people's legs and torsos and bodies and caressing them, energizing them and unburdening them.

There are so many miraculous visualizations you can do and alchemies that you can engage in every day, that when you are creative and childlike in this, there is no limit to the power of the possibilities that can manifest through you. Saint Germain says: Be creative. Use the power of your Presence to project the violet light into anything and everything in your environment, in your world, in your life, your love life, your work life, your home life, every part of your life so that everything becomes blessed. Everything becomes charged and blessed with light, love, and levity.

Participant 2: How does the violet flame transform the different religions on Earth? Will they be open to collaborating and transforming old rituals? My vision is that we can live together in peace and realize that we are all coming from the same divine source and that we are all brothers and sisters of light.

DCL: Yes, when any religion or the people who follow that spiritual path, awaken to the possibility that there is more than just the dogma and the doctrine of that particular belief system and when they are open to using this violet fire resource, it will transform that religion. Some religions have been transformed through initiates or through great, great beings who come and live through that religious experience to help many, many people. So many saints have walked through the Catholic Church, even with all of its corruption.

Many saints have walked through Hinduism, Buddhism, Taoism, the mystical aspects of Christianity, and also Islam—the mystical Muslims who are primarily the Sufis. Many of the mystical elements of these religions are there through the initiates who have been the mystics, who have in one way or another incorporated the newer energies and frequencies of that time period that are being lowered from the higher realms.

Now we have the violet light. So let's say you have a Sufi, who is a whirling dervish, who loves to dance and spin, now they use the violet light as a resource and as they spin, they're just spinning this violet light all over the world. Yes, that will transform all Sufis. Because, if one can do it and accept the miracle of this manifestation of the whirling action of the violet light through the Sufi mystic dance where they create that vortex—and literally they create through this vortex the beginnings of their *merkabah*—that violet light is just phenomenal.

Let's say you have people using the violet light when they take Holy Communion in Catholicism or any of the Christian religions where they take Communion. Well, we already know that Communion itself is a type of transmutation or transubstantiation. So, you add the understanding of the violet light to it and then you see the violet frequency entering that host and that wine or grape juice coming into your being. And as you take it in, you just feel the coursing through your body of the violet light. And it will transform Communion!

People won't just perfunctorily go up and take Communion because they have been doing it since they've been a kid. They will actually feel the Christ consciousness entering their being as they do that. Let's say in Buddhism you added the visualization of the violet light in meditation through the rainbow body that they are trying to create through focus on the Buddha and doing mantras and doing that toning and giving the AUM, the Om Mani Padme Hum, or maybe chanting to the various Buddhas that they may chant to. When you add the violet light to any mantra, Saint Germain says, it heightens its action for the transmutative effects that will allow the magnification of the

energy of that mantra to be sustained for a longer time in the etheric plane. Because the seventh ray frequency is the highest frequency on the physical spectrum, right? The violet light is the highest frequency on the physical spectrum. So, it helps to sustain the action of the AUM or the Om Mani Padme Hum.

Yes, adding the violet light in Buddhism can expand the power of mantras and of visualization and of the great work that the lamas do in sustaining a harmonic balance. And there is Zarathustra for Zoroastrians. There aren't as many on the planet anymore. At one point it was a major religion with millions of practitioners. Now there are maybe hundreds of thousands, maybe a few million. They worshiped fire—they used fire. Ahura Mazda as Sanat Kumara was the spiritual founder of that religion through Zoroaster or Zarathustra, and they meditated on fire.

We have two fantastic prayers in our prayer book.⁵¹ When you use the action of the violet light coupled with the ruby, you get a tremendous burst of power through the acceleration of the violet transforming into the ruby, the seventh to the eighth ray, which becomes phenomenal. Yes, the violet light can transform devotees of Zoroastrianism to really make greater progress.

I could go through every religion and we could see how the violet light could assist that religious experience. By doing this, the mystical elements of all the religions kind of merge into one. At a higher, harmonic level of existence, we all are one anyway. The mystical initiates of all the religions understand the truth of that religion beyond doctrine and dogma. We are all vibrating beyond the mundane aspects of those religions and those who worship at that level. We're already vibrating at a much higher frequency. Collectively, we're helping all those in the religions that we grew up in, and maybe are still using somewhat, to help those people to come up higher.

We just sang a song, "Angels from the Realms of Glory," a pretty Christian song, very Christian. Yet, we used it to bless the City of the Angels. We're doing things that more fundamental Christians are not really doing, even though they may have a lot of love for Jesus, for God, for the Holy Spirit. We're doing things in a more mystical and deeper way. This doesn't mean that we're better than anybody else. There are Christians that I think are more spiritually advanced than me who have tremendous spiritual gifts and are impacting thousands and maybe millions of people on the planet. And there are some ministers who really have that gift of the Holy Spirit.

Our work is maybe less known and more subtle and more ethereal, and that's okay; it's still very profound. We're not as known in the world or famous. Yet, I can assure you the angels know us. And the masters know us and we're

making great strides to increase the power of the Presence through what we do.

At a higher level, the mystics of all the religions are already one in spirit. We just have to bring those who don't currently have that level of understanding and self-mastery to come up higher so they can join us in our work and we can have a greater planetary action and bring in the Golden Age.

Participant 3: How soon do you see the planet shifting into clarity and light from the heart and the prosperity blessing arriving that many are waiting for to create a higher level of their life's mission?

DCL: It is a constant acceleration that's occurring all the time because heaven exists beyond time and space as we know it and we're drawing more of that timeless, spaceless consciousness into our plane of being continuously through our spiritual work. So, it's not like it's going to just magically arrive on some specific date and everything will be hunky-dory. It is a gradual process.

We accelerate it through who we are by our accelerated consciousness. We can experience the Golden Age awareness now in our being through attunement with it, alignment with it, through the magnification of our auras in our consciousness by absorption of that divine light and then through radiating that light.

We first have to absorb it within ourselves. Absorption is a very Buddhist concept. We absorb the Buddhic essences of our divine Selfhood through our meditation practice, through our spiritual work. We have to, through this absorption, gather skeins of light deeper and deeper within and then expand them further and further out through our auric fields so that more and more—through those skeins of light that we project—precipitate in the atmosphere and then around the world these engrams of God-consciousness and of the New Age.

We become that nexus of the New Age where we are every time we meditate and go within, feel our Presence, feel the light, experience God-consciousness, Solar awareness, the mystical aspects of our true nature and then allow that to resonate and to accelerate and to then be a blessing to all sentient beings.

When I meditate, every day it's a little different, because I take the temperature of the planet when I'm sitting in silent meditation and then doing various prayers in what I do. Every day there is a subtlety that I have to be attentive to of what God will use me as an instrument for so I can magnify the light in as wide a field as possible giving birth to the Holy Spirit to use me as

an instrument for planetary salvation or planetary upliftment or planetary ascension, whatever verbiage works for you.

Just keep doing what you're doing and allow God, the Holy Spirit, the Divine, the One, the Source to use you as an instrument, to just keep expanding it and accelerating it. That's what we are really all attempting to do, because if we get a little off-key or off-kilter or non-aligned, then we can't be used as a greater instrument. So, we could add to Saint Francis' Prayer: Lord, make me a greater instrument of thy peace.

We can change the word *peace* to anything virtuous—like your will, your love, your virtue, your grace. Lord, make me a greater instrument of thy peace, a greater instrument of thy love, compassion, kindness, holiness, generosity, alchemy. Lord, make me a greater instrument of thy harmony. Think of harmony and what that can do to bring peace into manifestation through what harmony is. It's a type of peace, a very powerful type of peace that also uses sound and music to sustain itself; harmony. Lord, make me a greater instrument of thy compassionate love for every sentient being.

It's not so much a matter of when it will all happen outwardly. It's happening inwardly now. Our charge is to accelerate it, to magnify it, to allow it to be broader, wider, more powerful in its reaches. This is the work of initiates. Thanks for the question.

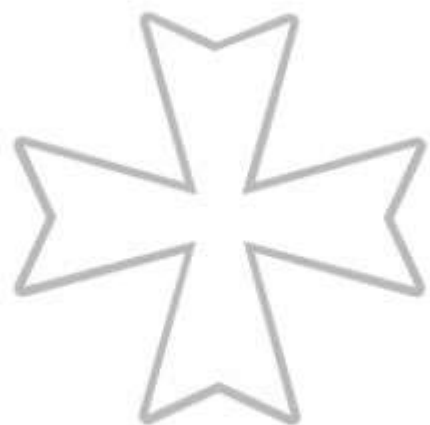
In the name of the Living God, in the name I AM THAT I AM, each one is now blessed in the sacred fire, the violet light permanently. I ask for a permanent dispensation of grace of this violet-light frequency in the auras, in the subconscious around each and every one tonight and for the rest of their lives. Thank you, Saint Germain, for your love, for your alchemy and for the great gift of the sacred fire now and always. Amen.

Thank you, everyone. Take care.

Saint Germain's Prophecy for 2022 and Beyond

1. Winds increase in fury, speed; Zephyr's comfort all will need.
2. Gasless autos everywhere; Hidden health effects beware.
3. 'Transients' issues now your own; Infestations curse each zone.
4. Travel, joy and freedom thwarted; Only unvaxxed are rewarded.
5. Truth decries the evil ways; Simple lives know all your days.
6. Gardens flourish, nature shines; Megafarms are in decline.
7. Bayer exposed for all to see; Righteous seeds again are free!
8. Frame your visions with pure sight; Heaven's treasures, your delight!
9. Hidden caverns underground With their dark deeds now are found.
10. Mysteries of arctic south; New frontiers are east and north.
11. Grace returns to humble hearts; Jesu's justice to all starts.
12. Empire ancient comes to light 'Midst Europa's sunlit night.
13. 'Transcendentals' mission thrives, Changing views, improving lives.
14. All renewed by faith intrepid Save the unwashed and the tepid.
15. Unrefined are lost at sea; Wisdom's love-truth is their plea.
16. Blue savants, among the nations, Bless with holy invocations.
17. Time compressed and space expanded; Pleiadian ways have landed.

18. Eye eternal reveals all; Prideful, decadent shall fall.
19. Lustful leaders all deposed; All their compromise exposed.
20. Angel armies on the rise; Nephilim's end game, surprise!
21. Virtue sings amidst destruction Calling saints to new construction.
22. Avataric plans conceded By all demons, now depleted.
23. Fortune shines upon the mindful, Humble, givers, pure and kind-full.
24. Seeds celestial gain new traction; Permies' plans are put in action.
25. Sentient universe accepted, As a living being respected.
26. Solar ways come to the fore; Arhats' love and light now soar!
27. Luxor's teachings resurrected; Mysteries of old reflected.
28. Gain of function research halted; Fauci-fiends no more exalted.
29. Exhortations, judgments swell; Damned create their own hole-hell.
30. God-invested rise in virtue Countering the prideful, untrue.
31. Beware Beijing, Mars' disciples, Marxist monsters, Lenin's shysters.
32. Providence instills solutions As her saints perform ablutions.
33. By divine decree, our heaven Now bestows to all love-leaven.



Appendix

Prayers and Songs

Violet Flame Prayers*

*Additional prayers are available free of charge at heartcenter.org under Broadcast/PrayersandSongs

O Freedom Flame!

by Beloved Saint Germain

O God of Freedom, Saint Germain, O Lord of seventh ray, Let mercy
flow and justice reign upon the Earth today!

We hear your angels' holy song now wafting from above.

The violet light is blazing bright through hearts afire with love!

Refrain: O freedom flame, we now acclaim forgiveness' gentle way. O violet joy,
we now employ your alchemy this day!

O Saint Germain and Portia dear, today we take a stand.

Let cosmic mercy-love-compassion flow throughout the land!

A golden age is dawning now and freedom is our goal.

O blaze the violet fire to all, to every heart and soul!

O Saint Germain and Portia dear, the seventh age is here.

Magnificence of violet fire in action now appear!

Forgiveness-mercy-freedom-justice flow in our rebirth.

Release the flame of transmutation unto all on Earth!

Saint Germain's Violet-Fire Mantra

In his June 15, 2006 HeartStream, beloved Saint Germain promised us:
You will feel a newfound energy because I lend you this day the momentum of my cosmic mantle of the fire of the violet flame. Do not forget that call to me: I AM a being of cosmic violet fire.

I AM the holy freedom God desires!

When you give this call, I will manifest my cosmic awareness through your mind, through your consciousness, through your spirit. Then you may rise above the darkness and the burdens that have beset you because you have fully engaged in understanding how through your God reality, you may walk on that astral sea.

O Freedom Roll!

Holy Christ/Buddha Self in me, Hear me now, I do decree.
O violet fire of freedom, roll 'Round the world and make all whole.

Saturate the air, the sea, the land At Saint Germain's divine command.
Let wisdom reign, God-power grow; Let love prevail and mercy flow.

Let peace prevail and freedom shine; Reveal the truth to all mankind.
We see all leaders fair and just; God-liberty is now our trust.

With Saint Germain our honor lies.
O Portia, rule, and justice rise.
Now Zadkiel and Amethyst,
Blaze violet fire both east and west.

God-freedom rolls o'er hill and dale; God-government and hope prevail.
O violet fire of Omri-Tas,
Now blaze with blest Oromasis.

O masters, angels, now appear; We see perfection everywhere.
We pray with you, both near and far, And Earth becomes The Freedom Star.

Om Mani Padme Hum AUM

Violet Laser Light

Violet laser light, come charge us as we pray!
Violet laser light, now blaze through us today!

Violet laser light, transmute, dissolve, consume!
Violet laser light, renew, expand and bloom!

Violet laser light, bring radiant angels here!
Violet laser light, new joyful ways appear!

Violet laser light, now lase and maze and praise!
Violet laser light, now phase and blaze and raise!

Violet laser light, we're youthful, happy, free!
Violet laser light, we claim our victory!

Violet laser light, God's alchemy now stream!
Violet laser light, fulfill our highest dream!

Violet laser light, through Portia, Saint Germain Violet laser light, now justice,
freedom reign!

Ruby Ray Prayers*
Zarathustra's Song

1. O flaming one from out the sun, O Zarathustra dear, Impart your
love to every heart in meditation here.
Within we go, now deep within; the soundless sound we hear.
The unfed flame, the Maxin Light, in silence we revere.

Refrain: I AM the fire of God-desire; O Zarathustra, come. I AM the fire of
God-desire; I sound the sacred AUM.

2. In balance let this sacred dance of gold and pink and blue Continue
unabated as we meditate with you.
Our auras charge with ruby fire; our chakras spin and hum.
The whirling action of this fire intones the sacred AUM.

3. O teach us of the ancient way to concentrate on fire, To fill our
thought and feeling world with only God-desire.
Our song resounds throughout the day; your gentle smile we see.
O Zarathustra, flaming one, now seal our victory!

Om Mani Padme Hum AUM

*The ruby ray is the eighth ray of integration, signifying the highest frequency of divine love. Those who walk the path of the ruby ray live a life of surrender, sacrifice, selflessness, and service for the purpose of fulfilling the light of divine love within their hearts, as well as on behalf of the evolutions of light on Earth.

Fire of Zarathustra

In the crystal chamber of the heart, Rainbow rays whirling about, *Bathe in the fire of Zarathustra. (3x) Now my Higher Self descends, Consuming all impurities within.

*Purge in the fire of Zarathustra (3x) I feel the all-consuming fire Sculpting all aspects of self.

Receive the fire of Zarathustra. (3x) Now radiate the sacred fire, Changing all to purest light.

*Blaze the fire of Zarathustra. (3x) Ho, let the fire descend,
Heralding now Earth's vict'ry to win.

*I AM in the fire of Zarathustra. (3x) Om Mani Padme Hum AUM

Songs*

*You may enjoy the audio of “Alchemy of Love,” Song 57, and all Hearts Center Songs free of charge at www.heartscenter.org under Broadcast/PrayersandSongs.

Alchemy of Love

When you're here beside me and your face is glowing, All else seems illusion;
space and time stop flowing.
All eternity is captured in the Now that is your smile.

When we walk together and I hear your breathing, Every moment's heightened
in this sacred feeling.
Perfect alchemy of wonder in the beauty of your form.
All eternity is captured in the Now that is...
Within the Now that is your smile...
Smile of love.

Interlude

Can our souls be woven in a mystic union And our hearts be bonded in this
sweet communion?

Pure geometry of vision in the radiance of your eyes Perfect alchemy of
wonder in the beauty of your form, Form of love.

Can you feel this fire, this gift from above Binds our souls together forever in
love?

Interlude

I have always seen you as a crystal rainbow.
I have always loved you. Now I feel my heart grow.
Sacred energies unbounded are released to us this day.
Sacred energies unbounded are released to us...
Released to us, released to us this day...
Day of love.

To the Elementals

We thank you, we thank you, we thank you, Our dear elementals, we do.
You serve through earth, air, fire and water.
Oh, what would we do without you?

Blessed Buddhas,
Bless all elementals—the great, the small.
Blessed Buddhas,
Through them give your blessings to all!

We thank you for holding the balance.
We lessen your strain and your stress.
Receive through us violet flame muscle.
Together all life we caress.

Blessed Buddhas,
Help all elementals—the great, the small.
Gird them! Charge them,
That they may great karma forestall!

We bless you, our dear elementals, So grateful for all that you do.
Yes, we see and we say, “We love you!”
Surround you in violet flame, too.

Blessed Buddhas,
Now all elementals, in Jesus’ name, Feel their new birth
Ignite as their own threefold flame!

Freedom We Claim Now!

Freedom we claim now For all souls of light.
We welcome you,
Heartfriends so bright.

Blessing all with songs of cosmic joy, Blazing forth sacred fire.
And from our heart's desire For Saint Germain
We love the violet flame!

Freedom we claim now All across our land.

For liberty
We take a stand.

Blessing life with songs of cosmic joy, Blazing forth violet fire.
And from our heart's desire For Portia dear
Your justice we revere!

Freedom we claim now In our great rebirth.
Marching in light,
Raising our Earth.

Blessing now with songs of cosmic joy, Blazing forth sacred fire.
And from our heart's desire For Saint Germain We are the violet flame!

Land of Love

In the ancient times when the earth was pure, We all knew that God's light was
ever near.

For the sacred fire, deep within our hearts Was a flame of tremendous love.

And the earth was so resplendent And the oceans so effulgent,
And we all lived as one on our dear Mother Earth In that land of greatest love.

In the ancient time when the sky was clear, We all lived and worked in a land
so dear.

For the angels' glory round about us all Was a comfort of healing love.

And our eyes were so translucent And our faces so resplendent,
And our hearts beat as one as we walked on the earth In that land of greatest
love.

In the ancient times when our hearts were pure, We all lived as one in that land
so fair.

For the truth was known of the higher way In Lemuria, the Land of Love.

Interlude

In the ancient times when the earth was pure, We all knew that God's light was
ever near, For the sacred fire deep within our hearts Was a flame of
tremendous love.

Notes

PART ONE

Continued Instruction in Advanced Alchemy

1. Saint Germain is referring to heartfriends who were recently in The Hearts Center and made their ascension after passing on.

2. You may hear “The Alchemy of Love” and all Hearts Center songs, free of charge, at www.heartscenter.org under Broadcast/ PrayersandSongs, Song 57. The lyrics are posted in the Appendix.

3. See John 14:12.

4. Matthew 22:35–39; Mark 12:28–33; Luke 10:25–27.

5. Revelation 11:15

6. John 4:18.

7. Saint Germain is referring to Volume One of *Saint Germain on Advanced Alchemy*.

8. Matthew 3:17, 17:5; Mark 1:11; Luke 3:22; 2 Peter 1:17.

9. See Mark 9:35, 10:44; Matthew 20:26–28, 23:11; Luke 22:26.

10. Beloved Portia is known as the Mother of Justice and Opportunity. Standing with Saint Germain as hierarchs of the seventh age, the Age of Aquarius, she is also referred to as the Goddess of Justice, the Mother of Love, and the Mother of Joy.

11. Saint Germain delivered this HeartStream during a pilgrimage to South Africa.

12. “The Blue Danube” waltz was playing throughout the HeartStream.

PART TWO

Saint Germain’s New Alchemical Formulas for Spiritual Success

13. Matthew 20:26, 23:11; Mark 9:35, 10: 42–43.

14. “The Lark Ascending” by Ralph Vaughan Williams, 1914.

15. Matthew 22:37–38; Mark 12:29–30; Luke 10:27.

16. Matthew 6:33.

17. Luke 17:20–21.

18. *The Secret* by Rhonda Byrne.

19. Matthew 22:36–38.

20. See 1 Corinthians 13:1–13.

21. YouTube link to Ted Talk given by young man who invented a new pancreatic cancer test. <https://www.youtube.com/watch?v=g-ycQufrgK4>

22. *The Impersonal Self* by Paul F. Gorman.

23. John 14:12.

24. 1 John 3:2.

25. Genesis 1:26, 27.

26. James 1:17.

27. John 5:19; 10:38; 14:10.

28. Luke 10:2; John 4:35.

29. Matthew 22:14.

30. John 3:30.

31. See John 15:13.

32. The image of Lord Maitreya by John Paul Mathis may be viewed and purchased at our online store: <https://store.heartscenter.org>.

PART THREE

Discourses and Darshans with Saint Germain

33. Luke 22:42.

34. This discourse and darshan took place in Minneapolis-Saint Paul.

35. Steven Covey is the author of the best seller *The Seven Habits of Highly Effective People* and additional books.

36. This darshan took place with participants at the LA Conscious Life Expo.

37. See Appendix for the lyrics to the song “To the Elementals”.

38. See Appendix for the lyrics to the song “Freedom We Claim Now!”.

39. David Christopher Lewis, *Advanced Studies of the Human Aura: How to Charge Your Energy Field with Light and Spiritual Radiance*, (Meru Press, 2013) available through our online store at heartscenter.org.

40. Matthew 6:10.

41. Kuan Yin’s Rosary of Mercy is available as a video and audio at heartscenter.org.

42. A solar eclipse was expected soon after this discourse.

43. See Appendix for the lyrics of the song “Land of Love”

44. This event took place in Mount Shasta, California.

45. You can view Tom Miller’s Buddha Nature Chart at heartscenter.org under Teachings & Blogs/Foundational Teachings

46. Luke 17:20–21.

47. Matthew 4:4.

48. The representatives of The Hearts Center of Australia were attending this event online and many are originally from Iran.

49. Matthew 9:5–7; Luke 5:23–25.

50. This darshan took place during an event in Santiago, Chile.

51. See the *Appendix* to view prayers 80.004 and 80.005 to Zarathustra.

Glossary

Akasha: A Sanskrit term for a dimension of energetic vibration capable of absorbing and archiving every activity—thought, word, action, feeling—of every sentient being from the beginning of time.

Alpha and Omega: Our Father-Mother God residing in the Great Central Sun in the center of the known physical creation, or cosmos. As a uniplurality of being, they outpicture the perfect balance of the masculine and feminine polarities within the Godhead.

Antahkarana: Often called “the web of life,” *antahkarana* is a light grid that interpenetrates all planes of consciousness from Spirit to matter, allowing a flow of communion to occur throughout the creation and between the Creator and the creation.

Ascended masters: The saints, teachers, and sages of all religions, cultures, and ages whose mastery over the world in which we live has allowed them to return to the heart of God through the sacred ritual of the ascension. In the heaven world, these ascended masters work together with the angels and cosmic beings to assist mankind in attaining that selfsame mastery.

Ascension: The ascension is complete liberation from the rounds of karma and rebirth. In the ascension process, the soul becomes merged with her Solar Presence, experiencing freedom from the gravitational, or karmic, pull of the Earth and entering God’s eternal Presence of divine love. Students of the ascended masters work toward their ascension by studying and internalizing the teachings, serving life, and invoking the light of God into their lives. Their goal as they walk the Earth is the cultivation of a relationship with God that becomes more real, more vital with each passing day.

Aspira: The feminine Elohim of the first crystal ray who works with her divine complement Astriel. See *crystal rays*.

Astral plane: A more subtle world or vibratory field of awareness between the physical and mental planes of being within which desires, feelings, and emotions are accentuated. The physical plane relates to earth, the astral plane relates to water, the mental plane to air, and the etheric plane to fire. During

sleep or heightened meditation, the soul may leave its “seat,” its local attachment to the body temple, to travel or project its awareness to, through, and beyond the astral plane to reach the more subtle etheric world, where the universities of the spirit exist within the retreats of the ascended masters around the world.

Aura: The aura is an energy field or ethereal envelope of constantly changing colored light that surrounds and inter penetrates our body temple. Our feelings, thoughts, actions, and general well-being affect the color, purity, intensity and size of our aura. Adepts and masters have expansive and radiant auras, which illumine all around them the virtues of God that they have outpictured.

Causal body: Our causal body is composed of seven spheres-within-spheres of light surrounding our Solar Presence. In the Buddha Nature Chart depiction (see our website, heartscenter.org), the spheres are seen in cross-section, appearing as rings. These color spheres are the accumulation of every compassionate act that we have ever performed throughout our incarnations. Every person’s causal body, then, is unique in appearance with some spheres of larger size than others. We receive our energy, strength, and inspiration from the light of our causal body through invocation and intention.

Chakra: A Sanskrit term meaning “wheel” or “discus.” Chakras are spinning centers of energy that receive and emanate the flow of God’s light; they can also be seen as generating stations, or power stations, of light. There are seven main chakras aligned along the spinal column and head. The crown chakra is located at the top of the head, the third-eye chakra between and a bit above the physical eyes, the throat chakra at the Adam’s apple, the heart chakra in the middle of the chest, the solar plexus chakra in the diaphragm area, the seat-of-the-soul chakra below the navel, and the base chakra at the tip of the spine. Five lesser-known chakras, called the crystal-ray chakras, are located in the thymus area, hands, and feet.

Chela: From the Sanskrit word *cela*, meaning “servant” or “slave.” In Hinduism, the word refers to a disciple or student of a guru or spiritual master. The ascended masters often use this term to refer to their students.

Chohan: From the Sanskrit, meaning “chief” or “lord.” A chohan is a spiritual leader of great attainment who works with mankind from the

ascended state. The seven chohans for the Earth each serve on one of the seven rays. They currently are El Morya (blue ray), Lanto (yellow ray), Paul the Venetian (pink ray), Serapis Bey (white ray), Hilarion (green ray), Nada (purple and gold ray), and Saint Germain (violet ray). The Maha Chohan, the “Great Lord” who is the representative of the Holy Spirit, appoints and oversees the work of the chohans. See also *seven rays*.

Cosmic beings: Individual identities that have attained cosmic consciousness. Their auric emanations have often expanded to embrace more than one planet and often entire solar systems and galaxies. Some cosmic beings are given the title of “God” or “Goddess” to denote an attainment of celestial awareness while focusing for vast evolutions one particular God-quality.

Crystal rays: Spiritual frequencies beyond the seven rainbow rays in vibration that proceed from out of the white-fire core of being of the Great Causal Body of the Godhead in the Great Central Sun. Also known as the *secret rays*, these five light-energies are focalized in Man within the sacred chakras in the palms, feet, and in the secret (or crystal) chamber of the heart, corresponding to the stigmata, the marks of Christ where Jesus was pierced during his crucifixion. The crystal rays are streams of light through which the higher *siddhis*, Buddhist virtues, and divine quintessences are utilized in higher mindfulness through meditation and heart-centered, conscious living.

Decrees: Spoken poetic, rhythmic, and often rhyming power prayers or mantras that invoke the light of God to radiate forth in, to, and throughout our beings and around the Earth. When repeated with loving devotion and focus, spiritual light intensifies within the chakras and aura of the decreer, producing positive change and planetary transformation. For a free sampling of decrees, prayers, and mantras, visit heartcenter.org.

Devas: Nature spirit beings or archetypal elemental forces within nature that each have a unique natal intelligence which guides the development of the nearly limitless species of life evolving on Earth. Devas oversee the outpicturing of life forms in various domains according to the Creator’s original blueprint or seed ideation of those beings. Devas are often seen by those with inner vision as colorful, angel-like beings whose expansive awareness may embrace large valleys, mountain ranges, rivers, seas, and oceans. The more evolved *solar devas* live in the sun and support the evolution of life throughout the solar system.

Dictation: A type of HeartStream, a dictation is a message from an ascended being delivered through a chosen messenger—an office of the Universal Great White Brotherhood—for the purpose of edifying the Community of The Holy Spirit. The message is usually delivered orally through the messenger, yet can also be written down by the messenger during transmission and then read aloud.

Earth, earth: We capitalize Earth when referring to the planet itself and use lowercase earth in the contexts of “heaven and earth,” “earth, air, fire, water,” “stabilizing the earth,” “earth changes,” etc.

Divine Director: The (Great) Divine Director is a cosmic being on the blue ray, or first ray, of power, protection, and the will of God. Known in his role as the Guru of Saint Germain, he is available to each child of God to assist, as his name attests, in guiding us to walk in the highest will of God. He is also the manu (progenitor, lawgiver, and sponsor) of the seventh root race and a member of the Great Karmic Board, which adjudicates divine justice in the affairs of mankind and in the individual lives of the sons and daughters of God.

Egregor: from Daily Meditation, April 12, 2004, Omraam Mikhael Aivanhov, Prosveta Publishing. When a certain number of people come together around an idea, their thoughts and desires alone create a living reality. This is a law of the spiritual world. We call this collective entity an *egregor*. An *egregor* is a living and active entity, and each country, each religion, and each philosophical movement has one. The Universal White Brotherhood also has its *egregor*, and all its members, the brothers and sisters who gather together with the same ideal of peace and light, never stop nourishing and strengthening it. Not only can it then have a positive influence on other *egregors* in the world, yet most of all, it contributes to the evolution of those who have worked to create it.

Elementals: (or *nature spirits*) Beings of earth (gnomes), water (undines), air (sylphs), and fire (salamanders) that lovingly provide the platform for the evolution of life in the natural world upon Earth. Though most of mankind do not see elementals (young children often do), these gentle beings respond to our loving appreciation for their sacred work in outpicturing the beauty of the flora and fauna all around us. Walt Disney brought to television and movies a colorful representation of some of the workings of the nature spirits, especially in the epic film *Fantasia*.

Elohim: The “Lords of Creation” referred to in the Book of Genesis, the “Seven Spirits of God” in the Book of Revelation, and the “Morning Stars” in the Book of Job, the Elohim are beings of immense light and power who ensoul galaxies and universes. They are also known as the “Builders of Form,” because it is they who created the physical universe in which we live. Serving under the Elohim are the four hierarchs of the elements and the elemental kingdom of gnomes, sylphs, salamanders, and undines.

El Morya: serves as the Chohan of The First Ray, the blue ray of God’s will, faith, protection and power. The love for the will of God was the driving force of El Morya’s soul in his many well-known incarnations upon Earth, including Abraham of the Old Testament, King Arthur, Thomas Becket, Thomas More, and more. David Christopher Lewis has published the teaching he received from El Morya in *Advanced Studies of the Human Aura: How to Charge Your Energy Field with Light and Spiritual Radiance*, available for purchase in our online store at heartscenter.org.

Etheric plane: The etheric plane is divided into two portions. The lower etheric overlaps denser planes called the mental, the astral, and the physical. In the higher etheric, souls who have balanced a certain percentage of karma by devotion to God, consistent prayer lives, and service to others reside between embodiments or in preparation for their ascension. In comparison to the physical plane, the etheric is so accelerated that it cannot be seen with the human eye. In this higher etheric plane, the records of mankind’s entire evolution can be accessed. These records are referred to as *akasha* or the *akashic records*. Levels of the higher etheric plane are where the ascended masters dwell, where their magnificent retreats and cities of light are located.

Flowfield: A stream of spiritual light through which a continuous flow of divine radiance may be sustained. A flowfield typically results from the constant prayers, meditations, and spiritual services offered by one or more devotees. It may become an ever-expanding reservoir of divine energy that can protect and bless our auras, both individually and collectively. Our auras may become a dynamic flowfield when we are in alignment with God’s will, wisdom, and love.

Gnosis: Direct knowledge through personal experience. True, enlightened wisdom through intimate communion with God rather than by a vicarious experience through an intermediary.

Great Central Sun: The Source; the Center; the Great Hub; the Cosmic Sun behind the Sun. A massive energy vortex in the heart center of the cosmos and the nucleus from which all life originated. Sirius is the focus of the Great Central Sun in our section of our galaxy.

Great White Brotherhood: Also referred to as the Universal White Brotherhood and the Universal Great White Brotherhood, it is an association of ascended saints and sages from all paths and religions and also includes angels and cosmic beings. “It is the authority and governing body that represents the Godhead in this system of worlds” (excerpted from a darshan with the Maha Chohan, June 1, 2008). Many members of the Great White Brotherhood walked the path of mastery on Earth or other planets in our system; others never descended into physical form. *White* does not refer to race; it signifies each one’s purity of consciousness. The purpose of the Great White Brotherhood is the upliftment of mankind so that each individual has the opportunity to attain that selfsame mastery and the ultimate joy of divine reunion through the ascension.

Heartfriends: Individuals who have been drawn to the universal message of The Hearts Center Community and the radiance of the ascended masters through our *HeartStreams* and are kindred spirits of divine love. *Heartfriends* are also any and all who are heart-centered and serve God’s purposes on Earth, whether they are associated with our movement or not.

Hearts Center Community: Co-founded in January 2005 by David Christopher Lewis, The Hearts Center is a dynamic worldwide movement of spiritual seekers, joyously growing in personal self-mastery. Our mission is to offer up-to-the-minute teachings and inspiration from the ascended masters, helping people everywhere awaken to and nurture their own divine potential. As a virtual community, we broadcast free daily prayer services, which include meditation, devotional singing, the giving of mantras, personal sharing, and teachings from the ascended masters. Together we draw upon God’s energies to help sustain the balance of light upon the Earth. We gather in person for our local events, quarterly conferences, and annual pilgrimages. The teachings of the masters are published on our website, on YouTube, and in print publications through Meru Press.

HeartStreams: Up-to-the-minute messages and teachings from the ascended masters through their anointed messenger(s) in The Hearts Center movement.

Delivered in the form of dictations, discourses, or darshans, these messages vibrate with the masters' love and wisdom, and they anchor light in the Earth as they are being released and also when they are replayed in video or audio format. They teach, exhort, bless, uplift, and direct us in specific actions which, when fulfilled, may yield great blessings for ourselves and our planet.

Higher consciousness: Higher consciousness describes a part of our being that is an expansion and refinement of human awareness into a divine awareness of what is real on every plane of existence. In the ascended-master tradition, higher consciousness allows us to perceive individualized manifestations of God—from our Father-Mother God, Alpha and Omega, to beings of the Elohimic and angelic kingdoms; from every ascended master to the elementals. Through communion with these various manifestations of God, we experience the loving relationships for which our souls hunger, and we are nurtured toward spiritual growth.

Holy Christ/Buddha Self: **Holy Christ/Buddha Self:** The mediator between our Higher Self (our I AM/God/Solar Presence), which exists in a perfect state of divine and immortal beingness, and our soul, which is still evolving within time and space upon Earth. Also known as the Higher Mental Body, this light-essence of our Self-realized individuality is our true inner teacher and the source of our conscience—the still small voice that guides us inward and upward to our ascension. While yet in incarnation on Earth, many great teachers, such as Gautama Buddha, Jesus, Mother Mary, Krishna, and Kuan Yin, gained full Self-mastery through gnosis, or complete knowledge, of their Source and thus expressed the ideals of the mediator to mankind.

Holy Spirit: God as the Comforter, who is omnipresent throughout the universe and represents universal love; the Great Spirit. She breathes the breath of life through all created sentient beings and inspires us to maintain the state of oneness with God. Considered to be the third person in the Trinity in Christian tradition, The Holy Spirit brings to our remembrance the words of God spoken by great masters for our spiritual edification. The Holy Spirit is often depicted as a white dove or as cloven tongues of fire resting upon our crown chakra.

Ho'oponopono: is an ancient spiritual practice that originated in the Polynesian Islands and Hawaii. It is a practice of forgiveness, reconciliation and healing through connecting one's inner being to the Divine. Numerous

books have been published on this practice including, *Zero Limits* by Joe Vitale and Ihaleakala Hew Len.

I AM Presence: See *Solar Presence*.

Kali Yuga: A Sanskrit term meaning “age of strife, age of vice,” the Kali Yuga denotes the final and most conflict-ridden and morally decadent of the four yugas, or world ages, as described in the Hindu scriptures.

Karma: In Hinduism and Buddhism, karma is defined simply as “an action.” This action returns to the doorstep of its creator without fail, either in this life or future embodiments. Harmless and compassionate actions bring blessing to the originator. Self-centered and thoughtless actions bring their painful lessons so that through experience we may learn the effect of all that we think, feel, say, and do.

Karmic Board (Lords of Karma): A heavenly council that deliberates upon ways and means to best assist the citizens of Earth to deal with the weight of karmic burden imposed upon this planet by its inhabitants. The members of the Karmic Board are the Divine Director, the Goddess of Liberty, Nada, Cyclopea, Pallas Athena, Portia, Kuan Yin, and Vairochana. Devotees of the ascended masters have the opportunity to write a letter to the Karmic Board on the summer and winter solstices of each year to request assistance, dispensations or divine intercession for themselves, their families, communities, nations and the world while offering gratitude, service, prayers, and the relinquishing of negative habit patterns in order to receive their help.

Knights and Ladies of the Flame: Initiates who lovingly serve at a spiritual Round Table within a Holy Order that is part of the greater Hearts Center Community worldwide. Through daily prayers and invocations, they are the primary spiritual support of the messenger or spiritual director, of other knights and ladies, and of lightbearers worldwide. Each one serves on a line of the cosmic clock based on his or her astrological birth sign. As spiritual co-equals, knights and ladies uphold the motto All for One and One for All.

Kundalini: Also called the *sacred fire*, kundalini power is an aspect of the indwelling Holy Spirit of God. The kundalini rests in coils of dynamic potential in the base-of-the-spine chakra. The practice of yoga and the offering of prayers and devotion to the Divine Feminine gently raise this energy up the

spinal altar, accelerating each of the seven chakras as it travels to the crown. The raising of the kundalini allows the soul access to the *siddhis*, or gifts of the Holy Spirit, and also brings a greater degree of integration and mastery to the soul.

Lifestream: Another term for “soul” or “individual.” The word *lifestream* also describes the light that descends from the Solar Presence through the Holy Christ/Buddha Self and to and through the chakras of the incarnate soul to animate the physical form.

Lightbearer: One who keeps the flame or bears the light of God, the light of the Divine Presence, within the heart, a lightbearer keeps the spiritual oils within the chakras trimmed. (See the Parable of the Ten Virgins, Matthew 25:1–3 for Jesus’ teachings on tending the fire within.)

Logos: The Word, or Universal Christ Consciousness. According to Greek philosophy, Logos is the guiding principle of the universe. In Hindu teachings, *Shakti*, a synonym for Logos, means “original knowledge or divine reason.” The Logos is the creative and dynamic intelligence that permeates and helps to sustain the universe.

Manu: A cosmic being who, as an archetypal ideal, oversees the millions of souls of a root race, and whose essence and emanations from cosmic realms encourage and inspire them to advance on the path of the ascension and fulfill their collective divine mission. Six root races have already embodied on Earth; the seventh is destined to incarnate during the Age of Aquarius. The Divine Director is the manu of the seventh root race.

Meru University: The educational branch of The Hearts Center that supports the advancement of spiritual seekers on the path of adeptship, initiation, and personal enlightenment through the love-wisdom teachings of the ascended masters presented in courses, workshops, seminars, and publications. The wide spectrum of live and on-demand courses offers living teachings directly from the ascended masters and are designed to help students attune to and merge with their own Divine Presence. Advanced initiates of the sacred fire within our movement also teach Meru University courses. Visit www.meruuniversity.org.

Messenger: An unascended disciple who, due to spiritual preparation in current and past lifetimes, and after receiving a holy anointing and sacred mantle of light, is able to receive the communications of ascended beings from higher planes. The messenger is responsible for the accurate delivery of these messages to a community of devotees for the edification of that body.

Mighty Cosmos: A being whose God consciousness is so vast that it encompasses the entire cosmos. Mighty Cosmos assists us in the use and mastery of the crystal rays, which he ensouls.

New Blue: A new current of energy signifying the occurrence of a great shift, the *new blue* ray descends from Alpha and Omega, the Father-Mother God of our universe, and pulses out to us from the God Star, Sirius. *New blue* is the first of the new higher frequencies being introduced to the Earth and to this entire solar system. Announced by El Morya in his HeartStream of January 11, 2007, this new energy is ushering us into an age of illumination, enlightenment, compassion, and freedom—an age when the Mother light is activated in the Earth and in mankind. This *new blue* ray is sealed within frequencies that are ever changing, demonstrating our requirement to be adaptable in order to flow with the winds of The Holy Spirit. To fully understand the *new blue*, we must move from a sense of duality and enter what the masters have called a unified field of beingness in God, which is beyond doctrine, dogma, and man-made laws. The *new blue* ray is the new law of life.

Omraam Mikhaël Aïvanhov: A Bulgarian master and spiritual teacher who lived between 1900 and 1986. His oral teachings on many spiritual topics, ranging from the importance of meditating upon the sun to commentary on the Book of Revelation, have been transcribed into publications by his students, published by Prosveta Publishing House, and are now in print in English. Available through The Heart Center's online bookstore.

Paneurhythmy: Paneurhythmy (pan-u-rith-mee), a system of meditative movement set to sacred music, was created and introduced by the Bulgarian master Peter Deunov between 1932 and 1942. In his own words, he describes this all-encompassing science by saying, “I have placed in your hands [Paneurhythmy], the key to my Teaching. If you dance the Paneurhythmy correctly, the positive forces of Nature will flow through you and connect you with one another and connect all of you with the unbounded Cosmic Circle of

Great Beings.” (For more information, visit their website: www.beinsadouno.org/en/. See *Peter Deunov*.)

Portia: Twin flame of Saint Germain and hierarch of the Aquarian Age. She serves on the Great Karmic Board as the Goddess of Justice and is also known as the Goddess of Opportunity. She remained in the octaves of light during Saint Germain’s embodiments upon Earth to hold a spiritual focus for him to support his work on behalf of mankind.

Root race: A root race is a series of lifewaves, or vast evolutions (millions) of souls, who incarnate during specific cycles upon Earth. Each root race has an archetypal seed pattern of light that it is destined to embody. At least seven root races are to embody within this current *manvantara* or cosmic epoch. The seventh root race is beginning to embody now primarily in South America and China. These highly evolved souls will provide a seventh-ray action of transmutation of all that is not of the light prior to and during the coming Golden-Crystal Age of Aquarius upon Earth. The Golden-Crystal Age is a time of wholeness, peace and harmony upon Earth when a majority of mankind live together in brotherly love and unity and in service to God and man.

Ruby Ray: The ruby ray is the eighth ray of integration, signifying the highest frequency of divine love. Those who walk the path of the ruby ray live a life of surrender, sacrifice, selflessness, and service for the purpose of fulfilling the light of divine love within their hearts, as well as on behalf of the evolutions of light on Earth.

Sacred fire: Divine light as it manifests within and through the Mother, root, or base chakra. *Kundalini*, from the Sanskrit word meaning “circular” or “coiled” refers to this Mother light of sacred fire.

Sanat Kumara: The *Ancient of Days* (Daniel 7:9, 13, 22), the original Keeper of the Flame, and the spiritual ruler of the planet Venus, whose evolutions exist in an etheric plane beyond our mortal vision. Many eons ago, he offered his assistance to a doomed Earth, karmically scheduled for destruction. Its evolutions no longer acknowledged or were connected to their Source, having extinguished the divine spark within their hearts. Sanat Kumara was granted permission from a cosmic council to come to Earth with 144,000 lightbearers to help Earth’s citizens awaken to their true divinity and regain their soul

freedom. He is also known as *Dipamkara* in Buddhism, *Kartikēya* (second son of Shiva and Parvati) in Hinduism, and *Abura Mazda* in Zoroastrianism.

Seven rays: The seven rays emanate from the *Great Central Sun* as well as from our individual *Solar Presence*, through which the Great Central Sun focuses its light. These rays compose the color spheres that surround the Solar Presence. (See the Buddha Nature Chart on our website, heartscenter.org.) As concentric spheres of the *causal body*, the seven rays bless the Earth with the vibrations of their qualities, helping mankind to progress in the mastery of each ray. See also *chohan*.

The ray, its color, God-qualities, and the day of the week on which it is most easily attuned to, are as follows:

- Blue—the first ray: will, faith, protection, and power; Tuesday
- Yellow—the second ray: wisdom, illumination, understanding, Sunday
- Pink—the third ray: divine love, compassion, creativity; Monday
- White—the fourth ray: purity, holiness, the light of the ascension; Friday
- Green—the fifth ray: wholeness, healing, abundance, science, music; Wednesday
- Purple and gold—the sixth ray: service and ministration to life; Thursday
- Violet—the seventh ray: forgiveness, mercy, soul-freedom; Saturday

Siddhis: The Sanskrit word *siddhi* is derived from Siddhartha, the given name of the great Buddha Gautama, enlightened teacher of the Middle Way and the Four Noble Truths. According to Eastern spirituality, *siddhis* are spiritual powers that can arise naturally as the mind empties, opens, and becomes clearer. Some of the *siddhis* are clairvoyance, clairaudience, telepathy, psychometry, levitation, premonition, healing, discernment, and bilocation. In the Christian tradition, these higher senses are referred to as the gifts of the Holy Spirit (see 1 Corinthians 12). These gifts may be requested by devotees who in humility desire to minister to life more effectively and powerfully.

Seventh ray: The violet ray vibrates with the highest frequency of the seven rainbow rays and focuses the divine qualities of mercy, forgiveness, freedom, justice, transmutation and alchemy. Saint Germain, the master of Aquarius, is currently the Lord or Chohan of the Seventh Ray. This ray is most

concentrated and accessible on Saturdays—the seventh day of the week. The violet light may be visualized and invoked through prayers, chants, songs, and meditations, and utilized to perform spiritual alchemy or divine magic to help usher in the Golden-Crystal Age of Aquarius, now dawning.

Solar Lords: Cosmic beings with great God-attainment who oversee and direct the spiritual evolution of solar systems and galaxies.

Solar Presence: A term introduced by the ascended masters through The Hearts Center in 2005, it describes that portion of our being that is God. It is depicted as the upper figure in the Buddha Nature Chart on our website. Also called the I AM Presence, the Divine Presence, and the God Presence, it is the individualization of the One, our true divine identity. The words Solar Presence provide us with the image of our total being as a radiating sun center that continually emanates divine love and every virtue to all life.

Soul: Our unique identity or divine essence as a son or daughter of God. The soul has incarnated within the space/time continuum, the matter planes of being, for eons. She experiences the creation, passes the initiations of life, masters the lower self, becomes a co-creator, and ultimately overcomes the gravitational pull of past karmic patterns through non-duality and surrender to return to a state of oneness with God in the ascension. The soul is thus wed to or subsumed into Spirit—united with her God Self, the I AM Presence.

Threefold flame: The threefold flame is nothing less than God, blazing within our physical form, individualized in each person. This flame is placed in the secret (or crystal) chamber of the heart at birth and is withdrawn at the time of transition. Three identifiable plumes, vibrating as blue, yellow, and pink, compose the threefold flame. These plumes rise from the same source, a tiny sphere of white Mother Light energy. The blue plume blazes as the will of God, the faith of God, and the power of God; it is also the flame of protection. The yellow plume represents the right use of knowledge—a wisdom and discrimination based on the standards and principles of truth. The pink plume represents love—adoration, devotion, compassion—the very nature of God. When the three plumes are in perfect balance through a virtuous life, Christ consciousness is attained.

Twin Flames: Each soul, as well as each heavenly being and every planet and star, was created by God in the beginning with a sacred complement or

counterpart—a loving companion, opposite in polarity. When solar twins, twin rays, or twin flames of incarnated beings are able to work together to fulfill their combined divine mission, whether they are both embodied, or one is embodied and the other has ascended, the positive results for Earth are immense. Most embodied souls have been separated from their solar twins by karma. One day, a glorious reunion will occur— a reuniting in heaven that creates an atmosphere of cosmic-love oneness that initiates the explosive action of concentric waves of light moving ever outward to encompass a universe and more.

Unity Field of Beingness: A living, crystalline, light-emanation that the Creator radiates throughout the universe that sustains all life in perfect harmony and divine oneness. The cosmos is an outer expression of God’s Spirit manifest in what we experience within the space/time continuum in which we live, move and have our being. The Unity Field of Beingness is what connects us all with our Source within a greater whole, which is in reality one eternal being.

Virya: A Sanskrit word meaning “energy, zeal, vigor.”

Wonderman of Europe: A title for *Le Comte de Saint Germain*, appropriately given him because of the amazing alchemical feats and spiritual works that he performed throughout the courts of Europe in the eighteenth and nineteenth centuries, such as transmuting the flaws in precious stones, bi-locating, speaking numerous languages fluently, masterfully playing musical instruments, and sharing an intimate knowledge of events around the world.

About the Illustrator



It is with great joy that we include fifteen exquisite images by heartfriend and artist, **David Keil**. David is a divinely inspired initiate who has blessed The Hearts Center with his visual imagery since 2013, through his digital and print images of ascended masters as well as exceptional videos that accompany our songs, prayers and rosaries. The spiritual fire in his heart drew him to the initiatic path and imbues his art as he communes in meditation and prayer with the celestial beings he depicts. He finds further inspiration in music, a stroll in nature, and collaboration with other artists. To see each creation as life's fiery essence is his goal in bringing heaven to earth. He recalls with great mirth playing frisbee with David Lewis in 1978, when they were both on the staff of the Summit Lighthouse in Malibu, California!

Print versions of the images appearing in this book as well as David's images of angels and ascended masters are available through the online store at heartscenter.org.

About the Author



David Christopher Lewis is a spiritual teacher, author, composer, and talk-radio contributor. He is the cofounder of The Hearts Center, a spiritual movement and community dedicated to helping people everywhere realize their highest potential. He conducts seminars worldwide and hosts regular online webinars and live broadcasts on diverse spiritual topics. For more information on his other published works, music CDs, broadcasts, and seminars, visit www.heartscenter.org. David lives with his wife near Livingston, Montana.

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